# **Suspension and Ejections Overview**

Detailed below are the minimum actions that referees and league board members will take in response to conduct that falls outside the LA Flag Football's Code of Conduct. This is meant to clarify the rulebook and the intent of the board, so no one is surprised if officials or board members take action in response to poor conduct on or off the field at league-sponsored events.

The following rules pertain to any league-sponsored event including, but not limited to, conduct exhibited during game play. Additionally, conduct during any NGFFL tournament where the member is representing LAFF is included. All of these will also result in a 10-yard penalty for the team, enforced from the succeeding spot.

Category 1 – Rough or "unsportsmanlike" play

Overly aggressive actions toward another league member during the course of regular play that do not appear intentional but that stretch the limits of the rules, including tackling, tripping, overly excessive pushing or shoving, etc....

# **OFFICIALS RESPONSE**

First Offense – 10 yard penalty & 4 to 8 play ejection

Second Offense – 10 yard penalty & game ejection

#### **BOARD RESPONSE**

First Ejection – Warning and/or one game suspension

Second Ejection – Suspension ranging from two games to season-ending

Category 2 – Intimidation / Harassment

Pursuing a league member or official with apparent intent to intimidate or verbally or physically harass or abuse, but which falls short of punching or kicking.

# OFFICIALS RESPONSE

First Offense – 10 yard penalty & game ejection

### **BOARD RESPONSE**

First Offense – Five game suspension

Second Offense – Season-ending suspension plus 5 games; may also put into jeopardy participation in future seasons.

# Category 3 - Assault

Physically attacking a league member or official with a punch or a kick or a similar action meant to cause physical harm.

#### OFFICIALS RESPONSE

First Offense – 10 yard penalty & game ejection

# **BOARD RESPONSE**

First Offense – Season-ending suspension; lifetime ban for future seasons.

Reservation of Board Rights
The board of directors always reserves the right to suspend a player who exhibits "unsportsmanlike" conduct or any conduct that negatively affects the safety of other league players.