



**FJELLHEIM 6 – 107, Sons of Norway**  
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**April 2012**

**Volume 39, Issue 4**

**The mission of Sons of Norway** is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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**MEETING TIME:**

Monthly business meetings held the second Wednesday of every month (except July)

**7:00 PM**  
 Viking Hall,  
 1045 Ford Street,  
 Colorado Springs, CO 80915

**SEND ARTICLES TO YOUR EDITOR:**

Knut Lyby  
 5520 Sample Way  
 Colo. Spgs. CO 80919  
[kmlbyby@q.com](mailto:kmlbyby@q.com)  
 Phone: 719-536-0647

**Deadline for the April 2012 issue is:**  
**Friday, April 20**  
**Note new date!**

# *Frokost Meny*

## Authentic Norwegian Breakfast

**Sunday, April 15, 2012**  
**11:00 - 1:30 PM**

**Sons of Norway Lodge**  
**1045 Ford St., Colorado Springs**

Baked honey ham	Pickled herring	Salmon mousse
Roast beef	Sardines	Potato salad
Liver sausage	Smoked salmon	Cucumber salad
Salami	Scrambled eggs	Cardamom bread
Roast pork	Deviled eggs	Cole slaw
Head cheese	Tomatoes	Julekake
Gjetost	Lingonberries	Lefse
Jarlsberg	Waffles	Apple cake
Swiss cheese	Fresh fruit	Flat bread
Bondøst	Pickled beets	Dill pickles
Tomato aspic	Orange juice	Coffee

**Lovingly prepared by your fellow members**  
**who wish you a hearty:**

*Velkommen til Bords!*

**Members: \$17.00**

**Children 12 and under: \$8.00**

**Non-members: \$19.00**

**Children not requiring a seat: Free**

**RSVP by April 11, 2012. Make checks payable to Sons of Norway.**  
**Send checks to Laurance and Lucille Moe, 6726 Bitterroot**  
**Colorado Springs, CO 80923, Phone: 719-260-9490**



# APRIL 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  <i>April Fools Day Palmesøndag</i>	2	3  Game and Card Social - 12:30 PM, Viking Hall, Ginny Johnson, 495-0253	4  Norwegian Language Class 7:00 PM	5 Viking Sisters, 1PM Betty McIntyre 635-5294  <i>Skjærtorsdag</i>	6  <i>Langfredag</i>	7
8  <i>1. påskedag</i>	9 Board Meeting - 9:30 AM, Viking Hall  <i>2. påskedag</i>	10	11  Painting Exhibition and Lodge Meeting - 7:00 PM, Viking Hall.	12 Lefse Baking - 9 AM, Viking Hall. Lois Halvorsen, 632-6003	13	14  Frokost Prep - 8:30 - 12 pm, Viking Hall
15 Frokost Prep - 8:30 -10:30 AM FROKOST - 11AM- 1:30 PM, VIKING HALL	16	17	18  Norwegian Language Class - 7:00 PM	19  Ladies Luncheon - 11:30 AM, Red Lobster. Gwen Becker, 382-4977	20  FLAMMEN DEADLINE	21 Rosemaling 9 AM to 1 PM. BJ (540-2737) or Sissel (264-0955)
22	23	24	25  Norwegian Language Class - 7:00 PM	26	27	28 Rosemaling 9 AM to 1 PM. BJ (540-2737) or Sissel (264-0955)
29  Sunday Dine Out - 1:30 PM, Betty McIntyre, 635-5294	30					

## PRESIDENT'S MESSAGE

To all who attended the March Membership Dinner: THANK YOU FOR YOUR SUPPORT! We had over 100 members and guests. Robin and staff put on a great tasting dinner. A special thanks to Dorothy Hanson for her table decorations and set up and Michael Johaneson for organizing the event.

