



2015

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive

Post Office Box 565

Circleville OH 43113

740-474-8831

www.pickawayseniors.org



FROM THE DESK OF THE DIRECTOR

Happy Spring! March at the Center means we are in full swing preparation mode for Annual Fundraiser. This year's event is Friday, April 24th at 6PM. This is our favorite event of the year. We are always encouraged by the overwhelming support we see from throughout our community as businesses and individuals come together to make this event a success. Please call the Center if you would like tickets or to make a donation. Check this month's calendar closely as we have some things going on I know you won't want to miss. March 12th at 1PM will be a discussion on fall prevention with a physical therapist which will be available to provide individual fall risk assessments for you after the group discussion. Falls are the leading cause of

injury-related hospitalizations in older adults. Let's do all we can to minimize our risk. March 13th we are going to have a dessert carry in. Plan to come for lunch at the Center, bring your favorite dessert to share after lunch and unless it's a "secret" why not bring the recipe to share as well. On March 17th will be our Secret Lunch with a special St. Patrick's Day theme. March 19th we are hosting a special breakfast for anyone wishing to volunteer as a banquet server. We will enjoy breakfast together as we go over our upcoming banquet schedule. The 18th is also our monthly soup & salad bar, after lunch; plan to stay for our monthly S.A.L.T. Council meeting. This group works hard to keep us updated on current scams with plenty of tips to avoid becoming

a victim. March 26th is our Monthly Fellowship where we will not only enjoy a delicious roast beef meal prepared by our kitchen staff but we will be entertained by Verla Kellenbarger. You are sure to leave with your appetite satisfied and a smile on your face. If you want to join us on our May 6th "Flower Power" Day Trip don't delay in signing up spaces are filling quickly on this one. ENJOY the beginning on SPRING and we hope to see you often at the Center where "We're Living It Up"!

Spring is when you feel like whistling even with a shoe full of slush.
~Doug Larson

Cynthia Love
Executive Director

IMPORTANT DATES:

WEDNESDAY, MARCH 11
BOARD MEETING 10:15 AM

THURSDAY, MARCH 12
FALL PREVENTION DISCUSSION
BY AMITY HOMECARE 1:00 PM

FRIDAY, MARCH 13
DESSERT RECIPE
SHARING CARRY-IN NOON

TUESDAY, MARCH 17
COMMODITIES
UNLOCK THE SECRET LUNCH NOON

WEDNESDAY, MARCH 18
LEGAL AID BY APPT.
SOUP & SALAD BAR NOON
S.A.L.T. MEETING 1:00 PM

THURSDAY, MARCH 19
BANQUET VOLUNTEER
BREAKFAST 10:00 AM

MONDAY, MARCH 23
EXERCISE SOCIAL 10:00 AM

TUESDAY, MARCH 24
NEWSLETTER ASSEMBLY
BREAKFAST BAR 9:00 AM

THURSDAY, MARCH 26
MONTHLY FELLOWSHIP NOON

PICKAWAY SENIOR CENTER

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Post Office Box 565

Circleville OH 43113

www.pickawayseniors.org

OFFICE 740-474-8831

TOLL FREE 888-397-7246

NUTRITION 740-474-8617

FAX 740-477-8114

Pickaway Senior Center Board of Directors

FRAN WRIGHT	President
LARRY HARRIS	Vice President
MARGARET REMY	Treasurer
DONNA RAINES	Secretary
DEBBIE DUMM	Membership President
CYNTHIA LOVE	Center Director
DENNIS BOTHEL	Fiscal Officer
LISA ROBBINS • VINCE YANIGA	
DONNA THOMPSON • BEV MARTIN	
SHERIFF ROBERT RADCLIFF	
PATRICIA SOUTHWARD • DON WOLFORD	
SANDRA FOSTER • MARIE GERHARDT	
VIRGINIA MCCOY • ERIKA COWLES-WEST	

Pickaway County Commissioners

JAY WIPPEL
BRIAN STEWART
HAROLD HENSON

Our services are provided for seniors ages 60 and over, Monday through Friday.

