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St. Joseph The Worker Parish, Russell, MB St. Theresa's Parish Rossburn, MB

Responsorial Psalm 104: Lord, send forth your spirit, and renew the face of the earth.

St. Joseph (Russell) & St. Theresa's (Rossburn) News:

Please remember in your prayers those who are sick in hospitals, care homes, or in their homes & those who care for them. If you wish to receive the Sacraments of Anointing, Confession, or Holy Communion – please call the parish office & leave a message: 204-773-2924.

Mass Intentions For This Week:

Pentecost Sunday

Saturday May 27 7:30 p.m. Russell + Rita & Joseph Deschambault req. by Anne & Ubald Deschambault

Sunday May 28 9:00 a.m. Russell **Zoom on-line Mass 9:00 a.m. & YouTube after 10:15 am**
 For all parishioners by Father Paul

11:00 a.m. Rossburn + John Ryshytylo req. by Michael & Myrna & families, Kevin & Lisa Marie, Richard & Beverly & family, Michael & Stephanie & family, John & Rachel & family, Scott & Lisa & Family

Monday May 29 Health of family & friends req. by Jean Goba

Tuesday May 30 +Deceased Family req by Frank & Madeline Mangin

Wed May 31 Health of family & friends req by Irene Deschamps

Thurs Jun 1 10:30 a.m. Rossburn Adoration

11:00 a.m. Mass + John Ryshytylo req by Allie Mackedenski & family

Friday Jun 2 8:30 a.m. Russell Adoration

9:00 a.m. For all parishioners by Father Paul

10:45 a.m. Rossburn **Sacred Heart Of Jesus**

11:00 a.m. Mass + John Ryshytylo & all the Souls in Purgatory req by Lynda & family

Most Holy Trinity

Saturday Jun 3 10:45 a.m. Rossburn **Immaculate Heart Of Mary**

11:30 a.m. Mass Ryshytylo & McLaughlin families req by the McLaughlins

7:30 p.m. **Liturgy of the Word with Communion**

Sunday Jun 4 9:00 a.m. Russell **Zoom on-line Mass 9:00 a.m. & YouTube after 10:15 am**

For all parishioners by Father Paul

11:00 a.m. Rossburn + Suffering Souls in Purgatory Req by Rose & family

St Joseph's vigil light stand

We will be putting out a row of battery operated candles in our vigil light stand. So people now will have a choice of either wax candles or battery operated ones. If anyone is interested in helping with the cleaning of the vigil lights, please get in touch with Louise Trinder.

Thank you to Louise's coffee Sunday group for the lovely lunch for the First Communion celebrations on May 7th and thank you also to the Knights of Columbus for the rosaries and the CWL for the bibles. Special thank you to Glenda Stasiuk and Father Paul who instructed the first communicants and prepared them for their special day.

OUR PARISH WOULD LIKE TO THANK Braendle-Bruce Funeral Service for donating the carnations that were presented to all the mothers of the parish on Mother's Day. It was greatly appreciated!

Thank you to all those who volunteered this past Tuesday from St. Joseph The Worker parish at the Helping Hands Soup Kitchen in Brandon. The group helped served lunch to 196 people.

Ordination of Deacon Oliver Omega to the Ministerial Priesthood will be on Friday June 9th at Saint Mary's Cathedral at 7:30 p.m.

Ordination of Christopher Pugh to Transitional Diaconate will be June 30th at Saint Augustine's Brandon at 7:30 p.m.

Praying with Pope Francis: May: *For Church movements and groups:* We pray that Church movements and groups may rediscover their mission of evangelization each day, placing their own charisms at the service of needs in the world.

Concrete Ways to Renew Practices of Family Holiness – June 3, 2023

We are pleased to invite you to a free (and open to all) webinar hosted by the CCCB Office for Family and Life, as part of our ongoing national networking workshops. This webinar, entitled "Concrete Ways to Renew Practices of Family Holiness," will take place on Saturday, June 3, 2023 from 1:00 to 2:30 p.m. EDT. It is intended for anyone involved in dioceses, eparchies, parishes, or family groups that accompany couples and families in faith. To register with zoom:

https://cccbca.zoom.us/webinar/register/5516817367284/WN_HOFGVS7RT3mO_5cJMPiVig#/registration

The webinar will be presented by Msgr. Philippe Bordeyne, President of the John Paul II Pontifical Theological Institute for the Science of Marriage and the Family, Rome, Italy. It will be recorded for later broadcast and presented in French with simultaneous English translation. For more information, contact Michelle Dabrowski, Director of the Office for Families and Life (m.dabrowski@cccb.ca).

Eight Tools for Combatting Desolation

By **Loretta Pehanich**

Once called "Devil's Valley," California's Desolation Wilderness is a 100-square-mile protected "forest" near one of the most beautiful spots on earth (in my opinion): Lake Tahoe. I see this topography within my home state as a metaphor for my spiritual life, where I can often be on the crest of beautiful union with God and soon be in a crevice of despair. It isn't always a great distance from consolation to desolation.

