



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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KOYO

NATURAL RICE CAKES

0101	Original ~ unsalted	150g	12	C	0-65493-00001-2	G	K
0102	Original ~ salted	150g	12	C	0-65493-00002-9	G	K
0103	Buckwheat ~ unsalted	150g	12	C	0-65493-00003-6	G	K
0104	Buckwheat ~ salted	150g	12	C	0-65493-00004-3	G	K
0111	Multigrain ~ unsalted	150g	12	C	0-65493-00011-1	G	K
0112	Multigrain ~ salted	150g	12	C	0-65493-00021-0	G	K

MACROBIOTIC RICE CAKES

0114	Nori seaweed ~ unsalted	150g	12	C	0-65493-00006-7	G	
0115	Dulse seaweed ~ unsalted	150g	12	C	0-65493-00018-0	G	

ORGANIC RICE CAKES

0117	Original ~ unsalted	150g	12	C	0-65493-00007-4	G O	K
0118	Original ~ salted	150g	12	C	0-65493-00008-1	G O	K
0119	Buckwheat ~ unsalted	150g	12	C	0-65493-00012-8	G O	K
0120	Buckwheat ~ salted	150g	12	C	0-65493-00013-5	G O	K
0121	Millet ~ unsalted	150g	12	C	0-65493-00014-2	G O	K
0122	Millet ~ salted	150g	12	C	0-65493-00015-9	G O	K
0125	Mixed grain ~ unsalted	150g	12	C	0-65493-00125-5	G O	K
0126	Mixed grain ~ salted	150g	12	C	0-65493-00126-2	G O	K

RICE CAKES **10 CS - 5% / 20 CS - 10%**
KOYO rice cakes are all nut-free and gluten-free.

SPECIAL ORDER ITEM

BROWN RICE IN BULK

5212	Short grain brown rice	23Kg	1	U	N/A		
5213	Organic short grain brown rice	23Kg	1	U	N/A		O

TAMARI ~ SELECT

6101	Authentic ~ black label	150mL	12	½	0-65493-01015-8		K
6102	Authentic ~ black label	475mL	12	½	0-65493-01011-0		K
6103	Authentic ~ black label	950mL	12	½	0-65493-01012-7		K
6105	Organic ~ black label	295mL	12	½	0-65493-06105-1	O	K
6109	Organic ~ black label	475mL	12	½	0-65493-01020-2	O	K

TAMARI

6001	Classic ~ purple label	150mL	12	½	0-65493-06001-6		K
6002	Classic ~ purple label	475mL	12	½	0-65493-06002-3		K
6003	Classic ~ purple label	950mL	12	½	0-65493-06003-0		K
6005	Organic wheat-free ~ green label	475mL	12	½	0-65493-06005-4	O	K
6006	Organic wheat-free ~ green label	950mL	12	½	0-65493-06006-1	O	K
6008	Organic ~ blue label	475mL	12	½	0-65493-06008-5	O	K
6009	Organic ~ blue label	950mL	12	½	0-65493-06009-2	O	K

MISO

6150	Mame ~ soybean	300g	12	½	0-65493-06150-1		K
6173	Hatcho ~ unpasteurized soybean	300g	12	½	0-65493-06173-0		K

ORGANIC MISO

6160	Genmai ~ soybean & brown rice	300g	6	C	0-65493-06160-0	O	K
6161	Shiro ~ soybean & white rice	300g	6	C	0-65493-06161-7	O	K



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PRICE ↓	6162	Aka ~ soybean & white rice MITOKU ~ INSTANT MISO SOUP	300g	6	C	0-65493-06162-4	O K
	6193	Red miso with wakame	40g	6	C	0-21009-11730-8	
	6194	Mellow white with tofu DRIED SEaweEDS	40g	6	C	0-21009-11728-5	
	6256	Arame	50g	10	½	0-65493-06252-2	K
	6272	Wakame	50g	10	½	0-65493-06260-7	
	6276	Kombu	50g	10	½	0-65493-06276-8	
	6296	Kombu seaweed salad	12g	6	C	0-65493-06296-6	
	6260	Nori ~ 10 sheets	25g	6	C	0-65493-06272-0	
	6360	Sushi nori ~ 7 sheets AGAR-AGAR	15g	12	½	0-65493-06360-4	
	6263	Flakes	28g	10	½	0-65493-06263-8	
	6267	Bars ~ 2 bars AGAR-AGAR <u>IN BULK</u>	15g	10	½	0-65493-06267-6	
SPECIAL ORDER ITEM	6264	Flakes DRIED SEaweEDS <u>IN BULK</u>	910g	1	U	N/A	
	6361	Sushi nori ~ 50 sheets MITOKU ~ DRIED SEaweEDS	190g	1	U	0-65493-06361-1	
	6285	Kizami nori ~ fine cut nori	10g	10	½	0-21009-13013-0	K
	6287	Sushi nori ~ 7 roasted sheets	17g	12	½	0-21009-13022-2	
	6289	Ao-nori flakes	17g	10	½	0-21009-13102-1	
	6290	Nori strips ~ spicy MITOKU ~ DRIED SEaweEDS <u>IN BULK</u>	13.5g	10	½	0-21009-13003-1	
	6257	Arame	1Kg	1	U	0-21009-12301-9	K
	6274	Wakame	1Kg	1	U	0-21009-12012-4	
	6279	Kombu	1Kg	1	U	0-21009-13511-1	K
	6294	Sushi nori ~ 50 roasted sheets ORGANIC NOODLES	190g	1	U	0-21009-13017-8	
	6420	Fine udon	227g	12	½	8-13551-00102-6	O
	6421	Round udon	227g	12	½	8-13551-00103-3	O
	6423	Soba	227g	12	½	8-13551-00110-1	O
	6424	Udon	227g	12	½	8-13551-00101-9	O

 **ORGANIC NOODLES** **10 CS - 10%**

ORGANIC RAMEN NOODLES

6430	Mushroom ~ 89% organic	57g	12	C	0-65493-06430-4	O
6431	Seaweed ~ 89% organic	57g	12	C	0-65493-06431-1	O
6432	Tofu and miso ~ 89% organic	57g	12	C	0-65493-06432-8	O
6433	Asian vegetables ~ 88% organic	60g	12	C	0-65493-06433-5	O
6434	Lemongrass ginger ~ 88% organic	60g	12	C	0-65493-06434-2	O
6435	Garlic pepper ~ 88% organic	60g	12	C	0-65493-06435-9	O
6436	Soba ramen ~ 89% organic	60g	12	C	0-65493-06436-6	O

ORGANIC RAMEN NOODLES

~ REDUCED SODIUM

6437	Asian vegetables - 92% organic	60g	12	C	0-65493-06437-3	O
6438	Garlic pepper - 92% organic	60g	12	C	0-65493-06438-0	O



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	6439	Tofu and miso - 92% organic	60g	12	C	0-65493-06439-7	O	
		RAMEN NOODLES						10 CS - 10%
MITOKU ~ ORGANIC TEAS								
	6519	Kukicha ~ roasted twig tea ~ loose leaf	85g	12	½	0-21009-14119-8	O K	
	6522	Kukicha ~ roasted twig tea ~ 10 tea bags	20g	12	½	0-21009-14120-4	O K	
	6530	Sencha ~ green tea ~ 10 tea bags	20g	12	½	0-21009-14204-1	O K	
	6531	Sencha ~ green tea ~ loose leaf	85g	12	½	0-21009-14201-0	O K	
	6540	Hojicha ~ roasted leaf tea ~ 10 tea bags	20g	12	½	0-21009-14308-6	O K	
MITOKU ~ ORGANIC TEAS ~ IN BULK								
SPECIAL ORDER ITEM	6521	Kukicha ~ roasted twig tea ~ loose leaf	1Kg	1	U	0-21009-14102-0	O K	
	6532	Sencha ~ green tea ~ loose leaf	1Kg	1	U	0-21009-14202-7	O K	
PICKLES								
	6641	Umeboshi ~ pickled plums	200g	12	½	0-65493-06641-4		
	6664	Organic umeboshi ~ pickled plums	100g	12	½	0-65493-06664-3	O K	
	6645	Umeboshi ~ pickled plum paste	200g	12	½	0-65493-06645-2		
	6668	Organic umeboshi ~ pickled plum paste	200g	12	½	0-65493-06668-1	O	
MITOKU ~ PICKLES								
	6651	Daikon ~ pickled white radish	200g	12	½	0-21009-27004-1		
	6658	Sushi ginger ~ lightly pickled ginger root	50g	20	¼	0-21009-27007-2		
MITOKU ~ PICKLES IN BULK								
SPECIAL ORDER ITEM	6643	Umeboshi ~ pickled plums	11Kg	1	U	0-21009-14713-8		
	6647	Umeboshi ~ pickled plum paste	12Kg	1	U	N/A	K	
	6665	Organic umeboshi ~ pickled plums	1Kg	1	U	0-21009-17907-8	O K	
CONDIMENTS								
	6773	Mirin ~ liquid seasoning	150mL	12	½	0-65493-06773-2	K	
	6774	Mirin ~ liquid seasoning	475mL	12	½	0-65493-06774-9	K	
MITOKU ~ CONDIMENTS								
	6820	Tekka ~ hacho miso & dried vegetables	80g	12	½	0-21009-21005-4		
	6840	Wasabi powder ~ japanese horseradish	25g	6	C	0-21009-22902-5	K	
MITOKU CONDIMENTS IN BULK								
SPECIAL ORDER ITEM	6831	Toasted whole black sesame seeds	1Kg	1	U	0-21009-28104-7		
	VINEGARS							
	6735	Organic genmai-su ~ brown rice vinegar	150mL	12	½	0-65493-06735-0	O K	
	6736	Organic genmai-su ~ brown rice vinegar	475mL	12	½	0-65493-06736-7	O K	
	6771	Sweet brown rice vinegar	150mL	12	½	0-65493-06771-8		
	6772	Sweet brown rice vinegar	475mL	12	½	0-65493-06772-5		
	6785	Ume-su ~ plum vinegar	150mL	12	½	0-65493-06785-5	K	
	6786	Ume-su ~ plum vinegar	475mL	12	½	0-65493-06786-2	K	
MITOKU ~ VINEGAR IN BULK								
SPECIAL ORDER ITEM	6783	Ume-su ~ plum vinegar	20L	1	U	N/A		
	OIL							
	6751	Toasted sesame oil	250mL	12	½	0-65493-06751-0		
	6752	Toasted sesame oil	500mL	12	½	0-65493-06752-7		
OIL IN BULK								
SPECIAL ORDER ITEM	6753	Toasted sesame oil	1.8L	1	U	0-21009-19102-5		
	SEA SALT							



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	6811	<i>Amashio ~ japanese sea salt</i>	250g	12	½	0-65493-06811-1	
	6812	<i>Amashio ~ japanese sea salt</i>	500g	12	½	0-65493-06812-8	
SPECIAL ORDER ITEM	6814	SEA SALT IN BULK <i>Amashio ~ japanese sea salt</i>	20Kg	1	U	N/A	
	6920	MITOKU ~ ORGANIC KUZU <i>Kuzu ~ wild japanese arrowroot</i>	100g	12	½	0-21009-20003-1	G O K
SPECIAL ORDER ITEM	6921	MITOKU ~ DRIED PRODUCTS KUZU IN BULK <i>Kuzu ~ wild japanese arrowroot</i>	5Kg	1	U	N/A	G K
	7295	MAGNESIUM CHLORIDE <i>Magnesium chloride for tofu</i>	250g	1	U	0-65493-07295-8	
SPECIAL ORDER ITEM	7296	MAGNESIUM CHLORIDE IN BULK <i>Magnesium chloride for tofu</i>	20kg	1	U	N/A	
	7526	COOKWARE <i>Suribachi (earthenware mortar)</i>	17cm	1	U	N/A	T
	7532	<i>Surikogi (wooden pestle) #8</i>	25cm	1	U	4571101-554038	T
	7549	<i>Bamboo chopsticks (wrapped individually)</i>	10pr	1	U	0-65493-07549-2	T
	7561	<i>Bamboo sushi mat</i>		1	U	4-977794-009129	T
	7564	<i>Tawashi (vegetable brush)</i>		1	U	4971871-101010	T

AÇAÍ ROOTS

ORGANIC AÇAÍ DESSERTS

❄️ 7005 *Sorbet* 473mL 8 C 8-98685-00109-8 O

ORGANIC SMOOTHIE POUCH

❄️ 7007 *Pure açai ~ unsweetened* 4x100g 16 ½ 8-98685-00112-8 G O K

ALEXIA

POTATO PRODUCTS

❄️ 8380 *Crispy onion rings with sea salt* 340g 12 ½ 8-34183-00405-6

❄️ 8381 *Sweet potato fries with sea salt* 425g 12 ½ 8-34183-00411-7 K

❄️ 8382 *Sweet potato crispy bite sized puffs* 567g 12 ½ 8-34183-00458-2

❄️ 8391 *Spicy sweet potato fries with chipotle* 567g 12 ½ 8-34183-00453-7 K

❄️ 8389 *Oven fries with olive oil, rosemary & garlic* 450g 12 ½ 8-34183-00451-3 K

❄️ 8390 *Oven reds olive oil/parmesan/roasted garlic* 425g 12 ½ 8-34183-00459-9 K

❄️ 8392 *Seasoned waffle fries cut* 567g 12 ½ 8-34183-00454-4 K

ALO

ALOE VERA BEVERAGE ~ 1.5L

7023 *Comfort ~ watermelon & peach* 1.5L 6 C 8-12475-01169-2 G

7024 *Exposed ~ original* 1.5L 6 C 8-11955-01001-9 G

7027 *Allure ~ mangosteen & mango* 1.5L 6 C 8-12475-01165-4 G

ALOE VERA BEVERAGE ~ 500ML

7029 *Comfort ~ watermelon & peach* 500mL 12 C 8-12475-01229-3 G

7030 *Exposed ~ original* 500mL 12 C 8-11955-01101-6 G

7031 *Awaken ~ wheatgrass* 500mL 12 C 8-11955-01103-0 G

7032 *Enrich ~ pomegranate & cranberry* 500mL 12 C 8-12475-01226-2 G

7033 *Allure ~ mangosteen & mango* 500mL 12 C 8-12475-01225-5 G

7034 *Appeal ~ pomelo, pink grapefruit & lemon* 500mL 12 C 8-12475-01227-9 G



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	7035	Spring ~ mixed berry	500mL	12	C	8-12475-01231-6	G
	7038	Refresh light ~ cucumber & cantaloupe	500mL	12	C	8-12475-01322-1	G
	7039	Crisp ~ fuji apple & pear	500mL	12	C	8-12475-01230-9	G
	7040	Zeal ~ ginger & lemon	500mL	12	C	8-12475-01233-0	G

ALO **10 CS - 10%**

AMANO

ORGANIC UNPASTEURIZED MISO

≡	6220	Shiro miso (white)	400g	12	½	0-67334-07001-7	O	K
≡	6221	Aka miso (red)	400g	12	½	0-67334-07002-4	O	K
≡	6222	Genmai miso (brown rice)	400g	12	½	0-67334-07003-1	O	K
≡	6223	Mugi miso (barley)	400g	12	½	0-67334-07004-8	O	K

AMYCO

DRIED MUSHROOMS

5900	Morel	20g	6	C	6-28055-03516-9
5902	King bolete (Porcini)	20g	6	C	6-28055-03518-3
5903	Oyster mushroom	20g	6	C	6-28055-03507-7
5904	Shiitake	20g	6	C	6-28055-03508-4
5905	Forest mix	20g	6	C	6-28055-03515-2
5906	Black trumpet	20g	6	C	6-27843-14777-0
5907	Chanterelles	20g	6	C	6-27843-14774-9
5908	Pine Mushroom (Matsutake)	20g	6	C	6-27843-14772-5

AMY'S KITCHEN

MACARONI & CHEESE

	8703	Macaroni & cheese	255g	12	½	0-42272-90030-5	O	K	
	8704	Rice macaroni & cheese ~ gluten free	255g	12	½	0-42272-90045-9	G	O	K
	8709	Rice macaroni & cheese ~ dairy free, gluten free	227g	12	½	0-42272-90043-5	G	O	K

LASAGNA

	8705	Vegetable lasagna	269g	12	½	0-42272-90032-9	O	K	
	8710	Vegetable lasagna ~ gluten free & dairy free	255g	12	½	0-42272-90814-1	G	O	K

