

ANNUS SPIRITUS

To Sherry

Contents

Annus Spiritus is book four of Decapoiema.
Decapoiema is a series of 10 works of poetry,
each based on one of the elemental numerals 0-9.

Spring	3/21 - 6/20
pring	3/21-0/20

Summer	6/21 - 9/20
	-,,

Autumn	9/21 - 12/20



This work is licensed under the Creative Commons Attribution 4.0 International License. http://creativecommons.org/licenses/by/4.0/

Introduction

A poet's life is one of breathing, inhaling everything into the self, and exhaling that self back out as a new creation. At times the breath is a desperate gasp, other times it is deep and satisfying. This respiration sustains life and without either side, the filling or the emptying, the poet would soon fade.

Annus Spiritus, a year of breathing, or a year of spirit, began in a simple way one day. I decided to take some advice and came to pay more attention, for one full year, to the small act of breathing. For the next 365 days, I made an effort to watch my breath, to listen to its song, to feel its passage, to taste its scent.

When I began this year, I had no particular destination, only to take each step and see what happened. However, on the first day of giving attention, I was given something in return. As I bent to hear breath, I heard something more. An ever so slight message was being sent my way. Each day to follow, as I paused to breathe, I felt the world pause and leave a few words on my plate. These gifts have now become the breath poems within this book.

A breath poem takes one of my daily alms and puts it into a tiny package for passing on. Each poem is four lines, there are four syllables per line and there are four poems on each page. These fours also reflect the four seasons of the year of breathing.

Annus Spiritus is open to your own breathing while reading. You may choose to find the poem for today and breathe it throughout the day and each syllable or line can serve as an inhale or exhale. Each season too, can be seen to have its own rise and fall as the air of the season first fills and then empties it.

The message of each poem was actually heard, and most were written verbatim on the day associated with it.

Spring

I lift the gate to water fields. My neighbor's land sips my edges.

Waiting for the sun to break from the cloud, I lose sight of the gray.

I don't recall the insight. I do remember the cast, the warmth.

> Pardon sleepwalks, limping like debts that refuse to rouse from slumber.

There is no weight To tiny bits of bliss, but they still tip my cart.

> I greet the sky, devour wind, I eat the earth, my sacrament

> > Humility crouches behind my heel. Retreat catches my step.

> > > I cut, I set, lines torn and packed. Edges form, gaps, words where I step.

3/21 3/22 3/23 3/24

3/25 3/26 3/27 3/28

Ice hits the stone. It is justice? Not in the strike, in the melting.

Woke with a rag. Once my shirt, I use it to rub peace into you.

> I carry you, a scythe mowing my wheat. Cares threshed in your quiet.

> > A gift's true home hides downriver now far from its ancestral birth.

The gut spiral speaks to my bones. Keep watch, alert, the hour is yours.

Heaven may be just the right half of the mind of the universe.

I cry out or I am mute. God listens to both with the same heart.

Fast enough to feel movement. Slow enough to hear the creation.

3/29 3/30 3/31 4/1

4/2 4/3 4/4 4/5

Fear is farce. Not the wit of doubt, nor the laughter of souls at ease.

> The same blood flows to tighten the hand's grasp, as flows to release it.

> > The air holds no attachment, yet the wind and the cloud dance as one.

> > > I lay them on altars of rest. Then I think to lay myself down.

Every thousandth blossom chose noon to let go. This time I noticed.

> I am densely packed. Then spirits open spaces inside my flesh.

> > Whence comes this smoke? Finest ash from a heart burned and blown by love's flame.

> > > This side of life, the work, stacked stones. At the shore, hold a hand of sand.

4/6

4/7

4/8

4/9

4/10

4/11 4/12

4/13

To be mine, the sun must cross the horizons that come release me.

To be mine, the moon must yield, an apparition, my secret cave.

In that pause, there was no room, hence no time. Light, the color of bliss.