A few words about the dinner, attendance, results and its overall effect. The turn out was fantastic! We had an above average number of no-shows due to last minute conflicts or health issues. Many members brought potential members as guests that chose not to sign up for membership. Don't feel bad about it! They came, they enjoyed themselves, they were exposed to our facilities and our friendly atmosphere. We left a very favorable impression. These folks will be back for many of our future functions and maybe even join the Lodge. Larue Hanson, our Sons of Norway field rep made the comment, "I have never seen the yearly \$400 allotment from the home office for membership recruitment used so productively. So, to those involved in the dinner I say "Well done".

For those of you who missed it! The annual "World Cod Fishing Competition" was very well attended again this year and many fine fish were caught. What the heck is he talking about??? Go to the sonsofnorway@sofn.com web site for more info. Try the Scandinavian breakfast cake too. The recipe is on that site as well.

Roxanne Storlie, President of Steinfjell Lodge in Loveland had an interesting column in their newsletter last month. She addressed the subject of our heritage. She says "Our heritage is disappearing from our very lives far too rapidly". She is so right on! I think about the many times Ruth and I have had the opportunity to listen to elderly Norwegians talk about their past experiences. And how their words have made a difference in our lives. Don't let the opportunity to converse with the elders and/or first generation Norwegians slip by. Whether it's your parents, friends or fellow Sons of Norway members.

As a Lodge, I think we are doing a good job in keeping many of the traditions alive and well.

Fraternally,  
Paul Wiig,  
President, Fjellheim Lodge  
6 - 107 Sons of Norway



## APRIL BIRTHDAYS



- 1 Tyrone L Steen
- 2 Barbara Ann Nelson
- 5 Doris I Lake
- 11 Cynthia A Snell
- 12 Vickie Lee Bross
- 15 Lorraine J Timm
- 16 David John Olsen
- 17 Lyle E Berge
- 22 Jennifer J Forbes
- 25 Paul E Greenfield
- 27 Marjorie E Erickson
- 27 Randy M Johnson
- 29 Peder Breivik
- 30 Torin G Berge
- 30 Carlton J Johnson

## HERITAGE AND YOUTH

- 2 Kolben Erdal Barney
- 6 Audrey Goodnight
- 10 Henrik A Lyby
- 18 Brock Allen
- 24 Timothy Coltrin

## GRATULERER MED DAGEN!

## KEEP THE DATES - 2012

April 15:

Fjellheim Frokost

June 6 -9:

District 6 Convention, Mesa, AZ

June 23-24:

Scandinavian Festival, Estes Park

September 16:

Fjellheim Anniversary Celebration

October 27:

Fjellheim Viking Breakfast and Bazaar

November 10:

Fjellheim Lutefisk and Meatball Dinner

December 1:

Fjellheim Christmas Tea

December 16:

Fjellheim Julebord

*Dates Subject to Change*



## GAME AND CARD SOCIAL

April social will be April 3rd at 12:30 PM at the Lodge. Join us for a potluck followed by cards and games. Everyone is welcome for an afternoon of good food, fellowship and fun.

Any questions call Ginny Johnson at 495-0253.



## DINE OUT

The April Dine Out will be Sunday, April 29. More information will be given at the April heritage meeting.



## LADIES LUNCHEON

Dine Out for the ladies will be Thursday, April 19 at Red Lobster at 4925 N. Academy Blvd. (Academy and Flintridge) Gwen Becker taking reservations, 382-4977.

## APRIL HERITAGE MEETING

Fjellheim has a painting class made up of our members. Wow! At our regular monthly meeting, April 11, they will present their work. Come early and view the paintings at your leisure. To see their work, hear them talk about their choices and the meanings of their paintings, as well as the challenges they had in painting their images they chose, will make for a very interesting program. The paintings will be on display for all of us to have an up-close look at the detail into which they gave so much attention and care. Come and enjoy!

Their painting instructor is Ms. Cindy Bauer, an active participant in our local art community. Her comments about Painting, the process of portraying feeling and meaning in imagery will also enhance the evening's enjoyment.



## LEFSE BAKING

### Thursday, April 12 at 9:00 AM

We will be baking Lefse for the Frokost, 10 batches, please come help us make our great Lefse. We will follow our regular routine that we did last fall. We had a great time along with checking the taste, don't believe we had a bad batch. Please let me know if you can come along with your Lefse irons. Call Lois 632-6003.