POT PIES

	8701	Vegetable pot pie	213g	12	½	0-42272-90020-6	O	K
	8702	Broccoli pot pie	213g	12	½	0-42272-90021-3	O	K

PIZZAS

	8722	Cheese pizza	369g	8	½	0-42272-90101-2	O	K
	8723	Spinach pizza	397g	8	½	0-42272-90102-9	O	K
	8728	Margherita pizza	369g	8	½	0-42272-90199-9	O	K
	8729	Meatless pepperoni pizza	369g	8	½	0-42272-91169-1	O	K
	8730	Supreme pizza ~ dairy free	369g	8	½	0-42272-91245-2	O	K

WHOLE MEALS ~ GLUTEN FREE

	8754	Cheese enchilada - gluten free	255g	12	½	0-42272-90057-2	G	O	K
	8715	Veggie loaf meal	284g	12	½	0-42272-90053-4	G	O	K

ASIAN MEALS ~ GLUTEN FREE

	8752	Pad thai	269g	12	½	0-42272-90924-7	G	O
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INDIAN MEALS ~ GLUTEN FREE



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	8712	<i>Palak paneer</i>	283g	12	½	0-42272-90059-6	G O K
	8714	<i>Mattar paneer</i>	284g	12	½	0-42272-90058-9	G O K
	8716	<i>Vegetable korma</i>	269g	12	½	0-42272-90250-7	G O K
		BURRITOS					
	8706	<i>Bean & rice burrito</i>	170g	12	C	0-42272-90070-8	O K
	8707	<i>Bean rice & cheese burrito</i>	170g	12	C	0-42272-90071-5	O K
	8745	<i>Black bean burrito</i>	170g	12	C	0-42272-90073-9	O K
	8746	<i>Breakfast burrito</i>	170g	12	C	0-42272-90072-5	O K
	8708	<i>Rancheros breakfast burrito</i>	170g	12	C	0-42272-91211-7	O K
	8717	<i>Italian supreme pizza burrito</i>	170g	12	C	0-42272-91236-0	O K
	8719	<i>Vietnamese bahn mi burrito</i>	170g	12	C	0-42272-91238-4	O K
	8720	<i>Indian curry korma burrito</i>	170g	12	C	0-42272-91239-1	O K
	8721	<i>Greek spanakopita burrito</i>	170g	12	C	0-42272-91237-7	O K
		BURRITOS ~ GLUTEN FREE					
	8763	<i>Black beans & quinoa burrito</i>	156g	12	C	0-42272-90989-6	G O K
	8747	<i>Bean & cheese burrito</i>	156g	12	C	0-42272-90353-5	G O K
	8748	<i>Bean & rice burrito (non dairy)</i>	156g	12	C	0-42272-90352-8	G O K
		WRAPS ~ GLUTEN FREE					
	8749	<i>Tofu scramble breakfast wrap</i>	156g	12	C	0-42272-90807-3	G O K
		BURGERS					
	8711	<i>California veggie burger</i>	284g	12	½	0-42272-90010-7	O K
		BOWLS ~ GLUTEN FREE					
	8764	<i>3 cheese & kale bake bowl</i>	241g	12	½	0-42272-91056-4	G O K
	8766	<i>Mexican casserole bowl</i>	269g	12	½	0-42272-90163-0	G O K
	8755	<i>Harvest casserole bowl</i>	283g	12	½	0-42272-91067-7	G O
		BOWLS					
	8767	<i>Spinach & ricotta cheese ravioli</i>	241g	12	½	0-42272-91129-5	O K
	8741	<i>Asian dumpling</i>	241g	12	½	0-42272-91219-3	O K
	8742	<i>General tso</i>	227g	12	½	0-42272-91234-6	O K
	8758	<i>Thai vegetables & rice</i>	227g	12	½	0-42272-91235-3	O K
		ORG. CANNED SOUPS ~ GLUTEN FREE					
	5859	<i>Quinoa, kale & red lentil</i>	398mL	12	½	0-42272-90669-7	G O K
	5860	<i>Golden lentil dal</i>	398mL	12	½	0-42272-90593-5	G O K
	5880	<i>Lentil</i>	398mL	12	½	0-42272-90502-7	G O K
	5890	<i>Lentil vegetable</i>	398mL	12	½	0-42272-90535-5	G O K
	5861	<i>Tuscan bean & rice</i>	398mL	12	½	0-42272-90519-5	G O K
	5862	<i>Hearty french country vegetable</i>	398mL	12	½	0-42272-90591-1	G O K
	5863	<i>Chunky vegetable</i>	398mL	12	½	0-42272-90540-9	G O K
	5864	<i>Fire roasted southwestern vegetable</i>	398mL	12	½	0-42272-90547-8	G O K
	5870	<i>Tomato bisque</i>	398mL	12	½	0-42272-90536-2	G O K
	5884	<i>Cream of tomato</i>	398mL	12	½	0-42272-90501-0	G O K
	5885	<i>Black bean vegetable</i>	398mL	12	½	0-42272-90504-1	G O K
	5886	<i>Split pea</i>	398mL	12	½	0-42272-90505-8	G O K
	5891	<i>Mushroom bisque with porcini</i>	398mL	12	½	0-42272-90626-0	G O K
	5892	<i>Carrot Ginger</i>	398mL	12	½	0-42272-90740-3	G O K
		ORG. CANNED SOUPS					
	5881	<i>No chicken noodle</i>	398mL	12	½	0-42272-90503-4	O K



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	5882	Minestrone	398mL	12	½	0-42272-90507-2	O K
	5883	Cream of mushroom	398mL	12	½	0-42272-90506-5	O K
	5887	Vegetable barley	398mL	12	½	0-42272-90508-9	O K
	5888	Alphabet	398mL	12	½	0-42272-90514-0	O K
	5889	Butternut squash	398mL	12	½	0-42272-90534-8	O K
		ORG. CANNED SOUPS					
		~ LOWER IN SODIUM & GLUTEN FREE					
	5865	Lentil	398mL	12	½	0-42272-90583-6	G O K
	5866	Minestrone	398mL	12	½	0-42272-90585-0	G O K
	5868	Lentil vegetable	398mL	12	½	0-42272-90582-9	G O
	5867	Tomato bisque	398mL	12	½	0-42272-90586-7	G O K
	5869	Split pea	398mL	12	½	0-42272-90584-3	G O K
		ORG. BAKED BEANS ~ GLUTEN FREE					
	5873	Vegetarian	398g	12	½	0-42272-90517-1	G O K
		ORG. REFRIED BEANS ~ GLUTEN FREE					
	5874	Traditional	398g	12	½	0-42272-90550-8	G O K
	5875	Black beans	398g	12	½	0-42272-90551-5	G O K
	5876	With green chiles	398g	12	½	0-42272-90552-2	G O K
		ORG. CHILI ~ GLUTEN FREE					
	5877	Medium	398mL	12	½	0-42272-90510-2	G O K
	5878	Medium with vegetables	398mL	12	½	0-42272-90511-9	G O K
	5879	Spicy chili	398mL	12	½	0-42272-90512-6	G O K

ARCTIC ZERO

DESSERT ~ CREAMY

	7720	Cake batter	473ml	8	C	8-52244-00386-2	G	T	K
	7723	Cookie shake	473ml	8	C	8-52244-00384-8	G	T	K
	7725	Salted caramel	473ml	8	C	8-52244-00385-5	G	T	K
	7726	Vanilla maple	473ml	8	C	8-52244-00383-1	G	T	K
	7727	Purely Chocolate	473ml	8	C	8-52244-00338-1	G	T	K

DESSERT ~ CHUNKY

	7721	Cherry chocolatey chunk	473ml	8	C	8-52244-00388-6	G	T	K
	7722	Cookie dough chip	473ml	8	C	8-52244-00387-9		T	K

ATLANTIC MARICULTURE

ORGANIC SEAWEED

PRICE ↓	6301	Dulse	40g	12	½	0-67835-77405-6	O
	6302	Roasted seaweed flakes	40g	9	C	0-67835-77406-3	O

BACK 2 THE GARDEN

ORGANIC SPROUTED SEED POWDER

5220	Flax	227g	10	½	6-27843-15898-1	G O
5221	Chia	200g	10	½	6-27843-15900-1	G O
5222	Broccoli	100g	10	½	6-27843-15904-9	G O

ORGANIC SPROUTED GRAIN

5225	Brown rice	341g	10	½	6-27843-15902-5	G O
5226	Lentils	341g	10	½	6-27843-15903-2	G O



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5227	Quinoa	341g	10	½	6-27843-15901-8	G O
	5228	Buckwheat	325g	10	½	6-27843-15897-4	G O
	5229	Blackbeans	260g	10	½	6-27843-15899-8	G O
	5230	Chickpeas	230g	10	½	6-27843-15905-6	G O

BENTILIA

PLANT BASED LENTIL PASTA

7010	Red lentil penne	227g	6	C		6-28055-20921-8	G	K
7011	Red lentil rotini	227g	6	C		6-28055-20920-1	G	K
7012	Red lentil small macaroni	227g	6	C		6-28055-20925-6	G	K
7013	Green lentil large macaroni	227g	6	C		6-28055-20926-3	G	K
7014	Black bean penne	227g	6	C		6-28055-20951-5	G	K

PASTA IN BULK

7016	Organic red lentil penne	5Lbs	1	U		6-28055-20912-6	G O	K
7017	Organic red lentil rotini	5Lbs	1	U		6-28055-20913-3	G O	K
7018	Red lentil small macaroni	5Lbs	1	U		6-28055-20957-7	G	K
7019	Green lentil large macaroni	5Lbs	1	U		6-28055-20924-9	G	K
7020	Red lentil penne	5Lbs	1	U		6-28055-20922-5	G	K
7021	Red lentil rotini	5Lbs	1	U		6-28055-20923-2	G	K
7022	Organic black bean penne	5Lbs	1	U		6-28055-20968-3	G O	K

**SPECIAL
ORDER ITEM**

**SPECIAL
ORDER ITEM**

BLUE MONKEY

COCONUT WATER IN CAN ~ 330ML

4170	Pure coconut water	330mL	24	C		0-59654-17003-4	G
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COCONUT WATER IN CAN ~ 520ML

4168	Pure coconut water	520mL	24	C		0-59654-17001-0	G
4169	Pure coconut water with pulp	520mL	24	C		0-59654-17002-7	G

ORG COCONUT WATER

4189	Pure coconut water ~ 1L in tetra pak	1L	12	C		0-59654-22222-1	G O
4184	Pure coconut water ~ 500mL in can	500mL	12	C		0-59654-13333-6	G O

COCONUT MILK DRINK ~ TETRA

4188	Coconut milk drink	1L	12	C		0-59654-18001-9	
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ORGANIC COCONUT CREAM

4185	Coconut cream	400mL	24	C		0-59654-33001-8	G O
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SPARKLING COCONUT WATER IN CAN

4158	Natural	330mL	12	C		0-59654-41001-7	G
4159	Kiwi	330mL	12	C		0-59654-41002-4	G
4160	Mango	330mL	12	C		0-59654-41003-1	G
4161	Key lime	330mL	12	C		0-59654-41004-8	G
4162	Watermelon	330mL	12	C		0-59654-41005-5	G
4163	Passion fruit	330mL	12	C		0-59654-41006-2	G

SPARKLING TROPICAL JUICE IN CAN

4100	Mango	330mL	12	C		0-59654-53001-2	G
4101	Watermelon with ginger & lime	330mL	12	C		0-59654-57001-8	G
4102	Papaya	330mL	12	C		0-59654-54001-1	G
4103	Passion Fruit	330mL	12	C		0-59654-55001-0	G
4104	Guava	330mL	12	C		0-59654-56001-9	G



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
		WATERMELON JUICE IN CAN					
	4167	100% watermelon juice	330mL	12	C	0-59654-51001-4	
		WATERMELON JUICE IN TETRA					
	4190	100% watermelon juice	1L	12	C	0-59654-50001-5	
		COCONUT WATER IN COBALT BLUE GLASS BOTTLE					
	4156	Pure coconut water ~ 500mL	500mL	12	C	0-59654-70500-7	

BOB'S RED MILL

BAKING AIDS

⚖	4857	Active dry yeast	227g	6	C	0-39978-32501-3	G	K
	4866	Nutritional yeast - large flakes	142g	6	C	0-39978-32546-4	G	K
	4858	Toasted carob powder	510g	4	C	0-39978-30509-1		K
	5151	Pea protein powder	453g	4	C	0-39978-30360-8	G	K
	4860	Arrowroot starch/flour	454g	4	C	0-39978-33505-0	G	K
	4863	Corn starch	510g	4	C	0-39978-32583-9	G	K
	4864	Potato starch	624g	4	C	0-39978-32525-9	G	K
	4861	Baking powder	397g	6	C	0-39978-31392-8	G	K
	4862	Baking soda	454g	6	C	0-39978-32391-0	G	K
	4870	Egg replacer - gluten free	340g	8	C	0-39978-30620-3	G	K
	4868	Guar gum	227g	6	C	0-39978-31554-0	G	K
	4869	Xanthan gum	227g	6	C	0-39978-35555-3	G	K
	4914	Coconut flakes unsweetened	284g	4	C	0-39978-32581-5		K
	4915	Shredded coconut ~ unsweetened	340g	4	C	0-39978-33578-4		K

OATMEAL ~ MICROWAVABLE CUP

	5135	Apple cinnamon	67g	12	C	0-39978-30184-0	G	K
	5136	Blueberry hazelnut	71g	12	C	0-39978-31184-9	G	K
	5137	Classic	51g	12	C	0-39978-32184-8	G	K
	5138	Maple brown sugar	61g	12	C	0-39978-33184-7	G	K

CEREALS

	4880	5 grain rolled	453g	4	C	0-39978-30105-5		K
	4881	7 grain	708g	4	C	0-39978-30107-9		K
	4882	8 grain - gluten free	765g	4	C	0-39978-30108-6	G	K
	4883	10 grain	708g	4	C	0-39978-30110-9		K
	4884	"Creamy rice" brown rice farina	737g	4	C	0-39978-30141-3	G	K
	4891	"Creamy rice" brown rice farina ~ organic	737g	4	C	0-39978-30973-0	G O	K
	4897	"Creamy" white wheat farina ~ organic	680g	4	C	0-39978-30992-1	O	K
	4889	Mighty tasty hot cereal	680g	4	C	0-39978-30116-1	G	K
	4896	Organic creamy buckwheat	510g	4	C	0-39978-30113-0	G O	K
	4905	Wheat bran	226g	4	C	0-39978-34321-5		K
	4907	Wheat germ	340g	4	C	0-39978-31150-4		K

MUESLI

	4888	Old country style	510g	4	C	0-39978-34103-7		K
	4894	Gluten free	453g	4	C	0-39978-32366-8	G	K
	5148	Fruit & seed	396g	4	C	0-39978-30114-7		K
	5149	Paleo style ~ gluten free	396g	4	C	0-39978-30350-9	G	K
	5150	Tropical ~ gluten free	396g	4	C	0-39978-30368-4	G	K

