

August

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|------------|---|--|---|---|---|---|
| | | | 1 Registration SWHS 5-8pm | 2 | 3 | 4 |
| 5 | 6 Captain's Practice Pershing Park 10-11am | 7 Captain's Practice Pershing Park 10-11am | 8 Captain's Practice Pershing Park 10-11am | 9 Captain's Practice Pershing Park 10-11am | 10 Captain's Practice Pershing Park 10-11am Swimsuit orders due | 11 |
| 12 | 13 <u>Girls Season Begins</u> Practice 10:00-12:30 PM | 14 Practice 10:00-12:30 PM | 15 Practice 10:00-12:30 PM Booster Club meeting 6:30 | 16 Practice 10:00-12:30 PM | 17 Practice 10:00-12:30 PM | 18 Practice SOUTHWEST 8:30 to 11 AM |
| 19 | 20 Practice 10:00-12:30 PM | 21 Practice 10:00-12:30 PM | 22 Practice 10:00-12:30 PM Parent Info Meeting Flex Suite 3 SWHS 6:00 | 23 Practice 10:00-12:30 PM Pasta Party | 24 <u>Practice</u> <u>TBA</u> Vs. Lakeville Schools @ Kenwood Trail M.S. 6 PM 19455 Kenwood Trail Lakeville Bus Leaves SW (3:45) | 25 Practice SOUTHWEST 8:30 to 11 AM |
| 26 | 27 First Day of School Practice SOUTHWEST 3:30 to 6 PM | 28 Vs. Edina 6 PM Art Downey Aquatic Center South View Middle 4725 South View Lane Bus Leaves SW (4:15) | 29 Practice SOUTHWEST 3:30 to 6 PM Pasta Party | 30 Tri-Metro Relays @ University St. Thomas 5:30 PM Bus Leaves SW (3:45) | 31 Practice SOUTHWEST 3:30 to 6 PM | |

Bold = Meets
Times = Practice

If you are going to miss
practice and/or meet for
any reason I must be
notified before hand!

(H) 763-494-3045
(C) 612-290-6113
caarseth@mpls.k12.mn.us
mplsswim@gmail.com

2018

September

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|--------------|--|--|---|--|---|---|
| | | | | | | 1 Practice SOUTHWEST 8:30 to 11 AM |
| 2 | 3 NO PRACTICE LABOR DAY | 4 Practice SOUTHWEST 3:30 to 6 PM | 5 Practice SOUTHWEST 3:30 to 6 PM Pasta Party | 6 Vs. Visitation @ 5:30 PM | 7 Practice SOUTHWEST 3:30 to 6 PM | 8 Practice SOUTHWEST 8:30 to 11 AM (ACT TEST) |
| 9 | 10 Practice SOUTHWEST 3:30 to 6 PM | 11 Practice SOUTHWEST 3:30 to 6 PM | 12 Practice SOUTHWEST 3:30 to 6 PM Pasta Party - possible | 13 Vs. @ Columbia Heights 1400 49th Ave NE, Columbia Heights, MN 55421 @ 5:30 PM | 14 Practice SOUTHWEST 3:30 to 6 PM Pasta Party - possible | 15 Mpls. Laker Invite (WE HOST) @ University of St. Catherine 12:00 PM |
| 16 | 17 Practice SOUTHWEST 3:30 to 6 PM | 18 Practice SOUTHWEST 3:30 to 6 PM | 19 Practice SOUTHWEST 3:30 to 6 PM Pasta Party - possible | 20 Vs. St. Anthony @ SW 5:30 PM | 21 Practice SOUTHWEST 3:30 to 6 PM Pasta Party - possible | 22 Maroon and Gold Invite @ University of Minnesota Division TBA (SOCCER SATURDAY) |
| 23/30 | 24 Practice SOUTHWEST 3:30 to 6 PM | 25 Practice SOUTHWEST 3:30 to 6 PM | 26 Practice SOUTHWEST 3:30 to 6 PM Pasta Party | 27 Vs. Fridley @ SW 5:30 PM | 28 Practice SOUTHWEST 3:30 to 6 PM | 29 Practice SOUTHWEST 8:30 to 11 AM |