Adult Day Care:

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

Congregate Meals:

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

Homemakers:

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

Meals on Wheels:

A hot lunch delivered to your home five days a week.

National Family Caregiver Support Program:

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

Supportive Services: Assistance with Medicare & Medicaid papers, HEAP and commodities paperwork.

Transportation:

Transportation for medical appointments, dialysis, and grocery shopping.

**For information
on any of these
services, call the
Senior Center:
474-8831**

The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers



PICKAWAY SENIOR CENTER MARCH 2015 NEWSLETTER

IN MEMORY OR HONOR OF.....

This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift which means others in Pickaway County will be helped.

Enclosed is my gift of \$_____

In Memory or Honor of _____

Address _____

for _____(birthday, anniversary, etc.)

Given by _____

Address _____

(Please make your check payable to the **Pickaway Senior Center.**)

Mail gift to: **Pickaway Senior Center, PO Box 565, Circleville, OH 43113**

REMINDER

Remember to renew your membership by March so you will continue to receive your newsletter. Dues are \$7.00 per year per person. Thank You.

MEMBERSHIP DUES—PAYMENT SLIP
DUES ARE \$7 PER PERSON PER YEAR

Name _____

Address _____

City/State/Zip _____

Telephone (____) _____

Birth Date _____

Amount of Donation to \$10 Fund: \$_____

Make checks payable to: Pickaway Senior Center

MARCH BIRTHDAYS

MARCH 1

CHARLES DAVIS
SUSAN GARDNER
JUDY HARVEY
JUDY THOMAS
JAMES THOMAS, JR
PEG THOMPSON

MARCH 2

DALE BOYER
LOUISE WEBB
JUANITA WHARTON

MARCH 3

MAZA CARVER
RICHARD CONNOLLY
MARTHA EWING
JAMES HOLLABAUGH
GARY WHITE

MARCH 4

PATRICIA BECK
BETTY CAUDILL
CAROL MADER
ROSEMARY RAPP
MARGE WOLFORD

MARCH 5

MABLE GREEN
MARILYN HUFFMAN
ARLENE SIMMS
JERRY WOLFORD

MARCH 6

HELEN DUNKLE
PATRICIA EDWARDS
GERALDINE HANNAHS
MELVINA ISAAC

MARCH 7

HOWARD STARN
MARIAN WERTMAN

MARCH 8

CLARA CAUDILL
DICK CORDREY
OLIVE NEFF

MARCH 9

BEA GRAY
GAY HENSON
ROBERT MORGAN
DONNA NANCE
CHRISTINE WEAVER

MARCH 10

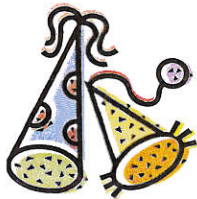
MICHAEL BRICELAND
PAT DAVIS
JESSIE HALLEY
PATSY MCDANIEL

MARCH 11

BETTY GILMORE
KAREN HARPER
EVA MENEAR
JOHN STEBELTON
KENNETH WELSH
ELLEN WHEELER

MARCH 12

ELEANORE CHANDLER
DARLENE DAVIS
JOYCE MATZENBACH
MARJORIE MCCORMICK
WOODROW PERKINS
BESSIE YAGER



MARCH 13

SHIRLEY DEAN
RICHARD PERKINS
JAMES TAYLOR
DONALD WILLIARD

MARCH 14

MICHAEL DAVIS
SUSIE LITTLE
DOLLY PERKINS
HERSILA PHILLIPS
PAMELA WOLFE

MARCH 15

CAROL BAUGHER
CARL HALL
LARRY HARRIS
ROBERT JOHNSON
FLORENCE NILES
GLORIA NOGGLE

MARCH 16

BILL MCGOWAN
FRANK MOATS
JAQUELINE SALZMAN
JACK WILLIS

MARCH 17

CONNIE ANGLES
LINDA DEARTH
MACK DRAKE
KAREN GARRETT
ALICE HENWOOD
BETTY KENWORTHY
NANCY WEST