ENTREES



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	4927	Natural pearl couscous	453g	4	C	0-39978-30496-4	K
	4929	Tricolour pearl couscous	453g	4	C	0-39978-30498-8	K
	4932	Gloden couscous	680g	4	C	0-39978-30584-8	K
	4936	13 beans soup mix	822g	4	C	0-39978-30251-9	K
	4937	Vegi soup mix	793g	4	C	0-39978-30250-2	K
	4930	Red bulgur - cracked whole grain wheat	793g	4	C	0-39978-30124-6	K
	4935	Organic corn grits / polenta	680g	4	C	0-39978-30919-8	O K
	4938	Tapioca small pearl	680g	4	C	0-39978-30537-4	K
	4939	Tvp ~ textured veg protein ~ gluten free	283g	4	C	0-39978-32542-6	G K
	GLUTEN FREE FLOUR & MEALS						
	4970	Cassava flour	567g	4	C	0-39978-30178-9	G K
	4851	Corn flour	680g	4	C	0-39978-30469-8	G K
	4945	Amond flour ~ blanched almonds	453g	4	C	0-39978-34381-9	G K
	4934	Almond flour ~ blanched almonds	907g	4	C	0-39978-33381-0	G K
	4971	Almond flour ~ whole almonds	453g	4	C	0-39978-33380-3	G K
	4952	Flaxseed meal	453g	4	C	0-39978-33330-8	G K
	4953	Flaxseed meal	907g	4	C	0-39978-34330-7	G K
	4962	Flaxseed meal ~ organic	453g	4	C	0-39978-33937-9	G O K
	4964	Flaxseed meal ~ organic golden	453g	4	C	0-39978-33940-9	G O K
	4954	Garbanzo bean flour	453g	4	C	0-39978-32332-3	G K
	4956	Garbanzo & fava bean flour	623g	4	C	0-39978-30457-5	G K
	4955	All purpose baking flour	624g	4	C	0-39978-33452-7	G K
	4982	All purpose baking flour	1.24Kg	4	C	0-39978-34452-6	G K
	5011	1 to 1 baking flour	624g	4	C	0-39978-34453-3	G K
	5012	1 to 1 baking flour	1.24Kg	4	C	0-39978-35453-2	G K
	5017	1 to 1 baking flour	1.8kg	4	C	0-39978-36453-1	G K
	5146	Paleo baking flour	454g	4	C	0-39978-33349-0	G K
	5147	Paleo baking flour	907g	4	C	0-39978-34349-9	G K
	4974	Brown rice flour	680g	4	C	0-39978-30315-8	G K
	4983	Brown rice flour ~ organic	680g	4	C	0-39978-30974-7	G O K
	4975	White rice flour	680g	4	C	0-39978-30316-5	G K
	5076	White rice flour ~ organic	680g	4	C	0-39978-30967-9	G O K
	4924	Sweet white rice flour	680g	4	C	0-39978-30608-1	G K
	4984	Organic coconut flour	453g	4	C	0-39978-32815-1	G O K
	4957	Sweet white sorghum flour	623g	4	C	0-39978-30642-5	G K
	4944	Millet flour	652g	4	C	0-39978-30310-3	G K
	4973	Potato flour	680g	4	C	0-39978-30312-7	G K
	4979	Tapioca flour	454g	4	C	0-39978-32536-5	G K
	4980	Teff flour	680g	4	C	0-39978-30539-8	G K
	5072	Whole grain oat flour	623g	4	C	0-39978-30377-6	G K
	FLOUR & MEALS						
	4949	Masa harina corn flour	680g	4	C	0-39978-30335-6	K
	4951	Cornmeal medium	680g	4	C	0-39978-30304-2	K
	4988	Cornmeal medium - organic	680g	4	C	0-39978-30918-1	O K
	4976	Semolina flour	680g	4	C	0-39978-34318-5	K
	5077	Organic spelt flour	680g	4	C	0-39978-30894-8	O K
	4961	Organic buckwheat flour	623g	4	C	0-39978-30302-8	O K



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	4958	Vital wheat gluten flour	623g	4	C	0-39978-34322-2	K
	5103	All-purpose flour	2.2Kg	4	C	0-39978-33301-8	K
		GLUTEN FREE GRAINS & SEEDS					
	4916	Organic quinoa grain ~ white	369g	6	C	0-39978-33323-0	G O K
	4995	Organic quinoa grain ~ white	737g	4	C	0-39978-34323-9	G O K
	4918	Organic quinoa grain ~ tricolour	369g	6	C	0-39978-32946-2	G O K
	4989	Organic amaranth grain	680g	4	C	0-39978-30910-5	G O K
	4991	Flaxseeds ~ brown	368g	6	C	0-39978-33620-0	G K
	4992	Flaxseeds ~ organic brown	368g	6	C	0-39978-32936-3	G O K
	4993	Flaxseeds ~ organic golden	368g	6	C	0-39978-32939-4	G O K
	4996	Whole grain teff	680g	4	C	0-39978-30536-7	G K
	4997	Organic buckwheat groats	453g	4	C	0-39978-30580-0	G O K
	4998	Organic buckwheat kernels (Kasha)	510g	4	C	0-39978-32419-1	G O K
	4999	Hulled millet	793g	4	C	0-39978-30406-3	G K
	5002	Chia seeds ~ organic	340g	6	C	0-39978-30844-3	O K
	5006	Whole grain sorghum grain	680g	4	C	0-39978-30643-2	G K
		GRAINS & SEEDS					
	5000	Organic hard red spring wheat berries	793g	4	C	0-39978-30986-0	O K
	5001	Hulled hemp seeds	227g	4	C	0-39978-32596-9	K
	5005	Organic farro	680g	4	C	0-39978-30860-3	O K
		POPCORN					
	5140	Yellow popcorn	850g	4	C	0-39978-32307-1	K
	5141	White popcorn	765g	4	C	0-39978-30295-3	K
		GLUTEN FREE MIXES					
	5013	Pie crust	453g	4	C	0-39978-30389-9	G K
	5032	Pizza crust	453g	4	C	0-39978-30394-3	G K
	5018	Muffin mix	453g	4	C	0-39978-30460-5	G K
	5019	Brownie mix	595g	4	C	0-39978-30464-3	G K
	5021	Pancake mix	680g	4	C	0-39978-32462-7	G K
	5014	Chocolate cake mix	453g	4	C	0-39978-30468-1	G K
	5028	Chocolate chip cookie mix	623g	4	C	0-39978-30467-4	G K
	5029	Combread mix	566g	4	C	0-39978-30461-2	G K
	5031	Hearty whole grain bread mix	566g	4	C	0-39978-30455-1	G K
		MIXES					
	5024	Pancake / waffle mix ~ paleo	240g	6	C	0-39978-30395-0	G K
	5025	Pancake / waffle mix ~ 10 grain	680g	4	C	0-39978-32204-3	K
	5026	Pancake / waffle mix ~ buckwheat	680g	4	C	0-39978-31881-7	K
	5027	Pancake / waffle mix ~ buttermilk	680g	4	C	0-39978-32880-9	K
		GLUTEN FREE OATS					
	5045	Scottish oatmeal	567g	4	C	0-39978-32372-9	G K
	5046	Extra thick rolled oats	907g	4	C	0-39978-33374-2	G K
	5047	Quick-cooking rolled oats	794g	4	C	0-39978-32376-7	G K
	5048	Steel cut oats	680g	4	C	0-39978-32373-6	G K
	5049	Old fashioned rolled oats	907g	4	C	0-39978-32375-0	G K
	5068	Oat bran cereal	510g	4	C	0-39978-30378-3	G K
		OATS					
	5051	Scottish oatmeal	567g	4	C	0-39978-34121-1	K




ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5055	Extra thick rolled oats	454g	4	C	0-39978-34155-6	K
	5056	Extra thick rolled oats	907g	4	C	0-39978-35155-5	K
	5057	Steel cut oats	680g	4	C	0-39978-31140-5	K
		ORGANIC OATS					
	5058	Oat bran cereal	510g	4	C	0-39978-32955-4	O K
	5059	Quick-cooking rolled oats	454g	4	C	0-39978-33953-9	O K
	5060	Quick-cooking rolled oats	907g	4	C	0-39978-34953-8	O K
	5061	Old fashioned rolled oats	454g	4	C	0-39978-34952-1	O K
	5062	Old fashioned rolled oats	907g	4	C	0-39978-35952-0	O K
	5065	Extra thick rolled oats	454g	4	C	0-39978-34954-5	O K
	5063	Extra thick rolled oats	907g	4	C	0-39978-35954-4	O K
	5064	Scottish oatmeal	567g	4	C	0-39978-32956-1	O K
	5066	Steel cut oats	680g	4	C	0-39978-32957-8	O K
		ORGANIC OATS ~ GLUTEN FREE					
	5142	Steel cut oats	680g	4	C	0-39978-32385-9	G O K
	5143	Extra thick rolled oats	907g	4	C	0-39978-32386-6	G O K
	5144	Old fashioned rolled oats	907g	4	C	0-39978-32387-3	G O K
	5145	Quick cooking oats	794g	4	C	0-39978-32388-0	G O K
		BULK					
	4790	10 grain hot cereal	25lbs	1	U	0-39978-31110-8	
		DISPLAY					
	5079	Empty shipper (can hold 8 CS)	--	1	U	N/A	

BRAGG


LIQUID SOY SEASONING

3960	Liquid soy seasoning, spray	180mL	24	½	0-74305-10006-2	G	K
3961	Liquid soy seasoning	473mL	12	½	0-74305-10016-1	G	K
3962	Liquid soy seasoning	946mL	12	½	0-74305-10032-1	G	K

 **LIQUID SOY SEASONING** % / 20 CS - 15% / 1 PALLET - 20%
#3962: 10 CS - 10% / 20 CS - 15% / 1 PALLET - 20%

ORGANIC VINEGAR IN GLASS BOTTLE

3965	Organic apple cider vinegar	473mL	12	½	0-74305-10116-8	O	K
3966	Organic apple cider vinegar	946mL	12	½	0-74305-10132-8	O	K

 **ORGANIC VINEGAR IN GLASS BOTTLE** % / 20 CS - 15% / 1 PALLET - 20%
#3966: 15 CS - 10% / 20 CS - 15% / 1 PALLET - 20%

ORGANIC APPLE CIDER VINEGAR DRINK

3970	Honey	473mL	12	C	0-74305-15016-6	G O	K
3971	Ginger	473mL	12	C	0-74305-15116-3	G O	K
3972	Apple & cinnamon	473mL	12	C	0-74305-15216-0	G O	K
3973	Concord grape & açai	473mL	12	C	0-74305-15316-7	G O	K

 **ORGANIC APPLE CIDER VINEGAR DRINK** 25 CS - 15% / 1 PALLET - 20%

ORGANIC SOY FREE ALL PURPOSE SEASONING

3969	Coconut nectar	296mL	12	½	0-74305-10610-1	G O	K
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ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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COCONUT NECTAR % / 20 CS - 15% / 1 PALLET - 20%

CASA VERDI

VINEGAR IN GLASS BOTTLE

4030	Organic apple cider vinegar	500ml	12	½	8-004985-50733-4	O
4031	Apple cider vinegar	500ml	12	½	8-004985-50734-1	

CESARES

SNACKS

7880	Chestnuts ~ roasted & peeled	150g	24	½	8-19377-00012-0	G
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CITY SNACKS

FREEZE DRIED FRUIT SNACKS

7870	Banana & strawberry	17g	8	C	8-19377-00824-9	G
7871	Pineapple	16g	8	C	8-19377-00819-5	G
7872	Peach	15g	8	C	8-19377-00821-8	G
7873	Pear	15g	8	C	8-19377-00823-2	G
7874	Apple	18g	8	C	8-19377-00822-5	G
7875	Banana	20g	8	C	8-19377-00820-1	G
7876	Strawberry	11g	8	C	8-19377-00818-8	G

CITY STACKS FRUIT SNACK 10 CS - 10%

COCONUT BLISS

ORGANIC DESSERTS

NEW LOOK		9354	Chocolate chip cookie dough	473mL	8	C	8-96767-00111-0	G O T K
		9348	Chocolate walnut brownie	473mL	8	C	8-96767-00188-2	G O T K
NEW LOOK		9351	Chocolate hazelnut decadence	473mL	8	C	8-96767-00126-4	G O T K
		9360	Chocolate peanut butter	473mL	8	C	8-96767-00148-6	G O T K
		9352	Dark chocolate	473mL	8	C	8-96767-00127-1	G O T K
NEW LOOK		9363	Sea salt caramel + chocolate	473mL	8	C	8-96767-00167-7	G O T K
NEW LOOK		9349	Ginger cookie + caramel	473mL	8	C	8-96767-00187-5	G O T K
NEW LOOK		9350	Cold brew coffee	473mL	8	C	8-96767-00125-7	G O T K
NEW LOOK		9361	Peruvian mocha crunch	473mL	8	C	8-96767-00150-9	G O T K
NEW LOOK		9353	Infinite coconut	473mL	8	C	8-96767-00128-8	G O T K
NEW LOOK		9355	Madagascar vanilla bean	473mL	8	C	8-96767-00130-1	G O T K
		9358	Cherry amaretto	473mL	8	C	8-96767-00147-9	G O T K
NEW LOOK		9362	Mint chip galactica	473mL	8	C	8-96767-00166-0	G O T K
		9397	Golden banana brownie swirl	473mL	8	C	8-51499-00659-8	G O T K

ORGANIC DESSERT BARS

		9356	Dark chocolate	4x89mL	12	C	8-96767-00131-8	G O T K
NEW LOOK		9357	Infinite coconut	4x89mL	12	C	8-96767-00132-5	G O T K
		9364	Strawberry love	4x89mL	12	C	8-96767-00168-4	G O T K
NEW LOOK		9366	Sea salt caramel in chocolate	3x89mL	12	C	8-96767-00186-8	G O T K
		9367	Coconut almond in chocolate	3x89mL	12	C	8-96767-00185-1	G O T K
		9371	Raspberry açai in chocolate	3x89mL	12	C	8-96767-00179-0	G O T K
		9368	Dark chocolate ~ 24 individual bars	89mL	24	C	8-96767-00116-5	G O T K

ORG. COOKIE SANDWICH DESSERT ~ GLUTEN FREE



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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☼	9395	Dark chocolate	155ml	12	C	8-96767-00643-7	G O T K
☼	9396	Vanilla	155ml	12	C	8-96767-00644-4	G O T K

COLD MOUNTAIN

MISO

≡	6232	Mellow red miso	397g	6	C	8-13074-00170-1	G K
≡	6235	Mellow white miso	397g	6	C	8-13074-00171-8	G K
≡	6233	Kyoto red miso (low sodium)	397g	6	C	8-13074-00168-8	G K
≡	6234	Kyoto white miso (low sodium)	397g	6	C	8-13074-00169-5	G K
≡	6236	Light yellow miso	397g	6	C	8-13074-00172-5	G K
≡	6237	Red miso	397g	6	C	8-13074-12173-2	G K


COUNTRY FRESH

EARTHSEED ORGANIC SPROUTED BREAD

☼	0810	Whole wheat	454g	6	C	6-20553-10004-2	O
☼	0811	Carrot & raisin	400g	6	C	6-20553-10013-4	O
☼	0812	Multiseed	400g	6	C	6-20553-10032-5	O
☼	0813	Fruit & nut	400g	6	C	6-20553-10220-6	O
☼	0814	Whole rye	400g	6	C	6-20553-10103-2	O
☼	0815	Carrot, raisin & rye	400g	6	C	6-20553-10022-6	O

SESAME DREAM HONEY SWEETENED NUT TREAT

	0830	Sesame wheat free treat	234g	12	½	6-20553-10105-6	
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 **SESAME DREAM** **10 CS - 15%**

NUT BUTTER

	4364	Sesame tahini ~ organic	250g	12	½	6-20553-10021-9	O
	4372	Sesame tahini ~ organic	500g	12	½	6-20553-10111-7	O
	4373	Peanut butter smooth ~ organic	500g	12	½	6-20553-10001-1	O

EARTH BALANCE

TRADITIONAL SPREAD

≡	8814	Soy free	425g	12	½	0-33776-01169-7	G K
≡	8815	Original	425g	12	½	0-33776-01172-7	G K
≡	8816	Organic	368g	12	½	0-33776-01184-0	G O K
≡	8817	Soy free made with olive oil	368g	6	C	0-33776-01170-0	G K

COOKING & BAKING STICKS

≡	8820	Vegan	454g	18	½	0-33776-01182-6	G K
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TRADITIONAL SPREAD ~ 1.3KG

≡	8819	Original	1.3Kg	6	C	0-33776-01188-8	G K
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EARTH ISLAND

VEGENAISE IN BULK

≡	7944	Original	3.78L	4	C	0-49568-01128-8	G K
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VEGENAISE ~ 946ML

≡	7942	Soy free	946mL	6	C	0-49568-26946-7	G K
≡	7945	Original	946mL	6	C	0-49568-21946-2	G K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
		VEGENAISE ~ 473ML					
≡	7949	Soy free	473mL	6	C	0-49568-26016-7	G K
≡	7953	Organic	473mL	6	C	0-49568-28016-5	G O K
≡	7951	Grapeseed oil	473mL	6	C	0-49568-22016-1	G K
≡	7950	Original	473mL	6	C	0-49568-21016-2	G K
≡	7954	Reduced fat	473mL	6	C	0-49568-24016-9	G K
≡	7952	Organic Aioli	473mL	6	C	0-49568-77473-2	G O K
		VEGENAISE GOURMET					
≡	7975	Roasted garlic	355mL	6	C	0-49568-70355-8	G K
≡	7976	Chipotle	355mL	6	C	0-49568-72355-6	G K
≡	7977	Pesto	355mL	6	C	0-49568-73355-5	G K
≡	7980	Sriracha	355mL	6	C	0-49568-76355-2	G K
		VEGENAISE SAUCE					
≡	7979	Tartar	237mL	6	C	0-49568-75237-2	G K
		VEGAN GOURMET					
≡	7961	Soy free sour cream	473mL	4	C	0-49568-63454-8	G K
≡	7962	Dairy free cream cheese	227g	8	C	0-49568-62227-5	G K
		VEGAN CHEESE ~ SHREDS					
≡	7985	Mozzarella	227g	8	½	0-49568-56227-8	G K
≡	7986	Cheddar	227g	8	½	0-49568-57227-7	G K
≡	7987	Fiesta blend	227g	8	½	0-49568-58227-6	G K
≡	7988	Pizzeria blend	227g	8	½	0-49568-61227-0	G K
		VEGAN PARMESAN CHEESE					
≡	7997	Shredded	113g	8	½	0-49568-60113-7	G K
≡	7998	Grated	142g	8	½	0-49568-60142-7	G K
		VEGAN CHEESE ~ SLICES					
≡	7990	Provolone	200g	12	½	0-49568-21227-2	G K
≡	7991	Cheddar	200g	12	½	0-49568-22227-1	G K
≡	7992	Mozzarella	200g	12	½	0-49568-23227-0	G K
≡	7993	Garden herb	200g	12	½	0-49568-24227-9	G K
≡	7994	Pepper jack	200g	12	½	0-49568-27227-6	K
≡	7995	Smoked gouda	200g	12	½	0-49568-29227-4	K
		VEGANEGG					
	8000	Plant-based egg replacer	114g	8	C	0-49568-47114-3	G K
		VEGAN SALAD DRESSING					
≡	7965	Reduced fat ranch	355mL	6	C	0-49568-43355-4	G K
≡	7971	Creamy garlic	355mL	6	C	0-49568-05355-4	G K
≡	7972	Thousand island	355mL	6	C	0-49568-17355-9	G K
		ORGANIC VEGAN SALAD DRESSING					
≡	7969	Caesar	355mL	6	C	0-49568-68355-3	G O K