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2018

October

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|--|--|--|---|
| | 1 Practice SOUTHWEST 3:30 to 6 PM | 2 Practice SOUTHWEST 3:30 to 6 PM | 3 Practice SOUTHWEST 3:30 to 6 PM | 4 Practice SOUTHWEST 3:30 to 6 PM | 5 Practice SOUTHWEST 3:30 to 6 PM Pasta Party | 6 True Team Sections 10 AM@Art Downey Aquatic Center 4725 South View Lane Bus Leaves SW (8:30 AM) |
| 7 | 8 Practice SOUTHWEST 3:30 to 6 PM | 9 Practice SOUTHWEST 3:30 to 6 PM D'amico's Fundraiser | 10 Practice SOUTHWEST 3:30 to 6 PM | 11 Vs. Minnehaha Acad/Holy Angels @ SW 5:30 PM | 12 Practice SOUTHWEST 3:30 to 6 PM | 13 Practice SOUTHWEST 8:30 to 11 AM |
| 14 | 15 Practice SOUTHWEST 3:30 to 6 PM Pasta Party | 16 Vs. South/Roosevelt/ Washburn @ SW 5:30 PM | 17 NO SCHOOL CONFERENCES Practice SOUTHWEST 10:00 AM to 12:30 PM | 18 NO SCHOOL MEA Practice SOUTHWEST 10:00 AM to 12:30 PM | 19 NO SCHOOL MEA Practice SOUTHWEST 10:00 AM to 12:30 PM | 20 Practice SOUTHWEST 8:30 to 11 AM |
| 21 | 22 Practice SOUTHWEST 3:30 to 6 PM | 23 Practice SOUTHWEST 3:30 to 6 PM | 24 Practice SOUTHWEST 3:30 to 6 PM | 25 Practice SOUTHWEST 3:30 to 6 PM | 26 Practice SOUTHWEST 3:30 to 6 PM Pasta Party | 27 JV Championship Meet @ Fridley Middle School 1 PM |
| 28 FINALS WEEK!!! | 29 Practice SOUTHWEST 3:30 to 6 PM | 30 Practice SOUTHWEST 3:30 to 6 PM | 31 Practice SOUTHWEST 3:30 to 6 PM | | | |
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2018

November

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|---|--|---|
| | | | | 1 NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM | 2 NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM | 3 Practice SOUTHWEST 8:30 to 11 AM |
| 4 | 5 Practice SOUTHWEST 3:30 to 6 PM | 6 Practice SOUTHWEST 3:30 to 6 PM | 7 Practice SOUTHWEST 3:30 to 6 PM Pasta Party | 8 Section Prelim Meet @ Art Downey Aquatic Center 6 PM South View Middle 4725 South View Lane Bus Leaves SW (4:30 PM) | 9 Section Diving Meet @ Art Downey Aquatic Center 6 PM South View Middle 4725 South View Lane Bus Leaves SW (3:30 PM) Pasta Party | 10 Section Final Meet @ Art Downey Aquatic Center 1 PM 4725 South View Lane Bus Leaves SW (11:30 AM) |
| 11 | 12 Practice SOUTHWEST 3:30 to 6 PM | 13 Practice SOUTHWEST 3:30 to 6 PM | 14 MSHSL STATE PRACTICE AT U OF MN TBA | 15 State Meet Swim Prelims @ University of MN 6 PM | 16 State Meet Swim Finals @ University of MN 6 PM | 17 State Meet Swim Finals @ University of MN 6 PM |
| 18 Season Ending Banquet TBA | 19 Captains Practice TBA | 20 Captains Practice TBA | 21 NO SCHOOL Captains Practice TBA | 22 NO SCHOOL Captains Practice TBA | 23 NO SCHOOL Captains Practice TBA | 24 |
| 25 | 26 <u>Boys Season Begins</u> Practice SOUTHWEST 3:30 to 6 PM | 27 Practice SOUTHWEST 3:30 to 6 PM | 28 Practice SOUTHWEST 3:30 to 6 PM | 29 Practice SOUTHWEST 3:30 to 6 PM | 30 Practice SOUTHWEST 3:30 to 6 PM | |

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NE

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