## IT'S FROKOST TIME

Mark your calendar for Sunday, April 15, 2012, 11 a.m. to 1:30 p.m. We will be serving all of the Norwegian items you have come to expect and even a few more. There are many opportunities available for you to contribute to the festivities. From cutting lefse, to making deviled eggs, to arranging the cheese - there is something for everyone. There is also the table setting and then the cleaning up - whatever area you would like to know more about, it is there. We will gather Saturday, 14 April, from 8:30 a.m. to noon, with coffee at 10 a.m.; and then meet again Sunday 8:30 a.m. to 10:30 a.m., so come when you can.

Laurance and Lucille Moe are manning the phones to take your Frokost reservations. Tell your friends and bring your family - this is a yearly event and you will want to be a part of it.

Sissel Disbrow, 540-2737.

## NORWEGIAN CLASS

If anyone is interested in a beginner Norwegian class call Pat Staubo at 719 359-2570.

## ROSEMALING CLASSES

Rosemaling classes are scheduled as follows for April and May:

April 21, Saturday morning, from 9:00- 1:00

April 28, Saturday morning, from 9:00-1:00

May 19, Saturday morning, from 9:00-1:00

May 26, Saturday morning, from 9:00-1:00

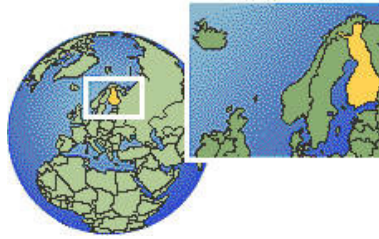
We meet at Viking Hall. If you are interested in joining us, please call Sissel at 540-2737 or BJ at 264-0955.

Thanks! Sissel and Bj



## MAY HERITAGE MEETING - FOCUS ON FINLAND

Our May 9 Lodge meeting will be hosting Juha Makikalli, Finnish Consular, Honorary Consulate of Finland in Denver. He will address three questions in his talk: **First**, How did the Finns hold off 2 million Russian in WW II, And with only how many Finns? **Secondly**, (and very importantly) How is it that Finland has such high success in the education of their children? Their success in recognized world-wide! What processes with students of every age, with teachers, and with administrators --- as well as their whole socio-cultural context, ... makes for such notable success? **Thirdly**, what is Finland's relationship with other Nordic Countries, especially Norway, in economic and socio-political activities, even as these may also affect the rest of northern Europe, as elsewhere too, for that matter.



Please put this date on your calendars and invite your many friends who are also committed to quality learning and Schooling --- teachers, Board of Education members, administrators, and others, to come and hear this program. The Lodge presents this as a cultural service to our community leaders. It helps us meet our obligation both as Individual citizens and as a Non-Profit/501-C-3 organization in offering good service to our larger community.

## MEMBERSHIP DINNER A SUCCESS

Wednesday, March 14 found 102 diners, including twenty-four guests at a wonderful dinner of chicken, barbeque beef, scalloped potatoes, vegetables and dessert. Dinner for the guests and their sponsors was provided by Sons of Norway Financial Benefits represented by LaRue Hanson.

After dinner, we were treated to a program by Idavellr Vikings. The group of re-enactors demonstrated leather crafts, fabric crafts and weaponry from the Viking period. Karen Neilson and her colleagues were all decked out in period dress. The group also set up displays including a wool tent and work tables. The program was very well received and we are looking forward to more programs by Idavellr Vikings.

Fourteen potential members signed up as new members of Sons of Norway.

## FROM YOUR EDITOR

If you would like to submit an ad to be placed in the Flammen, please let me know. We accept business card size ads for a minimal fee. \$40 per year for members or \$80 for non-members. The money will help off-set the printing and mailing cost for the newsletter.

Knut



## FMC REPORT

The trustees will do Lodge inventory on March 22 at 9:00 am.

The Spring clean up work party is set for May 12 at 9:00 am. More details next month.

Bank signature cards to be updated is still pending.

