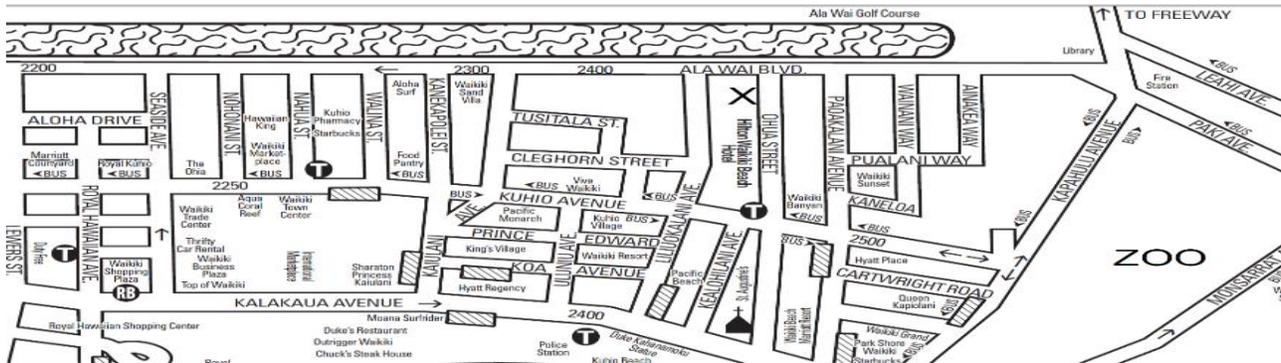


# Hawaii Dental Hygienists' Association Presents The 28<sup>th</sup> Annual Scientific Session November 2-3, 2019



**About the Hotel: Hilton Waikiki Beach Hotel, 2500 Kuhio Ave., Honolulu, HI 96815**

**808-922-5521** [www.hiltonwaikikibeach.com](http://www.hiltonwaikikibeach.com) Reservations, Reference Group Code: HIDENT.

Group rate of \$182.00 plus tax available 11-1-17 and 11-2-17

Located in the heart of Waikiki, Hilton Waikiki Beach is only one block from the sea. With Diamond Head as a stunning backdrop, this contemporary Waikiki hotel offers a true Hawaiian paradise without the resort fees. Find rooms and suites with gorgeous views of the surroundings, resort-style amenities and delicious dining options available anytime of the day.

## Saturday, November 2, 2019

- 7:30 - 8:15 Registration, Continental Breakfast, Silent Auction Set Up
- 8:15 - 8:30 Announcements
- 8:30 -10:30 Lancette and Ward VanGuilder, **“The Jaw Bone is Connected to the Ankle Bone” 2CEU’S**
- 10:30 -11:00 Exhibitors and Silent Auction
- 11:00 -12:00 Danette Ocegueda, **“Every Conversation Counts” 1CEU**
- 12:00 - 1:30 Annual Business Meeting, Luncheon and Election of 2019-2020 Officers
- 1:30 - 2:00 Exhibitors and Silent Auction
- 2:00 - 4:00 Lancette VanGuilder, **“What the Juul?” 2CEU**
- 4:00 - 6:00 Student Table Clinic Presentations and Reception **1CEU**

## Sunday, November 3, 2019

Student Table Clinic Presentations available for viewing

- 7:30 - 8:00 Registration, Breakfast Buffet
- 8:00 -10:00 Linda Rawls, **“The Science of Whitening!” 2CEU’s**
- 10:00 -10:30 Exhibitors and Silent Auction
- 10:30 -12:30 Justin Stanton/Jessica Chang, **“Ethics for the Dental Hygienist” 2CEU’s**
- 12:30 - 2:00 Lunch, Presentation of Awards and Installation of 2019-2020 Officers
- 2:00 - 2:30 Exhibitors and Silent Auction
- 2:30 Silent Auction Ends
- 2:30 - 3:30 Kristine Osada and Natasha Fong **“UHMDH Expanded Function Dental Hygienist” 1CEU**
- 3:30 Pick up and pay for Silent Auction Items
- 3:45 - 4:45 THE meeting after the meeting (Post Annual Board of Trustees Meeting)  
All members are welcome, come and network with your new board.