MARCH 18

BOB BAUGHMAN

MARCH 19

EVERETT BLANTON
JOHN DAVIS
LINDA FERGUSON
JEANNINE FRAZIER
OPAL GRANT
ALYCE PATTERSON
SHIRLEY WOLFE
JULIE WRIGHT

MARCH 20

JERRY ECKART
WANDA TURNER

MARCH 21

MARY ANN CARLE
CARRIE HAMMOND
JULIA LESTER

MARCH 22

JANE BAILEY
BOB DUMM
JACK MADER
ROSALIE MCCABE
MILDRED WILCOXON

MARCH 23

RICHARD COYAN
LORETTA DAVIS
MILAGROS DAVIS
NANCY PLESCIA
THELMA TRIMMER
ELNOMA WILSON

MARCH 24

DAN BROWN
DAVE DUVALL
PAULINE HALL
PATRICIA MOORE
HILDEGARD NICHOLS
LARRY PONTIOUS
CHARLES SCHIEMAN

MARCH 25

S. MERCEDES GEIB
JAMES NORRIS
EVON SCHUMM
JOYCE WOODS

MARCH 26

DONALD CRIST
ROBERT HUFFMAN
TAMARA WOODS-BENSONHAVER

MARCH 27

MARGARET BOWDLE
BETTY COCHENOUR
MARY HOLBROOK
ROBERT LUTZ

MARCH 28

DON BENNER
JOHN FRAM
DIXIE WALKER

MARCH 29

RALPH BARR
SCOTT BOWER
ED EVANS

MARCH 30

NORMAN BALDINGER
DOROTHY BOWERS
FLOYD CATRON
ELIZABETH CAVANAUGH
NANCY LEONARD
VIRGINIA STINARD

MARCH 31

JAMES ADKINS
KATHERINE AMANN
BARBARA HODGE



HAPPY BIRTHDAY!

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

New Members

Dan Cook
Dixie Cook
Linda Delcostello
Leroy Hagen
Robert Ferguson
Allen Rickey
Marguerite Grambo
Pat Dewees
Harold Dewees
Mac Schumm
Vickie Robinson

WELCOME

~~~~~  
**\$10 Fund Donations**

Olamae Cox  
Larry Holcomb  
Lawrence & Belva  
Pritchard  
Donald & Betty  
Smith

**\$10 Fund Donations**

David & Bonnie Betz  
Betty Drake  
Bob & Debbie Dumm  
Carol Reichelderfer  
Naomi Parker  
Linda Burns  
Carolyn Cline  
Bob & Marilyn  
Fausnaugh  
Alice Woolever  
Dick & Charlene Grambo  
Dorothy Jones  
Joe & Mary Ann Carle  
Ronald & Audrey Hawkes  
Ruth Whitaker  
Shirley Oberley  
Glen Jones  
Dick Fisher  
Marlene Wells  
William & Shirley  
Wallace

**\$10 Fund Donations**

Margaret Cook  
Jeanine Frazier  
Joe & Linda  
Goeller  
Donna Hall  
Linda Hardin  
Jeanette Hare  
Ann Hiles  
Dwight & Norma Johnson  
Lorene Miller  
Ronald Miller  
Pat & Anna Neal  
Ruby Boyer  
Charles & Linda Dunkle  
Paul & Martha Ewing  
Dorothy Drum  
Ronald & Ann Harber  
James & Marlene Riley  
Virginia Schwart  
Sue Phillips

**SPECIAL THANKS TO THE FOLLOWING PEOPLE...**

**\$10 Fund Donations**

Norma Jean Rich  
Robert Wolf  
Jean Gray  
Donna Clark  
Laura Groves  
Judy Gulick  
Margaret Spangler  
Judy Hatfield  
Naomi & James Adkins  
Robert & Betty Petters  
Betsy Marsh  
Mona Lee Trego  
Pam Patrick  
Shirley Tyler  
Mary Lynne Dean  
Jean Conrad  
Patricia Beathard  
Janice Miller  
Rose Minor  
Jane Winfough

**\$10 Fund Donations**

Donna Karns  
James Hedges  
Paul & Norma  
Gocenour  
Eleanor Wardell  
Donna Riffel  
Evelyn Conley  
Pauline Garner  
Mac & Evon  
Schumm  
Joe Good  
Donna Raines  
Roger & Pat  
Southward  
Carl Schein  
Shirley Cornelius  
Carl & Madge DeBruin  
Joyce Dresbach  
Herbert Neff  
Mollie Reynolds  
Barbara Woods

**\$10 Fund Donations**

David & Mary Steele  
Barbara Woodruff  
Arthur Davis  
Jay's Barber Shop  
~~~~~

