

Island Foods



Great Valu Markets

Visit us at www.islandfoodsgreatvalu.com

Bountiful Harvest

SALE

Our Butchers Cut Fresh Beef & Pork Daily

It's an Apple Fest!

2.68 lb.

Whole Pork Tenderloin
Fresh

pork
Be inspired

5.88 lb.

Boneless Chuck Roast
USDA Choice Beef



13.99

Your Choice

26/30 Count Cooked Shrimp
Arctic Shores IQF - 2 lb. bag
16/20 Count Raw EZ Peel Shrimp
Arctic Shores - 2 lb. bag



New Crop
Red Or Gold Delicious, Gala Or McIntosh Apples

.99 lb.



13.5 oz. ctn.
Selected Varieties

Marzetti Caramel Dip

3.99



3 ct. pkg.
Selected Varieties

Taste Caramel, Candy Or Turtle Apples

3.99



9 oz. tubs
Easy To Bake

Marzetti's Apple Crisp Mix

2/\$5



Selected Varieties

8 Inch Fruit Pies

3.99



Poultry Sale

9.99

Sold in 5 lb. bag

Amick Farms Chicken Breasts Or Thighs
Fresh, Grade A

7.99

8 Piece Fried Chicken
2 Breasts, 2 Thighs,
2 Drumsticks & 2 Wings

Grocery, Frozen & Dairy Savings



STOCK UP ON

2/\$6 DEALS

Turkey Hill Ice Cream

Selected Varieties Excludes All Natural
48 oz. ctns.

Kellogg's Eggo Waffles

Selected Varieties
10.75-12.3 oz. boxes

Crystal Farms Chunk Or Shredded Cheese

Selected Varieties
6-8 oz. pkgs.

Old El Paso Shredded Cheese

Selected Varieties
7-8 oz. pkgs.

Turkey Hill Drinks

Selected Varieties
gal. jugs



Dunkin' Donuts Or 1850 K-Cups, Whole Bean Or Ground Coffee

Selected Varieties
3.7-5.1 oz. box Or 10-12 ct. pkg.

5.99



Essential Everyday Vegetables

Selected Varieties
14.5-15.25 oz. can

.59



Tide Simply Laundry Detergent

Selected Varieties - 31-34 oz. btl.

Ultra Downy Liquid Fabric Softener

Selected Varieties - 34 oz. btl.

2.99



Birds Eye Steam Fresh Vegetables

Selected Varieties - 10-16 oz. bags

Sunny D Drinks

Selected Varieties - 64 oz. btl.

10/\$10

Tropicana Pure Premium Or Trop 50 Orange Juice
Selected Varieties Or Red Grapefruit
52 oz. btl.

Quaker Cap'N Crunch Or Life Cereal

15.4-20 oz. Cap'N Crunch Or 18 oz. Life

Quaker Real Medleys Granola

Selected Varieties
11 oz. pkgs.

2/\$6



Essential Everyday Sour Cream

Original Or Light
16 oz. tubs

2/\$4



Deer Park Natural Spring Water

24 pk. 16.9 oz. btl.

5.99



Yoplait oui French Style Or Plant Based Yogurt

Selected Varieties
5 oz. cups

3/\$4

PRICES GOOD SEPTEMBER 16 - SEPTEMBER 22, 2020

Meats



5.88 lb.

Boneless Chuck Steaks
Or Beef Chuck For Stew

USDA Choice Beef





3.99 lb.

