

Shannon McPherson



Hello! My name is Shannon and I reside in Bowling Green, KY. I am employed as an Adult Peer Support Specialist through LifeSkills, Inc., our local Community Mental Health Center. I am very passionate about recovery and believe with the right supports, anyone that desires to, can live independently in the community of their choice. I help individuals with mental illness find their voice in order to advocate for themselves. Currently, I serve as the P&A consumer advocate at the Cabinet Level for individuals wanting to transition out of Personal Care Homes.

Since working at LifeSkills, Inc., I have had the opportunity to be a part of a Supported Employment Steering Committee, starting support groups for consumers, and several speaking engagements to share my recovery story. I strive to instill hope of recovery for my consumers and my coworkers. I also enjoy partnering with our local peer run center, Wellness Connection. It was an honor to be nominated and I have received the 2016 Peer Excellence Award for the LifeSkills Region. I will be attending training in March 2017 to become a WRAP (Wellness Recovery Action Plan) facilitator. I am excited to see how it will positively impact the lives of the consumers I work with. It is a privilege and joy to serve on PAIMI Advisory Council!