



Serenity Grace Farm  
1292 Pocomoke Road  
Franklinton, NC 27525  
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www.serenitygracefarm.com

# DOWN SYNDROME ATLANTOAXIAL INSTABILITY

## MUST BE COMPLETED BY A PHYSICIAN

Please return the original to the Serenity Grace Farm Office.

Atlantoaxial instability (AAI) is potentially life-threatening or paralyzing condition common to Down Syndrome. Serenity Grace Farm requires Clients with Down Syndrome to provide annual certification from a Physician, that the Client's annual physical examination reveals no symptoms of AAI such as change of head control, change in gait, change of hand control, or change in bowel or bladder functions.

**Following the initial x-ray, indication for repeated x-rays should be made at the discretion of the Client's Physician.**

Client Name: \_\_\_\_\_

Date of Exam: \_\_\_/\_\_\_/\_\_\_

\_\_\_\_\_ No clinical symptoms of Atlantoaxial instability we seen during exam.

\_\_\_\_\_ Yes, clinical symptoms of Atlantoaxial instability were observed. Horseback riding is contraindicated at this time.

\_\_\_\_\_ Flexion/extension cervical spine x-ray for AAI

Results: \_\_\_\_\_

Date of x-ray: \_\_\_/\_\_\_/\_\_\_

### Physician Information:

Physician Name (print) \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_

Physician Signature: \_\_\_\_\_  
(form can be signed by Physician, Physician Assistant, or Nurse Practitioner)

Address: \_\_\_\_\_

Phone: \_\_\_\_\_