80% Lean
Ground Beef

Fresh



 Carolina Pride Meat Bologna Original Or Thick Cut - 12 oz. pkg. 1.59	 Essential Everyday Meatballs Selected Varieties - 20-24 oz. pkg. 6.99	 Essential Everyday Pepperoni Original Or Turkey - 5-6 oz. pkg. 2.99	 Johnsonville Chicken, Smoked Sausage Links, Ropes Or Bratwursts Selected Varieties - 12-14 oz. pkg. 3.49	 Smithfield Deli Thin Lunch Meat Selected Varieties - 9 oz. pkgs. 2/\$7
 Johnsonville Breakfast Sausage Links Or Patties Selected Varieties - 9-6-12 oz. pkgs. 2/\$7	 Kingsford Pulled BBQ Pork 16 oz. pkg. 6.99	 Oscar Mayer Beef Franks Or Cheese Dogs Selected Varieties - 14-16 oz. pkgs. 2/\$7	 Simply Potatoes Mashed Potatoes Selected Varieties - 24 oz. pkgs. 2/\$6	 Tony Roma's Fully Cooked Ribs Baby Back Or Kansas City Style 24 oz. pkg. 13.99
 Essential Everyday Sliced Bacon Selected Varieties - 16 oz. pkg. 5.49	 Oscar Mayer Fun Pack Lunchables Selected Varieties - 8-10.7 oz. pkgs. 2/\$5	 Johnsonville Sausage Grillers Selected Varieties - 19 oz. pkg. 4.99	 Philly Gourmet Beef Patties Selected Varieties - 24-32 oz. pkg. 9.99	

Seafood

 Arctic Shores Salmon Fillets IQF - 16 oz. pkg. 4.99	 Arctic Shores Cod Fillets IQF - 16 oz. pkg. 4.59	 Legacy Shrimp Grillers Selected Varieties IQF - 9.5 oz. bag 7.49	 Matlaw's Stuffed Clams Or Scallops Frozen - 15-20 oz. pkg. 5.49
--	--	---	---

Bakery

 Cake of the Month 8 Inch Double Layer Cookies 'N Cream Cake 9.99	 Mini Eclairs 9.75 oz. pkg. 3.65	 JJ's Bakery Snack Pies Selected Varieties 4 oz. pkg. 1.00	 Hill & Valley Sugar Free Cookies Selected Varieties 15 oz. pkg. 4.99
	 St. Pierre Brioche Rolls 8 ct. pkg. 4.99	 Toufayan Mini Bagels Plain Or Cinnamon Raisin 18 oz. pkg. 2.69	 La Brea Whole Grain Bread 18 oz. 4.99

Deli

 Kretschmar Kretschmar Oven Roasted Chicken Breast Deli Fresh 8.99 lb.	 Kretschmar Kretschmar Turkey Off The Bone Deli Fresh Regular Or Honey 8.99 lb.	 Cooper Cooper Sharp Cheese Deli Fresh 6.99 lb.	 Kretschmar Kretschmar Ham Off the Bone Deli Fresh Selected Varieties 7.99 lb.
	 Land O Lakes Land O Lakes American Cheese Deli Fresh White Or Yellow 6.99 lb.	 King's Hawaiian Rolls Original Or Savory Butter - 4.4 oz. pkg. 1.79	 Sara Lee Sara Lee Apple Cobbler Deli Fresh 3.99 lb.
		 Reser's Potato Or Macaroni Salad Or Cole Slaw Original Or Mustard Potato 3.99 lb.	

Grocery Savings



Essential Everyday
Natural Spring Water
24 pk. 16.9 oz. btls.

4.59



Ocean Spray
Cranberry Drinks
Selected Varieties - 64 oz. btl.

2/\$7



Keebler Club, Toasteds
Or Town House Crackers
Selected Varieties - 5-7-13.8 oz. boxes

2/\$7



Eight O'Clock
K-Cups Coffee
Selected Varieties
3.81-4.23 oz. pkg.

6.99



Campbell's
Well Yes! Soup
Selected Varieties
16-16.6 oz. cans

2/\$5



Minute Maid
Juice
Selected Varieties
6 pk. 10 oz. btls.

3.99



Vintage Seltzer
Or Tonic
Water
Selected Varieties
33.8 oz. btl.

1.09



Texas Pete
Original
Hot Sauce
12 oz. btl.