**Memorial/Honor of
Donations**

In Memory of
Jo Ann Fox
Given By,
Marilyn Spence
~~~~~  
In Memory of  
Jo Ann Fox  
Given By,  
Lloyd & Brenda Foley  
~~~~~  
In Memory of
Jo Ann Fox
Given By,
David & Bonnie Betz
Jim & Debbie Cheadle &
Family
Larry & Melissa Betz &
Family

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

Memorial/Honor of
Donations

In Memory of

Jo Ann Fox

Given By,

Melvin & Helen Fox

~~~~~

In Memory of

Jo Ann Fox

Given By,

Robert Rubin

~~~~~

In Memory of

George & Clara Posey

for their January 16
Anniversary

Given By,

Ann Ramey

~~~~~

In Memory of

Lyn Fisher

Given By,

Richard Fisher

~~~~~

In Memory of

Ruby Noggle

Given By,

Eddie & Betty Combs

Memorial/Honor of
Donations

In Memory of

Jo Ann Fox

Given By,

Duke Professional
Masters Programs Team

~~~~~

In Memory of

Jo Ann Fox

Given By,

Kingston Kickers

~~~~~

In Memory of

Jo Ann Fox

Given By,

Jeanie Addy

~~~~~

In Memory of

Pauline Smith

Given By,

Sue Bennett Haley

~~~~~

In Memory of

Jo Ann Fox

Given By,

Judy Gulick

Memorial/Honor of
Donations

In Memory of

Jo Ann Fox

Given By,

Ken & Georgianna
Bensonhaver

~~~~~

In Memory of

Jo Ann Fox

Given By,

Hannelore Haynes

~~~~~

In Memory of

Juanita Harter

Given By,

Alice Henwood

~~~~~

In Memory of

Jo Ann Fox

Given By,

Doris Dodson

~~~~~

In Memory of

Jo Ann Fox

Given By,

Officers & Employees of
Aqua America, Inc.

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

<u>Memorial/Honor of</u> <u>Donations</u> In Memory of	<u>Memorial/Honor of</u> <u>Donations</u> In Memory of	<u>Memorial/Honor of</u> <u>Donations</u> In Memory of
Jo Ann Fox	Jo Ann Fox	Jo Ann Fox
Given By,	Given By,	Given By,
Charles & Colleen Davis ~~~~~	Gary & Ruth Hoover ~~~~~	Kathleen & Gordon Lloyd ~~~~~
In Memory of	In Memory of	In Memory of
Jo Ann Fox	Jo Ann Fox	Joyce Ann Gibson
Given By,	Given By,	Given By,
Senior Center Exercise Class ~~~~~	Tom & Barb Wagner ~~~~~	Ron & Anna Harber ~~~~~
In Memory of	In Memory of	In Memory of
Rebecca Joanna Bauer & Janice Singleton Bauer	Jo Ann Fox	Jo Ann Fox
Given By,	Given By,	Given By,
Bob Bauer ~~~~~	David & Debra Smeltzer ~~~~~	Alma Schneider ~~~~~
In Memory of	In Memory of	In Memory of
Jo Ann Fox	Pauline Smith	Jo Ann Fox
Given By,	Given By,	Given By,
Mary Lundberg ~~~~~	Tim & Therese Kirchgessner ~~~~~	Don & Barbara Vinkovich ~~~~~
In Memory of	In Memory of	In Memory of
Emmett & Jessica Wood	Jo Ann Fox	Jo Ann Fox
Given By,	Given By,	Given By,
Judy Hatfield	Bob & Marilyn Fausnaugh	David & Marge Sealock

