

## **Camp Valor**

## Camping at Camp Pendleton

Dates: Friday, June <sup>TH</sup> thru Sunday, June 10<sup>TH</sup>

Departure: Friday, June 8 at 7am from CV campus Return: Sunday, June 10 at 3-4pm at the CV campus

\$50 each for food supplies and camping fees

Report in full uniform for departure

Equipment to bring: Sleeping bag Hygiene kit (toothbrush, toothpaste, soap, and beach towel) Insect repellant Sun Block PE gear (black on black w running shoes. We will run on the beach) Swimming shorts Flip flop sandals \*Swim Shoes (there are a lot of rocks in the surf) Tent Flashlight Battery operated lantern (optional) Folding camp chair Bible Boogie board (if they have one)

Recommend: snacks – beef jerky, trail mix, nuts.

Not allowed: electronic devices, MP3 players, and video games.

Cell phones are permitted reception is good. All phones will be turned into CV headquarters. They are not allowed in the tents.

Parents are welcome. However, all training events are to be led by CV personnel. CV soldiers are to sleep in the assigned tents with the other CV soldiers. Parents will have their designated tent set-up area.

## Note\* prescribed medication is allowed. Place it in a zip-loc bag with soldiers name on it and please give it to CV headquarters.