

EVALUATING GPA AND SAT/ACT GOALS

BACK TO SCHOOL CHALLENGE: DAY 5

The first criteria most colleges consider when evaluating students are: (1) their GPA in challenging courses and (2) their SAT/ACT scores. Knowing what colleges are looking for can help students set more effective and motivating goals for their grades and test scores.

1. Calculate your **current GPA**

Use a GPA calculator like the one at <https://gpacalculator.io/high-school-gpa-calculator/> to get an estimate of your current GPA for the high school classes you've taken so far.

Current Cumulative GPA Unweighted _____ Weighted _____
For all classes, including electives

Current Core GPA Unweighted _____ Weighted _____
ONLY including academic courses - not electives

Optional: Enter GOAL grades for future classes to see how much your GPA can improve by the time you apply.

2. Estimate your **current SAT or ACT** score based on your most recent test results*

* If you haven't taken a practice test yet, you can sign up for a free SAT test online at [KhanAcademy.com](https://www.khanacademy.com/sat). A full-length ACT practice test is available from [ACT.org](https://www.act.org) - you can find it by searching google for "Preparing for the ACT 2019-2020"

Current PSAT / SAT Score _____ Current ACT Score _____

3. Look up the **average SAT and/or ACT** scores for the schools on your list

**You can find this by searching for the college on <https://bigfuture.collegeboard.org/> and looking under Applying > SAT & ACT Scores

School	50% ACT scores	50% SAT scores	My GOAL Score
_____	_____ - _____	_____ - _____	_____ SAT / ACT
_____	_____ - _____	_____ - _____	_____ SAT / ACT
_____	_____ - _____	_____ - _____	_____ SAT / ACT



Congrats on finishing today's Action Steps! Join me in our **ZOOM** at 7:00 pm Eastern for more details about how to apply these insights with your teen during the upcoming school year.