2/\$4



Duke's
Squeeze
Mayonnaise
18 oz. btl.

2/\$7



Kellogg's Pop-Tarts
Bites, Crisps Or
Nutri Grain Bites Or
Rice Krispies Treat
Poppers
Selected Varieties
5-7 oz. boxes

2/\$6



Essential
Everyday
100%
Tomato
Juice
Regular
64 oz. btl.

2/\$6



Pace Dips,
Salsa Or
Picante
Sauce
Selected Varieties
15-16 oz. jars

2/\$7



Essential
Everyday
Apple Sauce
Selected Varieties
6 ct. 4 oz. cups

1.99



Campbell's
SpaghettiO's
With Meat
Selected Varieties
15.6 oz. cans

4/\$5



Campbell's Oven
Or Skillet Sauces
Or Slow Cooker
Mixes
Selected Varieties
11-15.5 oz. pkgs.

2/\$5



V8
Splash Blends
Selected Varieties
64 oz. btl.

2/\$5



Hanover
Variety Beans
Great Northern,
Light Or
Dark Red Kidney
40.5 oz. cans

2/\$4



Essential
Everyday
100% Natural
Tomato
Paste
6 oz. can

.75



San Giorgio
Pasta
Elbow Macaroni Or
Regular Spaghetti
32 oz. boxes

2/\$5



Bertolli Pasta
Or Alfredo
Sauce
Selected Varieties
15-24 oz. jar

2.49



Essential
Everyday
Oats
Old Fashioned
Or Quick
18 oz. cnts.

10/\$10



Arm & Hammer
Laundry
Detergent
Selected Varieties
61.25-75 oz. jug

4.99



Colgate
Toothpaste
Or Wave
Toothbrush
Selected Varieties
6 oz. tubes Or
1 ct. pkgs.

2/\$4

Dairy



Silk Almond, Soy,
Coconut Or Oat Milk
Selected Varieties - 64 oz. cnts.

International Delight
Creamers
Selected Varieties - 32 oz. cnts.

Land O Lakes
Half and Half
Original, Fat Free Or Low Fat
32 oz. cnts.

2/\$7



Minute Maid
zerosugar
Lemonade
Or Drinks
Selected Varieties
52 oz. btl.

2/\$5



Donald Duck
Orange Juice
Selected Varieties
From Concentrate
59 oz. cnts.

2/\$7



Kozy Shack
Pudding
Selected Varieties
4-6 ct. 4 oz. cups
Or 22 oz. cnt.

2.99



Egg-Land's Best
Large
White Eggs
Grade A
18 ct. pkg.

3.99



Crystal Farms
American
Cheese Slices
White Or Yellow
12 oz. pkg.

2.99



Nestle
Toll House
Cookie Dough
Selected Varieties
16-16.5 oz. pkg

2.99



Crystal Farms
Original
Cream Cheese
8 oz. box

2.39



La Yogurt
Probiotic
Yogurt
Selected Varieties
6 oz. cup

.59

Frozen Favorites



Pepperidge Farm Garlic Bread, Texas
Toast Or Stone Baked French Rolls
Selected Varieties - 9-5-11.75 oz. pkgs

Pepperidge Farm
3 Layer Cakes Or Turnovers
Selected Varieties - 12.5-19.6 oz. boxes

Hungry-Man Dinners
Selected Varieties - 13.1-16 oz. boxes

Birds Eye Steamfresh
Veggie Made Single Serve Bowls
Selected Varieties - 9-9.3 oz. pkgs.

2/\$7



Healthy Choice
Power Bowls Or
Simply Cafe
Steamers
Selected Varieties
9-10 oz. pkgs.

2/\$7



Kemps
Frozen
Yogurt
Chocolate, Vanilla
Or Moose Tracks
48 oz. cnts.

2/\$8



Healthy Choice
Café Steamers
Or Complete
Dinners
Selected Varieties
9.25-12 oz. pkgs.