There is rarely learning, but a healing back to what I once was.

Mercy rains, seeps, streams, falls, flows, pools, returns, to rise again, no end.

A creature of habit, the mind. "Be bored with it." cry out the stars.

No guilt, blankets take my form as they fall. These are the name of God.

> My inward glance comes upon a mirror. Out, I am reflected.

4/14 4/15 4/16 4/17

4/18

4/19

4/20

4/21

If the soul is but chemistry, is it any less a wonder?

> Of all the lines that could be, this one is written, these words, this now.

> > The games we fools play, such effort flushed downstream. Find a rock and sit.

The light absolves the air. Now with no weight, it falls into my skin. A voice pitches like smoke from a ship's candle, up into heaven.

If there be no offense, then there be no remorse, so say the birds.

I soak beauty, the drops from the first blessing that ever was poured.

4/29

Worthiness dwells in the burrow behind the trees. seek it, find it.

4/22 4/23 4/24 4/25

4/26 4/27 4/28

Not far into another's heart, a table spread, one word deeper.

> Like platitudes, they sound. I clamp them so tight, they can't resonate.

> > I lean my thoughts up and over, like warmth rising under the eaves.

> > > A summons sent by divine wire. Innocence new with shedding skin.

Clawing rocks, down, digging away from the sun. Then what is this light?

The night dried out. my rasp breathes in aloe vapors, an early mist.

The branch lines up, another. How many 'til I drop and follow?

This time I dive to where the green deepens to thick ink for my press.

4/30 5/1 5/2 5/3

5/4

5/5

5/6

5/7

When love's palm, on my lung does press, I even breathe beneath the waves.

> No lines marking or dividing. I bow, all is good, all is god.

> > Life drops from life, the giver's womb, no awareness of being born.

> > > The rooster crows hours before the dawn. Singing its song of no time.

There's a scent of desperation in the riptide of the ego.

From fog draped cliffs, the edge pits my gut as if clear.
Which plunge is real?

O panic, you fly as mist as I bow prostrate upon water

All my counting comes back to one. All my striving returns to love.

5/12 5/13 5/14 5/15

I am left then, with only true. Like the wave's vow upon the sand.

> There is a tale that awaits my return. It, like all, is enough.

> > A new green rose off the sea, a dripping passport stamp for my eye.

> > > If this were not, I would dream it and just the thought Would sustain me.

He said, "We came here naked, all is a gift." Then he helped me move.

> A skin beneath wraps my heart. If pricked, you must drink or I shall die.

> > The quark senses cosmos' edges. My smallest cry senses being.

Celebrate birth, celebrate death, celebrate all things in-between.

5/16 5/17 5/18 5/19

5/20 5/21 5/22 5/23

On the rim of my eye, I catch a flower and now I am home.

> I walked slowly. A winter in the lowlands. The mountain waited.

> > The fullness of time dies as a dream, is born as tender blessing.

> > > Where is the light? Where are these things? Words such as "where" blow into me.

I return to the work. It pours from the right urn to the right bowl.

The branch, slightly off center, stretched my focal point to the next frame.

I ignore the dark at my own peril. Keep it at bay with light.

> Birds know not to dream tomorrow. False future, no memory of now.

5/24 5/25 5/26 5/27

5/28 5/29 5/30 5/31

The sea boils where wind channels. The same air, when come to rest, glistens.

At the line where life leaps, jasmine air rises like mist off hope's field.

I open, I expose. At times I confuse pain with tenderness.

The promised storm waits like nervous love, then breaks, just like my vision.

The spray reminds me to slow the try. Trust love, as mist from the sky.

> Dams break, flood, then re-seal. From the wash, come tailings, our flecks of gold.

> > I thought I heard a call. 'Twas just the echo of my own desire.

> > > 6/8

Magic rises even from wounds. Thus, any of us can bear it.

6/1 6/2 6/3 6/4

6/5 6/6 6/7

Each lesson lies innate. One per cilium, stirred when spirit moves.

