

We have **three** new workshops coming up in January.

They first two will both be held at the District Office's Multi-Purpose Room from 4:30-6:00.

1. Thursday, **January 24**, 2018 **Classroom Management and Discipline**: This workshop will be for any teacher who needs help with managing the classroom and solving discipline issues.

RSVP here: <https://goo.gl/forms/B02WNpAPZ2TtPVts1>

2. Tuesday, **January 28**, 2018 **Stress Management**: This workshop is about managing the stress our job has and how we can manage it.

RSVP here: <https://goo.gl/forms/oDHkWXuGIYFdtHsr1>

This workshop will be held at the District Office's Multi-Purpose Room from 4:30-8:00

3. Thursday February 21, 2018 CPR class: Anyone can come to this, but AVUTA members get the class for the price of \$30.00 if they have the coupon. Anyone else is \$45.00.

RSVP here: <https://goo.gl/forms/1C9MKtDXklifjGK22>

We also have the retirement workshops in January too. These workshops are NOT selling you anything. They are not vendors, they are you're the actual CAL STRS people who manage your retirement.

Do you realize that you do not get 100% of your income when you retire? There is also a different benefit structure for those hired after December 2012 (attached - your\_defined\_benefits). Just think about what you do on a break as a teacher: most of us travel and spend more money than usual. What do you think retirement will be? I doubt any teacher wants to sit at home and not be able to do anything. Saving for retirement is on the teachers, and if you don't save you won't be able to live off the income you receive. As a teacher, I have been able to put over \$1,000 away each month (I live paycheck to paycheck like most) because I followed advice that I was given as a new teacher, which was every time AVUTA received a raise, put half away. This means I still received a raise, but was able to set aside money away without missing it.

Therefore, AVUTA is holding retirement classes for both the ***Beginning to Mid-Career teacher (Jan 7*** in the MPR at the DO) and the ***Mid-Career Teacher to 5 years from retirement (Jan 15*** in Conference Room A at the DO). Both meetings will be held from 4:15-6:30. Members who want to retire sooner need to go to the Hesperia office for a more detailed retirement class. I have attached all three flyers, please view and pick the class that best represents you and RSVP at:

[https://resources.calstrs.com/workshop\\_registration/index.aspx](https://resources.calstrs.com/workshop_registration/index.aspx)

Scroll down until you see "search workshops" enter location "Apple Valley" and find the one that you want to attend and RSVP.

These workshops are not about trying to get you to open an account or take your money. Instead they are about educating you on your retirement options and why you need to save. We will not be able to turn these into WEBINARS because they are copyright protected. If you RSVP, please attend unless something dire happens. As always, AVUTA's main focus is on its members and their education.

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