



**BALLET
TENNESSEE**

THE NUTCRACKER PERFORMANCE PACKET

Sign In/Out, Make-up, Hair, Tights, Shoes, Best Practices



Parents, Students, Performers,

Please read through the Performance Packet. For parents of new or young dancers, please talk to your dancer about the theater process. Your support at home helps our amazing backstage volunteer staff run the show.

Allow extra time for holiday traffic or weather. Arrive at call time. If a problem emerges either artistic or technical we may get behind.

Each dancer is required to Sign In and Sign Out at all rehearsals & performances at the UTC Fine Arts Building. This includes ALL children, company dancers, and adult performers. Since we are in a public building the sign in process ensures arrival and dismissal of all dancers. Sign In also informs us if a performer hasn't arrived and we can call them.

The Sign In table is at the back entrance of UTC Fine Arts Building, the doorway from the parking lot on Palmetto Street (there is a large sculpture near this door). All performers enter and leave from this entrance – making sure to Sign In and Sign Out. Do not enter through the lobby or audience.

Staff and Parent Volunteers wear identification backstage. Young dancers will know that people wearing our identification are there for them. The identification allows access to the dressing rooms and stage. Anyone not wearing a BT badge is not permitted into these areas.

While in the dressing rooms, dancers remain calm and focused. Quiet card games, books, etc are recommended for children who have time to wait between roles. Parent volunteers escort young children to the restrooms. They also assist dancers in getting into costumes and doing a final appearance check. Stage volunteers take the dancers to and from the stage.

We have safety volunteers present to keep an eye on each end of the building. There are workers who call times to let performers/volunteers know how long until curtain goes up or for their part. It is customary to thank the call time runner.

Everyone, please thank our volunteers. We have some very wonderful parents and community friends that quickly learn an entire ballet order, get to know the dancers, and assist them to stage. The staff is grateful to work with so many giving individuals who wish to share in the Nutcracker process.

And parents, students, performers – Thank you for this Nutcracker season.



Standard Theatrical Make-up for *The Nutcracker*

Girls Make-up

- Foundation:** Base make-up same color as the skin tone.
- Eye Shadow:** Medium blue cake eye shadow applied to lid only.
- Eye Liner:** Black eye liner. Apply to top lid at lash line and under bottom lash line. Do not extend past eyes.
- Eye Brows:** Choose eye brow pencil close to natural shade of eyebrow. Eye brows should be darkened with feather strokes to look natural.
- Mascara:** Black on lashes.
- Blush:** Peach or Rose powder blush, brush applied lightly.
- Lipstick:** Clear red color. Be sure to blot.

Boy's & Men's Make-up

- Foundation:** Base make-up same color as the skin tone.
- Eye Shadow:** Medium brown cake eye shadow applied to lid.
- Eye Liner:** Black eye liner. Apply to top lid at lash line and under bottom lash line. Do not draw lines beyond eyes.
- Eye Brows:** Choose eye brow pencil close to natural shade of hair. Eye brows should be darkened with feather strokes to look natural.
- Mascara:** Black on lashes.
- Blush:** Peach or coral powder applied very lightly.
- Lipstick:** One shade darker than natural color of lips, earth tone color (blot).
- Highlighter:** Adult males only. Cream or white color applied under the brow line.

Make-up for Ballet Tennessee Female Company, Apprentices, Youth Ensemble,

Level 1TP, Party Moms

- Foundation:** Theatrical base make-up same color as the skin tone applied with sponge.
- Eye Shadow:** Complimentary shade of lavender or earth tone cake eye shadow applied to lid only.
- Highlighter:** Cream color or white highlighter applied under brow line.
- Eye Liner:** Black eye liner. Apply to top lid at lash line and under bottom lash line.
- Eye Brows:** Choose eye brow pencil one shade darker than natural shade of hair. Eye brows should be darkened with feather strokes to look natural.
- Eye Lashes:** Black false eyes lashes, in medium length. Glue comes w/lashes or use surgical glue.
- Mascara:** Black on lashes.
- Blush:** Peach or Rose powder blush.
- Lipstick:** Clear red color. Be sure to blot.



