



**ZUMBA**<sup>®</sup>  
fitness

*Dance. Sweat. Fun!*



**Starts**  
**Thursday April 8**  
•  
**Email Tom to register**  
**tom@tommayock.com**  
•  
**Join Live In Studio**  
**or Zoom!**



**Join Tom Mayock!**

**Every Thursday**  
**9:30am - 10:30am**

- Covid-compliant studio
  - Limited students
- in compliance with the CDC
- Join us LIVE or via Zoom!

**Starts**  
**Thursday, April 8**  
**Sliding scale \$10-15**

Location: BodyVibe Studio  
999 Andersen Drive • San Rafael  
Across from Rafael Lumber  
Lots of free parking!