



Courtside Bistro

LUNCH MENU



CHAMISAL
TENNIS AND FITNESS CLUB

**CLUB MEMBERS RECEIVE
20% OFF MENU ITEMS**

★ APPETIZERS ★



\$ 5.....KOBE BEEF SLIDER
(Order 3 for \$12)

A handmade mini beef patty gently grilled and topped with lettuce, tomatoes and onions.

\$ 6.....SAND DAB SLIDER
(Order 3 for \$15)

Lightly grilled sand dab filet topped with lettuce, tomatoes, onions and finished with a touch of tartar sauce.

\$ 12... GF PAN-SEARED AHI TUNA

A 4oz piece of Ahi Tuna, blackened and drizzled with sweet soy sauce reduction and wasabi aioli.

GF = GLUTEN FREE **V** = VEGETARIAN

CHIPS AND SALSA V.....\$ 5

CHICKEN NUGGETS.....\$ 8

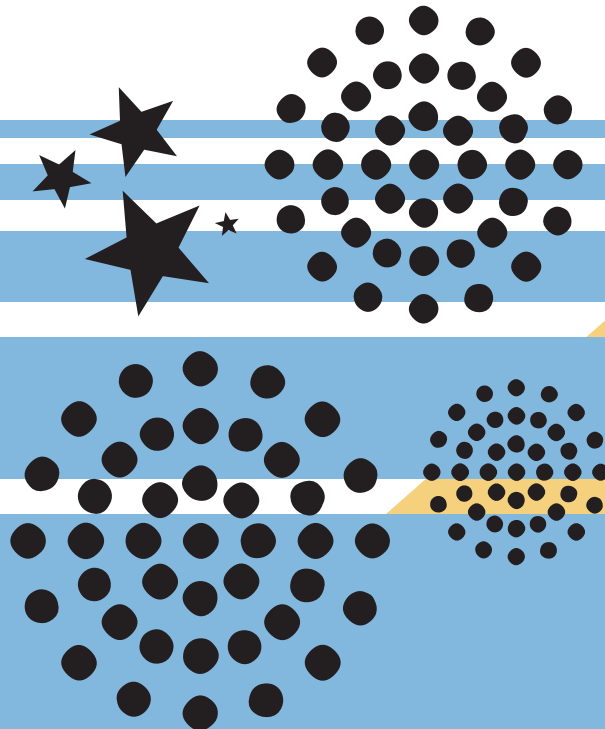
Free-range chicken tenderloins, lightly crusted in Panko bread crumbs and fried to perfection. Served with ranch dressing.
Add french fries for an extra \$ 2

CALAMARI.....\$ 11

Tender pieces of calamari steak fried to a golden brown. Served with our house chipotle aioli and tartar sauce.
Add french fries for an extra \$ 2

SAND DABS.....\$ 14

Flaky sand dab filets lightly dredged in flour and grilled to perfection. Served with our house tartar sauce.



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ODDS & ENDS

FAJITAS **GF**

Freshly sauteed peppers and onions served with beans, salsa, fresh guacamole, and sour cream. Served with your choice of flour or corn tortillas.

- CHICKEN... \$16
- STEAK..... \$17

QUESADILLAS

A flour tortilla filled to the edge with cheese, veggies and your choice of meat.

- CHEESE **V** \$10
- CHICKEN..... \$15
- VEGETARIAN..... \$13
- STEAK..... \$17

TACOS **GF**

A traditional corn tortilla, topped with your choice of meat and pico de gallo.

- 3 TACO PLATTER ... \$12
- CHICKEN..... \$4.50
- FISH..... \$5.00
- STEAK..... \$6.00

HANDMADE PIZZAS

Available regularly after 4PM. Can be ordered in advance during lunch hours.

- | | | | |
|-----------------------|------|----------------|------|
| CHEESE V | \$11 | PEPPERONI..... | \$13 |
| MARGARITA..... | \$13 | SOUTHWEST..... | \$13 |
| PEDRO'S HAWAIIAN..... | | \$14 | |

SOUP DU JOUR

House made soup from scratch, piping hot and served with a side of bread.

