

Haywood Lodge & Retirement Centers

Creekside Villas

Resident of The Month

We are excited to present Doris McKinnish as December's resident of the month at Haywood Lodge. She was born and raised in Haywood County. Doris never really worked outside of the home. She was a housewife and mother to two children, Gloria and Keith, Besides her children she has 4 grandchildren, 2 great grandchildren and 1 great, great grandchild. Doris has been with us since May of this year. All of us at Haywood Lodge are really proud of Doris. When she first come to live with us she really struggled with the transition from home to here, fighting it with everything she had. As time has passed she seems to have softened up to the fact that she is part of our big family. We hope that is the way she feels because that is they way we feel about her, as one of our family.



Spicewood Cottages

Bevelyn Allison Brenda Smith



Welcome!

New

Residents

Haywood Lodge

Lucille Baker Agnes Brooks Herman Conner Shirley Mann Tom Mann

Creekside Villas

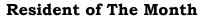
Brian Birthright Laura Reinholz Bobbie Smith



Spicewood Cottages

December Birthdays

Haywood Lodge
Hilda Boone 12/20
Lucille Inman 12/20
Barbara Coulter 12/26
picewood Cottages
Leah Shephard 12/19
Carol Vanlandingham 12/20
William Owen 12/24
Thomasine Phillips 12/25
Doris Smith 12/25
Johnnie Simmons 12/26



Evelyn (June) Snyder has been chosen as December's resident of the month at Spicewood. She has been with us for about 5 years, coming and going within that time. June has eight grandchildren and eight great grandchildren. She enjoys caring for other residents in need, kind of like a house mom. The facility activities keep her busy. She participates in most all of them, such as: shopping, outings, special events, setting up and cleaning up for events, dancing and more. June is a great blessing to us and we all love her.



Meet Ozzie

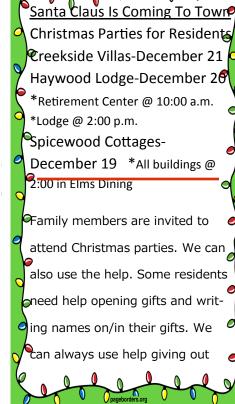
Ozzie is the new mascot at Haywood Lodge.
He is an Australian
Labradoodle and belongs to Aaron and
Emily. Be sure to come
by and visit with him

A Holiday Greeting For Our Wonderful Residents and Family Members

In this season of thanks we all have many things to be grateful for. One of the most important is all the residents and family members we serve. There is not a more appropriate time to say "Thank You" for placing your confidence, support and trust in our team providing care and services for you and your loved ones. We will continue to work hard and appreciate the opportunity to serve our residents who give us joy and thankfulness throughout the year. May your home and ours be filled with laughter of friends, the love of family and the joys of the season! Merry Christmas and Happy Holidays from all the staff of Spicewood Cottages, Creekside Villas and Haywood Lodge and Retirement Center.



All of us at Haywood Lodge would like to thank the friends and family members of our residents who came to share our Thanksgiving Dinner with us. We feel blessed to be able to take care of your loved ones and this is one way of showing it. We also enjoy spending time with and getting to know you. nately we were not able to get very many pictures of all the families like we usually do. If anybody got pictures and wouldn't care to share them please call Tammy @ 456-8365 ext 901 or you may e-mail them to tammy@haywoodlodge.com



IMPORTANT INFORMATION FOR RESIDENTS AND FAMILY MEMBERS

+As most of you are aware there has been a change in everybody's Medicare i.d. number. Some of the residents cards come directly to us but some of them are mailed to family members or maybe to their case workers. We need to have these new Medicare numbers on file in our records. If you have received one and not provided us with a copy please do so at your earliest convenience. It is vital that we have this for the charts.

+If you make an appointment for your family member/our resident and you are the one taking them to appointment please notify uswith date, time, and doctor. We like to make sure they are cleaned up and ready to go when you arrive. We also have paperwork that we need to get ready for you to take with you that has information on for the doctor. The doctor has a paper that he is suppose to write on and send back to us.



Haywood Lodge will be in the Waynesville and Canton Christmas parades. We will be driving our bus. It will be all decorated and there will be residents riding in it waving to the crowds.

Waynesville's parade is Monday, Dec 3 @ 6 p.m. and Canton's will be Thursday, Dec 6 @ 6 p.m.

Come bring your chair, coat, and hot chocolate and holler for us as we go by. The residents love it.

Tips for Alzheimer Caregivers during the Holidays

Caring for a loved one with memory loss can be challenging especially during the holidays and family gatherings.

PREPARE Encourage family and other guests to introduce themselves, and remind them to validate and empathize with you loved ones.

ADAPT Simplify table setting to limit choices, and if needed, cut your loved one's food prior to serving.

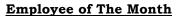
REMINISCE Incorporate past traditions and share stories—without asking "remember when?"

CUSTOMIZE When making plans, account for your loved one's comfort with noise, crowds and travel, as well as their general abilities and preferences.

ENGAGE Cook their favorite dish and have them help if possible—familiar smells can stimulate memories. Another activity: Play a favorite game together.

USE MUSIC Play your loved one's favorite songs—sing and dance

GIVE TIME It's hard to find the right present, but remember that your continued time and attention is the most important gift you can give.



Congratulations to Kennedy Paxton for being selected as Employee of the Month for December. She serves as a Med Tech at our Haywood Lodge facility and has been with us since March of 2018. Kennedy is very compassionate and patient with the residents. They feel like they can confide in her and that she really cares because she really does. She is a team player and sets a good example for the new employees. We are glad she chose to be a part of our team. Thank you Kennedy for all that you do to make this the great facility that it is.







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Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find "filler" articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So, when you're finished writing



Caption describing picture or graphic.

your newsletter, convert it to a Web site and post it.

Inside Story Headline

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your customers or clients.

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is grow-

ing.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book review, a letter from the president, or an editorial. You can also profile new employees or top customers or vendors.

"To catch the reader's attention, place an interesting sentence or quote from the story here."

Inside Story Headline

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the mes-



Caption describing picture or graphic.

sage you're trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are also several tools you can use to draw

shapes and symbols.

Once you have chosen an image, place it close to the article. Be sure to place the caption of the image near the image.

Business Name

Primary Business Address Your Address Line 2 Your Address Line 3 Your Address Line 4

Phone: 555-555-5555 Fax: 555-555-5555

E-mail: someone@example.com



Your business tag line here.

We're on the Web! example.com This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.



Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to

read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



Caption describing picture or graphic.