 **EARTH'S OWN**

SO FRESH ~ CASHEW BEVERAGE

4126 Original unsweetened 946mL 12 C 6-26027-31402-1 K

SO FRESH ~ OAT BEVERAGE ~ 946ML


4130 Original unsweetened 946mL 12 C 6-26027-81402-6 G K

4131 Vanilla unsweetened 946mL 12 C 6-26027-81404-0 G K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	4132	Barista blend SO NICE ~ SOY COFFEE CREAMER	946mL	12	C	6-26027-81407-1	G K
	4138	Barista blend	946mL	12	C	6-26027-08770-3	G K

 **CASHEW / OATS / BARISTA BLEND 946MLS - 7% / 25 CS - 14% / 75 CS - 17%**
ALMOND BEVERAGES 946ML S - 7% / 25 CS - 14% / 75 CS - 17%

ECHOCLEAN

FABRIC SOFTENER SHEETS

2763	Lavender	40's	12	½	0-63827-60040-2	T
2789	Unscented	40's	12	½	0-63827-60041-9	T

EDEN FOODS

ORGANIC BEANS IN A CAN

3360	Pinto beans	398mL	12	½	0-24182-00350-5	O K
3362	Garbanzo beans	398mL	12	½	0-24182-00351-2	O K
3363	Adzuki beans	398mL	12	½	0-24182-00352-9	O K
3364	Black beans	398mL	12	½	0-24182-00353-6	O K
3366	Kidney beans	398mL	12	½	0-24182-00354-3	O K
3367	Navy beans	398mL	12	½	0-24182-00355-0	O K
3368	White kidney beans (cannellini)	398mL	12	½	0-24182-00358-1	O K
3370	Black soy beans, no salt added	398mL	12	½	0-24182-00320-8	O K
3371	Small red beans	398mL	12	½	0-24182-00356-7	O K
3373	Black eyed peas	398mL	12	½	0-24182-00357-4	O K
3374	Great northern beans	398mL	12	½	0-24182-00387-1	O K
3387	Butter beans	398mL	12	½	0-24182-00359-8	O K

ORGANIC BEANS IN A CAN (LARGE SIZE)

3865	Pinto beans	796mL	12	½	0-24182-28350-1	O K
3866	Black beans	796mL	12	½	0-24182-28353-2	O K
3867	Garbanzo beans	796mL	12	½	0-24182-28351-8	O K
3868	White kidney beans (cannellini)	796mL	12	½	0-24182-28358-7	O K
3869	Navy beans	796mL	12	½	0-24182-28355-6	O K
3870	Kidney beans	796mL	12	½	0-24182-28354-9	O K
3871	Black eyed peas	796mL	12	½	0-24182-00379-6	G O K

SNACKS

3217	Organic pumpkin seeds	113g	15	C	0-24182-02084-7	O K
3218	Organic spicy pumpkin seeds	113g	15	C	0-24182-02081-6	O K

ORGANIC PRECOOKED BEANS

3396	Baked beans with mustard	398mL	12	½	0-24182-00385-7	O K
3397	Lentils-onion & bay leaves	398mL	12	½	0-24182-00388-8	O K

BEANS IN BULK

3855	Organic garbanzo beans	3.06Kg	6	C	0-24182-00263-8	O
3856	Organic black beans	3.06Kg	6	C	0-24182-00265-2	O
3857	Organic pinto beans	3.06Kg	6	C	0-24182-00262-1	O

ORGANIC TOMATO SAUCES

3379	Spaghetti sauce in jars, unsalted	680mL	12	½	0-24182-00318-5	O K
3376	Pizza & pastas sauce	398mL	12	½	0-24182-00317-8	O K
5610	Pizza & pasta sauce (amber glass)	398mL	12	½	0-24182-03313-7	O K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
		ORGANIC CRUSHED TOMATOES IN AMBER GLASS					
	5606	Crushed tomatoes	398mL	12	½	0-24182-03314-4	O K
	5608	Crushed tomatoes	680mL	12	½	0-24182-03312-0	O K
		EDENSOY ORGANIC SOY BEVERAGE					
	3461	Edensoy original	946mL	12	C	0-24182-02705-1	O K
	3463	Edensoy carob	946mL	12	C	0-24182-02515-6	O K
	3466	Edensoy unsweetened	946mL	12	C	0-24182-02706-8	O K
		ORGANIC SAUERKRAUT					
	3822	Sauerkraut in jar	796mL	12	½	0-24182-01300-9	O K
	3818	Sauerkraut in jar	447mL	12	½	0-24182-01304-7	O K
	3819	3 onion sauerkraut in jar	447mL	12	½	0-24182-01306-1	O K
	3820	Kimchi sauerkraut in jar	447mL	12	½	0-24182-01305-4	O K
		CONDIMENTS					
	3844	Wasabi powder in tin can	25g	6	C	0-24182-00218-8	K
		ORGANIC NUT BUTTER					
	4252	Roasted tahini	454g	12	½	0-24182-00392-5	G O
	4253	Roasted black sesame butter	454g	12	½	0-24182-00393-2	G O
		ORGANIC MUSTARD ~ GLASS JAR					
	3845	Brown stone ground mustard	253mL	12	½	0-24182-00312-3	O K
	3847	Yellow stone ground mustard	253mL	12	½	0-24182-00213-3	O K
		ORGANIC MUSTARD ~ SQUEEZE BOTTLE					
	3848	Brown mustard with apple cider vinegar	253mL	12	½	0-24182-00314-7	O K
	3849	Yellow mustard with apple cider vinegar	253mL	12	½	0-24182-00211-9	O K
		GOMASHIO					
	3880	Original sesame shake (with sea salt)	100g	12	½	0-24182-00301-7	K
	3881	Garlic shake (with sea salt)	100g	12	½	0-24182-00305-5	K
	3882	Seaweed shake (with sea salt)	100g	12	½	0-24182-00309-3	K
		SEA SALTS					
	3885	French celtic	397g	12	½	0-24182-00315-4	
	3886	Portuguese	453g	12	½	0-24182-00316-1	
		VINEGAR					
	3951	Org apple cider vinegar (unpasteurised, unfiltered)	473mL	12	½	0-24182-00362-4	O K
	3952	Org apple cider vinegar (unpasteurised, unfiltered)	946mL	12	½	0-24182-00361-1	O K
	3955	Red wine vinegar	473mL	12	½	0-24182-00162-4	
	6790	Brown rice vinegar	148mL	12	½	0-24182-42086-9	K
	6791	Brown rice vinegar	296mL	12	½	0-24182-42087-6	K
	6794	Umeboshi Vinegar	296mL	12	½	0-24182-42590-1	K
		FRUITS					
	4246	Organic apple sauce	398mL	12	½	0-24182-00349-9	O K
	4255	Organic apple butter	482g	12	½	0-24182-00369-7	O K
		FIRST PRESSED OILS					
	4648	Sesame	473mL	12	½	0-24182-00025-2	O K
	4649	Sesame	946mL	12	½	0-24182-00027-6	O K
	4652	Toasted sesame seed	148mL	12	½	0-24182-00030-6	K
	4653	Toasted sesame seed	295mL	12	½	0-24182-42329-7	K
		ORGANIC POPCORN					
	5082	Organic popcorn	566g	12	½	0-24182-03386-1	O K



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ORG 100% WHOLE GRAIN PASTA

5643		Kamut & buckwheat rigatoni	340g	6	C	0-24182-11153-8	O K
5644		Kamut elbows	396g	6	C	0-24182-11157-6	O K
5619		Kamut spirals	340g	6	C	0-24182-11351-8	O K
5630		Kamut vegetable spirals	340g	6	C	0-24182-11356-3	O K
5655		Spelt ribbons	227g	6	C	0-24182-00109-9	O K

ORGANIC GOLDEN AMBER DURUM WHEAT PASTA

5625		Vegetable shells	340g	6	C	0-24182-11310-5	O K
5626		Vegetable spirals	340g	6	C	0-24182-11340-2	O K
5658		Artichoke ribbons	227g	6	C	0-24182-11318-1	O K

IMPORTED TRADITIONAL PASTA

6450		Mung bean ~ harusame	70g	12	½	0-24182-20502-2	G
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DRIED SEAWEEDS

6345		Kombu	60g	6	C	0-24182-15273-9	K
6352		Sushi nori (7 sheets, toasted)	17g	6	C	0-24182-15769-7	

MUSHROOMS

6355		Organic maitake	25g	8	½	0-24182-30019-2	O K
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ORGANIC TEAS

6495		Sencha green tea (16 bags)	24g	12	½	0-24182-18137-1	O K
6505		Hojicha (16 bags)	24g	12	½	0-24182-18145-6	O K
6497		Hojicha chai roasted green tea (16 bags)	43g	12	½	0-24182-18138-8	O K
6496		Chamomile herb tea (16 bags)	16g	12	½	0-24182-18142-5	O K
6502		Kukicha (16 bags)	32g	12	½	0-24182-18120-3	O K
6504		Genmaicha (16 bags)	29g	12	½	0-24182-18156-2	O K


EDWARD & SONS

ORGANIC BREADCRUMBS

9760		Panko ~ japanese style	300g	6	C	0-43182-00060-4	O
9761		Lightly salted	425g	6	C	0-43182-00058-1	O
9762		Italian herbs	425g	6	C	0-43182-00059-8	O

EXOTIC RICE TOAST

9765		Jasmine rice & spring onion	65g	12	½	0-43182-00061-1	G
9766		Purple rice & black sesame	65g	12	½	0-43182-00062-8	G
9767		Thai red rice & flaxseed	65g	12	½	0-43182-00063-5	G

 **EXOTIC RICE TOAST** **10 CS - 15% / 25 CS - 20%**

ORGANIC BAKED BROWN RICE SNAPS

9794		Black sesame	100g	12	½	0-39631-00046-2	G O
9830		Unsalted plain	100g	12	½	0-39631-00041-7	G O
9833		Vegetable	100g	12	½	0-39631-00044-8	G O

 **ORGANIC BAKED BROWN RICE SNAPS** **10 CS - 15%**

BAKED BROWN RICE SNAPS

9834		Tamari sesame	100g	12	½	0-11206-00034-3	G
9835		Tamari seaweed	100g	12	½	0-11206-00035-0	G
9836		Unsalted sesame	100g	12	½	0-11206-00036-7	G
9837		Onion garlic	100g	12	½	0-11206-00037-4	G



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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BAKED BROWN RICE SNAPS **10 CS - 25%**

MISO SOUP

9838	Organic miso Japanese restaurant style	82g	6	C	0-43182-00098-7	O
9839	Reduced sodium miso soup	29g	12	C	0-43182-00091-8	
9840	Original golden miso soup	72g	12	C	0-11206-00093-0	
9841	Seaweed miso soup	72g	12	C	0-11206-00094-7	
9844	Organic traditional tofu miso soup	36g	12	C	0-43182-00092-5	O

MISO SOUP DISPLAY

9843	Seaweed miso soup display	18g	24	C	0-11206-00097-8	
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MISO SOUP **15 CS - 20%**

FEROCIOUS FIELD BEANS

CRUNCHY ROASTED FIELD BEANS

9486	Garlic	65g	18	½	8-51335-00065-0	T
9487	Sea salt	65g	18	½	8-51335-00066-7	T
9489	Spicy BBQ	65g	18	½	8-51335-00068-1	T

FITBITE

CASSAVA CHIPS

7700	Spicy	100g	12	C	6-28055-77500-3	T
7701	Sea salt	100g	12	C	6-28055-77501-0	T

CASSAVA CHIPS **10 CS - 15%**

FOOD FOR LIFE

EZEKIEL 4:9 ~ ORG SPROUTED GRAIN BREAD

	8314	Flax ~ yellow label	680g	6	C	0-73472-00124-0	O	K
	8320	Original ~ orange label	680g	6	C	0-73472-00120-2	O	K
	8321	Sesame ~ green label	680g	6	C	0-73472-00123-3	O	K
	8323	Low sodium ~ light orange label	680g	6	C	0-73472-00153-0	O	K

GENESIS 1:29 ~ ORG SPROUTED GRAIN & SEED LOAF

	8317	Original ~ blue label	680g	6	C	0-73472-00141-7	O	K
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BREADS (WHEAT FREE & GLUTEN FREE)

	8333	Brown rice bread	680g	6	C	0-73472-00169-1	G	K
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EZEKIEL 4:9 ~ SPROUTED GRAIN CEREAL

	3250	Original	454g	6	C	0-73472-00255-1		K
	3251	Golden flax	454g	6	C	0-73472-00256-8		K
	3253	Almond	454g	6	C	0-73472-00258-2		K

GLUTEN FREE ENGLISH MUFFINS

	8315	Brown rice	510g	6	C	0-73472-00185-1	G	K
	8316	Multi seed	510g	6	C	0-73472-00186-8	G	K

EZEKIEL 4:9 ~ ORGANIC ENGLISH MUFFINS

	8318	Cinnamon raisin ~ purple label	454g	6	C	0-73472-00117-2	O	K
	8319	Original ~ orange label	454g	6	C	0-73472-00119-6	O	K

EZEKIEL 4:9 ~ TORTILLAS

	8340	Organic sprouted grain tortillas ~ 10 inch	340g	12	½	0-73472-00200-1	O	K
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	8342	Gluten free brown rice tortillas ~ 10 inch	340g	12	1/2	0-73472-00369-5	G K
	8343	Org sprouted whole kernel corn ~ 6 inch	283g	12	1/2	0-73472-00370-1	O K

FUNCTION NATURAL FOODS

KALE & QUINOA BITES

	9475	Mediterranean ~ sundried tomato & basil	280g	8	C	8-51335-00072-8	
	9476	Teriyaki ~ garlic and ginger	280g	8	C	8-51335-00073-5	
	9477	Bombay ~ coconut curry	280g	8	C	8-51335-00076-6	

QUINOA ARANCINI

	9478	Rosemary + lemon	280g	8	C	8-51335-00074-2	
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VEGAN TEMPEH JERKY

	9495	Sweet BBQ	70g	12	1/2	8-51335-00082-7	
	9496	Chipotle	70g	12	1/2	8-51335-00083-4	
	9497	Teriyaki	70g	12	1/2	8-51335-00084-1	
	9498	Original	70g	12	1/2	8-51335-00085-8	

GO BIO!