Consciousness lies behind the drape of every face as it passes.

> Storms forming far or drifting clouds, carry being without body.

> > Sit, fall, stand, drift. Rest but alert. Dreaming enters even awake.

Hawk, leaf, cloud, web. In one minute, a four act play of nature's float.

> Heated, tired, I notice breath. Cool breeze, the world catches its breath.

> > Things may get done, or not, or may.
> > Still there remains no sense of need.

Mind and river cascading their fall line into one another.

6/9 6/10 6/11 6/12

6/13 6/14 6/15 6/16

Kindness gently steps over a justified soul, goes on its way.

> Immersed in light, life carried on. Blinded, the day dripped compassion.

> > Connections form, they break, they form again. They pause in no hurry.

> > > Perfection wants and so it acts accordingly. Love is enough.

Summer

6/17 6/18 6/19 6/20

Only feeling can find the words to write or say this very thing.

Even the most degraded thing contains a space shaped like kindness.

In belonging or in alone. we all find a seat of welcome.

Waiting leads us down the steps to our nothingness, our emptying. Darkness carries as many shades and depth of hue as does the light.

Time slowed until it came to stop. I think rather it ceased to be.

In any when and every where, a choice is brought, a breath or thought.

> Inhale peace, wait, listening for a heart beat, wait, exhale empty.

6/21 6/22 6/23 6/24

6/25 6/26 6/27 6/28

Embrace a task to completion. When repeated, led to patience.

Things may seem hard. Sometimes easy. In either way, they are the same.

> I do still tell myself to be. I do still learn. I am still here.

> > Once again missed alert presence, but maybe not, it matters less.

Pain opens a lens to focus.
Pain provides a means to bow down.

All uncover.
All bury gifts.
All believe, all
have always known.

In the clear light of the new day, under our feet, anger scatters.

> Ancient remnants. Dead reminders. Now resurrect to catch my eye.

6/29 6/30 7/1 7/2

7/3 7/4 7/5 7/6

A first breath comes too late, I think. A respire no less welcome.

All of my sighs return to me.
They rinse the shore.
They echo down.

A sweeter taste, a richer bread, is baked on stones unearthed just now.

> A comfort and a restlessness. Routine has a right hand and left.

An untrue choice. A trick question. To honor or to be idle?

When nature blurs, in sharp-free lines, does art come out to play, to sing?

Stitch in the side, each breath a pain. try not to hear, try not to be.

> A doubt carries a benefit. It is not ours, it is granted.

7/7 7/8 7/9 7/10

7/11 7/12 7/13 7/14

First, naming dies, then the body. So everything is in order.

> Is the cost of our careful joy extracted out, or is it alms?

> > Waiting starts dry. Soon it will sit, will be its own meditation.

> > > From hand to toil to strain to pant to breath to pause to clear to calm.

A sliver adds to the skin of the earth's cover. Drops feed the stream.

Who among us will fight the heat? Who will refuse the offered drink?

Would it be more than could be asked, if every breath had its own note?

Attention is redemption for the debt of our impatient hand.

7/15 7/16 7/17 7/18

7/19 7/20 7/21 7/22

Lie on love's bed. Stretch as you will. There is no edge that lacks cover.

> Does the lone tree, or the pale snow, seek an answer for its purpose?

> > In lost days past do we flee from or turn to stand amid horror?

> > > When now awakes, find abandon in moments of divine presence.

New recompense. Pay slips crafted of finest joy. The day's wages.

> I am master. You are master. Heaven's kingdom within us all.

> > There is nothing more to the breath than the wonder of the breathing.

In its own time, pain can even come to visit in quiet dreams. Waiting to come up with something? Listen. Something will still come up.

Let go and be the confusion. Therein it can play itself out.

The window glass of time, collects the drops of joy's condensation.

