## Virtual National 12 Stage Road Relays - Sat 4th April to Wed 8th April 2020

## **Results**

Hi All

The results are in and the time submission window closed. Many thanks for all taking party and hope you enjoyed getting out and competing in a virtual race atmosphere. I actually got pre-race nerves as I was warming up for my attempt! Some fab performances were recorded and all the times below. Only sour note was that towards the end of the week, the website couldn't cope with all the times being uploaded and sadly, despite their best efforts the times for Howard, Gemma and Chris Smith never made it into the final results. (The organisers anticipated approx. 800 runners, and in the end 5337 entries were received).

We did manage to field teams in a number of categories:

Men's 12 Stage: Finishing position: 119<sup>th,</sup> Time: 4hr 46m 05sec

Team: Tom, Tristan, James, Crispin, Dean, Kev, Steve, Chris Hunt, Andy Norman, Andy Ward, Neal,

David

Men's Vets 6 Stage: Finishing position: 82<sup>nd</sup>, Time: 2hr 23m 41sec Team: James, Dean, Kev, Steve, Chris Hunt, Andy Norman, Andy Ward

Men's Vets o50 4 Stage: Finishing position: 38th, Time: 1hr 39m 22secs

Team: James, Chris Hunt, Any Norman, Andy Ward

Mixed Age Graded 12 Stage: Finishing position 141st, score 66.34%

**Team**: Claire (79.40%), Karolina (74.42%), James (71.20%), Tom (70.50%), Debbie (67.70%), Tristan (65%), Dean (63,24%), Andy W (61.57%), Gill (61.44%), Kev (61.39%), Crispin (60.39%), Chris H (59.87%)

Ladies 6 Stage: Finishing position would have been 118<sup>th</sup>, Time 2hr 30m 34sec

Team: Claire, Karolina, Debbie Phelps, Gemma, Gill, Debbie Watkins

**Individual times:** 

Tom Mowbray 18:25s (still got youth on his side)

Tristan Cooper 20:18s

Claire McKittrick 20:22s (ran in an Eliud Kipchoge arrow formation with her 11 yr old Son

pacing her)

Karolina Kucharek 20:23s (not bad for someone that was still hobbling 2 weeks ago after a bike

accident)

James Ward 21:22s Crispin Cousins 21:30s

Howard Williams 21:31s (Note: This was extracted from an 8mile run so don't be fooled for

handicap purposes - should have been sub 21min!!)

Debbie Phelps 22:11s (steep learning curve learning how to use Strava)

Dean Smith 23:09s

Kev Sutcliffe 23:51s (left most of his lungs scattered around Donnington during his

attempt)

Chris Smith 24:00s (hmmm another one trying to fool the handicappers)

Steve Roebuck 24:08s Chris Hunt 25:13s

Andy Norman 25:58s (managed to do 5k without a toilet stop)

Andy Ward 26:49s Gemma Stacey 26:59s Neal Fellows 27:36s David Johnson 27:46s

Gill Whiteside 27:48s (showed commitment to the cause and tried 17 times to get her time

as low as possible)

Debbie Watkins 32:51s (showed true commitment and interrupted her interview prep in

order to upload her time!)

Thanks again for taking part. I have got a schedule, comprised of ideas from you guys for some more virtual events which I'll email out later.

Keep on running and stay safe.

James