ORGANIC GELATIN

	8910	Gelatin ~ 6 sheets	10g	20	C	6-87789-12528-7	G O
	8911	Gelatin powder	30g	18	C	6-87789-12511-9	G O
	8912	Gelatin powder	150g	12	C	6-87789-12512-6	G O

ORGANIC CANDIES

	8920	Fruit gummi bears	75g	10	C	6-87789-21601-5	G O T
	8921	Vegan gummi bears	75g	10	C	6-87789-21501-8	G O T
	8922	Sour gummies	75g	10	C	6-87789-21701-2	G O T
	8923	Vegetarian licorice	75g	10	C	6-87789-21801-9	O T
	8944	Wine gums	75g	10	C	6-87789-22001-2	G O T
	8945	Yogurt fruit gummies	75g	10	C	6-87789-22101-9	G O T

ORGANIC BOUILLON CUBES

	8925	Vegetable	66g	15	C	6-87789-05120-3	G O K
	8927	Chicken	66g	15	C	6-87789-05115-9	G O K
	8928	Beef	66g	15	C	6-87789-05111-1	G O K
	8931	Mushroom	66g	15	C	6-87789-05113-5	G O K
	8932	Vegetable ~ yeast free	66g	15	C	6-87789-05114-2	G O K

ORGANIC BOUILLON CUBES ~ NO SALT ADDED

	8926	Vegetable	54g	15	C	6-87789-05101-2	G O K
	8929	Chicken	54g	15	C	6-87789-05100-5	G O K

ORGANIC BROTH POWDER ~ YEAST FREE

	8935	Vegetable ~ glass jar	100g	6	C	6-87789-05121-0	O K
	8936	Vegetable ~ refill bag	200g	8	C	6-87789-05122-7	O K
	8937	Chicken ~ low sodium ~ glass jar	75g	6	C	6-87789-05123-4	O K
	8938	Chicken ~ low sodium ~ refill bag	150g	8	C	6-87789-05124-1	O K

ORGANIC PESTO CUBES

	8895	Genovese	54g	15	C	6-87789-03223-3	G O
	8896	Siciliana	54g	15	C	6-87789-03222-6	G O

ORGANIC GRAVY CUBES

	8898	Brown gravy	60g	15	C	6-87789-02113-8	G O
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ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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8899 Poultry gravy 60g 15 C 6-87789-02112-1 G O

GO BIO 25 CS - 15%

GRANNY'S

LIQUID LAUNDRY

2787 Ultra liquid laundry 3.78L 4 C 0-63827-31038-7 T

GUSTA

VEGAN WHEAT SAUSAGE

9378 Brunch ~ maple & apples 320g 12 ½ 6-27552-10109-4
 9379 Montreal ~ smoked spices 350g 12 ½ 6-27843-57787-4
 9380 Italiana ~ peppers & herbs 350g 12 ½ 6-27843-57784-3
 9381 Española ~ smoked paprika 350g 12 ½ 6-27843-57785-0
 9382 Germaine ~ smoked onions 350g 12 ½ 6-27843-57786-7

VEGAN GRATING BLOCK

≡ 9383 Original 227g 12 ½ 6-27843-57789-8

SEITAN STICK

9376 Pizzaroni 200G 12 ½ 6-27843-10107-0

VEGAN SEITAN LOAF

9375 Kebab ~ oriental spices 400g 10 ½ 6-27843-57790-4

VEGAN SEITAN ROAST

9374 Classico ~ traditional spices 400g 10 ½ 6-27552-10108-7

The sausages and the seitan loaf and roast will be shipped frozen. However, the Please tag the products with a 6 months shelf life when displaying for sale.

HENRY'S TEMPEH

ORGANIC TEMPEH

≡ 9240 Soy basil 250g 12 ½ 8-51193-00003-8 G O
 ≡ 9242 Soy kasha 250g 12 ½ 8-51193-00001-4 G O
 ≡ 9243 Soy original 250g 12 ½ 8-51193-00002-1 G O
 ≡ 9244 Soy red pepper 250g 12 ½ 8-51193-00006-9 G O

HOME FREE

ALLERGEN FRIENDLY COOKIES

7160 Mini chocolate chip cookies 144g 6 C 8-57313-00167-1 G K
 7162 Mini double chocolate chip cookies 144g 6 C 8-57313-00168-8 G K
 7161 Mini vanilla cookies 144g 6 C 8-57313-00169-5 G K
 7163 Mini lemon burst cookies 144g 6 C 8-57488-00436-1 G K

HOME FREE - 15% / 15 CS - 20% / 25 CS - 25%

HOUSE FOODS

SHIRATAKI NOODLES

≡ 8605 Traditional ~ white yam (konjac) 226g 12 ½ 0-76371-04143-0 G K
 ≡ 8606 Fettuccini ~ tofu & white yam (konjac) 226g 12 ½ 0-76371-04146-1 G K
 ≡ 8607 Spaghetti ~ tofu & white yam (konjac) 226g 12 ½ 0-76371-04145-4 G K




ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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ICE AGE

WATER

3542	Pure glacial water	500mL	12	C		6-61431-00500-4	K
3543	Pure glacial water	1L	12	C		6-61431-10012-9	K
9.5 ALKALINE GLACIAL WATER							
3546	Pure glacial water + electrolytes	500mL	12	C		6-61431-50095-0	K
3547	Pure glacial water + electrolytes	1L	12	C		6-61431-10095-2	K

 **ICE AGE WATER** **10 CS - 10% / 25 CS - 15%**

IF YOU CARE

COFFEE FILTERS

7400	No.2 coffee filters	100ct	12	½		7-70009-00112-3	T
7401	No.4 coffee filters	100ct	12	½		7-70009-00114-7	T
7402	8" basket filters	100ct	12	½		7-70009-00111-6	T

100% RECYCLED ALUMINUM FOIL

7406	Aluminum foil	50 sq.ft.	12	½		7-70009-12011-4	T
7407	Heavy duty aluminum foil	30 sq.ft.	12	½		7-70009-25020-0	T

BAGS & WRAPS

7397	Sandwich bags	48 bags	12	½		7-70009-25026-2	T
7408	Unbleached waxed paper	75 sq.ft.	12	½		7-70009-25025-5	T
7413	Compostable food waste bags ~ 3 gal	30ct	12	½		7-70009-25064-4	T
7414	Compostable food waste bags ~ 13 gal	12ct	12	½		7-70009-225065-1	T

ROASTING BAGS

7415	Roasting bag combo shipper - 30 cases	2ct/6ct	1	½		7-70009-25057-3	T
7416	Medium	6ct	8	½		7-70009-25073-6	T
7417	Extra large	2ct	8	½		7-70009-25072-9	T

COOKING & BAKING PRODUCTS

7409	Cheesecloth - unbleached 72" x 36"	2 sq yd	24	½		7-70009-05004-6	T
7410	Natural cooking twine	200ft	24	½		7-70009-05001-5	T
7404	Parchment baking paper	70 sq.ft.	12	½		7-70009-01020-0	T
7405	Parchment baking sheets	24ct	12	½		7-70009-01192-4	T

BAKING CUPS

7398	Mini	90ct	24	½		7-70009-25018-7	T
7403	Large	60ct	24	½		7-70009-01048-4	T
7399	Jumbo	24ct	24	½		7-70009-25019-4	T

HOUSEHOLD GLOVES

7394	Small	1 pair	12	½		7-70009-25027-9	T
7395	Medium	1 pair	12	½		7-70009-25028-6	T
7396	Large	1 pair	12	½		7-70009-25029-3	T

100% BIOMASS FIRELIGHTERS

7412	Fire starting cubes	28ct	12	½		7-70009-25034-7	T
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KNUDSEN

100% FRUIT JUICE

3658	Just blueberry	946mL	6	C		0-74682-12324-1	
3665	Just pomegranate	946mL	6	C		0-74682-12329-6	



ALIMENTS
KOYO
FOODS INC.

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	3675	Just cranberry	946mL	6	C	0-74682-12350-0	
	3673	Just black cherry	946mL	6	C	0-74682-12309-8	
		100% ORGANIC FRUIT JUICE					
	3659	Just cranberry	946mL	6	C	0-74682-12335-4	O
	3674	Just tart cherry	946mL	6	C	0-74682-12318-0	O
	3678	Just prune	946mL	6	C	0-74682-12312-8	O
NEW	3676	Just pineapple	946mL	6	C	0-74682-20053-9	O
		ORGANIC FRUIT JUICE					
	3683	Concord grape	945mL	6	C	0-74682-11112-5	O
NEW	3677	Celery apple cucumber	946mL	6	C	0-74682-20052-2	O
		ORGANIC VEGGIE BEVERAGE					
	3670	Carrot, ginger & turmeric	946mL	6	C	0-74682-51102-4	G O
	3671	Beet	946mL	6	C	0-74682-51101-7	G O

KOBU

COCONUT WATER IN A CAN

7310	Pure coconut water	350mL	24	C	1-80539-00007-5	
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KOOPS' ORGANIC

ORGANIC MUSTARD ~ GLUTEN FREE

3340	Dijon	325mL	12	½	0-70281-00151-5	G O	K
3341	Original yellow	325mL	12	½	0-70281-00150-8	G O	K
3342	Stone ground	325mL	12	½	0-70281-00153-9	G O	K
3343	Spicy brown	325mL	12	½	0-70281-00152-2	G O	K

LAKWOOD

ORGANIC JUICES

3985	Pure tart cherry	946mL	6	C	0-42608-63008-1	O	K
3993	Beet	946mL	6	C	0-42608-63070-8	O	K
3996	Pure carrot	946mL	6	C	0-42608-63045-6	O	K
4001	Pina colada	946mL	6	C	0-42608-47004-5	O	K
4002	Pure black cherry	946mL	6	C	0-42608-47003-8	O	K
4003	Pure pineapple	946mL	6	C	0-42608-63005-0	O	K
4004	Pure prune	946mL	6	C	0-42608-63009-8	O	K
4006	Pure cranberry	946mL	6	C	0-42608-63011-1	O	K
4007	Tart cherry blend	946mL	6	C	0-42608-63077-7	O	K

ORGANIC SUPPLEMENT JUICES

4009	Pure aloe	946mL	6	C	0-42608-63014-2	O	K
4010	Pure aloe vera gel	946mL	6	C	0-42608-47009-0	O	K

ORGANIC CULINARY JUICES

4012	Pure lemon	370mL	12	½	0-42608-36094-0	O	K
4013	Pure lime	370mL	12	½	0-42608-36091-9	O	K
4014	Pure lemon	946mL	6	C	0-42608-63094-4	O	K

PREMIUM JUICES

4020	Pure cranberry	946mL	6	C	0-42608-63066-1		K
4021	Pure black cherry	946mL	6	C	0-42608-63048-7		K



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FOODS INC.

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LET'S DO... GLUTEN FREE

GLUTEN FREE CONES

9848	Ice cream cones	36g	12	½		0-43182-00352-0	G K
9849	Sugar cones	132g	12	½		0-43182-00353-7	G K

LET'S DO... ORGANIC

ORGANIC TAPIOCA


9781	Tapioca ~ granules	170g	6		C	0-43182-00527-2	G O
9782	Tapioca ~ starch	170g	6		C	0-43182-00528-9	G O

ORGANIC CORN STARCH

9811	Corn starch	170g	6		C	0-43812-00529-6	O
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ORGANIC COCONUT PRODUCTS

9800	Sweetened condensed coconut milk	195mL	6		C	0-43182-02205-7	G O K
9801	Coconut flour	454g	6		C	0-43182-01524-0	G O K
9803	Creamed coconut	200g	6		C	0-43182-00525-8	G O K
9806	Shredded coconut	250g	12	½		0-43182-01520-2	G O
9808	Unsweetened coconut flakes	198g	12	½		0-43182-01522-6	G O K
9802	Heavy coconut cream	398ml	12	½		0-43182-00210-3	G O K

 **COCONUT PRODUCTS** 15 CS - 15% / 25 CS - 20%

MANNA ORGANICS

ORGANIC MANNA BREAD

	9501	Carrot raisin	400g	8		C	0-58449-00003-7	O K
	9504	Fruit & nut	400g	8		C	0-58449-00009-9	O K
	9509	Fig, fennel and flax	350g	8		C	0-58449-00026-3	O K
	9510	Date & cinnamon	400g	8		C	0-58449-70801-8	O K

MARANATHA

ORGANIC PEANUT BUTTER

4392	Creamy	500g	6		C	0-51651-09330-9	G O K
4393	Crunchy	500g	6		C	0-51651-09331-6	G O K

ALMOND BUTTER

4396	Creamy ~ raw	340g	6		C	0-51651-09306-4	G K
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 **MARANATHA** 10CS - 20% / 20CS - 25%

MARUKAN

RICE VINEGAR ~ 355mL

6740	Organic	355mL	6		C	0-70641-06412-9	G O K
6741	Organic seasoned dressing	355mL	6		C	0-70641-06413-6	G O K
6742	Genuine brewed	355mL	6		C	0-70641-00006-6	G K
6739	Lite seasoned gourmet dressing	355mL	6		C	0-70641-00039-4	G K
6743	Seasoned dressing	355mL	6		C	0-70641-00009-7	G K

RICE VINEGAR ~ 710mL

NEW

6748	Genuine brewed	710mL	6		C	0-70641-00005-9	G K
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ALIMENTS
KOYO
FOODS INC.

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PREMIUM SOY DRESSING

NEW	6746	Yuzu Ponzu ~ with yuzu citrus	355mL	6	C	0-70641-06631-4	G K
NEW	6747	Ponzu ~ with sudachi citrus	355mL	6	C	0-70641-06621-5	G K

MARUKAN VINEGAR **10 CS - 15% / 20 CS - 25%**

MOCCIA & URBANI SALUMERIA

NATURAL DRIED SALAMI

NEW	9450	Tartufo ~ tuscan black truffle	170g	12	½	8-51335-00022-3	G
NEW	9451	Spicy Fennel ~ whole fennel & chillies	170g	12	½	8-51335-00023-0	G
NEW	9452	Sicilian ~ sicilian lemon & fennel	170g	12	½	8-51335-00027-8	G
NEW	9453	Roman ~ coriander & chillies	170g	12	½	8-51335-00026-1	G
NEW	9454	Fig Toscano ~ dried figs & cinnamon	170g	12	½	8-51335-00024-7	G
NEW	9455	Fennel ~ whole fennel seeds	170g	12	½	8-51335-00021-6	G
NEW	9456	Argentinian ~ smoked paprika & red wine	170g	12	½	8-51335-00025-4	G

NATIVE

ORGANIC SUGAR NON GMO

7000	Cane sugar	1Kg	12	½	7-898206-500010	O
7001	Demerara cane sugar	1Kg	12	½	1-87759-00003-8	O

NATIVE FOREST

ORGANIC FRUIT PRODUCTS

9785	Mandarin oranges	284g	6	C	0-43182-01868-5	O K
9789	Pineapple chunks	398mL	6	C	0-43182-01851-7	O K
9790	Pineapple slices	425g	6	C	0-43182-00852-5	O

FRUIT PRODUCTS **MIX & MATCH: 10 CS - 15%**

CASHEW MILK

9812	Cashew milk powder	100g	6	C	0-43182-00102-1	G K
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COCONUT MILK

9799	Coconut milk powder	150g	6	C	0-43182-01101-3	G K
9804	Organic light coconut milk	398mL	12	½	0-43182-00209-6	G O K
9805	Organic coconut milk	398mL	12	½	0-43182-00208-9	G O K

COCONUT MILK **10 CS - 20% / 25 CS - 25%**

VEGETABLE PRODUCTS

9823	Artichoke hearts, quartered	400g	6	C	0-43182-00891-4	
9824	Artichoke hearts, whole, jar	170mL	6	C	0-43182-00892-1	
9826	Organic cut baby corn	400g	6	C	0-43182-00830-3	O
9791	Organic young jackfruit	398mL	6	C	0-43182-01869-2	G O

VEGETABLE PRODUCTS **10 CS - 15%**

NATUR-A

ORGANIC FORTIFIED RICE BEVERAGE

3432	Original	946mL	12	C	0-63667-00601-3	G O K
3433	Vanilla	946mL	12	C	0-63667-00602-0	G O K



ALIMENTS
KOYO
FOODS INC.

