



Noreen's Kitchen

Super Quick Fish with Tomatoes and Green Chilies

Ingredients

2 pounds white fish filets I used Tilapia 4 cups Tomatoes with Green Chilies*

Step by Step Instructions

Pour tomatoes with green chilies into a large, deep skillet.

Place thawed fish filets into the tomato mixture.

Place skillet over medium heat and cook covered for 10 minutes or until the fish is opaque and flaky.

Serve as desired. We love this with rice and steamed veggies.

If you don't have any of the tomatoes with green chilies or don't like them, try this using your favorite stewed tomato or even your favorite pasta sauce.

Enjoy!