



THE LEISURE TIMES

Spring Edition | Quarterly Newsletter | March 25, 2022



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Hello LTRV Park Owners,

The LTRV Board is looking forward to seeing the Park residents this summer.

Several emails have been sent to owners regarding the Wood Windows settlement and the Pool/Clubhouse project. The annual financial statements have also been mailed to owners. Please look for the 2022 Board of Directors nomination form in the mailer.

Spring cleaning has already begun in the Park. Our caretaker, Tim, and park volunteers performed safety maintenance on the pipe that feeds river water to the water wheel and park ponds. Thank you, Tim, and thank you volunteers.

Here is to a fantastic 2022 in the Park

Warm Regards,

LTRV Park Board of Director's



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Little Things to Look Forward to In Spring

- *The hope of bright sunshine for a few days in a row*
- *The first pretty little spring flowers poking out of the dirt*
- *Waking up to tweeting birds outside the window*
- *Seeing the rain through the rays of sunshine*
- *Sweeping the winter leaves away from the yard*
- *Cleaning out the planting beds and flower pots*
- *Planting happy spring flowers*
- *Walking outdoors with just a sweater.*
- *Feeling energized for spring cleaning*
- *Opening a window to air out the stale winter*
- *The happy moment you first notice new leaves on the trees*

So long, ice scrapers, shovels, scarves, mittens, hats, sniffles, stomach flu and severe weather reports. The first day of spring officially begins on March 20th. There may still be snow on the ground but let's put forth a sunny outlook as we welcome spring with some fun facts.

FUN FACTS

Spring fever is a real syndrome. When the temperature rises during the warm spell after a long winter, there is a dilation of the blood vessels so blood can be carried to the body surface where heat can be lost quickly. People experience an energetic feeling when this happens

There are always subtle signs that spring is on the way. Birds are singing! Backyard birds are one of the best predictors. There is a weather proverb that states, "Bluebirds are a sign of spring; warm weather and gentle south breezes they bring," and this appears to be true in the northern tier of the United States

The word "equinox" comes from the Latin for "equal" and "night." The equinoxes are the only times when the sun rises directly due East and sets directly due West for everyone on Planet Earth.

Earthworms typically spend the winter buried deep below the frost line, but the annual spring showers reduce the oxygen in the soil so they make their way up to the surface.

The first spring flowers are typically daffodils, dandelions, lilies, tulips, iris and lilacs to name a few.



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LTRVP ACTIVITIES COMMITTEE
LOOKING FORWARD TO SEEING EVERYONE SOON!

Sneak preview of events we are already planning:

5/21- Saturday – Activities Committee Planning and Ideas Meeting – all owners welcome, to discuss activities for the summer.

5/23 - Monday - Cards - Starting Mondays thru Thursdays @ 1PM

5/28 – Saturday – “Welcome Back BBQ/ Potluck”

7/2 - Saturday, Our July 4th parade in Park including BBQ/ party with the Jolley Family

8/6- Saturday – Annual “Yard – Craft – Bake Sale”



Watch the reader boards for other activity announcements!

Check local websites for community events details too:

Rose Bowl - Benefit Luncheon

When: Tue, April 12, 11:30am – 2:00pm

Where: Cascade Community Church, 109 W Pine St, Cascade, ID 83611

Description: Get your tickets in advance.

Call 208-382-5310 or emailing Kacie at kaciebracht@yahoo.com

Easter Egg Hunt

When: Sat, April 16, 1:00 am – 2:00 pm

Where: Armstrong Park Cascade

Description: Sponsorship/Donation and Volunteer opportunities.

Contact Shauna Arnold, 208-634-6906, skhines@frontiernet.net for more information



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Dinner at the American Legion

When: Fridays, 5:00 pm – 6:30 pm

Where: American Legion, 105 E. Mill Street, Cascade, ID 83611

Country Swing and Line Dance

When: Fridays, 6:00 pm to 8:00 pm until further notice

Where: Valley Club, 115 N. Main Street, Cascade, ID 83611

Description: No experience or partner needed. Free, all ages, we'll go slowly for learning.

Questions? Call Steve 208-861-8486 or Stacy 208-315-4013

THE CASCADE COMMUNITY CENTER

IS OPEN!

PLEASE JOIN US!

BUFFET STYLE LUNCH EVERY **TUESDAY & THURSDAY @ 12P**

The lunch program is supported by donations, however...

EVERYONE IS WELCOME

regardless of their ability to give.

The Cascade Community Center is a non-profit 501 (c) 3 organization. Donations and Grantees help support The Center and social opportunities.

READY TO HAVE A
BLAST AND START
YOUR WEEKEND OUT
RIGHT?

BINGO @ The
Community Center
EVERY
FRIDAY - 7P

Fit & Fall Proof Class
Every Tuesday & Thursday
10:30a to 11:30a @ AmeriTitle (Basement) in
Cascade, ID

This is a year-round class supported by
Central District Health - there is no fee or
pre-register - just do it!

Why not take the class and after - join us
for lunch at The Center

Cascade Community & Senior Center - 409 N. School Street - Cascade, Idaho 83611

Office Hours: 10a-3p Tuesday & Thursday

P| 208-382-4256

cascadeseniorcenter@frontier.com

MENU: #cascadeidahocommunitylunch