

Bayside Family & Sports Medicine

Pediatric Health History Form (Newborn to age 13)

Today's date: _____
Child's Name: _____ Date of Birth: _____
Child's Previous Doctor/Primary Care Provider _____
Present Health Concern _____
Medicines/Vitamins _____
Allergies/Reactions to Medications or Vaccinations _____

Pregnancy and Birth

Where was your child born? _____
Is the child yours by: Birth Adoption Stepchild Other: _____
Please indicate any medical problems during pregnancy: _____
Delivery by: Vaginal Birth or Caesarean, if so why _____
Birth Weight: _____ Birth Length: _____
Please indicate any medical problems during the baby's newborn period:
Premature, how early _____ Other problems _____

Nutrition and Feeding

Was your child breastfed? No Yes if so, how long? _____
Has your child had any feeding/dietary problems? No Yes, Specify: _____

Milk intake now: Type: Cow's milk- (Nonfat 1% 2% Whole Milk) Soy Milk Rice Milk
Average ounces per day (note: 8 ounces = 1 cup) _____

Dental History: Has your child been seen by a Dentist? No Yes, date of last exam _____

Water Source: City or Well _____

Immunizations/Infectious Diseases: Please bring your child's immunization records to you appointment.
Has your child been sick with: Chickenpox Measles Mumps Rubella Meningitis Tuberculosis (TB)

Exposures/Habits: Any concerns about lead exposure? (Old home/plumbing/peeling paint) No Yes
Do any household members smoke? No Yes
TV-hours per day _____ Computer-hours per day _____ Video games-hours per day _____

Past Medical History: Please describe any major medical problems and their dates:

Hospitalizations/Operations (with dates) _____
Broken Bones or Severe Sprains: _____

School History:

Did/does your child attend school or preschool? No Yes
Current grade _____ Name of School _____
Any concerns about school performance _____
Any concerns about relationship with students No Yes
If over 4yrs old: Does your child have a best friend No Yes
Sports/Exercise: Type _____ How Often _____
How Long (minutes) _____

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Pediatric Health History Form (Newborn to age 13) continued

Family History: Please indicate the current health status of your child's immediate family members:

Conditions:

Alcoholism _____ High Cholesterol _____
Cancer, Specify Type _____ High Blood Pressure _____
Heart Attack _____ Stroke _____
Depression/Suicide _____ Other _____
Diabetes _____

Social History: Who lives at home?

Name	Age	Relationship
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Are your child's parents: Married _____ Unmarried _____ Separated _____ Divorced _____
If divorced or separated when _____
If applicable, name of Step-parent _____

Mother's occupation _____ Employer _____
Father's occupation _____ Employer _____

Concerns about your child: Alcohol use _____ Tobacco _____ Sexual Activity _____ Aggressive Behavior _____
Is violence at home a concern? No _____ Yes _____
Are there guns in the home No _____ Yes _____

Sleep

Hours per night _____ Naps (number and length) _____
Any sleep problems _____

Safety: When your child is in the car does he use an: Infant Seat _____ Booster Seat _____ Seat Belt Only _____

Review of Symptoms: Please **circle** any current problems your child has on the list below:

Constitutional

Fevers/Chills/Excessive Sweating
Unexplained Weight Loss/Gain

Eyes

Squinting/Crossed Eyes

Ears/Nose/Throat

Unusually loud voice/hard of hearing
Mouth breathing/snoring
Problems with teeth/gums

Cardiovascular

Tires easily with exercise
Shortness of breath
Fainting

Respiratory

Cough/Wheeze
Chest Pain

Gastrointestinal

Nausea/Vomiting/Diarrhea
Constipation
Blood in bowel movement

Genitourinary

Bedwetting
Pain with urination
Discharge: Penis or Vagina

Musculoskeletal

Muscle/Joint Pain
Skin
Rashes
Unusual Moles

Allergy

Hay Fever/Itchy Eyes

Neurological

Headaches

Weakness

Clumsiness

Psychiatric/Emotional

Speech Problems
Anxiety/Stress
Problems with Sleeping/Nightmares
Depression
Nail Biting/Thumb Sucking
Bad Temper/Breath Holding/Jealousy
Blood/Lymph
Unexplained Lumps
Easy Bruising/Bleeding