Additional Resources for Mental Health in San Antonio

**STCH Ministries  Family Counseling**

12615 San Pedro

San Antonio, TX 78216

210-339-7576

Counseling services are provided regardless of an individual or family’s ability to pay for them.  Donations towards services are accepted and appreciated.

Other helpful numbers:

**National Suicide Phone Line**

1-800-273-8255

**Spanish National Suicide Line**

1-888-628-9454

**Crisis Text Line**:

Text HOME to 741741

Free, 14/7 support at your fingertips.

**LGBTQ**

Text START to 678678

24/7/365