- CUP..... \$6
- BOWL..... \$8

SIDES & SWEETS

- ONION RINGS..... \$10.00
- FRENCH FRIES..... \$6.00
- SWEET FRIES..... \$8.00
- COOKIES & PASTRIES..... \$2.00
- FRESH FRUIT..... \$1.00
- BAG O' CHIPS..... \$1.50
- FRUIT CUP..... \$5.00



SALADS

Each salad comes tossed with your choice of:
Balsamic vinaigrette, Ranch, Blue Cheese or Caesar
Add chicken: \$ 4.50 Add steak: \$ 8.00 Add fish: \$ 6.00 Add shrimp: \$ 7.00

CAPRESE SALAD **GF** **V** ...\$ 12

Freshly sliced mozzarella, seasonal tomatoes, fresh basil, and pickled onions drizzled with balsamic reduction.

MARIANNE'S SALAD...\$ 14

Crisp romaine lettuce, carrots, onions, and sweet peppers lightly tossed with our house balsamic vinaigrette and crowned with grilled Sand Dabs.

GREEK TUNA SALAD...\$ 15

Blackened Ahi Tuna resting on a bed of spring mix, mixed with house made greek dressing, soy sauce reduction, onions, kalamata olives, sliced strawberries and feta cheese.

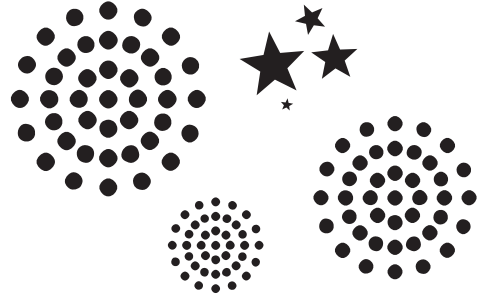
ROASTED BEET SALAD **GF** **V** ..\$ 13

Chopped, roasted beets over fresh greens mixed with our house made balsamic vinaigrette dressing, topped with feta cheese.

"THE WEDGE" **GF** ...\$ 10

A crisp wedge of iceberg lettuce, covered in diced tomatoes, onions, blue cheese crumbles, bacon and house made blue cheese dressing.

GF = GLUTEN FREE **V** = VEGETARIAN



MIXED GREENS SALAD **GF** **V**

SMALL...\$10 LARGE...\$13

A refreshing assortment of baby greens, carrots, tomatoes, red onions lightly tossed with our house balsamic vinaigrette.

CAESAR SALAD

SMALL...\$10 LARGE...\$14

Crisp romaine lettuce tossed with our house Caesar dressing and generously sprinkled with croutons and asiago cheese.

COBB SALAD **GF**

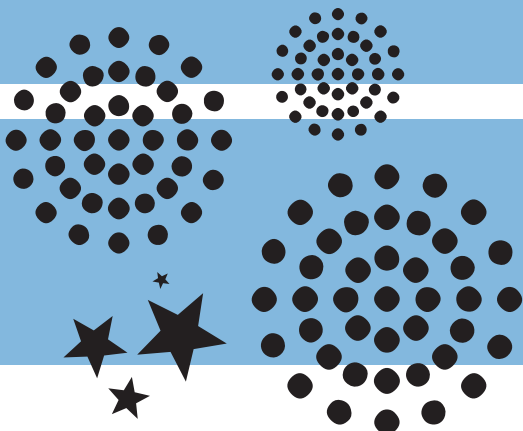
SMALL...\$13 LARGE...\$17

Roasted chicken, blue cheese, bacon, tomatoes, avocado, and a hard-boiled egg all over baby greens and tossed with our house balsamic vinaigrette.

CHINESE CHICKEN SALAD

SMALL...\$13 LARGE...\$17

Juicy grilled chicken breast atop a bed of fresh romaine, carrots, cashews, fried wonton strips, and sweet mandarin oranges, all tossed with our house sesame dressing.

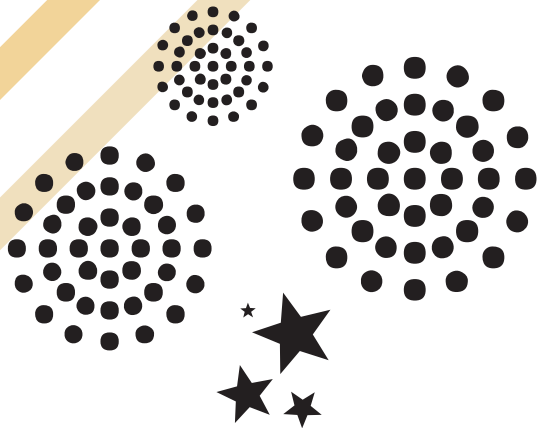


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BURGERS & SANDWICHES

Each selection comes with your choice of:

French Fries, Mixed Greens Salad, Caesar Salad,
Fruit (+ \$2.00) Sweet Potato Fries (+ 1.50), Onion Rings (+ \$3.00) or a Cup of Soup (+ \$3.00)



COURTSIDE BURGER...\$ 12

A fresh, hand-made burger patty cooked to your perfection. Served on a toasted ciabatta roll with lettuce, tomato and onion. Add cheese + 1.50

BACON CHEDDAR BURGER...\$ 15

Our classic Courtside Burger kicked up with thick cut bacon and melted white cheddar cheese.

