

October 16, 2020 • 6:30 p.m. - 8:00 p.m.

Virtual Speed Networking with a Self-Care Twist

Hosted by: Kim Devine, LCSW

Join us for a speed networking event with a focus on self-care! Come prepared to share your own self-care strategies and tips to prevent burnout. Get ready to connect and share with each other! Let's help each other sustain our energies, develop our self care routines and help maintain our best selves. Our hope is that each attendee will leave with a few new tips and several new connections!

Please RSVP via email to Kim Devine at:
volusiaflagler.naswfl@socialworkers.org

by 6:00 p.m. on 10/14/20.