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**Pain Diary for Medial Branch Nerve Blocks (Facet Nerve Blocks)**

The medial branch nerve block is intended to provide you with pain relief. We hope that your pain is reduced after these injections, but the first 8 hours after the injection are important for diagnostic purposes in determining if we blocked the right source of pain coming from your back. This pain diary is based on a scale of 0 (no pain) to 10 (worst imaginable pain). Please be sure to complete this pain diary as accurately as possible. You may: 1) bring this form to your next appointment if you are already scheduled for one, 2) fax this to 716-650-5744, 3) Email to jordan@buffpain.com, or 4) mail to: 1416 Sweet Home Road, Suite 12, Amherst, NY 14228.

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Please rate your pain on a scale of 0 (no pain) to 10 (worst pain possible):**

**Pain rating before the injection: Time : Area of Spine:**

0 1 2 3 4 5 6 7 8 9 10

**30 minutes after injection: Time:**

0 1 2 3 4 5 6 7 8 9 10

**1 hour after: Time:**

0 1 2 3 4 5 6 7 8 9 10

**2 hours after: Time:**

0 1 2 3 4 5 6 7 8 9 10

**3 hours after: Time:**

0 1 2 3 4 5 6 7 8 9 10

**4 hours after: Time:**

0 1 2 3 4 5 6 7 8 9 10

**6 hours after: Time:**

0 1 2 3 4 5 6 7 8 9 10

**8 hours after: Time:**

0 1 2 3 4 5 6 7 8 9 10

**1 day after: Time:**

0 1 2 3 4 5 6 7 8 9 10

**2 days after: Time:**

0 1 2 3 4 5 6 7 8 9 10