BBQ BACON BURGER...\$ 15

A hand-made burger patty topped with bacon and BBQ sauce. Add cheese + 1.50

TURKEY BURGER...\$ 13

A hand crafted turkey patty grilled on an open flame and served on a ciabatta roll with lettuce, tomato and onions. Add cheese + 1.50 Avocado + 2.00

VEGGIE BURGER ...\$ 12

A delicious vegetarian patty served on a toasted ciabatta roll with lettuce, tomato and onions. Add cheese + 1.50 Avocado + 2.00

AHI TUNA SANDWICH...\$ 15

Blackened Ahi tuna, served on a focaccia roll with avocado, lettuce, tomatoes, onions and a chipote mayo spread with.

CALAMARI STEAK...\$ 15

Fresh calamari steak lightly breaded and quickly fried to golden brown. Served on a soft Focaccia roll with lettuce, tomato, onions and served with our house chipotle aioli and tartar sauce on the side.

SAND DAB SANDWICH...\$ 13

Fresh pacific San Dab filets lightly dredged in flour and grilled until perfect. Served on a Focaccia roll with lettuce, tomato, onions and our house tartar sauce.

CLASSIC B.L.T....\$ 11

Thick cut bacon, lettuce, and tomatoes on toasted whole wheat or ciabatta. Add cheese + 1.50 Avocado + 2.00

TURKEY MELT...\$ 15

Sliced turkey on a soft Focaccia roll, covered in melted Monterey jack cheese, tomato and sliced avocado.

TURKEY CLUB...\$ 15

Sliced deli turkey, loaded with crispy bacon, lettuce, tomato, and double stacked on toasted wheat bread with mayo spread. Add cheese + 1.50

PHILLY CHEESESTEAK...\$ 15

Tender rib-eye steak sliced thin and grilled with sweet peppers and onions, placed on a soft Focaccia roll and topped with jack cheese.

GRILLED CHICKEN BREAST...\$ 14

Free range chicken breast grilled on an open flame, smothered with melted jack cheese and served on a soft Focaccia roll.

VEGGIE SANDWICH ...\$ 12

A fresh vegetarian mixture of tomatoes, lettuce, onions, peppers and avocado with mayo spread on whole wheat. Add cheese + 1.50

=GLUTEN FREE =VEGETARIAN

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LIBATIONS



Draft beers subject to change

DRAFT BEER

PINT \$6.00/PITCHER \$17.00

Goose Island IPA
 Stella Artois
 Mango Cart Wheat Ale
 Firestone 805
 Corona Extra
 Kona Longboard Lager
 Gordon Biersch Marzen
 Carmel Valley Pale Ale

BOTTLE BEER

ALL BOTTLE BEERS \$6.00

Budweiser / Bud Light
 Michelob Ultra
 Guinness
 Corona Light
 Modelo (Especial/Negra)
 Lagunitas IPA
 Blue Moon
 O'Douls (Non-Alc)



SOFT DRINKS, ETC.

Fresh Cup of Coffee	\$ 2.00	Coca Cola	\$ 1.50	Gatorade	\$ 2.75
Hot Tea	\$ 2.00	Diet Coke	\$ 1.50	Pellegrino .5 Ltr	\$ 2.75
Iced Tea	\$ 1.50	Coke Zero	\$ 1.50	Pellegrino 1.5 Ltr	\$ 5.00
Fresh Fruit Smoothies	\$ 5.00	Diet Pepsi	\$ 1.50	Apple Juice	\$ 2.50
Bottle Water	\$ 1.25	7-Up	\$ 1.50	Orange Juice	\$ 3.00
Hot Chocolate	\$ 3.00	Dr. Pepper	\$ 1.50	Cranberry Juice	\$ 2.75
Chocolate Milk	\$ 3.00			Lemonade	\$ 2.00

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