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		ORGANIC FORTIFIED SOY BEVERAGE 200mL					
	3429	Cappucino	200mL	24	C	0-63667-50701-5	G O K
	3430	Original	200mL	24	C	0-63667-50101-3	G O K
	3431	Unsweetened	200mL	24	C	0-63667-50601-8	G O K
	3434	Vanilla	200mL	24	C	0-63667-50201-0	G O K
	3435	Strawberry	200mL	24	C	0-63667-50301-7	G O T K
	3436	Chocolate	200mL	24	C	0-63667-50801-2	G O K
		ORGANIC FORTIFIED SOY BEVERAGE 946mL					
	3437	Unsweetened	946mL	12	C	0-63667-51100-5	G O K
	3438	Original light	946mL	12	C	0-63667-51000-8	G O K
	3439	Vanilla light	946mL	12	C	0-63667-51050-3	G O K
	3440	Cappucino	946mL	12	C	0-63667-30180-4	G O K
	3445	Original	946mL	12	C	0-63667-30140-8	G O K
	3446	Vanilla	946mL	12	C	0-63667-30155-2	G O K
	3447	Strawberry	946mL	12	C	0-63667-30170-5	G O T K
	3448	Chocolate	946mL	12	C	0-63667-30185-9	G O K
		FORTIFIED ALMOND BEVERAGE 946mL					
	4193	Vanilla unsweetened	946mL	12	C	0-63667-09026-5	G K
	4194	Coconut unsweetened	946mL	12	C	0-63667-09046-3	G T K
	4195	Original	946mL	12	C	0-63667-09001-2	G K
	4196	Vanilla	946mL	12	C	0-63667-09002-9	G K
	4197	Unsweetened	946mL	12	C	0-63667-09006-7	G K
	4198	Chocolate	946mL	12	C	0-63667-09008-1	G K
		FORTIFIED ALMOND BEVERAGE 200mL					
	4191	Original	200mL	24	C	0-63667-49001-0	G K
	4192	Chocolate	200mL	24	C	0-63667-49008-9	G K

NATURE'S PATH

ORGANIC & GLUTEN FREE CEREAL ~ ECO-PAC

9551	Mesa sunrise	750g	6	C	0-58449-77901-8	G O K
9543	Honey'd corn flakes	750g	6	C	0-58449-77094-7	G O K
9545	Fruit juice corn flakes	750g	6	C	0-58449-60056-5	G O K
9556	Crispy rice	750g	6	C	0-58449-55002-0	G O K
9620	Whole o's	750g	6	C	0-58449-77912-4	G O K
9621	Sunrise crunchy vanilla	675g	6	C	0-58449-18110-1	G O K
9622	Sunrise crunchy maple	675g	6	C	0-58449-18112-5	G O K
9557	Mesa sunrise flakes with raisins	825g	6	C	0-58449-77161-6	G O K

ORGANIC CEREAL ~ ECO PAC






9540	Multigrain oat bran flakes	907g	6	C	0-58449-60231-6	O K
9546	Heritage o's	907g	6	C	0-58449-77001-5	O K
9542	Millet rice	907g	6	C	0-58449-77008-4	O K
9547	Heritage flakes	907g	6	C	0-58449-77021-3	O K
9550	Flax plus ~ cinnamon flakes	907g	6	C	0-58449-77163-0	O K
9552	Kamut ~ khorasan wheat flakes	750g	6	C	0-58449-77069-5	O K

ORGANIC GRANOLA ~ ECO-PAC

9541	Hemp hearts	750g	6	C	0-58449-89017-1	O K
9544	Pumpkin seed + flax	750g	6	C	0-58449-89019-5	O K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
		ENVIROKIDZ					
		ORG & GLUTEN FREE CEREAL ~ ECO-PAC					
	9553	Gorilla Munch ~ corn puffs	650g	6	C	0-58449-87008-1	G O K
	9554	Panda puffs ~ peanut butter	700g	6	C	0-58449-87009-8	G O K
	9555	Koala crisp ~ chocolate	725g	6	C	0-58449-87010-4	G O K
		ORGANIC PUFFED CEREALS ~ ECO PAC					
	9577	Rice puffs	170g	12	½	0-58449-62001-3	O K
	9579	Kamut puffs ~ khorasan wheat	170g	12	½	0-58449-62004-4	O K
		ORG & GLUTEN FREE CEREAL ~ BOX					
	9530	Crispy rice	284g	12	½	0-58449-55000-6	G O K
	9523	Honey'd corn flakes	300g	12	½	0-58449-60218-7	G O K
	9521	Whole o's	325g	12	½	0-58449-77902-5	G O K
	9519	Golden turmeric	300g	6	C	0-58449-18910-7	G O K
	9520	Purple açai ~ baobab, açai & maqui	300g	6	C	055449-18911-4	G O K
		ORGANIC CEREAL ~BOX					
	9526	Heritage crunch	400g	12	½	0-58449-77174-6	O K
	9511	Smart bran ~ wheat, psyllium & oat bran	300g	12	½	0-58449-77102-9	O K
	9534	Optimum power ~ blueberry cinnamon flax	400g	12	½	0-58449-77700-7	O K
		NUT BUTTER CRUNCH CEREAL ~ BOX					
	9648	Honey & peanut	284g	6	C	0-58449-19108-7	G O K
		ENVIROKIDZ					
		ORG & GLUTEN FREE CEREAL ~ BOX					
	9581	Turtle splash ~ strawberry chocolate	284g	12	½	0-58449-20508-1	G O K
	9582	Gorilla Munch ~ corn puffs	284g	12	½	0-58449-86002-0	G O K
	9584	Panda puffs ~ peanut butter	300g	12	½	0-58449-86004-4	G O K
	9586	Leapin lemurs ~ peanut butter & chocolate	284g	12	½	0-58449-86006-8	G O K
	9580	Choco chimps ~ chocolate	284g	12	½	0-58449-87023-4	G O K
	9585	Cheetah chomps ~ berry blast	284g	12	½	0-58449-18505-5	G O K
	9587	Amazon flakes ~ frosted	325g	12	½	0-58449-18913-8	G O K
		LOVE CRUNCH ~ ORGANIC CEREALS ~ BOX					
	9700	Dark chocolate and red berries	284g	6	C	0-58449-18115-6	O K
		PREMIUM ORGANIC CEREALS					
		~ GLUTEN FREE					
	9512	Organic sunrise® crunchy honey	300g	12	½	0-58449-77204-0	G O K
	9515	Organic sunrise® crunchy cinnamon	300g	12	½	0-58449-77206-4	G O K
	9538	Organic sunrise® crunchy maple	300g	12	½	0-58449-77152-4	G O K
	9539	Organic sunrise® crunchy vanilla	300g	12	½	0-58449-77154-8	G O K
		ORGANIC WAFFLES					
		3272 Flax plus	210g	12	½	0-58449-59055-2	O K
		3276 Maple cinnamon	210g	12	½	0-58449-59063-2	O K
		ORGANIC GLUTEN FREE WAFFLES					
		3271 Homestyle	210g	12	½	0-58449-59052-1	G O K
		3273 Buckwheat ~ wildberry	210g	12	½	0-58449-59057-6	G O K
		3280 Chia plus ~ quinoa & amaranth	210g	12	½	0-58449-59074-3	G O K
		ORGANIC TOASTER PASTRIES ~ FROSTED					
	9690	Cherry pomegranate	312g	6	C	0-58449-18807-0	O K
	9691	Berry strawberry	312g	6	C	0-58449-18808-7	O K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9692	Lotta chocolotta ORGANIC GRAIN FREE GRANOLA	312g	6	C	0-58449-18810-0	O K
	9638	Vanilla Poppy Seed ORGANIC GRANOLA	227g	6	C	0-58449-19207-7	G O K
	9516	Flax plus pumpkin flax	325g	12	½	0-58449-89007-2	O K
	9532	Chia plus coconut chia	350g	12	½	0-58449-89032-4	O K
	9535	Hemp plus	325g	12	½	0-58449-89000-3	O K
	9731	Peanut butter	325g	12	½	0-58449-89008-9	O K
	9628	Golden turmeric	198g	6	C	0-58449-20228-8	G O K
	9629	Cacao ORGANIC PURE OATS GRANOLA	198g	6	C	0-58449-20300-1	G O K
	9670	Honey almond ORGANIC LOVE CRUNCH GRANOLA	312g	8	C	0-58449-89041-6	G O K
	9748	Dark chocolate peanut butter	325g	6	C	0-58449-16206-3	O K
	9749	Dark chocolate macaroon	325g	6	C	0-58449-77201-9	O K
	9750	Dark chocolate and red berries	325g	6	C	0-58449-77176-0	O K
	9752	Apple crumble ORGANIC LOVE CRUNCH GRANOLA LARGE	325g	6	C	0-58449-77178-4	O K
	9718	Dark chocolate and red berries ORGANIC QI'A SUPERFLAKES	700g	6	C	0-58449-18203-0	O K
	9632	Cocoa coconut ORGANIC QI'A CEREALS	284g	12	½	0-58449-16113-4	G O K
	9739	Original	225g	10	½	0-58449-32004-3	G O K
	9740	Cranberry vanilla ORGANIC PURE OATS HOT OATMEAL	225g	10	½	0-58449-32006-7	G O K
	9676	Spiced apple flax	320g	6	C	0-58449-45067-2	G O K
	9677	Brown sugar maple	320g	6	C	0-58449-45069-6	G O K
	9678	Variety pack ORGANIC QI'A SUPERFOOD HOT OATMEAL	320g	6	C	0-58449-45071-9	G O K
	9742	Cinnamon pumpkin seed	228g	6	C	0-58449-15404-4	G O K
	9743	Creamy coconut	228g	6	C	0-58449-15402-0	G O K
	9744	Superseeds & grains	228g	6	C	0-58449-15400-6	G O K
	9745	Turmeric	228g	6	C	0-58449-20408-4	G O K
	9746	Cacao ORGANIC HOT OATMEAL POUCHES	228g	6	C	0-58449-20409-1	G O K
	9559	4 variety 8 pack	400g	6	C	0-58449-45000-9	O K
	9560	Apple cinnamon	400g	6	C	0-58449-45004-7	O K
	9561	Maple nut	400g	6	C	0-58449-45003-0	O K
	9562	Flax'n oats	400g	6	C	0-58449-45002-3	O K
	9563	Original	400g	6	C	0-58449-45001-6	O K
	9568	Optimum blueberry cinnamon	320g	6	C	0-58449-45013-9	O K

 **NEW WORLD**

ALMOND BUTTER

4290	Almond butter - smooth raw, organic	500g	12	½	0-59443-40158-5	O K
4297	Almond butter - smooth raw	500g	12	½	0-59443-40031-1	K

ORGANIC SESAME TAHINI



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	4279	Organic sesame tahini - raw	250g	12	½	0-59443-40111-0	O K
	4293	Organic sesame tahini - raw	500g	12	½	0-59443-40112-7	O K
	OTHER ORGANIC NUT BUTTERS						
	4268	Organic cashew butter - raw	250g	12	½	0-59443-40160-8	O K
	4272	Organic hazelnut butter	250g	12	½	0-59443-40182-0	O K
	4273	Organic hemp nut butter - raw	250g	12	½	0-59443-40147-9	O K
	4276	Organic pumpkin seed butter - raw	365g	12	½	0-59443-40049-6	O K
NEW SIZE	4277	Organic sunflower seed butter	365g	12	½	0-59443-40075-5	O K

 **NUTRI FLORA**

SPECIAL ORDER ITEM

NUTRITIONAL YEAST IN BULK							
	5411	Flakes	25Kg	1	U	N/A	
	5412	Flakes	5Kg	1	U	N/A	
NUTRITIONAL YEAST							
	5413	Flakes	200g	12	½	0-65493-05413-8	

ONLY LEMON

ORGANIC SQUEEZED LEMON JUICE							
	4035	Org. squeezed lemon juice (8-9 lemons)	250ml	12	½	8-016438-00176-4	O
	4036	Org. squeezed lemon juice (16-17 lemons)	500ml	12	½	8-016438-00178-8	O
	4037	Org. squeezed lemon juice (32-33 lemons)	1L	6	C	8-016438-00147-4	O

PAPERCHEF

CULINARY PARCHMENT							
	7175	Pre-cut sheets (15" x 16.5")	24 sheets	12	½	6-28689-70024-2	T
	7176	Parchment paper (15" x 33')	41 pi.ca	12	½	6-28689-00001-4	T
	7177	Parchment paper (15" x 98.4')	123 pi.ca	12	½	6-28689-70098-3	T
	7178	Parchment paper (15" x 164')	205 pi.ca	8	½	6-28689-00050-2	T
BAKING CUPS							
	7180	Mini baking cups (B: 1 1/4"; H: 1")	90ct	12	½	6-28689-70090-7	T
	7181	Large baking cups (B: 1 7/8"; H: 1 3/8")	60ct	12	½	6-28689-70060-0	T
	7182	X-large baking cups (B: 2 1/8"; H 2")	30ct	12	½	6-28689-70030-3	T
	7183	Tulip cups (B: 1.9"; H: 3.5"; V: 3.38 oz.)	12ct	6	C	6-28689-70014-3	T
	7185	Tulip cups - multi-coloured	12ct	6	C	6-28689-70414-1	T
	7184	Lotus cups (B: 1.9"; H: 2.6"; V: 3.38 oz.)	12ct	6	C	6-28689-70012-9	T
	7186	Lotus cups - multi-coloured	12ct	6	C	6-28689-70412-7	T
CULINARY PARCHMENT ROUNDS							
	7187	8" Rounds	24sht	12	½	6-28689-60824-1	T
	7188	9" Rounds	24sht	12	½	6-28689-60924-8	T
SPECIALTY PRODUCT							
	7179	Cooking bags (small: 8" x 3 1/4" x 12 3/4")	10ct	12	½	6-28689-70010-5	T

 **PAPERCHEF CULINARY PARCHMENT** **10 CS - 15%**

 **PB&ME**

POWDERED PEANUT BUTTER							
	4410	Natural	200g	6	C	6-27843-53841-7	G

LEGENDS: ❄-frozen, ⚡-refrigerated, O-organic, T-tax, K-kosher, G-gluten free, C-per case, U-per unit, 1/2-per half case, 1/4-per quarter case



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	4415	Natural	454g	6	C	6-27843-53842-4	G
	4416	Traditional	454g	6	C	6-27843-53836-3	G
		ORGANIC POWDERED PEANUT BUTTER					
	4421	No sugar added	200g	6	C	6-28451-16651-1	G O

PREMIER JAPAN

SAUCES

9828	Wheat free hoisin sauce	251mL	12	½	0-11206-00085-5	G
9829	Wheat free teriyaki sauce	251mL	12	½	0-11206-00086-2	G
	ORGANIC & GLUTEN FREE SAUCES					
9821	Sweet & sour	251mL	12	½	0-11206-00087-5	G O
9822	Sesa-miso	251mL	12	½	0-11206-00088-2	G O
9827	Miso-yaki	251mL	12	½	0-11206-00089-9	G O

 **SAUCES** **15CS - 20%**

PUREST

GLUTEN FREE COCOA MIXES

7640	Hot cocoa	300g	6	C	1-85396-00003-9	G	K
7641	Hot cocoa - Mexican	300g	6	C	1-85396-00010-7	G	K

GLUTEN FREE COCOA MIXES

7642	Marvellous - chocolate powder	500g	6	C	1-85396-00002-2	G	K
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GLUTEN FREE BAKING MIXES

7648	Chocolate chip cookies	481g	6	C	1-85396-00033-6	G	K
7643	Chocolate cake	561g	6	C	1-85396-00078-7	G	K
7646	Brownies	488g	6	C	1-85396-00036-7	G	K
7654	Pie pastry	626g	6	C	1-85396-00027-5	G	K
7652	Muffin & loaf mix	553g	6	C	1-85396-00026-8	G	K
7653	Vanilla cake mix	582g	6	C	1-85396-00025-1	G	K
7671	Tea biscuits	490g	6	C	1-85396-00079-4	G	K
7656	Ginger molasses cookie	700g	6	C	1-85396-00015-2	G	K
7657	Shortbread cookie	378g	6	C	1-85396-00016-9	G	K

GLUTEN FREE COOKING MIXES

7647	Pancakes	558g	6	C	1-85396-00037-4	G	K
7645	Pure batter	300g	6	C	1-85396-00008-4	G	K
7651	Pure batter - extra crispy	300g	6	C	1-85396-00005-3	G	K
7649	Soup thickener	300g	6	C	1-85396-00034-3	G	K
7650	Gravy mix	300g	6	C	1-85396-00007-7	G	K
7655	Artisan bread mix	360g	6	C	1-85396-00084-8	G	K

GLUTEN FREE BAKING AIDS

7668	Baking powder	250g	6	C	1-85396-00038-1	G	K
7669	Baking soda	453g	6	C	1-85396-00039-8	G	K

GLUTEN FREE FLOURS

7675	Potato flakes	300g	6	C	1-85396-00032-9	G	K
7676	White rice flour	500g	6	C	1-85396-00041-1	G	K
7677	Brown rice flour	680g	6	C	1-85396-00049-7	G	K
7678	Potato starch	500g	6	C	1-85396-00044-2	G	K
7679	Natural cocoa	300g	6	C	1-85396-00048-0	G	K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	7680	Gluten free all purpose flour	680g	6	C	1-85396-00050-3	G K
	7682	Garbanzo bean flour	500g	6	C	1-85396-00046-6	G K
	7683	Buckwheat flour	500g	6	C	1-85396-00024-4	G K
	7684	Sorghum flour	623g	6	C	1-85396-00042-8	G K
	7686	Tapioca flour	500g	6	C	1-85396-00076-3	G K

PUREST **MATCH: 12 CS - 10% / 20 CS - 15%**

RAWESOME

ORGANIC CAKES

	9205	Pecan caramel	95g	6	C	6-28504-86214-8	G O
	9206	Crème brûlée	95g	6	C	6-28504-86215-5	G O
	9207	Café mocha	95g	6	C	6-28504-86216-2	G O

RAW, VEGAN, CULTURED & NON-DAIRY CASHEW SPREAD

	9210	Original	227g	6	C	6-28504-86205-6	
	9211	Onion & chives	227g	6	C	6-28504-86206-3	
	9212	Garlic & black pepper	227g	6	C	6-28504-86208-7	
	9213	Cilantro & chili pepper	227g	6	C	6-28504-86204-9	
	9192	Tzatziki	227g	6	C	6-28504-86207-0	G

These will be shipped frozen. However, they are meant to be sold fresh.
Please tag the products with a 60 days shelf life when displaying for sale.

