

Dear Parents and Swimmers,

**Welcome to the Winter 2022 Semester [UPDATED]  
From February 8th, 2022 to April 3rd, 2022**



We're glad to have you and your child as part of our program.

We just want to make sure that you are aware of a few things that are important to us:

- Please be aware that swimming caps are mandatory in our pool. All patrons must wear swim caps.
- We will be strictly enforcing our make-up policy. All missed classes notification must be sent via email to [seahorsefitnessinc@yahoo.com](mailto:seahorsefitnessinc@yahoo.com) or by calling **917-391-7660** no later than 24 hours prior to your lesson. **You are allowed to have two make-up classes during the swim semester.**
- Showers are mandatory for everyone entering the pool. Please make sure you rinse off before getting in the pool.
- Strollers are not allowed on the deck or in the lock room. This is a health and fire department issue. Please keep all strollers in the hallway of the entrance of the pool.
- Food and drinks are not allowed on deck. Please give snacks to children in the hallway of the pool's entrance. Water is allowed on deck as long as it is in a container.

There are scheduled classes on the following dates. Please make sure that you are aware of the your dates:

**Tuesday:**

2/8	2/15	2/22	3/1	3/8	3/15	3/22	3/29
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**Wednesday:**

2/9	2/16	2/23	3/2	3/9	3/16	3/23	3/30
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**Thursday:**

2/10	2/17	2/24	3/3	3/10	3/17	3/24	3/31
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**Friday:**

2/11	2/18	2/25	3/4	3/11	3/18	3/25	4/1
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**Saturday:**

2/12	2/19	2/26	3/5	3/12	3/19	3/26	4/2
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**Sunday:**

2/13	2/20	2/27	3/6	3/13	3/20	3/27	4/3
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Again, welcome to the semester. We hope it's a great one! If you have any questions feel free to call **917-391-7660** or email [seahorsefitnessinc@yahoo.com](mailto:seahorsefitnessinc@yahoo.com). Ask for me, Tommy.

Swimmers must  
shower before  
entering the pool.

For more information  
and updates please  
visit our website  
[seahorseswimclub.com](http://seahorseswimclub.com)



See you in the pool,  
Tommy Ho  
Aquatics Director  
Seahorse Fitness, Inc  
69 Columbia Street  
New York, NY 10002

\*All classes and dates are subject to change due to emergency incidents (such as weather, strike, or pool equipment malfunctions)

**\*All Payments for class must be handed in by the first 3 weeks.**