Children's Hair

Hair:

Boys Hair: Hair sprayed back from face

Girls Hair – Mice/Soldiers/Reindeer/Unicorn/Cherubs/Guardian Angels/BonBons:

Hair must be pulled into bun in the middle of the dancer's head. No bangs or loose/fly away hair. No bows or ribbons unless part of the costume. No colored clips or barrettes.

1. To begin, use water, gel, and a brush to pull dancer's hair into a tight pony tail.
2. Wrap the free pony tail hair around the rubber band, placing a couple bobby pins.
3. Use a thin hairnet (matching dancer's hair color) and wrap over the bun.
4. Pin bun close head to secure hair, do not make it stick way out.
5. Hair spray dancer's hair.

Party Girl Hair: Hair pulled half up/half down from face with Banana Curls.

Try them before dress rehearsal

1. Use real hair curlers.
2. Works best with hair gel and hair spray.
3. Curling irons don't usually work for thick heavy hair – the curls fall out as the girls dance. There are some great YouTube Do It Yourself videos on the Banana Curls for Nutcracker.

Girls who play Party Boys:

Hair must be pulled into a low pony tail at the nape of the neck. No bangs or loose/fly away hair. No bows or ribbons unless part of the costume. No colored clips or barrettes.

Children's Roles – Tights & Shoes

Party Girls	Black Tights, Black Ballet Shoes
Party Boys	Black Tights, Black Ballet Shoes
Clara	Ballet Pink Tights, Pink Ballet Shoes
Soldiers/Prince	Black Tights, Black Ballet Shoes
Little Mice	Black Tights, Black Ballet Shoes
Reindeer/Unicorn	Ballet Pink Tights, Pink Ballet Shoes
Cherubs	Ballet Pink Tights, Pink Ballet Shoes
Bon-Bons	Ballet Pink Tights, Pink Ballet Shoes

Adult/Company Roles – Tights & Shoes

Herr Drosselmeyer	Black Socks, Black Character Shoes
Party Moms	Black Tights, Black Character Shoes
Party Fathers	Black Socks, Black Jazz Shoe
Maids	Black Tights, Black Character Shoes
Big Mice	Black Socks/Tights, Black Jazz Shoes
Female BT Company Roles	Ballet Pink Seamed Tights, Pointe Shoes
Icicles/Guardian Angels	Ballet Pink Tights, Pink Ballet Shoes
Russian	Black Tights, Black Ballet Shoes



Most theatrical make-up can be purchased at your local drug store or:

Beauty and the Beast	423-870-3510
Chattanooga Costume/Party & Paper Place	423-624-5503
elea blake cosmetics	423-266-6662

Tights and shoes may be purchased at:

The Batterie
3809 Dayton Blvd.
Chattanooga, TN. 37415
423-498-4686
Hours: 1:00-6:00 pm, check for days and hour changes.

Best Practices for a Successful Performance Experience

Tights:

- Best Practice – Dancers will need performance tights for Dress Rehearsal and two Performances. One pair of tights will not be enough. Have a Performance Pair and a Back-up in your child's dance bag for the performance. Accidents happen – runs, tears, etc. Plan ahead.

Shoes:

- Ballet Shoes must have elastics sewn, ties tucked in, and be in new condition
- Jazz shoes need to be in good condition (no holes)
- Pointe shoes must be in good condition and broken in enough to walk on $\frac{3}{4}$ pointe and not be noisy.

Important Notes:

- No running, yelling, or throwing items in the theater.
- Do not bring valuables to the theater. We are not responsible for the loss of personal property - including cell phones.
- No jewelry or body art (temporary tattoos) on any body part. (Cover real tattoos)
- No nail polish is permitted, not even clear
- Bring extra hairspray, hair pins, and hair nets
- Each performer must provide all their own make-up and hair products
- Bring make-up remover for face and eyes
- Bring wash cloth and TOWELS to remove make-up
- Bring an old button down/easy to remove shirt or leotard for before the performance. The Theater can be cold for children, pack zipper jackets/fleeces.
- Bring **extra** performance quality tights for back-up
- Safety pins, needle, and thread are a must to have on hand

As guests at the theatre, performers are responsible for cleaning up and disposing of their trash. Performers are also responsible for their personal belongings. Volunteers are available to help the performers (not clean for them).