REAL BREW

GINGER ALE

3667	Outrageous	355mL	24	C	0-74682-12440-8	T
3668	Vanilla crème soda	355mL	24	C	0-74682-12442-2	T
3669	Draft root beer	355mL	24	C	0-74682-12444-6	T

THE REAL COCONUT

ORGANIC COCONUT FLOUR TORTILLAS

NEW		8080	Original	215g	12	½	8-51186-00790-7	G O
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RIZOPIA

RICE PASTA

5300	White Rice Spaghetti	454g	12	½	8-33125-00001-9	G
5301	Brown Rice Spaghetti	454g	12	½	8-33125-00101-6	G
5302	Brown Rice Fettuccine	454g	12	½	8-33125-00102-3	G
5303	Brown Rice Fusilli	454g	12	½	8-33125-00103-0	G
5304	Brown Rice Penne	454g	12	½	8-33125-00104-7	G
5305	Brown Rice Elbows	454g	12	½	8-33125-00105-4	G
5306	Brown Rice Shells	454g	12	½	8-33125-00106-1	G
5307	Brown Rice Spirals	454g	12	½	8-33125-00107-8	G
5308	Brown Rice Lasagna	340g	12	½	8-33125-00108-5	G
5324	Spinach Rice Spaghetti	454g	12	½	8-33125-00201-3	G
5325	Vegetable Rice Fusilli	454g	12	½	8-33125-00303-4	G

ORGANIC WILD RICE PASTA



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5310	Spaghetti	454g	12	½	8-33125-00411-6	G O
	5311	Fusilli	454g	12	½	8-33125-00413-0	G O
	5312	Penne	454g	12	½	8-33125-00414-7	G O
	5313	Elbows	454g	12	½	8-33125-00415-4	G O
	5314	Shells	454g	12	½	8-33125-00416-1	G O
	ORGANIC BROWN RICE PASTA						
	5317	Spaghetti	454g	12	½	8-33125-00111-5	G O
	5318	Fettuccine	454g	12	½	8-33125-00112-2	G O
	5319	Fusilli	454g	12	½	8-33125-00113-9	G O
	5320	Penne	454g	12	½	8-33125-00114-6	G O
	5321	Elbow	454g	12	½	8-33125-00115-3	G O
	5322	Fantaisa	454g	12	½	8-33125-00110-8	G O
	ORGANIC QUINOA BROWN RICE PASTA						
	5327	Spaghetti	340g	12	½	8-33125-00601-1	G O
	5328	Fusilli	340g	12	½	8-33125-00603-5	G O
	5329	Penne	340g	12	½	8-33125-00604-2	G O

RIZOPIA **MATCH: 10 CS - 10% / 20 CS - 15%**

SAN-J

TAMARI

6117	Tamari "black label" ~-gluten free	296mL	6	C	0-75810-02126-2	G	K
6118	Tamari "black label" ~ gluten free	592mL	6	C	0-75810-02136-1	G	K
6121	Tamari "gold label" ~ organic, gluten free	296mL	6	C	0-75810-00126-4	G O	K
6123	Tamari "gold label" ~ organic, gluten free	592mL	6	C	0-75810-00136-3	G O	K
6141	Organic shoyu "bronze label"	296mL	6	C	0-75810-04126-0	O	K

GLUTEN FREE LOW SODIUM TAMARI

6116	Soy sauce ~ 50% less sodium	296mL	6	C	0-75810-02426-3	G	K
6137	Soy sauce ~ 50% less sodium	592mL	6	C	0-75810-02436-2	G	K
6124	Tamari low sodium "platinum label" ~ org	296mL	6	C	0-75810-00426-5	G O	K
6140	Tamari low sodium "platinum label" ~ org	592mL	6	C	0-75810-00436-4	G O	K
6126	Tamari low sodium "white label"	296mL	6	C	0-75810-02326-6	G	K
6139	Tamari low sodium "white label"	592mL	6	C	0-75810-02336-5	G	K

GLUTEN FREE SAUCES

6129	Korean BBQ sauce	296mL	6	C	0-75810-15026-9	G	K
6131	Hoisin sauce	296mL	6	C	0-75810-15026-9	G	K
6128	Thai style peanut	296mL	6	C	0-75810-14026-0	G	K
6130	Teriyaki sauce	296mL	6	C	0-75810-11226-7	G	K
6132	Szechuan style sauce	296mL	6	C	0-75810-12026-2	G	K

SAN-J **(MAXIMUM 3 SKUS): 10 CS - 20%**
MIX & MATCH (MAXIMUM 4 SKUS): 20 CS - 25%

SPECIAL ORDER ITEM

GLUTEN FREE TAMARI IN BULK

6135	Organic gluten-free tamari	18L	1	U	N/A	G O	K
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SANTA CRUZ ORGANIC

ORGANIC FRUIT JUICE

3664	100% lemon	473mL	8	½	0-36192-12715-7	O
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ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	3698	Lemonade	946mL	12	½	0-36192-12313-5	O T
	3702	Raspberry lemonade	946mL	12	½	0-36192-12314-2	O T
	3707	Cherry lemonade	946mL	12	½	0-36192-12319-7	O T
	3708	Half & half iced tea lemonade	946mL	12	½	0-36192-12782-9	O T
	3706	Limeade	946mL	12	½	0-36192-12785-0	O T

SIMPLY NATURAL

ORGANIC PASTA SAUCE

3300	Marinara	739mL	12	½	0-70974-41510-0	O
3301	Tomato & basil	739mL	12	½	0-70974-41512-4	O
3302	Tomato & mushroom	739mL	12	½	0-70974-41514-8	O
3303	Tomato & roasted garlic	739mL	12	½	0-70974-41516-2	O
3304	Tomato & roasted peppers	739mL	12	½	0-70974-41518-6	O
3299	Vodka cream	739mL	12	½	0-70974-41524-7	O

ORGANIC CONDIMENT

3306	Ketchup	575mL	12	½	0-70974-41220-8	O
3310	Red sriracha ~ hot sauce	473mL	12	½	0-70974-00236-2	G O
3311	Green sriracha ~ hot sauce	473mL	12	½	0-70974-00237-9	G O

ORGANIC CHUNKY SALSA

3312	Mild	470mL	12	½	0-70974-41350-2	O
3313	Medium	470mL	12	½	0-70974-41352-6	O
3314	Pineapple	470mL	12	½	0-70974-41354-0	O
3315	Mango	470mL	12	½	0-70974-41356-4	O
3316	Black bean & corn	470mL	12	½	0-70974-41358-8	O

ORGANIC SALAD DRESSINGS

3317	Sun dried tomatoes	354mL	12	½	0-70974-41010-5	G O
3318	Balsamic	354mL	12	½	0-70974-41014-3	G O
3319	Roasted garlic	354mL	12	½	0-70974-41016-7	G O
3320	Italian with roasted pepper	354mL	12	½	0-70974-41020-4	G O
3321	Caesar	354mL	12	½	0-70974-41024-2	G O
3322	Honey mustard	354mL	12	½	0-70974-41026-6	G O
3323	Sesame ginger	354mL	12	½	0-70974-41028-0	G O
3326	Ranch	354mL	12	½	0-70974-00115-0	G O

 **SIMPLY NATURAL** **10 CS - 15% / 20 CS - 20%**

SO DELICIOUS

MOUSSE DESSERTS

	9150	Salted caramel swirl	500mL	8	C	0-36632-07175-0	G	K
	9151	Lemon swirl	500mL	8	C	0-36632-07172-9	G	K
	9152	Peanut butter swirl	500mL	8	C	0-36632-07176-7	G	K

COCONUT MILK DESSERTS

	9125	Vanilla bean	500mL	8	C	7-44473-27011-8	G	K
	9128	Cookie dough	500mL	8	C	7-44473-27046-0	G	K
	9113	Cold brew coffee	500mL	8	C	7-44473-00090-6	G	K

CASHEW DESSERTS

	9107	Simply vanilla	500mL	8	C	7-44473-00066-1	G	K
	9108	Creamy chocolate	500mL	8	C	7-44473-00067-8	G	K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9109	Cinnamon cookie dough	500mL	8	C	7-44473-00068-5	G K
	9111	Salted caramel cluster	500mL	8	C	7-44473-27613-4	G K
	9112	Dark chocolatey truffle	500mL	8	C	7-44473-27621-9	G K
	9114	Chocolate banana flambé	500mL	8	C	7-44473-00091-3	G K
	9115	Peach maple pecan	500mL	8	C	7-44473-00092-0	G K
	MINIS SANDWICH DESSERTS						
PRICE ↓	9135	Coconut ~ coconut milk	8x68mL	6	C	7-44473-27430-7	T K
	OATMEAL DESSERTS						
	9158	Oatmeal cookie	500ml	8	C	0-36632-07299-3	G T K
	9159	Peanut butter & raspberry	500ml	8	C	0-36632-07297-9	G T K
	MINIS BAR DESSERTS						
PRICE ↓	9137	Vanilla ~ coconut milk	4x68mL	6	C	7-44473-27411-6	G T K
PRICE ↓	9138	Coconut almond ~ coconut milk	4x68mL	6	C	7-44473-27412-3	G T K
PRICE ↓	9139	Mocha almond fudge ~ almond milk	4x68mL	6	C	7-44473-00025-8	G T K
PRICE ↓	9140	Dipped salted caramel ~ cashew milk	4x68mL	6	C	7-44473-00074-6	G T K
	COCONUT WHIPPED TOPPING						
	9116	Original	266mL	12	C	7-44473-29997-3	G T K

SO DELICIOUS **10 CS - 15% / 25 CS - 20%**

SOBAYA

ORGANIC KAMUT NOODLES							
6392	Soba ~ 80% kamut, 20% buckwheat	230g	12	½		0-57443-30702-9	O K
6393	Udon ~ 100% kamut	230g	12	½		0-57443-30704-3	O K
6394	Somen ~ 100% kamut	230g	12	½		0-57443-30706-7	O K
ORGANIC SPELT NOODLES							
6397	Soba ~ 80% spelt grain, 20% buckwheat	230g	12	½		0-57443-30902-3	O K
6398	Udon ~ 100% spelt grain	230g	12	½		0-57443-30904-7	O K
ORGANIC NOODLES							
6405	Udon ~ 100% whole wheat	230g	12	½		0-57443-30204-8	O K
6407	Soba ~ 30% buckwheat	230g	12	½		0-57443-30202-4	O K
NATURAL NOODLES							
6408	Soba ~ 30% buckwheat	454g	12	½		0-57443-40101-7	K
6414	Natural udon	454g	12	½		0-57443-40102-4	K

SPECTRUM

COCONUT OILS							
4708	Organic coconut oil	414mL	12	½		0-22506-97469-2	O K
4783	Coconut oil spray	170g	6	C		0-22506-06560-4	
CANOLA OILS							
4752	Canola oil ~ organic	750mL	6	C		0-22506-47175-7	O K
4702	Canola oil ~ refined, pressed without solvent	750mL	6	C		0-22506-41175-3	K
OLIVE OILS							
4749	Extra-virgin olive oil ~ unrefined, organic	375mL	6	C		0-22506-72137-1	O K
4750	Extra-virgin olive oil ~ unrefined, organic	750mL	6	C		0-22506-72175-3	O K
4782	Extra virgin olive oil spray	170g	6	C		0-22506-26581-3	K
4765	Mediterranean olive oil, organic	1L	6	C		0-22506-02204-7	O K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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OTHER OILS

4707	Walnut oil	375mL	6	C	0-22506-41637-6	K
4741	Safflower oil ~ refined, organic	375mL	6	C	0-22506-40337-6	O K
4743	Sesame oil ~ unref, pressed wt solvents	375mL	6	C	0-22506-40437-3	K
4763	Almond oil ~ refined, pressed wt solvents	375mL	6	C	0-22506-41037-4	K

MAYONNAISE


4775	Organic mayonnaise	473mL	12	½	0-22506-20304-4	G O K
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STARLITE

VEGAN TAQUITOS

 9460	Beef flavor	298g	6	C	0-37427-50720-1	G
 9461	Chicken flavor	298g	6	C	0-37427-50721-8	G
 9462	Chorizo & black bean flavor	298g	6	C	0-37427-50722-5	G

VEGAN ROLLED TACOS

 9463	Santa fe chicken flavor	340g	6	C	0-37427-50740-9	
 9464	Garlic chicken flavor	340g	6	C	0-37427-50741-6	
 9465	Chipotle chicken flavor	340g	6	C	0-37427-50743-0	

VEGAN ENCHILADAS

 9466	Green sauce	255g	6	C	0-37427-30750-4	G
 9467	Red sauce	255g	6	C	0-37427-30751-1	G
 9468	Cream sauce	255g	6	C	0-37427-30752-8	G
 9469	Bean & cheese	255g	6	C	0-37427-30753-5	G

SWEET & FRIENDLY

ZERO CALORIE NATURAL SWEETENER

NEW	4210	100% pure erythritol crystals ~ 1lb bag	454g	10	½	6-28250-43028-8	G	K
NEW	4211	100% pure erythritol crystals ~ 2lb can	907g	6	C	6-28250-43006-6	G	K

SWEETCANE

ORGANIC MOLASSES

7364	Blackstrap molasses	500g	12	½	0-59443-21321-8	G O K
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ORGANIC HONEY

7366	Raw honey (creamed)	500g	12	½	0-59443-21302-7	G O K
7367	Honey	500g	12	½	0-59443-21301-0	O K

 **SWEETCANE SWEETENERS** **15 CS - 10%**

TAJ MAHAL

INDIAN MEALS ~ VEGAN

7250	Spinach dal	285g	6	C	0-59443-60001-8	
7251	Baingan bharta ~ eggplant	285g	6	C	0-59443-60002-5	
7252	Dal tadka ~ lentils, onions	285g	6	C	0-59443-60003-2	
7253	Chana masala ~ chickpeas	285g	6	C	0-59443-60006-3	
7254	Aloo matar ~ potato & green pea	285g	6	C	0-59443-60008-7	
7255	Pav bhaji ~ mashed vegetables in sauce	285g	6	C	0-59443-60009-4	

INDIAN MEALS ~ DAIRY FREE

7256	Palak paneer ~ spinach & cottage cheese	285g	6	C	0-59443-60004-9	
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NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	7257	Matar paneer ~ peas & cottage cheese	285g	6	C	0-59443-60005-6	
	7258	Dal makhani ~ black gram in hot butter sauce	285g	6	C	0-59443-60007-0	
	7259	Navratan korma ~ mix veg & cottage cheese	285g	6	C	0-59443-60010-0	

TASTE ADVENTURE

ORGANIC INSTANT REFRIED BEANS

5810	Black bean	170g	6	C	0-32445-00632-3	O
5811	Pinto bean	170g	6	C	0-32445-00631-6	G O

ORGANIC SOUPS - CUP

5815	Black bean soup	71g	6	C	0-32445-02611-6	G O
5816	Curry lentil soup	71g	6	C	0-32445-02612-3	G O
5817	Split pea soup	71g	6	C	0-32445-02610-9	G O
5818	Golden pea soup	71g	6	C	0-32445-02613-0	G O
5819	Sweet corn chowder	57g	6	C	0-32445-02614-7	G O

BULK

5847	Black bean soup	10lbs	1	U	0-32445-00641-5	G O
5848	Split pea soup	10lbs	1	U	0-32445-00640-8	G O
5849	Refried pinto beans	10lbs	1	U	0-32445-00644-6	G O

 **SOUPS, BEANS & BULK** **75 CS - 15% / 100 CS - 25%**

TASTE NIRVANA

COCONUT WATER ~ GLASS BOTTLE

3570	Real coconut water	280mL	12	C	0-11259-80686-2	
3571	Real coconut water with pulp	280mL	12	C	0-11259-80688-6	
3572	Real coco aloe	280mL	12	C	0-11259-80113-3	

COCONUT WATER ~ GLASS BOTTLE

3573	Real coconut water	700mL	6	C	0-11259-90424-7	
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SPARKLING COCONUT WATER ~ IN CAN

NEW	3574	Natural	230mL	24	C	0-11259-90737-8	G
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TINKYADA

ORGANIC BROWN RICE PASTA

5439	Elbows	340g	12	½	6-21683-01055-3	G O	K
5440	Lasagna	280g	12	½	6-21683-01135-2	G O	K
5444	Spaghetti	340g	12	½	6-21683-02015-6	G O	K
5445	Spirals	340g	12	½	6-21683-02125-2	G O	K
5446	Penne	340g	12	½	6-21683-02115-3	G O	K

BROWN RICE & WHITE RICE PASTA

5451	Brown rice shells	454g	12	½	6-21683-92075-3	G	K
5442	Spinach brown rice spaghetti	340g	12	½	6-21683-62015-8	G	K
5447	Brown rice spaghetti	454g	12	½	6-21683-92015-9	G	K
5449	White rice spaghetti	454g	12	½	6-21683-52015-1	G	K
5443	Vegetables brown rice spirals	340g	12	½	6-21683-72125-1	G	K
5450	Brown rice spirals	454g	12	½	6-21683-92125-5	G	K
5438	Brown rice little dreams	397g	12	½	6-21683-91145-4	G	K
5441	Brown rice lasagna	280g	12	½	6-21683-92135-4	G	K



ALIMENTS
KOYO
FOODS INC.

