



Gloria Jenner ...

PHOENIX T'AI CHI CENTRE

Instructors' Workshop -Port Burwell 1988



Centre's First Anniversary

Gentleness and joy
Compassion and caring



Meridians Workshop – Suzanne Pleau



THE EARLY YEARS



First Phoenix Tai Chi Party at the Centre



Tai Chi Rug created by Bea Bettsworth



Dr. Shengbo Liang, from China



Wild Goose Qigong- Prof. Ai Min, from X'ian, China