Our Lodge manager, Robin, is leaving the end of May. We will miss her. The Managers Agreement will be reviewed. To expedite this process I have asked Jerry Johnson, Michael Johaneson, and Paul Wiig to help serve on this committee. We will also go over the duties of the custodian and interview a prospective candidate for each of these positions.

SWEDEN

## ADDRESS CHANGE

Ellen May  
6505 Alton Way, #5B  
Denver, CO 80247

## CELEBRATE MEMORIAL DAY AT CAMP NORGE

May 26, 27, 28

The Recreation Center Board welcomes you to Camp Norge for a three-day camping experience at your own recreation center. If you do not have a tent or RV, call the Manager at (530) 389-2508 for a room.

We will have food service for you for the weekend served from the new Heritage Hall. The swimming pool will be open. The horseshoe pit is available. There will be a Craft Fair on Saturday afternoon and meadow games on Sunday afternoon. Explore the area on your own or just relax and enjoy the beauty of nature. This is a great opportunity to really get to know your fellow District 6 lodge members.

For Menus and Events for the weekend, go to this website:  
[www.vikingsoflakelodge.org](http://www.vikingsoflakelodge.org)

Registration Deadline: May 18, 2012.

For more information contact  
Carl P. Ingvaldstad  
17207 Squirrelhill Rd.  
Hidden Valley Lake, CA 95467

## TRONDHEIM TOPS LIST

Worldwide cost of living database, Numbeo.com, has created a new listing of the world's most expensive cities. While Oslo and Stavanger are often contenders for the top spot on the list, a new Norwegian city is taking making it's way into the ranks to the surprise of many. Trondheim–Norway's third most populated city with a population just over 176,000—is the new holder of the top spot in the list.

The ranking is created with the aid of over 23,000 user submitted price comparisons of 240,000 various goods and services.

### Top Ten Most Expensive Cities

1. Trondheim, Norway
2. Stavanger, Norway
3. Zurich, Switzerland
4. Oslo, Norway
5. Geneva, Switzerland
6. Bern, Switzerland
7. Lucerne, Switzerland
8. Perth, Australia
9. Bergen, Norway
10. Tokyo, Japan

Which U.S. and Canadian cities ranked highest on the list? Coming in at number 33 is Boston, Massachusetts and ranking at number 38 is Vancouver, Canada.



Trondheim and Nidelva

## OLE COMPUTER TERMS

**Log On:** Making da wood stove hotter

**Log Off:** Don't add no more wood

**Monitor:** Keepin an eye on da wood

**Download:** Getting da wood off da truck

**Megahertz:** Ven yer not careful getting da firewood

**Floppy Disk:** Vat yew get from trying tew carry tew much wood

**Ram:** Dat ting dat splits da wood

**Hard Drive:** Getting home in da winter time in the snow

**Prompt:** Vat da mail ain't in da winter time

## THE SUNNY CORNER

*April = Spring!* To all who have birthdays and anniversaries, we wish you a Happy Birthday and Happy Anniversary. In addition, it's Easter Season, therefore, Blessings for a Happy Easter and Happy Spring!! We haven't had much of a winter, but let's hope that the rain comes to help the hillsides green up, to push up the crocuses, daffodils, and tulips, to get the dust to settle down, and to let the trees sprout their glorious green, pink, and white spring colors. Ah! Spring!



Several members are recovering from various medical events. **LaRue Hanson** is recovering from shoulder replacement surgery and begins therapy soon. He feels good and also confident that this time, the procedure will work. **Edith Rodvold** fell and broke her leg above the ankle; she is in rehab for recovery. **Elaine Olson** fell and broke her hip and wrist; she has also been moved to a rehab center for recovery. **Gloria Mitchell** has stage four colon cancer and is taking treatments. Her spirits are high and she is determined to beat this disease. We wish all a speedy recovery and, please, keep them all in your thoughts and prayers.

Bonnie Bergland's sister has recently passed away, so please keep her and her family in your hearts and prayers.