Behind the wall of the chill wind, the smallest glimpse of simple bliss. Many commands, none required. Save the one from caring, be kind.

> We do not change so much but we may return to our origins.

> > Without a breath, no panic comes. Rested in grace, beauty surrounds.

Choose to believe, or more knowledge. On divine scales, where's the treasure.

7/31 8/1 8/2 8/3

8/4

8/5

8/6

8/7

Arcs of worry, swing far and wide. From the world's end to the heart's bed.

To be alone seemed like a gift. Then it was not. Sigh and a smile.

When authentic, sight touches the tongue, it tastes like heaven's birth dew.

The words rain down their motion's haze becomes a veil for the formless. The fleeting foam, essence leaves lines. A retreating tide marks the soul.

Beliefs may wax and wane, but lines, they are either true, or they're not.

Alongside our falling, beside our decline, we are lifted up.

Heat rises, and it will until I fall into its soft updraft..

Folly tries to use the mind on things that will not be held in thought.

We all carry satchels of tools. We all craft with few real lessons.

Before truthful, before needed, before kindly, remains a gift.

> In creating, I step away, to a touching and breathing god.

Words once spoken, "So far to go".
Now simply be, where I am now.

In the bright noon, bathed in the light, it may see you 'ere you see it.

Casting aside cold assumptions, a crack in the shell of myself.

When I detach from my mind's eye. then can I lay upon your skin.

8/16 8/17 8/18 8/19

8/20 8/21

8/22

8/23

Truth cools, wakens, like downswept frost, tender, brisk air kissing sad lungs.

A simple sound falls on my ear.
A soft whisper to change the world.

When the gray noise is heard, is named. It can not hide, and panic flies.

Time is a raft carrying me to speak and hear my connections. We shatter things. without effort, and one day we may even try.

When left without a light, a guide, always return to compassion.

Look down into the hearth unmade. A dark pit where the world breathes fire.

8/31

The slope slides down, carries along to one moment of a lone child.

8/24 8/25 8/26 8/27

8/28 8/29 8/30

The tangled nets slacken and fall.

Thoughts are then tossed against the sky.

A thousand small beads of clear glass. Kept in wait for our remembrance.

> One soul may keep in its own care, infinite stores of mystery.

> > I may forget to do the task. the task did not forget itself.

If I could know and gather time, I think my arms would soon drop it.

> Shadows seem breathed on my heart's glass. Soft, wet vapor, angelic dew.

> > When I lose her vanishing tracks. Only then she returns to me.

The darkness crept through splintered doors Within its grip, it had no hold.

9/5 9/6 9/7 9/8

A glance beneath the heavy loads. their undersides hold weightlessness.

> The formless calls for infinite, formless embrace. Arms are enough.

> > The gift of this time may become a thinner slice to fix our gaze.

The inhale as the upbeat stroke, tolling inside a breathing chant. Draw close, come near. I see you here. I pause and then neglect to care.

Sadness of place has no bearing, takes no sounding against its love.

> Awake, aware, be here, be served. Become their gift, alone give thanks.

> > Surrounded by a swarm of needs.
> > One will choose you, trust for the rest.

9/9 9/10 9/11 9/12

9/13 9/14 9/15 9/16

Wandering in and out of mind. The last moment reserved for joy.

And once again, I speak in fear. The words emerge already thought.

Arms hold dying expectations. In the evening, familiar love.

Who knew what stones fell in my pack?
Who would offer a bowl for trade?

9/17 9/18 9/19 9/20

Autumn

Trees and rocks and writing tables bring me closer to my own truth.

Be, the inhale, kind, the exhale. Fear and darkness are overcome.

> I am convinced of many things, but things, the true are only known.

> > A full, clean, dive. It cleaves the breath. The choice that's made in love that's true.

A pale line, a relationship. A darker etch awaits its time.

> A premise holds, so I am right. Proof melts, warm, wet drops on my neck.

> > It walks the same roads that I do.
> > The reason why I came to earth.

