Restoration of a 100-acre Overgrazed Pasture in the Headwaters of the Occoquan River



Bert Harris, Jordan Coscia, Leighton Reid, Amy Johnson









Outline

- 1. Brief introduction to the Clifton Institute
- 2. Northern Piedmont prairies
- 3. Pasture restoration at Clifton



The Clifton Institute

- 501(c)(3) non-profit organization
- Eight full-time staff
- Funded by individual donations and foundation grants

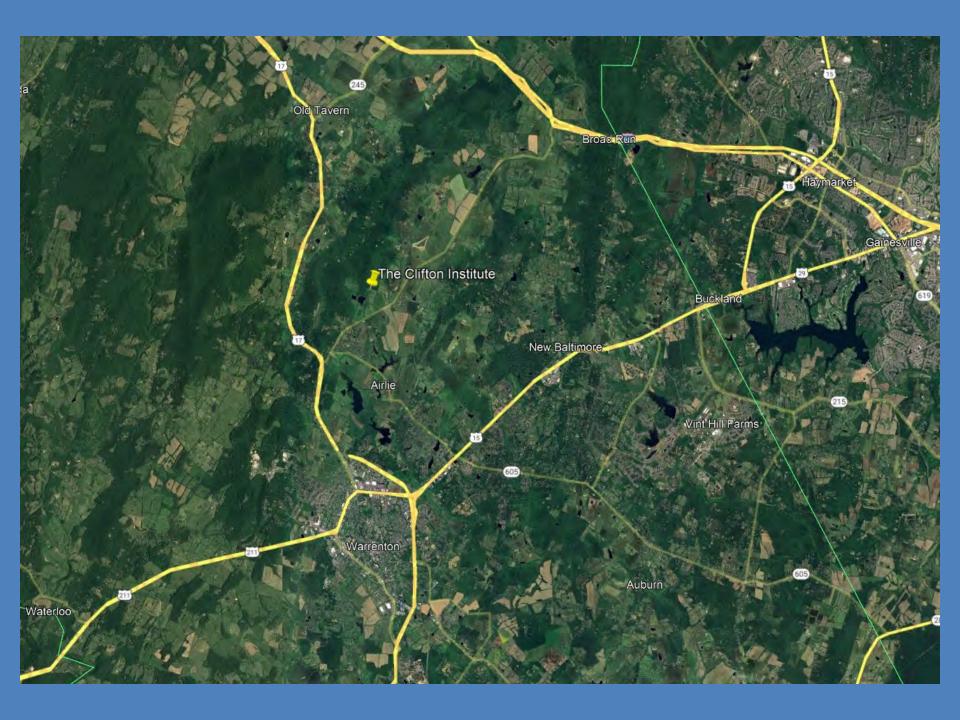
- Three program areas:
 - Education
 - Restoration
 - Research



Our Mission

- to inspire a deeper understanding and appreciation of nature,
- to study the ecology of our region,
- to restore habitat, and
- to conserve native biodiversity.







Field Station

- 900 acres just north of Warrenton, VA
- Protected by a conservation easement



cliftoninstitute.org/inaturalist





Environmental Education

- Field trips for local schools
- Summer camps
- Home school programs
- Research-based
- Natural history and conservation programs for adults
- 2022: 1,983 kids and 900 adults





Restoration

- Managing habitat to benefit declining species
- Focused on early successional habitats
- Native plant propagation







Restoration: Land Management Advice for Landowners

- Kadiera Ingram,
 Landowner Outreach
 Associate
- We have visited 200 landowners who manage 11,000 acres

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American Kestrel nesting habitat



- American Kestrel nesting habitat
- The effects of mowing on Box Turtles





- American Kestrel nesting habitat
- The effects of mowing on Box Turtles
- Experimental restoration of forest understories







- American Kestrel nesting habitat
- The effects of mowing on Box Turtles
- Experimental restoration of forest understories
- Research informs landowners who would like to help plants and animals







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The Piedmont



Wikipedia Commons

- Gently rolling terrain in between the Blue Ridge mountains and Coastal Plain (defined by the fall line)
- Generally granite bedrock with acidic, clayey soil (heavily weathered)

History of Savannas and Grassland in the Virginia Piedmont

- Grasslands and savannas were extensive in the Virginia Piedmont before European colonization (Barden 1997, Noss 2002, Stewart 2009)
- Maintained by bison, and natural and humanlit fires



Ft. Pickett, Nottoway County (Gary Fleming photo)