4/\$10



FarmRich
French Toast
Sticks
Original Or
Cinnamon
12 oz. box

2.99



Hungry-Man
Hi Tier Dinners
Selected Varieties
16 oz. boxes

2/\$8



Stouffer's Family Size
Macaroni
& Cheese
Regular Or Baked
35-40 oz. box

6.99



FarmRich
Appetizers
Selected Varieties
16-26 oz. pkg.

5.99



Stouffer's
Family Size
Entrees
Selected Varieties
30-40 oz. box.

7.99

3 DAYS ONLY

**Can't Miss
DEALS!**

**FRI., SAT., & SUN.
SEPT. 18TH, 19TH, & 20TH**



Kunzler
Sliced Bacon
Selected Varieties
16 oz. pkg.

4.99



Oscar Mayer
Meat Wieners
Selected Varieties
16 oz. pkgs.

2/\$5



McCain
Frozen Potatoes,
Fries Or Onion Rings
Selected Varieties - 12-32 oz. bag

2.99



Chobani
Blended Yogurt
Selected Varieties
4 pk. 21.2 oz. pkgs.

4.99



Tide Liquid Laundry
Detergent Or Pods
Selected Varieties
92 oz. btl. Or
42 ct. pkg.

Downy
UN STOPPABLES
Scent Booster
Original - 20.1 oz. btl.

14.99



Mott's Apple
Or Tot's Juice
Selected Varieties - 64 oz. btl.

2/\$5



Klondike
Ice Cream Bars
Or Sandwiches
Selected Varieties - 4-6 ct. pkgs.

2/\$7

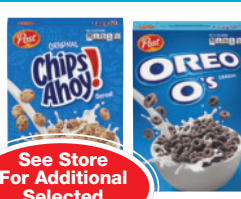


Eight O'Clock
Coffee
Selected Varieties - 11-12 oz. bag

5.99

Post CONSUMER BRANDS

Real VALUE / Real DELICIOUS



See Store
For Additional
Selected
Varieties

2/\$6

-.50 each when
you buy 4

Post Cereal
11 oz. Oreo O's Or
11.5 oz. Hostess Honey Bun



See Store
For Additional
Selected
Varieties

2/\$6

-.50 each when
you buy 4

Post Honey Bunches of Oats Cereal
14.5 oz. Honey Roasted Or With Almonds
Malt O Meal Cereal
13 oz. Crispy Cocoa Rice Or 16.5 oz. Toasted Wheatfuls



See Store
For Additional
Selected
Varieties

2/\$8

-.50 each when
you buy 4

Malt O Meal Cereal
25 oz. Fruity Dyno-Bites Or
24.2 oz. Apple Zings



See Store
For Additional
Selected
Varieties

3.29

-.50 each when
you buy 4

Malt O Meal
Premium Oatmeal
11.6-15.1 oz. pkg.

SCAN and GO!
Use the Great Valu APP and
scan your barcode at checkout
to receive these EXTRA Savings.