To seek beauty, drop effort, drop the search, drop a letter, and see.

9/21 9/22 9/23 9/24

9/25 9/26 9/27 9/28

Market forces wonder about spiritual economics.

What if our blinks were the only brief moments when beauty emerged.

Newer things in older places. Now is the time for them to wed.

> The cynic's tin, the lover's gold. The alchemy keeps us in awe.

Waiting for a more fulfilled time, a window cracks, startled by joy.

The problem states itself clearly, but solutions wait in shadows.

Not just a love, but this love here. Needs an outlet, needs to be heard.

> Quiet, anger, two old kinfolk. Agree not to meet anymore.

9/29 9/30 10/1 10/2

10/3

10/4

10/5

10/6

If light can shock, then sound can sneak behind, can fold in on itself.

Work finds its way carried on carts. pure therapy down in the soil.

No simpler task to bring, when the work of your hands feeds another.

> A broken mouth. Keep talking and you never know what may happen.

Every beauty is in doing. Setting aside the getting done.

Life will happen no matter what. More essential, less efficient.

Each inhale draws incense of life. Each exhale pours out in a psalm.

Many lessons lie underfoot. Heads in the sky pause to look down.

10/7 10/8 10/9 10/10

10/11 10/12 10/13 10/14

Hurry the day? Some things cry out for sense, lest they defeat themselves.

> Return to words, old words, old forms, old alphabets, old scratched markings.

> > If an instant be reserved for contemplation, it will suffice.

> > > Everyone on the work party just trying to fit in the line.

When down, the words can only hope.
When up, do they just play the part?

Thoughts and phrases waiting to form watching becomes reason enough.

For a time it was delayed, was unrecognized, was providence.

> Gradients of beauty fail to measure the first strike, the last hold.

Life came up from the side, matching my stride, living, not being lived.

Each sound was brisk, cracking the skin where the sun had left its skid marks.

In and out of here and now with no force, no fight, no flight, no fear.

We arrive here unassembled.
Mind comes along here for the ride.

I am rivers with multiple thin layers of flowing water.

Unsurrounded, unconnected, around the bend being awaits.

The slope was slick. the slide led to pools where I found droplets of joy.

Hand, knee, dirt, stone. A clawing sound, then finding grace under a rock.

Answers come, then fall, far away.
Left alone to embrace mystery.

The more I fight, the more I'm lived. This fair chance stays, gives me its all.

> The brain, it lists to starboard side. This hemisphere's not going back.

> > In the morning words sound like words. Then later on, they sound like truth.

A collective choice reflecting millions of small awakenings.

Seeking outer requires care, lest we forget the heart beside.

If gratitude be infinite in supply, then what of demand?

Crouching streamside, I come not for knowledge, I come to wash my hands.

If growth needed pain to seed, then banality would be our guide.

Intertwined lines of compassion stretch us out where there is no end.

Resting in a pair of cleft hands. Look, it is a heart laid open.

Wet, soaked, dripping with heavy air.
Loaded down, it becomes solid.

Lay the plans down on the table, end to end, the day surprises.

In kind, a turn, no end in sight, no more and no less possible.

A mind crosses, engages mine. Another door without judgment.

> A flash of pain reminds me. Who feels this, who weeps behind their veil?

A hard hand dipped in blessing oil more easily looses its grip.

> Understanding, do I limit what can open inside, between?

> > Days open like cloth kept for brows. Unfolded, it becomes our path.

> > > Keep emptying, keep doors unlatched so things can go, can find their way.

One breath spans the same moment as one now. Just a coincidence?

The pale blue ice, the mountain's shell. Reminding me I've been before.

There is nothing to remember.
There is only uncovering.

Follow the crack, it leads where lives, the smallest speck of elation.

The roots of peace run far down where soil needs them, to remember light.

Learn again, then again. Patience attends the birth of ritual.