\*\*To donate items for the Student Scholarship Silent Auction Fundraiser please call/text Ellie at 808-387-9338

## **The Events**

**Saturday Morning** Ward VanGuilder, MAPT, CIMT and Lancette VanGuilder, RDH, BS present **“The Jaw Bone is Connected to the Ankle Bone”** Dental professionals continue to be at the highest risk for musculoskeletal disorders (MSD) due to maintaining awkward prolonged positions and placing undue stress on their bodies. Frequently, the common areas discussed are related to the upper body. But in fact, the abnormal postures and seating positions can affect hips, legs and the feet/ankle, causing issues at work or play. This physical therapist-dental hygienist duo will provide important knowledge on common lower body injuries and disorders that the dental professional may encounter and more importantly, provide prevention strategies to keep you working pain-free!

**Saturday Morning** Danette Ocegueda, RDH presents **“Every Conversation Counts”** Dental Professionals have always known how critical oral health is to overall health. Finally, dentistry is moving towards optimal care! Your diagnosis and treatment planning are key elements to maintaining or improving your patients’ health. This program will enhance your clinical conversations and offer solutions for the remaining 300+ days of the year.

**Saturday Afternoon** Lancette VanGuilder, RDH, BS presents **“What the Juul?”** Vaping, e-cigarettes and the new harmful trend you may not know about. These devices are sleek, easy to use and all the rage among teens and young adults. But what is the impact on oral health?

**Saturday Evening UH Manoa Dental Hygiene Student Table Clinic Presentations** Enjoy current research topic presented by UH Manoa 3<sup>rd</sup> year students.

**Sunday Morning** Linda Rawls, RDH, MS presents **“The Science of Whitening”** In this program we will describe the differences between whitening and bleaching products and discuss the action mechanism of hydrogen peroxide. Strategies on engaging patient whitening discussions and the management of patient clinical outcome expectations will be explored. We will include discussing the implementation of a predictable, efficient, and state-of-the-art whitening system empowered with advanced ionic technology that will transform the whitening experience for both the dental practitioner and patient.

**Sunday Morning** Justin Stanton, RDH and Jessica Chang, RDH, BA present **“Ethics for the Dental Hygienist”** This course will meet the requirement for license renewal that expires December 31, 2019. Ethics is a topic that is easily misunderstood and misinterpreted. Jessica and Justin will present a clear and precise understanding of Ethics in the workplace and personal life.

**Sunday Afternoon** The School of Nursing and Dental Hygiene offers Registered Dental Hygienists and graduates from the UH BS Dental Hygiene Program the opportunity to expand their knowledge, improve oral health outcomes for children, and develop clinical skills in pediatrics with a focus on children 0-5 years of age. The Advanced Professional Certificate for Expanded Function Dental Hygiene (EFDH) in Pediatrics program is a cohort-model designed to be completed in 9 months of full-time study. Didactic courses will be delivered in an online platform. Clinical experiences focus on providing hands-on oral care to keiki in the community using standard office dental equipment as well as mobile dental equipment in various community settings across the state. EFDH graduates will have a competitive advantage for employment in pediatric dental practices, school-based health centers, and other non-traditional sites.

## **About the Speakers**

**Lancette VanGuilder, RDH, BS** graduated with her dental hygiene degree from the University of South Dakota in 1995 and has been actively involved in dental hygiene education, leadership and advocacy on the local, state and national level over the last 23 years. Lancette works as a clinician in private practice, in the corporate world as a professional educator, as a public health dental hygienist and is an internationally recognized continuing education speaker.

**Ward VanGuilder, MAPT, CIMT**, received his physical therapy degree from the College of St. Scholastica in Duluth, MN in 1995 and currently specializes in occupational health/wellness, injury prevention and rehabilitation, workplace safety and ergonomics. Ward has completed training through Great Lakes Seminars to be recognized as a *Board Certified Integrated Manual Therapist*. Ward currently oversees a specialty program and manages a large team of specialists neurosurgeons in California, Nevada, Alaska and Hawaii. Ward works with a national rehabilitation company and serves as the Director of Advanced Specialist Services.

**Danette Ocegueda, RDH, MS** received her Bachelor of Science degree in Dental Hygiene from Old Dominion University, her Master of Science in Dental Hygiene Education for the University of Missouri-Kansas City and is certified in Forensic Dentistry. In addition to over twenty-five years of clinical experience, Danette’s career also includes experience in academia, research, and public speaking. Danette is a member of the American Dental Education Association, the California Dental Hygiene Educators’ Association, the American Dental Hygienists’ Association and the California Dental Hygienists’ Association.

