## Virtual National 12 Stage Road Relays - Sat 4 ${ }^{\text {th }}$ April to Wed $8^{\text {th }}$ April 2020

## Results

Hi All
The results are in and the time submission window closed. Many thanks for all taking party and hope you enjoyed getting out and competing in a virtual race atmosphere. I actually got pre-race nerves as I was warming up for my attempt! Some fab performances were recorded and all the times below. Only sour note was that towards the end of the week, the website couldn't cope with all the times being uploaded and sadly, despite their best efforts the times for Howard, Gemma and Chris Smith never made it into the final results. (The organisers anticipated approx. 800 runners, and in the end 5337 entries were received).

We did manage to field teams in a number of categories:

Men's 12 Stage: Finishing position: 119 ${ }^{\text {th, }}$ Time: 4 hr 46 m 05 sec
Team: Tom, Tristan, James, Crispin, Dean, Kev, Steve, Chris Hunt, Andy Norman, Andy Ward, Neal, David

Men's Vets 6 Stage: Finishing position: 82 ${ }^{\text {nd }}$, Time: 2 hr 23 m 41 sec
Team: James, Dean, Kev, Steve, Chris Hunt, Andy Norman, Andy Ward

Men's Vets 0504 Stage: Finishing position: $38^{\text {th }}$, Time: 1 hr 39 m 22secs
Team: James, Chris Hunt, Any Norman, Andy Ward

Mixed Age Graded 12 Stage: Finishing position $141^{\text {st }}$, score 66.34\%
Team: Claire (79.40\%), Karolina (74.42\%), James (71.20\%), Tom (70.50\%), Debbie (67.70\%), Tristan (65\%), Dean (63,24\%), Andy W (61.57\%), Gill (61.44\%), Kev (61.39\%), Crispin (60.39\%), Chris H (59.87\%)

Ladies 6 Stage: Finishing position would have been $118^{\text {th }}$, Time 2 hr 30 m 34 sec
Team: Claire, Karolina, Debbie Phelps, Gemma, Gill, Debbie Watkins

## Individual times:

Tom Mowbray
Tristan Cooper
Claire McKittrick pacing her)
Karolina Kucharek accident)
James Ward 21:22s
Crispin Cousins
Howard Williams 21:31s (Note: This was extracted from an 8 mile run so don't be fooled for
handicap purposes - should have been sub 21min!!)
Debbie Phelps 22:11s (steep learning curve learning how to use Strava)
Dean Smith 23:09s
Kev Sutcliffe 23:51s (left most of his lungs scattered around Donnington during his
attempt)
Chris Smith 24:00s (hmmm another one trying to fool the handicappers)
Steve Roebuck 24:08s
Chris Hunt 25:13s
Andy Norman 25:58s (managed to do 5k without a toilet stop)

Andy Ward 26:49s
Gemma Stacey 26:59s
Neal Fellows 27:36s
David Johnson 27:46s
Gill Whiteside $\quad 27: 48$ s (showed commitment to the cause and tried 17 times to get her time as low as possible)
Debbie Watkins
32:51s (showed true commitment and interrupted her interview prep in order to upload her time!)

Thanks again for taking part. I have got a schedule, comprised of ideas from you guys for some more virtual events which l'll email out later.

Keep on running and stay safe.

James