There was a time when love ended. It ran out. It gave in. No more.

The instant when sleep falls. Just then I turn to mark the day's first breath.

Seed sown in the under - conscious.

Mulched with memory against the cold.

Today, a gift. A new call for a gift. A new song for a gift.

> It is simple already. There is no need for keeping it so.

> > Empty want, thanks. Empty fear, love. Empty judgments to compassion.

11/24 11/25 11/26 11/27

11/28 11/29 11/30 12/1

The drama keeps a steady pace. The difference now is detachment.

> Gaps between bells, an empty quote, a sitting, a day of silence.

> > Learning again for the first time, an ancient craft, long forgotten.

> > > Speak what is true, a dream that has only been in one heart is pale.

It once was thought as tedium. Now it's just a way to create.

> Art rises past the bridge uphill. Art falls scattered along the road.

> > Keeping the peace. Cover it with a careful hand. Hold on dearly.

> > > Body and mind alternate in creation and in their repose.

12/2 12/3 12/6 12/7 12/8

Watch a child, watch a lesson, find a place to land and so be watched.

> Look close enough at the people's faces, you can almost see them.

> > Not with forcing, nor resisting. The wave finds peace its crest and trough.

> > > I expected none to come out. The cold and mud proving me wrong.

An answer that's beyond belief, doesn't mean there is no answer.

The year's brightest sun rides the edge of the coldest air of the year.

> Be a still place. Be the calm, where loved ones arrive to lay their cares.

> > One man waits on fifty. They don't realize he blesses them all.

These young people with natural effortlessness believe their art.

When will I learn this trust? When will I take this work and give my all?

> Deep snow, deep faith. The wind our doubt. The white, our cloak of clarity.

Winter

The last shall be, if not first, then the beginning of my return.

One thousandth of my cache, when watched, is abundance.
Nothing too small.

Self reminds me of itself, takes me where it will. Now I notice.

He moved back in, content. Soon the empty rooms had filled with clutter.

The pause between inhale, exhale. Yin becomes Yang I become thou.

A child may be waiting inside someone else, just asking for help.

Soul rise. Ascent finds a scent, it retrieves the air of creation.

Surrounded by frenzy. Service points the way where love keeps the calm.

The spirit's silk unwinds until all that remains is a bare spool.

I forgot the no-self. Is that more or less than losing the self?

Whatever is true, whatever stays, I abide, I will remain.

> Illness is felt where the body first breaks offshore, beyond our reef.

The banal smiles, like a master teasing with words far too simple.

Eternity in a single gong. Time so dense no sound escapes.

Perhaps because it is so small, it finds a crack. it drips back in.

> Devotion draws both roadblocks and breakthroughs out of hidden shadows.

12/29 12/30 12/31 1/1

1/2

1/3

1/4

Stay clear and true to my nature lest things begin to fall apart.

The balls of life remain aloft.
Smooth, consistent, simple tosses.

Return to the center of the vortex. Let go of the spinning.

Pre-determine how much gets done. once again, I fall for that one. Trust comes closer when on the ground. Remain sparing, still generous.

Out of the blue, conversation. Perhaps the slow line is the best.

Lay them upon the altar. One by one. Entrust them to the care.

The sun's return I can't recall, is it warmth that I remember?

1/6 1/7 1/8 1/9

1/10 1/11 1/12 1/13

This time my walk was different, where I found a trail under the snow.

How long was it since I put pen in hand, watching words scratch the skin.

How much was that a reflection of myself from thirty years past?

> I find a thing, I pass it on, in the end, all gets passed along.

Before taking it into my person, to hurt, I take one breath.

Behind the door, the gale became a blast of noise, bark without bite

> The color of the who does not matter. Being true to it does.

> > 1/21

The thin blade of judgment abrades under the stream of our laughter.

1/14 1/15 1/16 1/17

1/18 1/19 1/20

If I don't know, who will? If I don't feel, don't say, when will it be?

