



What's New in the New Year?

It is a new year!!! What will we do differently than we did last year. Or are we planning to do the same thing this year. That is why there must be a shifting in our lives.

Shifting in life provide us with an opportunity to stop and evaluate our current situation. We can set new goals and priorities for ourselves. We can make choices that reflect who we have become and who we want to be in the future.

Shifting occurs when we find ourselves experiencing a sense of discontentment and a sense that life is somehow out of balance. A life shifting can occur anytime, but we can be sure, that it is a time of major introspection.

- *It can be the start of a marriage
- *A new career
- *The empty nest syndrome as our kids leave home
- *We may be facing retirement and what does it mean not to work a 9 to 5 anymore

Shifting always involves change, and change can be difficult. Change turns the familiar into the unfamiliar, which causes feelings of fear and inadequacy as we enter the unknown. However, whatever changes may be on the horizon, you can be sure that you can persevere when you focus on God. God may not remove the challenge, but rest assured, He will be with you every step of the way.

So, no matter what comes your way, know that Christ is THE WAY to get through any shift, challenge or anything else you may face. Then, you can go into the new year with an assurance that the challenges you see before you are maybe but a bump in the road.

Pastor Bert