*"I still find each day too short for all the thoughts I want to think, all the walks I want to take, all the books I want to read, and all the friends I want to see." – John Burroughs*

*Regards,  
Karen Ravnaas,  
Sunshine Director, 390-0621*

## SAFETY IS THE WORD WITH SONS OF NORWAY ANNUITIES

Sons of Norway can help you come out financially ahead with fixed annuities. They continue to move forward year after year with no fear of loss unlike other investments you may own. So just how safe is your money in our fixed annuities? Annuities are issued only by life insurance companies (Sons of Norway is a life insurance company). With the recent financial crisis going on both nationally and globally, it is good to know Sons of Norway has a strong and solid portfolio of high grade bonds and treasuries, no risky stocks or sub-prime mortgages. To put your mind further at ease, insurance companies are regulated at the state level, with very strict regulations. There is also another safety net, the State Guaranty Fund Associations, covering various amounts similar to the FDIC. There are tax advantages to owning annuities and you will find our interest rates are very respectable.

On a personal note I would like to thank everyone for your cards, phone calls and well wishes during my recovery from surgery. As soon as I get the okay to drive I will be back on the road again. You can call and I can discuss or mail information to you.

LaRue Hanson, FBC  
2523 Shalimar Dr.  
Colorado Springs, Colo. 80915-1030  
Office # 719-599-8546  
Cell # 719-237-7314  
Lhanson1@q.com





## TALENTED TEEN WINS FIRST ROUND OF MELODI GRAND PRIX

Norway's first round of Eurovision semi-finals, the "Melodi Grand Prix," was won this past January by the competition's youngest contestant, 16-year-old Nora Foss Al-Jabri.

Al-Jabri was one of eight performers who competed in the annual kick off preliminary competition hoping to gain one of the top three spots to advance to the final round of preliminaries held in February. Nora charmed audiences with her performance of "Something Beautiful," written by Eivind Rølles and Christian Ingebrigtsen.

American audiences might already be familiar with this talented 16-year-old, as she was featured on Oprah's "World's Most Talented Kids" show in 2009 singing, "Somewhere Over the Rainbow."

In all, 24 performers will be vying for just 10 spots in the final round competition held at the Oslo Spektrum Arena on February 11th. Joining Al-Jabri in the final round are 2nd and 3rd place contestants, The Carburetors and Reidun Sæther.

This year's Eurovision contest will be held on May 26th in Baku, Azerbaijan.

Visit <http://bit.ly/wWazhM> to watch Al-Jabri's winning performance, or for more on the Melodi Grand Prix, visit [www.nrk.no/mgp/](http://www.nrk.no/mgp/)

## LEG OF LAMB THE NORWEGIAN KITCHEN

by Astrid Karlsen Scott  
Serves 6-8

- 2½ kg (5 pounds) leg of lamb
- 1 bunch parsley, chopped
- salt
- freshly ground black pepper
- 2 tsp rosemary
- 5 dl (2 cups) lamb stock
- 4 tbs (¼ cup) flour
- soy sauce



Preheat the oven to 175°C (350°F). Bone the leg of lamb. Sprinkle the meaty side with parsley, salt, pepper and rosemary. Roll up and tie with cotton string. Insert a meat thermometer into the thickest part.

Roast until the meat reaches an internal temperature of 75°C (165°F), about 90 minutes. During roasting, baste often with stock. Deglaze the pan with the remaining stock. Thicken with flour stirred into a little water, if desired. Season with salt and pepper and add soy sauce for color.

Serve with boiled potatoes, braised onions, brussels sprouts, carrots, baked apple halves filled with jelly and gravy.

Core the apples and halve lengthwise. Brush with lemon juice and bake in the oven until tender, about 15 minutes. Spoon jelly into indentations.

## A LITTLE IN ENGLISH... EASTER HOLIDAY – TYPICAL NORWEGIAN

There are not many countries like Norway, especially when it comes to Easter holiday!

Easter holiday is largely a distinctly Norwegian phenomenon because Norway is one of the few countries in the world that has a continuous holiday weekend from Maundy Thursday to the second Easter Sunday in Easter. The weekend gives the vast majority a minimum of five consecutive free-days of Easter holiday. At the same time generous holiday hours and flexible time off at work and in school during the Easter season allows many to take ten consecutive days off – from "Palm Saturday," the Saturday before Palm Sunday, through the holy week to the second day of Easter.