The Desolation Wilderness features barren rocky expanses, massive granite formations, and a sparse landscape where trees are patchy and rare at higher elevations. It's also an ideal habitat for rodents. I'd rather hike elsewhere, and the same is true of my spending time in desolation. When it comes, I want out!

Hiking this wilderness can feel long and arduous. It takes patience, persistence, determination, and grit—the same things I need when I encounter [spiritual desolation](#).

When we go hiking in a wilderness of spiritual desolation, eight tools for combatting the desolation should be put in our backpacks. But be sure not to pack the pity party. It's what the enemy wants: complaining about those blisters and bunions.

1. **Resolve.** When in desolation, never make a change! This is #1 on the list. Desolation is not clinical depression, although symptoms and words to describe both seem similar. Desolation is that which yanks us from faith, hope, and love, leading us to see only weeds, taste trail dust, desire to walk in isolation, and feel worn out, unmotivated, or just plain lousy.
2. **Extra prayer.** We don't feel like praying more when spiritually desolate. But sweating it out [during dull prayer](#) is a great walking stick to lean on in rough terrain.
3. A map. There will be a way out, with God's help. Looking back over the route may also tell us how we got here.
4. **A flashlight and a friend.** See a [spiritual director](#), visit a neighbor, call a friend, or talk to a family member about what's going on, rather than giving in to the temptation to isolate. When we shine a light on some of our secret thoughts and feelings, they lose some of their power. Evil loves secrets.
5. **A journal.** We write about our experiences when we get out of the wilderness. It keeps us humble to see how quickly we can get lost when we think we're in control. Pray with the lived-through experiences in mind.
6. **Water.** Share our canteens. Just like [consolations](#) when we get them: they are meant for the community, not just ourselves. When we're near a stream, refill. Consider how we will act when the water, and consolations, run short. Store up strength when we can, just as a squirrel stores up supplies for winter.
7. **God's grace.** We may need to remind ourselves that God's grace is sufficient—and always available. We might think that we just drew the last ounce of patience out of that backpack, but when we reach back in, that grace is replenished. Amazing!
8. **Gratitude.** Thank God that the desolation won't last. Let's praise God while we keep moving. A great view of Lake Tahoe is just over that next peak.

Dear Padre,

I am a practicing Catholic and I don't remember being confirmed. Is it too late for me to be confirmed?

The sacrament of confirmation usually happens when a person is older, and therefore you would likely remember the occasion. It could be that you were not confirmed. You can check with the parish you lived in during your school years to be sure. They keep records of confirmations done in the parish.

Confirmation is the final sacrament of initiation. Baptism ushers us into our life with God by giving us new life. Confirmation seals us with the spirit so we can follow Jesus and live out our particular vocation. And the Eucharist gives us strength for the journey and keeps us in union with God.

If you discover you have not been confirmed or if you can't find out for certain, talk with your pastor. You would not be the first adult seeking confirmation. Your pastor can tell you how your diocese handles confirmation for adults. There might be a program of adult instruction for confirmation to ensure you understand the sacrament and the teachings of the Church.

Today is Pentecost, the day when we celebrate the coming of the Holy Spirit into the lives of the apostles. The Spirit gave them strength for what they had to do. The Spirit can do the same for you.



CNS PHOTO/GUIGLIEMO MANGIAPANE, REUTERS

The Redemptorists / DearPadre.org

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
May 29 <i>Blessed Virgin Mary, Mother of the Church</i> Gn 3:9-15, 20 or Acts 1:12-14 Jn 19:25-34	May 30 <i>Weekday</i> Sir 35:1-12 Mk 10:28-31	May 31 <i>Visitation of the Blessed Virgin Mary</i> Zep 3:14-18a or Rom 12:9-16 Lk 1:39-56	June 1 <i>St. Justin, Martyr</i> Sir 42:15-25 Mk 10:46-52	June 2 <i>Weekday</i> Sir 44:1, 9-13 Mk 11:11-26	June 3 <i>St. Charles Lwanga and Companions, Martyrs</i> Sir 51:12cd-20 Mk 11:27-33	June 4 <i>Most Holy Trinity</i> Ex 34:4b-6, 8-9 2 Cor 13:11-13 Jn 3:16-18



A WORD FROM POPE FRANCIS

On the day of Pentecost, Jesus' disciples were still disoriented and fearful. They did not yet have the courage to go out in the open. We too, at times, prefer to remain within the protective walls of our surroundings. But the Lord...sends upon us the Holy Spirit who envelops us and overpowers all our hesitations.

