Delisa Macklin

Delisa Macklin been teaching adult Zumba Dance Fitness classes at Next Step for almost 9 years licensed in Zumba, Zumba Kids and Kids Jr, Strong Fitness and is an AFAA group fitness instructor. For the last 8 years, Delisa has had the joy of teaching kids ages 3-11 through Shake Shout Shimmy Kids Dance program in daycare centers, afterschool programs and summer camps. Shake Shout Shimmy focuses on teaching the importance exercise through fun dance movement to a variety of rhythms including hip hop. Her love for introducing kids to different world music rhythms and genres. Her daughters are NSD dancers and has counted Next Step as her dance home for 10 years.