

Transitions and Starting school

Moss Hall Nursery School



Think about a transition in your life.



- ▶ Let's put ourselves in their shoes....
- ▶ Think about a transition in your life.
- ▶ What was the transition? What did it feel like? How did you prepare for the transition? When did you start to feel better or 'normal' again?

Transitions are hard!

- ▶ Transitions in life are difficult for everyone.
- ▶ Sometimes they are easier than we expect and sometimes they are harder than we expect. Sometimes they are easy to begin with and then they get hard.
- ▶ We are adults who can express what we want and why we want it. Our children are still developing these skills and so will need a little extra help.



Transition to school

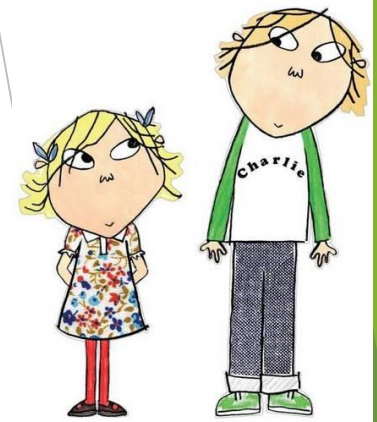
- ▶ This year our children are leaving Moss Hall and transitioning to 16 different primary schools.
- ▶ While 12 children will be returning to the nursery.

- ▶ How will we start to prepare them?



In the coming weeks?

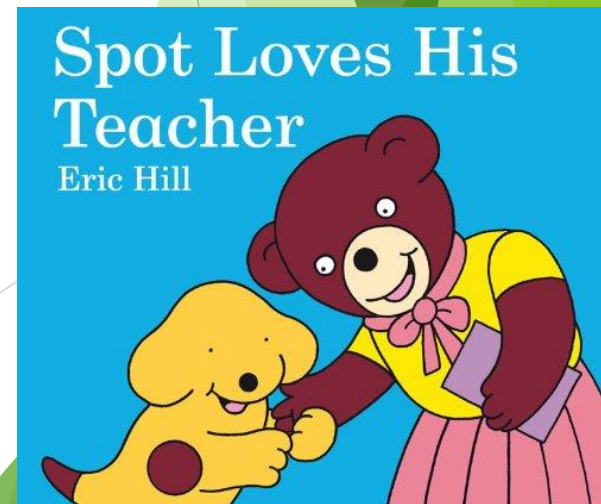
- ▶ Sian has written to all schools inviting the staff team to visit your child at Moss Hall.
- ▶ We are in the process of making a resources for your children to use during their play. These resources are on display
- ▶ Your child's key person or Sian will contact the receiving school to pass on any information. Where possible we will take your child to visit their new school with their key person or an adult they know well.
- ▶ A copy of your child's end of year report will go to their receiving school.



What can you do at home?

Ideas to start your child think about their new school.

- ▶ Start reading picture books about starting school. The local library will have some.
- ▶ Take a walk to the new school and look at the main entrance and play ground.
- ▶ If your child has friends who are also going to the school invite them to a play date or arrange to meet them in the local park.
- ▶ Visit the school's website and look at the photos of the school.
- ▶ Ensure you make a note of all the key dates and times the school have given you.
- ▶ If the school has a uniform start talking about the lovely new clothes your child will have.



What can you do at home?



Over the Summer Holiday

- ▶ Make sure they can use the toilet independently
- ▶ Make sure your child can dress and undress independently
- ▶ Establish a good bedtime routine. Children of 4 or 5 years old should be in bed between 7.30 and 8pm.
- ▶ Establish a morning routine so that when your child starts school you are not rushing around. Ensure your child has a healthy breakfast.
- ▶ Ensure your child has had all their pre-school boosters
- ▶ Practice eating using a knife and fork or opening and closing a lunch box.
- ▶ Ensure your child can recognise their name so they can recognise their belongings in school.
- ▶ If you are working tell colleagues and your line manager your child is starting school in case you are late for work or need parental leave.
- ▶



What can you do at home?



A few days before they start school.

- ▶ Explain that you will leave them at school and you will collect them at the end of the day.
- ▶ Label clothes or school uniform
- ▶ Practice the school run by going to bed, getting up early and having breakfast.
- ▶ Remind your child to ask for help from their teacher or teaching assistant if they need it.
- ▶ Talk about how exciting the first few days will be.
- ▶ Take a photo on the first day!
- ▶ Ensure you are aware of what time your child needs collecting and be on time!
- ▶ Compare notes with other parents and enjoy the moment!

Any questions?

- ▶ It's a very special moment in your child's life.
- ▶ Please try to enjoy it with them....
- ▶ It's okay to cry, when you have left them!