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	5448	Brown rice fettucini	397g	12	½	6-21683-92025-8	G K
	5452	Brown rice penne	454g	12	½	6-21683-92115-6	G K
	5453	Brown rice elbows	454g	12	½	6-21683-92055-5	G K
	5454	Brown rice fusilli	454g	12	½	6-21683-92065-4	G K
	BROWN RICE PASTA IN BULK						
	5455	Brown rice spaghetti	10lbs	1	U	6-21683-92014-2	G K
	5456	Brown rice spirals	10lbs	1	U	6-21683-92124-8	G K
	5457	Brown rice shells	10lbs	1	U	6-21683-92074-6	G K
	5458	Brown rice penne	10lbs	1	U	6-21683-92114-9	G K
	5459	Brown rice elbows	10lbs	1	U	6-21683-92054-8	G K
	5462	Brown rice lasagna	10lbs	1	U	6-21683-92134-7	G K

 **TINKYADA** **25 CS-15% / 50 CS-20%**

TOM'S OF MAINE

TOOTHPASTE

2732	Strawberry for children's, fluoride free	85mL	6	C	0-77326-83222-6	T
2723	Silly strawberry for children, fluoride free	90ml	6	C	0-35000-97063-3	T
2726	Luminous white, clean mint with fluoride	85ml	6	C	0-77326-47068-8	T
2730	Wicked cool anti-cavity with fluoride	90ml	6	C	0-77326-46769-5	T
2727	Wicked fresh! Cool peppermint	100ml	6	C	0-77326-47061-9	T
2733	Peppermint wholecare plus whitening	85mL	6	C	0-77326-83003-1	T
2738	Peppermint, fluoride-free plus whitening	85mL	6	C	0-77326-15940-8	T
2734	Spearmint, fluoride-free	85mL	6	C	0-77326-10140-7	T
2735	Fennel, fluoride-free	85mL	6	C	0-77326-10240-4	T
2742	Rapid relief sensitive, fluoride free	76mL	6	C	0-77326-45556-2	T
2725	Refreshing mint with sea salt with fluoride	85ml	6	C	0-35000-97061-9	T

SLS-FREE & FLUORIDE-FREE TOOTHPASTE

2724	Peppermint with activated charcoal	85ml	6	C	0-35000-97060-2	T
2728	Botanically fresh herbal mint	100ml	6	C	0-77326-47060-2	T
2729	Botanically bright peppermint, whitening	100ml	6	C	0-77326-47059-6	T

MOUTHWASH

2745	Wicked fresh! Cool mountain mint	473mL	6	C	0-77326-83417-6	T
2746	Refreshing mint with purified sea salt	473mL	6	C	0-35000-96945-3	T

LONG LASTING DEODORANTS

	2750	Tea tree stick	64g	6	C	0-77326-47057-2	T
	2751	Woman's coconut lavender	64g	6	C	0-77326-47067-1	T
NEW LOOK	2752	Northwood for men	64g	6	C	0-35000-96849-4	T
	2753	Wide stick mountain spring	79g	6	C	0-35000-96842-5	T
NEW LOOK	2758	Unscented natural stick	64g	6	C	0-77326-61425-9	T
	2762	Fresh Sage	60g	6	C	0-77326-46841-8	T

TRADITION MISO

ORGANIC MISO

≡	6210	Brown rice miso	450g	12	½	8-12139-00001-7	O
≡	6212	Mellow brown rice miso	450g	12	½	8-12139-00003-1	O
≡	6211	Barley miso	450g	12	½	8-12139-00002-4	O



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± 6213 Chick pea miso ~ soy free 450g 12 ½ 8-12139-00004-8 O

TRADITIONAL MEDICINALS

ORGANIC SEASONAL TEAS

8419 Echinacea plus ~ elderberry 30g 6 C 0-32917-10154-9 O K
 8442 Echinacea plus 30g 6 C 0-32917-00076-7 O K
 8423 Throat coat lemon ~ echinacea 40g 6 C 0-32917-10159-4 O K
 8455 Throat coat 40g 6 C 0-32917-10172-3 O K

SEASONAL TEAS

8450 Breathe easy 30g 6 C 0-32917-10160-0 K
 8451 Cold formula 34g 6 C 0-32917-10161-7 K

ORGANIC HERBAL TEAS

8415 Licorice root 30g 6 C 0-32917-10180-8 O K
 8416 Nettle leaf 40g 6 C 0-32917-10181-5 O K
 8433 Ginger 30g 6 C 0-32917-10173-0 O K
 8421 Fennel 40g 6 C 0-32917-10194-5 O K
 8425 Hibiscus 35g 6 C 0-32917-10195-2 O K
 8426 Lemon balm 30g 6 C 0-32917-10191-4 O K
 8443 Chamomile 26g 6 C 0-32917-10056-6 O K
 8432 Chamomile with lavender 30g 6 C 0-32917-10179-2 O K
 8445 Turmeric with meadowsweet & ginger 40g 6 C 0-32917-10210-2 O K
 8439 Raspberry leaf 35g 6 C 0-32917-00079-8 O K
 8440 Roasted dandelion root 30g 6 C 0-32917-10175-4 O K
 8430 Dandelion leaf & root 30g 6 C 0-32917-10198-3 O K
 8444 Peppermint 30g 6 C 0-32917-10052-8 O K
 8448 Spearmint 30g 6 C 0-32917-10174-7 O K

ORGANIC TONIC TEAS

8436 Heart tea ~ hawthorn hibiscus 40g 6 C 0-32917-10185-3 O K

ORGANIC LAXATIVE TEAS

8422 Smooth move ~ peppermint 40g 6 C 0-32917-10189-1 O K
 8417 Smooth move ~ chamomile 40g 6 C 0-32917-10188-4 O K
 8453 Smooth move 40g 6 C 0-32917-10167-9 O K

ORGANIC GREEN TEAS

8420 Green tea ginger 26g 6 C 0-32917-10088-7 O K
 8441 Green tea lemongrass 30g 6 C 0-32917-00078-1 O K
 8435 Green tea peppermint 30g 6 C 0-32917-10201-0 O K

ORGANIC RELAXATION TEAS

8427 Nighty night ~ valerian 30g 6 C 0-32917-10193-8 O K
 8456 Nighty night 35g 6 C 0-32917-10168-6 O K
 8449 Cup of calm 30g 6 C 0-32917-10163-1 O K
 8429 Stress soother ~ cinnamon 30g 6 C 0-32917-10208-9 O K
 8437 Tulsi with ginger 40g 6 C 0-32917-10209-6 O K

ORGANIC DIGESTIVE TEAS

8431 Ginger aid 40g 6 C 0-32917-10165-5 O K
 8457 Eater's digest ~ peppermint 35g 6 C 0-32917-10164-8 O K

ORGANIC WOMEN'S TEAS



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	8434	Mother's milk	35g	6	C	0-32917-10196-9	O K
	8452	Weightless ~ dandelion hibiscus	30g	6	C	0-32917-10166-2	O K
	ORGANIC DETOX TEAS						
	8428	Everyday detox ~ dandelion	30g	6	C	0-32917-10197-6	O K
	8447	Everyday detox ~ lemon	30g	6	C	0-32917-10187-7	O K








TUNAH

SIMULATED VEGAN PLANT BASED TUNA

9492	Tunah in oil	150g	12	1/2		8-51335-00045-2	
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UDI'S

GLUTEN FREE LOAF

	7428	Classic french dinner rolls 8ct	210g	8	C	6-98997-80744-5	G K
	7429	French baguette 2ct	240g	6	C	6-98997-80698-1	G K
	7430	White sandwich loaf	340g	8	C	6-98997-80910-4	G K
	7432	Cinnamon raisin loaf	340g	8	C	6-98997-80925-8	G K
	7433	Millet-chia loaf	406g	8	C	6-98997-80994-4	G K
	7434	Omega-3 flax & fiber loaf	406g	8	C	6-98997-80996-8	G K
	7435	Delicious multigrain sandwich loaf	340g	8	C	6-98997-82915-7	G K

GLUTEN FREE BUNS

	7442	Classic hamburger buns	296g	8	C	6-98997-80913-5	G K
	7443	Whole grain hamburger buns	308g	8	C	6-98997-80984-5	G K
	7444	Classic hot dog buns	408g	6	C	6-98997-80932-6	G K


GLUTEN FREE BAGELS

	7447	Plain bagel	396g	8	C	6-98997-80954-8	G K
	7448	Whole grain bagel	397g	8	C	6-98997-80964-7	G K
	7449	Cinnamon raisin bagel	397g	8	C	6-98997-80957-9	G K

GLUTEN FREE PIZZA CRUSTS





	7457	Pizza 9" crust	224g	8	C	6-98997-80917-3	G K
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GLUTEN FREE PIZZA

	7458	Three cheese pizza	284g	6	C	6-98997-80624-0	G K
	7459	Margherita pizza	284g	6	C	6-98997-80625-7	G K

URBANI

APPETIZERS ~ ARANCINI RISOTTO BALLS

	9480	Mozzarella	280g	8	C	8-51335-00030-8	
	9481	Italian ~ Italian sausage & mozzarella	280g	8	C	8-51335-00031-5	
	9482	Marinara ~ tomato sauce, peas & mozzarella	280g	8	C	TO	
	9483	Porcini ~ wild mushroom & cream cheese	280g	8	C	8-51335-00034-6	

VEGETARIAN GOURMET

ARTISAN VEGAN BURGERS

	9430	Quinoa & chickpea	4x100g	12	1/2	6-27843-51737-5	G
	9431	Mexican spicy 3-bean	4x100g	12	1/2	6-27843-51739-9	G
	9432	Lentil & walnut	4x100g	12	1/2	6-27843-51741-2	G



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	9433	Sweet potato & black bean	4x100g	12	1/2	6-27843-51743-6	G
	9434	Eggplant & tahini	4x100g	12	1/2	6-28110-15008-0	G

VORTEX 9.5 PH

GLACIAL ALKALINE WATER

4180	Vortex 9.5	500mL	24	C	6-61431-10050-1	K
4182	Vortex 9.5	1.5L	12	C	6-61431-10150-8	K
4183	Vortex 9.5	4L	4	C	6-61431-10150-8	K

VORTEX GLACIAL ALKALINE WATER 10 CS - 10% / 25 CS - 15%

WESTERN RICE MILLS

ORGANIC RICE

5255	Long grain brown rice	907g	6	C	0-61052-50630-8	G O K
5256	Short grain brown rice	907g	6	C	0-61052-50629-2	G O K
5257	Brown jasmine rice	907g	6	C	0-61052-40719-3	G O K
5258	White jasmine rice	907g	6	C	0-61052-40720-9	G O K

WHISTLER WATER

CANADIAN GLACIAL SPRING WATER

3740	Whistler water	500ml	24	C	6-20791-00050-0	K
3741	Whistler water ~ sports cap	1L	12	C	6-20791-00010-4	K
3742	Whistler water	1.5L	12	C	6-20791-00015-9	K

WHOLESONE SWEETENERS

SUGAR

8964	Organic sucanat	907g	6	C	0-12511-30500-0	O K
8965	Fair trade organic turbinado raw cane sugar	680g	6	C	0-12511-44471-6	O K
8962	Fair trade raw cane sugar	680g	6	C	0-12511-47071-5	K
8966	Organic icing sugar	454g	6	C	0-12511-32004-1	O K
8970	Organic light brown sugar	680g	6	C	0-12511-44641-3	O K
8971	Organic dark brown sugar	680g	6	C	0-12511-44652-9	O K
8968	Organic golden sugar	454g	6	C	0-12511-47031-9	O K
8969	Organic golden sugar	907g	6	C	0-12511-40600-4	O K

ORGANIC COCONUT PALM SUGAR

8976	Coconut palm sugar	454g	6	C	0-12511-97106-9	O K
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ORGANIC BLACKSTRAP MOLASSES

8960	Blackstrap molasses unsulphured	662g	12	1/2	0-12511-60000-6	O K
8961	Blackstrap molasses unsulphured	1.13kg	6	C	0-12511-70000-3	O K

ZERO CALORIE SWEETENERS

8987	Organic stevia - 35 packets	35x1g	6	C	0-12511-97635-4	O K
8988	Organic stevia - 75 packets	75x1g	6	C	0-12511-97675-0	O K

ORGANIC AGAVE

8972	Organic blue agave	240mL	6	C	0-12511-47121-7	O K
8973	Organic blue agave	480mL	6	C	0-12511-47231-3	O K
8980	Organic blue agave	900mL	6	C	0-12511-47441-6	O K
8974	Organic blue agave ~ raw	240mL	6	C	0-12511-47312-9	O K
8975	Organic blue agave ~ raw	480mL	6	C	0-12511-47323-5	O K



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8981 *Organic blue agave ~ raw* 900mL 6 C 0-12511-47644-1 O K

THE WIZARD'S

SAUCES

9815 *Original hot stuff spicy sauce* 147mL 12 ½ 0-11206-00405-1
 9816 *Worcestershire sauce* 147mL 12 ½ 0-11206-00408-2
 9820 *Vegetarian worcestershire sauce* 295mL 12 ½ 0-11206-00418-1
 9813 *Organic wheat free vegan worcestershire* 251mL 12 ½ 0-11206-00419-8 G O

THE WIZARD'S SAUCES **15 CS - 20%**

YOGI TEA

FUNCTIONAL TEA

9855 *Restful sleep* 32g 6 C 0-76950-20348-8 K
 9856 *Calming tea* 29g 6 C 0-76950-20347-1 K
 9859 *Lemon DeTox* 29g 6 C 0-76950-20346-4 K

ORGANIC HERBAL TEA

9853 *Lemon ginger* 36g 6 C 0-76950-65017-6 O K
 9854 *Ginger tea* 32g 6 C 0-76950-65011-4 O K

ORGANIC GREEN TEA

9852 *Kombucha* 32g 6 C 0-76950-65021-3 O K

ORGANIC HERBAL SPICE TEA

9860 *Egyptian licorice* 36g 6 C 0-76950-61516-8 O K
 9883 *Chai rooibos* 36g 6 C 0-76950-61533-5 O K

*ities and is experiencing manufacturing problem due to this transition.
 Multiple skus will be temporarily unavailable until further notice.
 Expected return: Summer 2021*

YORKSHIRE VALLEY FARMS

ORGANIC BREADED CHICKEN

8770 *Chicken fillets* 480g 12 ½ 7-32352-13586-3 O
 8771 *Chicken bites* 454g 12 ½ 7-32352-78065-0 O

ORGANIC MEATBALLS

8775 *Chicken* 400g 9 C 8-40294-08017-9 O
 8776 *Turkey* 400g 9 C 8-40294-080018-6 O

ORGANIC POT PIE

8773 *Turkey tourtiere* 700g 6 C 8-40294-08022-3 O

YUM

NUT BUTTER

4311 *Regular peanut butter - smooth* 500g 12 ½ 0-56664-01311-5 K
 4312 *Regular peanut butter - crunchy* 500g 12 ½ 0-56664-01322-1 K
 4342 *Organic peanut butter - smooth* 500g 12 ½ 0-56664-81311-1 O K
 4341 *Organic peanut butter - crunchy* 500g 12 ½ 0-56664-81322-7 O K
 4331 *Smooth almond butter* 500g 12 ½ 0-56664-03107-2 K
 4336 *Tahini* 500g 12 ½ 0-56664-02205-6 K

PRICE ↓



ALIMENTS
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FOODS INC.

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