**Linda Rawls, RDH, BS** is currently the Colgate Academic Manager for The West and Northwest regions. She utilizes her 25+ years in dentistry, first as a clinical dental hygienist, then as a sales representative, and her 10 years of being an Oral Care Consultant with Colgate to share what she has learned with professionals and dental hygiene students just beginning their dental journey.

**Kristine Osada, RDH, BS, MEd**, is the program administrator and instructor for the University of Hawai’i at Mānoa, School of Nursing and Dental Hygiene, Department of Dental Hygiene. She received her Bachelor of Science Degree in Dental Hygiene, and her Master’s in Educational Technology from the University of Hawai’i at Mānoa. Kristine has over 22 years of experience as a clinician and 20 years as a dental hygiene educator. Currently, Kristine is the co-principal investigator on a 1.5 million dollar HRSA grant to expand pediatric dental hygiene workforce in Hawai’i and was appointed as a Hawai’i deputy dental hygiene examiner traveling the nation as a Central Regional Dental Testing Services (CRDTS) examiner.

**Natasha Fong, RDH, MEd**, is an instructor for the University of Hawai’i at Manoa, School of Nursing and Dental Hygiene, Department of Dental Hygiene. She received her Bachelor of Science Degree in Dental Hygiene and her Masters of Education in Learning Design and Technology. Natasha has 4 years of experience working in the private sector, and 4 years working as a dental hygiene educator. Natasha is the lead dental hygienist who oversees the Expanded Functions Dental Hygiene students at Dole Middle School in an inter-professional collaboration with other disciplines such as nurses, pharmacist, nutritionist, and social workers.

**Justin Stanton, RDH**, is an instructor for the University of Hawai’i Maui Community College, Department of Dental Hygiene. She received her Bachelor of Science Degree in Dental Hygiene from Pacific University. Justin has 4 years of experience working in the private sector, and 2 years working as a dental hygiene educator.

**Jessica Chang, RDH, BA** Jessica Chang graduated from Hawaii Pacific University in 2005 with a Bachelors degree in Psychology. Her Dental Hygiene degree was obtained in 2015 from Cerritos College. Currently she works for HMSA Dental as their Dental Network Manager.

# Registration for HDHA's 28<sup>th</sup> Annual Scientific Session November 2<sup>nd</sup> and 3<sup>rd</sup>, 2019

Name \_\_\_\_\_

Address \_\_\_\_\_ Cell Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ ADHA# \_\_\_\_\_

Email \_\_\_\_\_

Registration includes 11 hours of continuing education, breakfast, lunch and lectures  
Parking: validated valet only

Registration fees/dates Deadlines	Both days/one day MEMBERS	Both days/one day NON-Members
Pay before 9/30/19	\$240/150	\$495/250
Pay after 9/30/19	\$295/195	\$495/250
Student Members	\$100	
Amount enclosed:	\$ _____ Sat or Sun if 1 day	\$ _____ Sat or Sun if 1 day

**Postmarked AFTER 10/25/19: ON-SITE REGISTRATION ONLY!**

**\*Please no credit cards! Cash or check only!**

Please check if you will attend:

**Saturday Lunch** Yes\_\_\_ No\_\_\_ **Sunday Lunch** Yes\_\_\_ No\_\_\_

Will you be attending the President's Reception Saturday Afternoon? Yes\_\_\_ No\_\_\_

Dietary Restrictions? \_\_\_\_\_

Make checks payable to: **Hawaii Dental Hygienists' Association**

Send completed form and check to:

**Hawaii Dental Hygienists' Association**

Attn: Ellie Kelley-Miyashiro

232 Moomuku Place Honolulu, HI 96821

***Absolutely No Refunds or changes after October 25, 2019***

\*ADHA/HDHA MEMBERSHIP FEE IS \$286. Current members save \$\$\$ on the registration fee. Become a member first and take advantage of member pricing throughout the year. Membership questions? Please contact Noelani Greene at jusnoe@aol.com



PO Box 23313 Honolulu, HI 96823

Register by September 30, 2019 and \$\$\$ave

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Mahalo to our exhibitors  
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P&G-Crest/Oral B  
Ultradent Lumadent  
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American Eagle Instruments