

# Andrea Garette Weiss



47 Joe Mae Road, Edgewood, NM 87015

Birth Place: East Los Angeles, California

## Personal Bio:

### Education:

California State University, Northridge, Bachelor of Arts, Physical Education

CA State Secondary Teaching Credential-Physical Education

Stanford Primary Care Associate Program, Physician Assistant Studies

University of Nebraska, Masters Physician Assistant Studies

### Work History:

Classroom teacher, athletic director and coach; Marelo Preparatory High School, University of California, Santa Cruz and Cabrillo Community College. Physician assistant x 30+ years with focus in geriatric primary care/internal medicine

Working with the older adult seemed to happen naturally although, in retrospect this probably was influenced by my close relationships with my maternal grandparents. That influence continued to take the lead in my medical education when I chose electives and subsequent medical clinical practice in both geriatrics and internal medicine.

Aging requires patience, skill acquisition in letting go and commitment to quality of life. One of my distinct pleasures throughout working clinically and with the aging adult community has been learning that the aging process is individualized and no, “one size fits all” is the norm. Through movement activities, this is amazingly true.