I come upon oceans. I think to dive in, but I dip my cup.

Learned things evolve, become as if a priori.
Stones uncovered.

No dues today for the snowed trees. I found no less in their beauty. The work is pure. The work brings me into the place of offerings.

When something keeps returning, it stakes a claim to the omen's deed.

Still there is no hurry. Time is not running out. The river sings.

Vision sits, no need of my trust. It flies, no need of my belief.

1/22 1/23 1/24 1/25

1/26 1/27 1/28 1/29

Is ignorance of the moment the problem, or is it the point?

Walk to the spot, find nothing, turn, briefly wonder, then imagine.

If love moistened my skin, that would suffice. That would keep me always.

> Emotion hides in my heart's crease, unknown until the game begins

Stop one second. Don't try to tell all. Remember only one thing.

> This is the spot, a point of place, sound, or time, can contain it all.

> > What is enough? An arm? A heart? What does it mean, without measure?

> > > Follow the way most efficient. You may find it cold and arid

1/30 1/31 2/1 2/2

2/3

2/4

2/5

The breath enters, carrying "no".
The breath departs, abducting self.

That which is next declares its will. What is here, now, smiles and ignores.

I wait on you like a branch waits for warm and air to lead it there.

> In the air? No. Under leaves? No. By water? No. I am the peace.

Do we dare call the last bird come? Is it within us to hold it?

The lightest touch of mercy, stuns me the same as infinite grace.

The doubt was in the process. In the vision, I always believed.

Is it fortune or honesty that wets my cheek like wind tossed dew?

The evening sky so slightly dips in gratitude for the first star.

Before myself, I strain. Behind myself, I faint. Along myself.

This morn, my mind waited for a few breaths before reassembling.

A light rapping of fear. I dip my back, I go, ignoring it. I've yet to raise empty from this well. At times though, I fail to draw.

I, when empty, ride the sun like begging photons, the no lesson.

When words condense their taste becomes a concentrate, simple syrup.

> If you but ask, my work becomes a gift, itself a recompense.

2/15 2/16 2/17 2/18

2/19 2/20 2/21 2/22

To plant, to share, to tend, to wait. What comes, fills a basket yet weaved.

Their belief brought a scattered one down rivulets to this vastness.

A simple hand outside the self. The task returns and I return.

Believe, or not. Either way, my offerings hold me in their scent. To finish was never the goal. It became an acquired taste.

Futility lies in many layers, each more sure of itself.

Days will not drain, a seed remains, never ceasing its tapping truth

> Words press down hard. She wonders if ever they once brought her to flight.

2/23 2/24 2/25 2/26

2/27

2/28

3/1

3/3

3/4

3/5

There is no through, or from, or to, in my breath. Just eternal air.

The rope is taut only because I pull it. I let go, it falls.

Panic feeds, then fears itself, then stops. A last snow a crack for life.

The scale on which offerings are weighed is better left in storage.

Love pours over me and us all, leaving traces behind, new skin.

When it comes, it falls in layers, seeps into pores, catches the breath.

Sacred washing, not to cleanse, but like dawn's tears, to simply be wet.

What is dear? What will I barter for this moment? A brush of cheek?

3/6 3/7 3/8 3/9 3/10

Collect us all at the rim where the wave of wind first swells and breaks.

Under this lone drop of rain is gathered every seed of myself.

A touch becomes indentation, becomes a light shaded etching.

The tide lines me with a slight bow at each pouring into my bowl.

A shore without a wave. A breath without a gasp, bracing wonder.

The time to hold falls an arm's length away from the time to let go.

Take, eat, this is my kindness, says the day, its tasks my plate and cup.

The return rose as if all of earth's souls paused at the same instant.

3/11 3/12 3/13 3/14

3/15 3/16 3/17 3/18

I give and plant with intent. I toss, it may fall where it belongs.

> A slant of words stops me like the spell of a long forgotten scent.