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

Memorial/Honor of
Donations

In Memory of

Jo Ann Fox

Given By,

Delores & Gerald
Bowers

~~~~~

In Memory of

Jo Ann Fox

Given By,

Don & Meg Kadunc

~~~~~

In Memory of

Jack Jaeckels

Given By,

Kenneth & Deborah
Davis

~~~~~

In Memory of

Jo Ann Fox

Given By,

Fred & Pat Acord

~~~~~

In Memory of

Jo Ann Fox

Given By,

Mr. & Mrs. Jim Riley

Memorial/Honor of
Donations

In Memory of

Jo Ann Fox

Given By,

Jim & Bev Davis

~~~~~

In Memory of

Jo Ann Fox

Given By,

Cheryl & Dan Campbell

~~~~~

In Memory of

Jo Ann Fox

Given By,

Jean Fissell

~~~~~

In Memory of

Jo Ann Fox

Given By,

Thelma Woodring & Family

~~~~~

In Memory of

Jo Ann Fox

Given By,

Connie Swoyer & Family

Memorial/Honor of
Donations

In Memory of

Jo Ann Fox

Given By,

JoAnne Binkley

~~~~~

In Memory of

Jo Ann Fox

Given By,

Mary & Dave Steele

~~~~~

In Memory of

Jo Ann Fox

Given By,

Mack & Doris Gulick

~~~~~

In Memory of

Jo Ann Fox

Given By,

Pat & Sam Reeser

~~~~~

In Memory of

Jo Ann Fox

Given By,

Diane Rhymer

Monthly Fellowship March 26, 2015

Please RSVP by the day before. Call 474-8831 to make reservations. March birth-days & anniversaries eat free on March 26 at noon.

- Roast Beef
- Mashed Potatoes & Gravy
- Mixed Vegetables
- Roll
- Chilled Fruit
- Cinnamon Cake

Entertainment By:
Verla Kellenbarger

Unlock the Secret Lunch

March 17 @ Noon

**I had a puppy
Of the German type
I keep watch over my group
Sometimes all through the night**

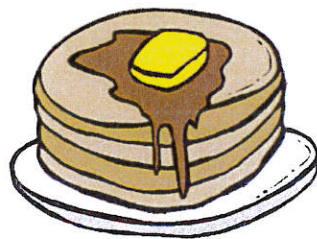
**Don't fill up on that dinner
Save some room for me
I can be sweet
And full of any berry**

“ _____ ”
(Two Words)

February Answer: Pigs in a Blanket
March Theme: St. Patrick's Day

VOLUNTEERS NEEDED

We are in need of additional banquet volunteers. The Center hosts several banquets each year and our volunteers are a big part of the success of these events. If you think you might be interested please give Sandra a call at the Center or attend the Breakfast for Banquet Volunteers at the Center on March 19 at 9:00 a.m.



Exercise Social

There will be an exercise social at the Center on March 23 @ 10 am



“Living with Alzheimer's for Caregivers”

Michelle Crum from the Alzheimer's Association will be at the Center on March 5th at 10:30 am, discussing the above topic.

Dessert Carry-In

March 13, 2015 at the Center

Come to the Center for lunch and stay for a dessert recipe sharing carry-in. Please bring your favorite dessert and its recipe to share with the group. Be sure and stop by the Center for a fun filled tasty time!

