

Class Offerings	Monday	Tuesday	Wednesday	Thursday	Saturday
Creative Dance/Pre Ballet (2-1/2 to 3-1/2)		9:15-10:00			
Pre-Ballet/Creative Dance I/II (3-4yrs)	4:15-5:00		4:15-5:00		9:15-10:00
Ballet/Tap I/II (4-5yrs)		4:15-5:00			
Ballet/Tap I/II (4-6 yrs)	4:00-5:00				10:00-11:00
Ballet/Jazz/Hip-Hop (6-8yrs)			5:00-6:00		
Ballet/Jazz/Tap I/II (6-8yrs)				4:30-5:30	
Ballet II/III (8-10yrs)		5:00-6:00			
Jazz/Tap II/III (8-10yrs)		6:00-7:00			
Jazz/Hip-Hop I/II (8-10yrs) (11-Teens)			6:00-7:00	5:30-6:30	
Jazz/Poms Training (10+yrs)					11:00-12:00
Ballet I/II (10-13yrs)	5:00-6:00				
Dance II/III (10-13yrs)**	6:00-7:00				
Ballet/Pre-Pointe Level II (11-14yrs)			4:30-5:45		
Intermediate Dance Level II (11-14yrs)**			5:45-7:00		
**Alternating Jazz/Modern/Tap-must also be in ballet class					
<b>UPPER LEVEL CLASSES</b>					
Advanced Ballet/Pointe I/II*			7:00-8:30		
Advanced Ballet/Pointe III/IV*					12:00-1:30
Advanced Dance I/II*	7:00-8:30				
Advanced Dance III/IV* Advanced Dance IV*- by invitation only		7:00-8:30		7:30-9:00	1:30-3:00
Teen/Adult Balletone Dance Technique/ Conditioning (12+yrs)		10:15-11:15am		6:30-7:30	

\*All Pointe and upper level classes must be approved by the director.

### Balletone™

A fitness method that blends the principles of dance, pilates and ballet barre work in order to give you a complete body workout.