



19th Annual
**Jim Camburn Memorial
BUENA RELAYS**

Saturday April 6, 2019

Inclement Weather Date: April 7th

9:00AM

Entry Forms Deadline Wednesday March 27th

Milesplit Online Entry Deadline: Thursday April 4th 6:00pm

DIVISION 1: Groups 1, 2 & Non-Public B

DIVISION 2: Groups 3, 4 & Non-Public A

Sub-Varsity: All Groups combined

NJSIAA Spring Classifications

Relay Medal Awards

Top 5 in each event by Division

Team Plaque Awards

Track: 1st in each Division

Field: 1st in each Division

ENTRIES:

1. One Varsity team per event
2. Sub-varsity entries 3 per school
3. All field events are two person teams

INCLUDING...

EXHIBITION 4X100 THROWER'S RELAY

SCHOOL: _____

NJSIAA GROUP: _____

If Entering ✓	ENTRY FORM		FEE	TOTAL
	FULL BOYS AND GIRLS VARSITY TEAM ENTRY for one (1) entry per varsity event (includes 8 girls varsity running, 8 boys varsity running, 7 girls varsity field, 7 boys varsity field & 2 throwers' relay)		\$600	
	ALL BOYS VARSITY EVENTS only for one (1) entry per varsity event (includes 8 varsity running, 7 varsity field event, & a throwers relay)		\$325	
	ALL BOYS SUB VARSITY EVENTS (includes 4 boys sub-varsity field relay and 5 boys sub-varsity running) additional entries may be purchased below		\$200	
	ALL GIRLS VARSITY EVENTS only for one (1) entry per varsity event (includes 8 varsity running, 7 varsity field event, & a throwers relay)		\$325	
	ALL GIRLS SUB VARSITY EVENTS (includes 4 girls sub-varsity field relays and 5 girls sub-varsity running) additional entries may be purchased below		\$200	
Individual entries (for additional sub-varsity entries or if not entering a full varsity team)		# OF ENTRIES	@ FEE	TOTAL
<i>Running and/or field relay</i>			@ \$30 each	
TOTAL DUE FROM ALL SECTIONS:				\$
Athletic Director:		AD's Email:		
Boy's Coach:		Girl's Coach:		
Boy's Coach Cell:		Girl's Coach Cell:		
Boy's Coach Email:		Girl's Coach Email:		
I UNDERSTAND THAT THIS IS AN ENTRY FEE AND NOT A PARTICIPATION FEE. THE MEET DIRECTOR HAS TO STILL MAKE PAYMENT TO THE MEETS VENDORS BASED ON ENTRIES RECEIVED. PAYMENT IS EXPECTED EVEN IF YOU CHANGE YOUR PLANS. NO REFUNDS.				
Signature of Boy's coach:		Signature of Girl's Coach:		

TEAM FEE: \$325 for either a boys or girls team for one (1) entry per varsity event

\$600 for a boys and girls team for one (1) entry per varsity event

\$200 for either a boys or girls team for one (1) entry per sub-varsity event

INDIVIDUAL VARSITY or SUB-VARSITY ENTRIES: \$30.00

ENTRY FORM DEADLINE: WEDNESDAY MARCH 27, 2019

MILESPLIT DEADLINE: THURSDAY APRIL 4, 2019 6pm

MAKE CHECKS PAYABLE TO:

BUENA REGIONAL HIGH SCHOOL ATHLETIC FUND

DO NOT MAIL TO ED COLONA or TO BUENA REGIONAL H.S.!

ENTRIES MAY BE MAILED TO:

JIM CAMBURN MEMORIAL BUENA RELAYS

***C/O Stephanie Winkler
602 West Summer Avenue
Minotola, NJ 08341-1233***

OR EMAIL: swinkler@buena.k12.nj.us

FAX: 856-697-4107

Questions: call Stephanie Winkler, Meet Director

Cell: 856-297-1743

Visit our website www.buenarelays.com

Entry is a 2 step process:

- (1) Complete an entry form **and****
- (2) Enter line up on www.nj.milesplit.com.**

There will be no cards to fill out the day of the meet!