Through cliché representations in the media and the public sphere impressions are created and reinforced annually that ski, sun, snow, oranges, Kvikk Lunsj and Easter crime novels by the fireplace is the typical Easter for the majority of Norwegians. In reality, the Easter holiday for the vast majority is first and foremost about leisure and mellow days at home – maybe spending time with family or friends.

The tan skin tone one gets after long days outdoors, sunbathing in the thin high altitude mountain air and in snowy environments is called "Easter brown." The increased car traffic to and from the mountains is more or less called "Easter traffic." "Easter snow" is used to refer to the ski conditions over Easter, when the snow is often old, rough and grainy, wet during the day and icy at night. \*\*Taken from Radio Ålesund 7. April 2009 by Egil Farstad ([http://www.radioalesund.no/modules/module\\_123/proxy.asp?C=42&I=3214&D=2](http://www.radioalesund.no/modules/module_123/proxy.asp?C=42&I=3214&D=2))

## LITT PÅ NORSK... PÅSKEFERIE - TYPISK NORSK!

Det er ikke mange land som er som Norge, heller ikke når det gjelder påskeferien!

Påskeferie er i stor grad et særnorsk fenomen siden Norge er ett av de få land i verden som holder sammenhengende helg fra og med skjærtorsdag til og med 2. påskedag i påsken. Selve kjernehelgen gir altså de aller fleste minimum fem sammenhengende fridager eller påskeferie. Samtidig fører generøse fridags-, flexi- og avspaseringsordninger i arbeidslivet og i skolen til at påskehøytid for mange blir det samme som ti sammenhengende fridager – fra og med "palmelørdag", det vil si lørdagen før palmesøndag, gjennom hele den stille uke til og med 2. påskedag.

Gjennom klisjépregede fremstillinger i media og i de offentlige rom skapes og forsterkes årlig et inntrykk av at ski, sol, snø, apfelsiner, Kvikk Lunsj og påskekrim i peiskroken er en del av påsken for folk flest. I virkeligheten er påskeferie for den store majoriteten først og fremst fritid og rolige dager på hjemmebane – kanskje med noe samvær med slekt og venner.

Den brune hudfargen en får etter lange utedager og soling i tynn høyfjellsuft og snørike omgivelser, kalles gjerne "påskebrun", mens den økte biltrafikken til og fra fjellet først og sist i ferien kalles "påsketraffikk". "Påskeføre" brukes vanligvis om skiføret i påska, da snøen ofte er gammel, grov og kornete, våt om dagen og skarp om kvelden.

## THE REAL REASON FOR ST. PATRICK'S DAY

The reason the Irish celebrate St. Patrick's Day is because this is when St. Patrick drove the Norwegians out of Ireland.

It seems that some centuries ago, many Norwegians came to Ireland to escape the bitterness of the Norwegian winter. Ireland was having a famine at the time, and food was scarce. The Norwegians were eating almost all the fish caught in the area, leaving the Irish with nothing to eat but potatoes. St. Patrick, taking matters into his own hands, as most Irishmen do, decided the Norwegians had to go.

Secretly, he organized the Irish IRATRION (Irish Republican Army to Rid Ireland of Norwegians). Irish members of IRATRION passed a law in Ireland that prohibited merchants from selling ice boxes or ice to the Norwegians, in hopes that their fish would spoil. This would force the Norwegians to flee to a colder climate where their fish would keep.

Well, the fish spoiled, all right, but the Norwegians, as every one knows today, thrive on spoiled fish. So, faced with failure, the desperate Irishmen sneaked into the Norwegian fish storage caves in the dead of night and sprinkled the rotten fish with lye, hoping to poison the Norwegian invaders.

But, as everyone knows, the Norwegians thought this only added to the flavor of the fish, and they liked it so much they decided to call it "lutefisk", which is Norwegian for "luscious fish".

Matters became even worse for the Irishmen when the Norwegians started taking over the Irish potato crop and making something called "lefse".