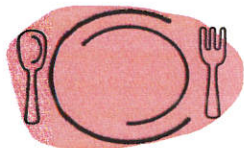


Fall Prevention Discussion

March 12
1-2 pm at the Center

Amity Homecare will be at the Center to discuss the above topic. Refreshments provided. Personal Risk Assessments also available.

SENIOR CENTER ANNUAL FUNDRAISER



APRIL 24, 2015 AT 6PM

The event will include a roast beef dinner, silent auction, live auction and a raffle. Tickets for the event are \$20.00. They can be purchased at the Center or you can call 474-8831 to request a ticket be reserved for you.

The funds raised at this Annual Event each year go to improving and expanding our services!

(If you would like to make a donation for the Fundraiser let Cynthia or Elisha know)

OSU Print Raffle

\$5 a ticket or 5 for \$20

Drawing will be held at the fundraiser on April 24.

You do not need to be present to win.



Pickaway Senior Center Presents-

6 Flower Power 9*

May 6, 2015 — Wednesday
60's Serenade, Thousand of Tulips
& MUSIC, MUSIC and MUSIC



"The cry of 'Flower Power' echoes through the land.
We shall not wilt. Let a thousand flowers bloom."

Abbie Hoffman, May 1967



7:15 am — Motorcoach report time
to Circleville, Ohio

Pickaway Senior Center
2105 Chickasaw Drive, Circleville,
Ohio 43113

Hersbergers Farm Market-

Meet tour ambassador who will give
everyone a **packet of flower seeds** for
all. Hersberger Truck Patch and
Amish Bakery will fill the senses with
the aroma of the best fresh baked
pastries in the county!

Pick out a donut, stuffed cookie, or
decadent cream stick to enjoy later
or while you are there watching the
farm animals including Big Ben, the
largest Belgian draft horse in Ohio!
Browse the large selection of fresh
local produce and take home some
fresh fruits and vegetables!

bar, homemade rolls, a variety of pies
and a choice of beverage).

Dutch Valley Restaurant

not only resembles a sprawling
country farmhouse, it serves
exactly the kind of simple,
satisfying cooking you'd expect
to find in its kitchen —
wholesome, flavorful food that
fortifies the body and feeds the
spirit.

Following lunch — guests will have
time to shop in the complex that
offers a variety of shops. Dutch
Valley gifts offers a wide variety of
unique items and The Coop offers
home essentials, braided rugs, hand-
bags and so much more.

1:30 pm - Departure for
Amish Country Theater

Join Enchante Cabaret

(out of New York) as they take
us on a flash back to the decade that
defined generations
to come..... THE "1960's"
the Age of AQUARIUS and
45" Anniversary of Woodstock.

It was a time when songs were
about Love and people came
together for many magic
moments and tears. GET
"Hooked on the Feeling" with
"Memories in Bits and Pieces"
and where you can put
"A little Love in your Heart".
"COME TOGETHER" for the
Sounds of 60's with a Little
Help From Our Friends'
Enchante Cabaret

Don't forget your tied dye
shirts!!! Show begins at 2:00
pm

4:00 pm- Departure

Walnut Creek Cheese —

Shopping time!!

What a wonderful afternoon
SPRING pick me up.
With a cheese shop, bulk food store,
cannery and kitchenware store, it's
a good thing shopping carts are
offered!

The calm, immaculate atmosphere
that prevails throughout the shops
lets you know you're not in a regular
supermarket or mall --
you're in Amish Country.

Sundaes for all
before departing
for home.



5:30 pm- Departure for home
with wonderful
memories of the 60's
and Amish!!

6 Flower Power 9*

May 6, 2015 —
Wednesday

Price per person: **\$115.00**

CHECKS PAYABLE TO
PICKAWAY SENIOR
CENTER
Cynthia Love-
(740) 474-8831

Check enclosed for:

\$ _____