REGINA CAELI, ST. PETER'S SQUARE, MAY 23, 2021

A VIGIL LED BY POPE FRANCIS AHEAD OF PENTECOST SUNDAY AT THE VATICAN IN JUNE 2019. CNS PHOTO/REMO CASILLI, REUTERS



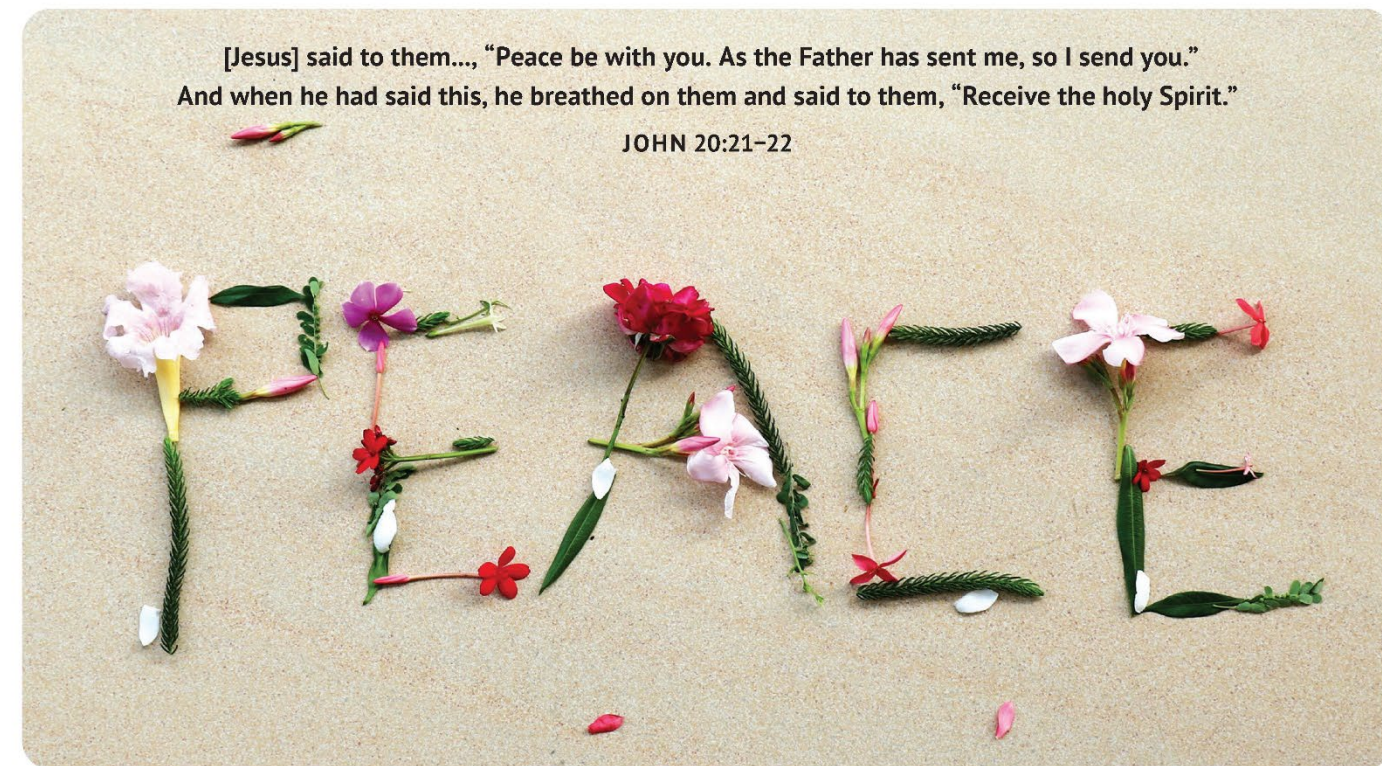
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Our Parish COMMUNITY

May 28, 2023

Pentecost (A)

Acts 2:1-11 / 1 Corinthians 12:3b-7, 12-13 / John 20:19-23



Freed by the Spirit

FR. JOSEPH JUKNIALIS

Fear can be a most powerful imprisoning force. Like the apostles who locked themselves behind closed doors after the resurrection for fear of the local leaders, there are times when our own fears lock us out of the future and into our past.

We find ourselves choosing not to be generous for fear that if we are, we will find ourselves empty-handed with no one to care for us because all of our resources have been used up. And so, because of our fear, we lock ourselves into our own selfishness. At other times, we hesitate to be kind for fear that our care will be misconstrued or, worse, will be taken advantage of and abused. And so, for fear of continual demands upon our kindness, we lock ourselves into indifference. At other times, we find ourselves too cautious to speak out in the face of injustice because of a misguided respect

for "someone else's business" or because we are afraid anger or rejection will come down upon us. So, we lock ourselves into silence.

It is always the Spirit, however, that enables us to unlock those doors once locked by our fear. While that new power enables us to venture into a sometimes-shattering world, it does not promise we won't be shattered in the process. All that Jesus promised is that the Spirit would bring us peace. Such peace happens to us whenever we choose not to succumb to our fears. It is indeed a new creation taking place in us, even now.

Reflect

Has fear ever paralyzed you, keeping you from doing good?