

31st Annual Parish Nurse and Congregational Health Ministries Conference

Dear Sisters and Brothers in Christ,

Welcome to our 31st annual conference! This year's gathering is based on Colossians 3:12 *As God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience.*

As we prayerfully ask for compassion, kindness, humility, and patience, study His word, and follow His example, we know that our heavenly father has blessed us. We will serve our Heavenly Father in our churches and communities with compassionate service in our congregational health ministries.

This annual national gathering of nurses, pastors, lay ministers, and others is a true blessing. It helps us all focus on our calling to caring vocations, to share and tell the love of Christ, and to serve Him in all we do. It includes blessings to gain new knowledge, network with peers, and share resources to help us all develop new programs and ministries in congregational health.

If you cannot attend, please pray for a successful conference and consider a financial donation. I hope to see you in May 2024 at the 32nd annual conference in Mequon, WI.

Your sister in Christ,

Carol Lueders Bolwerk, Ph.D., RN

Director of Parish Nursing
Concordia University
262-243-4233

Carol.luedersbolwerk@cuw.edu

Concordia University Wisconsin

CUW is located in Mequon, Wisconsin, 25 miles north of Milwaukee's Mitchell International Airport.

TRANSPORTATION: Go RiteWay shuttle service is available from Mitchell International Airport to hotels. Call 1-800-236-5450 to make arrangements.

DIRECTIONS – Traveling on Interstate 43:
Construction continues – plan accordingly

FROM THE SOUTH: Take Mequon Road Exit. Turn Left on Highway W (Port Washington Rd.). Turn right on W to Highland Rd. (2 miles), turn right on Highland, and cross the bridge to CUW on the left.

FROM THE NORTH: Take the Cedarburg Exit (Pioneer Rd/Highway C). Turn right off the ramp and a quick left onto Highway W (Port Washington Rd.). Go about 2 miles south and turn left onto Highland Rd. Cross the bridge to CUW on the left.



Once you enter the campus driveway, turn right at the Welcome Center stop sign, and follow the roadway to Lot A by the flagpole. Enter the Luther Administration Building and follow the conference signs.

LODGING within five miles (*please make your own reservations*):

- Baymont Inn & Suites
10330 N. Port Washington Rd., Mequon, WI
262-241-3677
- Hampton Inn & Suites
1385 Gateway Dr., Grafton, WI
262-474-1000
- Comfort Inn & Suites
1415 N. Port Washington Rd., Grafton, WI
262-387-1180
- TownePlace Suites
1601 Gateway Dr., Grafton, WI
262-618-8100

DISABILITY? Concordia is wheelchair accessible!

Compassionate Service



The 31st Annual Parish Nurse and Congregational Health Ministries Conference

May 17-18, 2023

Hosted by:
Concordia University Wisconsin
School of Nursing
12800 North Lake Shore Drive
Mequon, WI 53097
Dr. Carol A. Lueders Bolwerk,
Carol.luedersbolwerk@cuw.edu
262-243-4233

Registration Form

Name (print clearly or paste address label here): _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Religious affiliation: _____

Nurse Clergy Other _____

Your name and address will be shared with participants.

PLEASE CHECK DAYS YOU WILL ATTEND:

- Wednesday, May 17, 2023 \$85.00
 Thursday, May 18, 2023 \$85.00
 Special Clergy Rate – Full Conference \$50.00
 LPNI Scholarships (*first-time attendees*): Four \$250 scholarships are available for parish nurses from any Lutheran Synod. Email Marcy Schnorr for an application: marcyschnorr2009@gmail.com. Register for conference with full payment. You will be reimbursed after attending conference.

TOTAL FEES ENCLOSED: \$ _____

Fee includes all materials and food. Make checks payable to **Concordia University Wisconsin** (no credit cards, please). Send check and this form to:

*Dr. Carol Lueders Bolwerk
Concordia University Wisconsin
12800 North Lakeshore Drive
Mequon, WI 53097*

The CDC and CUW COVID-19 precautions will be followed.

CANCELLATION: A refund is available prior to May 1. Refunds will be from less than \$50.00 per day.

Conference Schedule

Wednesday, May 17, 2023

- 8 AM** **Registration & Welcome, LPNI Auction**
8:30 AM **Opening Prayer** – Rev. Joe Cottam
8:30 AM The Meros Center: A Research and Training Community for Christian Health Ministry – Jason Paltzer and Bill Meier
9:30 AM **Break**
10 AM **Chapel** - Chapel of Christ Triumphant
10:30 AM Building a Solid Foundation for Care through Joy Filled Self-Care – Carmen Stephens
11:30 AM Upheld by God's Hand: Mental Health Outreach – Tiffany Manor
12:25 PM **Prayer** – Rev. Joe Cottam
12:30 PM **Lunch:** sponsored by Concordia Plan Services, St. Louis, MO
1:30 PM 8 Steps to Increasing Quality of Care and Decreasing Workload Stress Using Compassionate, Trained Volunteers – Karen Tripp
2:30 PM **Break**
2:45 PM Some-Day Jeans: Fitting into God's Plans – Rev. Dan Paavola
3:30 PM **Closing** LPNI Auction items distributed

Thursday, May 18, 2023

Breakout sessions will be selected the day of conference.

- 8 AM** **Registration** - Loeber Hallway
8:15 AM **Session A:** Fall Prevention in the Community – Carmen Stephens
Session B: How Happiness Happens: Finding Lasting Joy – Barb Schroeder
Session C: The Days that Were Formed for Me – Tiffany Manor
Session D: Nursing the Suffering with Compassion – Rev. James Behringer
9:00 AM **Stretch Break**

- 9:15 AM** **Session E:** Help Them Thrive – Rachel Greiner
Session F: When Our Humanity Confines Our Compassion: Lessons from Scripture – Carol DeSchepper
Session G: Lessons from the Pandemic Experience: Revisited – Marcia Schnorr and Carol Zimmermann
Session H: We Don't Call Them Shut-Ins Anymore – Christie Hansard
10:15 AM **Session I:** Networking Halfway Around the World: 2022 LPNI Australian Study Tour – Darlene Rueter
Session J: Raising the Positive Energy of Your Home by Eliminating Toxic Elements – Marie Wiegert
Session K: 3 Simple, Effective Ways to Serve Long-term Patients and Caregivers – Karen Tripp
Session L: Parish Nursing: Managing Stress Before It Manages You – Kathy Zarling
11:15 AM **Light Lunch Break:** sponsored by LPNI
11:45 AM **Session M:** Getting the Question Right: Survey Tips – Jason Paltzer and Bill Meier
Session N: Be Well, Serve Well: Stress and Self-Care – Kelly Menke
Session O: Perceptions of Being Called to Nursing – Carol Lueders Bolwerk, Brenda Jobe, John Dyson, and Wayne Thompson
Session P: Caring for the Heart of a Christian Woman – Kathy Zarling
12:45 PM **Session Q:** Diabetes Medication and Treatment Overview – Elizabeth Deck
Session R: Journey of Gratitude – Barb Schroeder
Session S: How to Use Compassion Everyday – Heidi Then