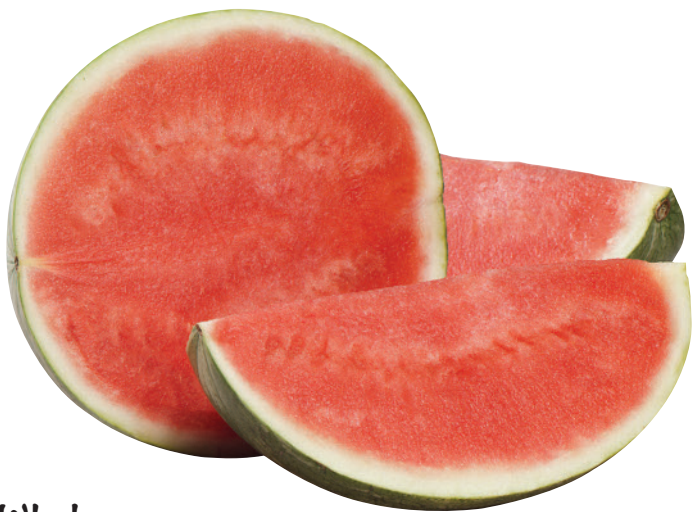
**SAVE \$2.00
INSTANTLY**

WHEN YOU BUY FOUR (4)
PARTICIPATING POST CONSUMER
BRANDS PRODUCTS

Participating products include:
Post® DUNKIN' TM, Post® OREO O's®,
HONEY MAID® S'mores, CHIPS AHOY®,
Honey Bunches of Oats®,
MOM'S BEST®, Malt-O-Meal®,
and Better Oats® (select varieties)

WHEN YOU USE OUR GREAT VALU APP

Produce



Whole Seedless Watermelon
Sweet Eating

4.99 each



2 lb. bag

Sweet Seedless Clementines
Lunchbox Favorite

4.99



Red Ripe Tomatoes

2.39 lb.



Grape Tomatoes
Red Ripe - pint ctn.

1.99



Butternut Or Spaghetti Squash

.99 lb.



Organic Girl Salads
Selected Varieties - 5 oz. pkg.

4.29



Green Giant Baby Bella Mushrooms
Sliced - 8 oz. pkgs.

2/\$5



Dole Salad Kits
Selected Varieties - 8.3-13.25 oz. pkgs.

2/\$8

Snack Center



Fritos Or Cheetos Snacks
Selected Varieties - 9.25-10 oz. bags

2/\$6



Nabisco Nilla Wafers
Selected Varieties - 11 oz. boxes

2/\$8



Nabisco Belvita Breakfast Biscuits Or Sandwiches
Selected Varieties - 8.8 oz. box

3.29



Martin's Old Fashioned Real Butter Bread
18 oz. loaves

2/\$5



Little Debbie Mini Donuts
Selected Varieties - 8.5-10.5 oz. pkgs.

3/\$5



Tastycake Pies, Cookies, Donuts Or Pecan Swirls
Selected Varieties - 2-6 oz. pkgs.

10/\$10



Lay's XL Potato Chips
Selected Varieties - 5-8 oz. bags

2/\$5

Dean's Dips
French Onion Or Guacamole
16 oz. ctn. 1.79

NATURAL and SPECIALTY



Kerry Gold Butter Sticks
8 oz. pkg.

4.99



Kerry Gold Irish Butter Tub
8 oz tub

4.29



Green Giant Harvest Protein Bowls Or Veggie Spirals Or Tots
Selected Varieties - 10-14 oz. pkgs.

2/\$7



Honest Kids Organic Juice Drink
Apple Nectar
6 pk. 10 oz. btl.

4.99



Wild Harvest Organic Maple Syrup
32 oz. btl.

15.99



Honest Organic Cold Brew Tea
Selected Varieties - 46 oz. btl.

2/\$8



Coke, Sprite, Diet Coke, Seagram's Ginger Ale, Fanta Orange, Coke Zero Or Sprite Zero
Selected Varieties - 6 pk. 7.5 oz. mini cans

2/\$6



Classic Coke, Diet Coke, Cherry Coke, Sprite Or Seagram's Ginger Ale
6 pk. 253 ml. btl.

2/\$6



Yuengling Lager Suitcases
24 pk. 12 oz. btl.

21.99



Stone Brewing
Selected Varieties- 12 pk. cans

19.99

Visit us on the web
www.greatvalu.com



ISLAND



6277 Cleveland Street, Chincoteague, VA
PHONE: 757-336-5829

PRICES GOOD
SEPT 16 - SEPT 22

STORE HOURS:
Sunday Through Saturday
8 am - 9 pm



We Reserve The Right To Limit Quantities.
No Sales To Dealers. No MVP Card Required.