	BOYS	BOYS	GIRLS	GIRLS
Running Events Order	VARSAITY	SUB-VARSITY	VARSAITY	SUB-VARSITY
2 X 400M IH		XXXXXXXX		XXXXXXXX
4 X 100				
DMR <u>12-4-8-16</u>		XXXXXXXX		XXXXXXXX
Shuttle Hurdles		XXXXXXXX		XXXXXXXX
4 X 200				
4 X 800				
SMR <u>4-2-2-8</u>				
4X100 thrower's *		XXXXXXXX		XXXXXXXX
4 X 400				
Field events				
TRIPLE JUMP		XXXXXXXX		XXXXXXXX
LONG JUMP		XXXXXXXX		XXXXXXXX
HIGH JUMP				
POLE VAULT		XXXXXXXX		XXXXXXXX
SHOT				
DISCUS				
JAVELIN				

**thrower's 4x100 is not used for team scoring and there is no additional fee with full team entry*

Buena Regional High School Address:

125 Weymouth Road

Buena, NJ 08310

MEET INFORMATION

1. Upon arrival you must check in your team with the clerk, identifying (highlighting) which athletes are participating in which events. No race day additions, only scratches.
2. Maximum of 4 events per athlete. Athletes may compete in both varsity and sub-varsity events at this meet, but not in the same event
3. The pole vault and high jump will be contested as a relay and cards will be at the venue.
 - (a) All competitors are allowed 6 total attempts or 3 missed consecutively
 - (b) A team will be out of the competition if one of the members "no heights"
 - (c) No one may pass more than 2 consecutive times
 - (d) Contestants can't ask the bar to be raised to a height other than the designated increments
 - (e) The contestant may not receive extra time to complete an attempt
4. HIGH JUMP OPENING HEIGHT: Boy's 5'0" & Girl's 4'0" and will be raised in 2" increments
POLE VAULT OPENING HEIGHT: Boy's 8'0" & Girl's 6'0" and will be raised in 6" increments
5. All varsity boys D1 & D2 as well as varsity girls D1 & D2 races will be blended. Medals and team scoring will still be on a division basis.
6. There are 2 venues each for shot put, discus, javelin, and high jump. There is one pole vault area. The pit was purchased in 2017 and is compliant with the new collar regulations.
7. ¼" spikes or less may be used. Please supply your own pins.
8. No headphones of any type are permitted on the track, in any competition area (including the infield), or in the paddock area. Please advise your athletes to leave them behind.
9. Please instruct your athletes not to use duct tape on any track or jumping surface. Athletic tape is acceptable. Please remove and throw in trash when done.
10. Please stay off the infield. Only athletes in PV, HJ & LJ may be in those competition areas. Coaches boxes are provided for PV, HJ, & LJ. **AT NO TIME MAY ANYONE BE NEAR THE TIMING TENT.**
11. The thrower's 4x100 relay is exhibition only and won't be used for team scoring. Those athletes competing in this event must be throwing shot put, discus and/or javelin at this meet to be eligible for participation. **Please remember the spirit of this event is to allow those athletes that don't typically run in a meet to compete, it is not for the "stud" who runs on your varsity squad as well as throws.**
12. Jim Camburn Memorial Buena Relays T-shirts will be available for purchase.
13. Concessions will be available.

Jim Camburn Memorial BUENA RELAYS

Track running sequence will be:

(1) boy's varsity (2) girl's varsity (3) boy's sub-varsity (4) girl's sub-varsity

Order of events:

- 1) 2x400ih --no sub-varsity
- 2) 4x100mr
- 3) Distance Medley Relay (1200-400-800-1600) --no sub-varsity
- 4) 4x110 (100) shuttle hurdles --no sub-varsity
- 5) 4x200mr
- 6) 4x800mr
- 7) Sprint Medley Relay (400-200-200-800)
- 8) Thrower's 4x100mr --no sub-varsity
- 9) 4x400mr

*Pole Vault Relay A (infield)	Girls small & large combined	Boys small	Boys large
*High Jump Relay A (home bleacher side)	Boys large	Boys small	JV B
*High Jump Relay B (visitor's side)	Girls large	Girls small	JV G
Javelin Relay A (closest to school)	Boys large	JV B	Boys small
Javelin Relay B (closest to track)	Girls large	JV G	Girls small
Discus Relay A (behind home bleachers)	Boys small	Boys large	JV B
Discus Relay B (closest to high jump-on hill)	Girls small	Girls large	JV G
Shot Put Relay A (behind scoreboard)	JV B	Boys small	Boys large
Shot Put Relay B (closest entrance)	JV G	Girls small	Girls large
**Triple Jump Relay (near 100m start- outside fence)	Girls small & large Open pit 9:00-10:30	Boys small & large Open pit 10:45-12:15	
**Long Jump Relay (infield)	Boys small & large Open pit 9:00-10:30	Girls small & large Open pit 10:45-12:15	

*Each member of the team will remain active until he/she accumulates 3 consecutive misses or 6 total attempts.

*The combined best height for each contestant counts as total of the team.

*Both contestants must clear a height to be eligible to place. A jumper does not remain active if his/her partner fails to clear a height.

Note: In high jump or pole vault- NO TEAM MEMBER may pass more than two consecutive heights starting at the opening height (i.e. start @ 8'0" all competitors must enter @ or before 9'6") after both team members have cleared a height they may pass to a height of their choosing. Exception: if can be verified on milesplit the athlete has performed above that height.

****Open pit times may be adjusted as field referee sees fit.**