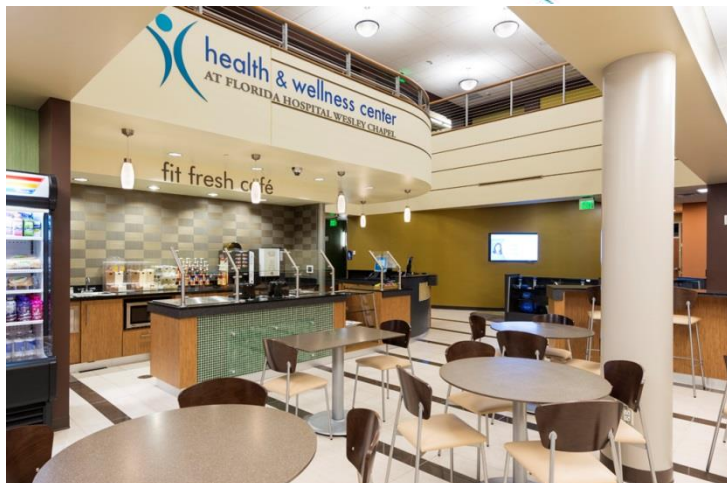




health & wellness center

AT FLORIDA HOSPITAL WESLEY CHAPEL



Opened in January, 2013, The Health & Wellness Center at Wesley Chapel was developed adjacent to the new 160 bed Florida Hospital Wesley Chapel as part of the 100,000 square foot Wellness Plaza in Wesley Chapel, Florida. As a member of Adventist Health, the Creation Health mission and values are represented in the interior design and programs and services. The health & wellness center offers programs for chronic disease management, fitness and wellness education programs. This center represents a project that was designed to penetrate a new market area.

This 50, 000 square foot center is integrated with a Women's Center, specialty clinics, family medicine and other specialist practices to create a major presence in a growing market area. This facility has generated new business and referrals for the entire healthcare campus.



- Physical, & orthopedic rehabilitation
- Indoor walk/jog track
- Aquatics center with a 25m lap pool, whirlpool and warm water therapy pool
- Group Exercise studios
- Cardiovascular equipment & free weights
- Conference area with demonstration kitchen
- Sports Medicine
- Fresh Fit Cafe
- Fit Gear Logo Shop
- Men's, women's & family locker rooms
- Yoga & Pilates studios
- Fit Friends Kids Club
- Wellness programs

Wesley Chapel, Florida