

November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 FIRST DAY OF PRACTICE SOUTHWEST 3:30 to 6 PM	27 Practice SOUTHWEST 3:30 to 6 PM	28 Practice SOUTHWEST 3:30 to 6 PM	29 Practice SOUTHWEST 3:30 to 6 PM	30 Practice SOUTHWEST 3:30 to 6 PM	

Bold = Meets
Times = Practice

If you are going to
miss Practice at SW
and/or meet for any
reason I must be
notified before hand!

(H) 763-494-3045
(C) 612-290-6113
caarseth@mpls.k12.mn.us
mplsswim@gmail.com

2018

December

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1 Practice SOUTHWEST 8:30 to 11 AM
2	3 Practice SOUTHWEST 3:30 to 6 PM	4 Practice SOUTHWEST 3:30 to 6 PM	5 Practice SOUTHWEST 3:30 to 6 PM	6 Practice SOUTHWEST 3:30 to 6 PM	7 City Pentathlon @ SW 5:00 PM	8 Mpls. Laker Invite (WE HOST) @ University of St. Catherine 12:00 PM
9	10 Practice SOUTHWEST 3:30 to 6 PM	11 Practice SOUTHWEST 3:30 to 6 PM	12 Practice SOUTHWEST 3:30 to 6 PM	13 Practice SOUTHWEST 3:30 to 6 PM	14 1st Conference Dual @ 5:00 PM at SW	15 Practice SOUTHWEST 8:30 to 11 AM
16	17 Practice SOUTHWEST 3:30 to 6 PM	18 Practice SOUTHWEST 3:30 to 6 PM	19 Practice SOUTHWEST 3:30 to 6 PM	20 Practice SOUTHWEST 3:30 to 6 PM	21 Practice SOUTHWEST 3:30 to 6 PM	22 Practice TBA
23/30	24/31 NO SCHOOL NO Practice	25 NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	26 NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	27 NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	28 NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM	29 NO SCHOOL Practice SOUTHWEST TBA

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NE

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2018

January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	2 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	3 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	4 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	5 Maroon and Gold Invite @ University of Minnesota TBA Division
6	7 Practice SOUTHWEST 3:30 to 6 PM	8 Practice SOUTHWEST 3:30 to 6 PM	9 Practice SOUTHWEST 3:30 to 6 PM	10 Triangular Vs. Cretin & Bloomington Kennedy @ St. Kates 6:00 PM Bus Leaves SW 3:45 PM	11 Practice SOUTHWEST 3:30 to 6 PM	12 Practice SOUTHWEST 8:30 to 11 AM
13	14 Practice SOUTHWEST 3:30 to 6 PM	15 Practice SOUTHWEST 3:30 to 6 PM	16 Practice SOUTHWEST 3:30 to 6 PM	17 2nd Conference Dual @ 5:30 PM at SW	18 Practice SOUTHWEST 3:30 to 6 PM	19 True Team Sections 1 PM @ Art Downey Aquatic Center 4725 South View Lane Bus Leaves SW (11:00 AM)
20	21 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	22 Practice SOUTHWEST 3:30 to 6 PM	23 Practice SOUTHWEST 3:30 to 6 PM	24 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	25 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	26 Practice SOUTHWEST 8:30 to 11 AM
27	28 Practice SOUTHWEST 3:30 to 6 PM	29 Practice SOUTHWEST 3:30 to 6 PM	30 Practice SOUTHWEST 3:30 to 6 PM	31 Vs. Fridley @ SW 6PM		

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2019

February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 City Championships @SW 4:00 PM Dive 5:00 PM Swim	2 Practice SOUTHWEST 8:30 to 11 AM
3	4 Practice SOUTHWEST 3:30 to 6 PM	5 Practice SOUTHWEST 3:30 to 6 PM	6 Practice SOUTHWEST 3:30 to 6 PM	7 Practice SOUTHWEST 3:30 to 6 PM	8 Practice SOUTHWEST 3:30 to 6 PM	9 VARSITY Practice 8:30 to 10:30 AM JV Championships @ SW Dive 10 AM Swim 11 AM
10	11 Practice SOUTHWEST 3:30 to 6 PM	12 Practice SOUTHWEST 3:30 to 6 PM	13 Practice SOUTHWEST 3:30 to 6 PM	14 Practice SOUTHWEST 3:30 to 6 PM	15 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	16 Practice 8:30 to 11 AM
17	18 <i>NO SCHOOL Practice SOUTHWEST 10:00 AM to 12:30 PM</i>	19 Practice SOUTHWEST 3:30 to 6 PM	20 Practice SOUTHWEST 3:30 to 6 PM	21 Section Prelim Meet @ Art Downey Aquatic Center 6 PM South View Middle 4725 South View Lane Bus Leaves SW (4:30 PM)	22 Section Diving Meet @Art Downey Aquatic Center 6 PM South View Middle 4725 South View Lane Bus Leaves SW (3:30 PM)	23 Section Final Meet @Art Downey Aquatic Center 1 PM 4725 South View Lane Bus Leaves SW (11:30 AM)
24	25 Practice SOUTHWEST 3:30 to 6 PM	26 Practice SOUTHWEST 3:30 to 6 PM	27 Practice SOUTHWEST 3:30 to 6 PM	28 MSHSL State Meet Practice at U of MN TBA		

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2019

March

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Bold = Meets Times = Practice (H) 763-494-3045 (C) 612-290-6113 caarseth@mpls.k12.mn.us caarseth@centurylink.net	If you are going to miss practice and/or meet for any reason I must be notified before hand!				1 MSHSL State Prelims 6 PM U of MN	2 MSHSL State Finals 6PM U of MN
3 SEASON ENDING BANQUET 5 PM @GOOD SHEPHERD CHURCH	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

2019