Poor St. Patrick was at his wit's end, and finally on March 17th, he blew his top and told all the Norwegians to "GO TO HELL". So they all got in their boats and emigrated to Minnesota---- the only other paradise on earth where smelly fish, old potatoes and plenty of cold weather can be found in abundance.

The End.

## BARNELØPET 2012 - SNOW MOUNTAIN RANCH, WINTER PARK, CO



Karen Aksland Swartley's mom, Irma Balle who is from Stavanger, Norway and her granddaughter, Thea Aksland (Karen's niece) after the cross country ski race at Snow Mountain Ranch.

## 2012 OFFICERS

### Board of Directors

President	Paul Wiig 596-6159 prwiig@msn.com
Vice-President	Michael Johaneson 303-663-3251 mjohaneson@gmail.com
Counselor	Björg Mapstone 264-0955
Secretary	Marilyn Keck 465-2444
Asst. Secretary	Virginia Nelson 640-9340
Treasurer	Laurance Moe 260-9490
Membership Secretary	(position open)

### Program Directors

Social Coordinator	Betty McIntyre 635-5294
Cultural Coordinator	Dean Tollefson 473-1110
Host & Hostess	Dorothy Hanson 599-8546
	Ginny Johnson 495-0253
Sunshine	Karen Ravnaas 390-0621
Youth	(position open)
Sports	Kerry Hefta 266-9429
Foundation	Ruth Wiig 596-6159

Language Teacher	Pat Staubo 359-2570 patvoice@comcast.net
------------------	---

### Support Officers

Greeters	Ken Halvorson 632-6003
	Owen Bergland 576-1396
Marshalls	Ole and Joan Bakken 632-3892
Editor	Knut Lyby 536-0647
Musician	Sonja Gund 473-9588
Publicity	Eunice Bluhm 495-2029
Historian	Virginia Nelson 640-9340
Photographer	LaRue Hanson 599-8546
Librarian	Sonja Gund 473-9588

### Viking Sisters

President	Betty McIntyre 635-5294
-----------	-------------------------

### Fiellheim Management Corporation (FMC)

Directors	Chuck Sullivan (2012) 597-0381
	Doug Haug (2012) 632-4284
	Swede Knutson (2012) 473-3297
	Owen Bergland (2013) 576-1396
	George Gund (2014) 473-9588
	Agnes Barilovich 574-5653
Trustees	Rodger Erickson (2013) 597-2196
	Jerry Johnson (2014) 495-0253
	Terry Mapstone (2014) 264-0955

### Committees/Special Activities

Auditors	Dean Tollefson 473-1110
	June Peterson 599-3235
	Millie Sullivan 597-0381
Finance Chairman	Michael Johaneson 303-663-3251
Adopt-a-School	(position open)
Tubfrim	Sara Berge 495-2134
Volunteer Hours	Cleo Allgood 598-1982
Field Representative	LaRue Hanson 599-8546

### Colorado Zone 8 Director

Crystal Sundet 720-283-8592  
(crystobel@hotmail.com)

### District 6 President

Lyle Berge 720-470-4961  
(bergenorsk@comcast.net)

**ALL PHONE NUMBERS HAVE 719 PREFIX UNLESS  
OTHERWISE IS NOTED**

Sons of Norway  
Monthly Newsletter  
Knut Lyby, Editor  
Viking Hall—Fjellheim 6-107  
1045 Ford Street  
Colorado Springs, CO 80915



Please cut stamp for Tubfrim

This newsletter is generously sponsored by the following:

2523 Shalimar Dr.  
Colorado Springs, CO 80915-1030



**SONS OF  
NORWAY**

**LaRue Hanson**  
*Financial Benefits Counselor*

Business: (719) 599-8546  
Cell: (719) 237-7314  
Email: lhanson1@q.com

[www.sonsofnorway.com](http://www.sonsofnorway.com)



Patty Gooding  
(719) 550-1206

2905 North Murray, Colorado Springs, Co 80917  
Tuesday-Friday 8:00-6:00 Saturday 7:00-2:00