Contemporary Piedmont Grasslands

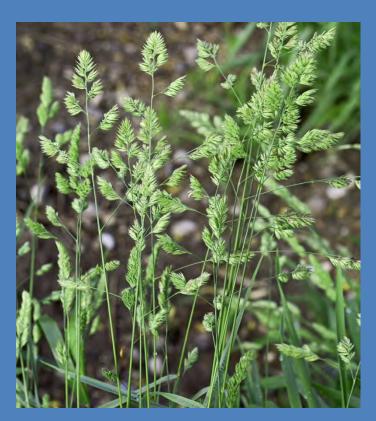
Aaron Watson photo



Non-native, cool-season pasture grasses



Tall Fescue



Orchard Grass





Slender Ladies'-tresses Orchid



Maryland Golden-aster



Ragged Fringed Orchid



Downy Lobelia



Hyssop-leaved Skullcap



Butterflyweed

Piedmont Prairie Research



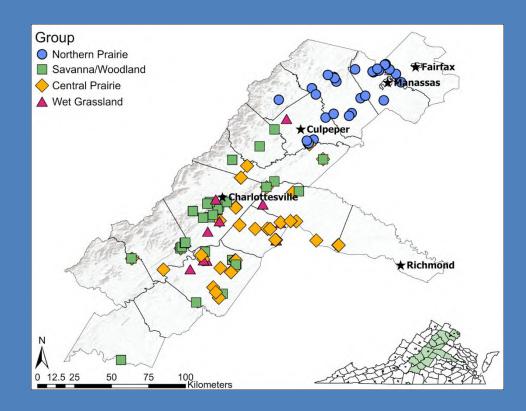




Results

- 133 sites
- 715 plant species; most diverse plant communities in the state (100 species in 100 m²)
- Best sites are under power lines, most sites are threatened

Coscia et al. in prep.









Decline of Piedmont prairies and savannas

- Herbicide spraying by power companies
- Fire suppression and afforestation
- Plowing for crops
- Invasion of coolseason pasture grasses and other non-native plants
- Urban development



Herbicide impacts on Stiff Goldenrod (state imperiled), July 2020

Rare Plants of Northern Piedmont Prairies



Hairy Hedge-nettle (critically imperiled in Virginia)



Torrey's Mountain-mint (imperiled globally)



American Bluehearts (imperiled in Virginia)



Purple Milkweed (imperiled in Virginia)

Restoration and Propagation

- Need for restoration and new meadow establishment
- Clear idea of what we should be planting
- Many species not sold by seed companies
- Only seven species with Virginia genetics are available commercially



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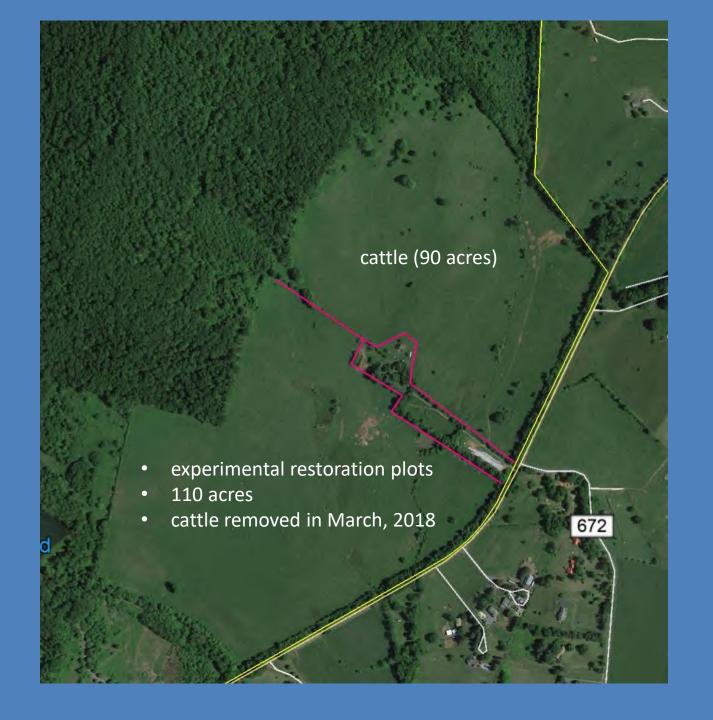
Baseline Conditions (2018)



- 200 acres
- Rented
- Mostly fescue
- Continuously grazed, overgrazed
- Creeks as water sources

Fescue Fields and Biodiversity

- Assume we have "hot" fescue
- Seeds mildly toxic to sparrows
- Poor structure for most wildlife (e.g. quail) but good for some grassland birds
- Limited resources for pollinators
- Non-native plants unpalatable to most species of insects
- Low plant diversity → low insect diversity, low bird diversity



Legend

fence

Baseline Plant Surveys with Virginia Native Plant Society



- 162 species of plants, mix of natives and non-natives
- Very heterogenous



Dominant plants

NATIVE

- beaked panic grass
- little bluestem
- purple top
- wild bergamot
- narrow-leaf mountain-mint
- black-eyed susan

narrow-leaf mountain-mint

- tall fescue
- orchard grass
- timothy
- joint-head grass
- bermudagrass
- nodding thistle
- Queen Anne's lace



NON-NATIVE

nodding thistle

Baseline Bumblebee Survey

Species	Status	Count
Two-spotted bumblebee <i>B. bimaculatus</i>	Common	653
Confusing bumblebee <i>B. perplexus</i>	Common	191
Brown-belted bumblebee <i>B. griseocollis</i>	Common	73
Black and gold bumblebee B. auricomus	Uncommon	71
	Common, possibly	
Common eastern bumblebee <i>B. impatiens</i>	expanding	13
	Uncommon, possibly	
American bumblebee <i>B. pensylvanicus</i>	in decline	11
	Uncommon, possibly	
Yellow bumblebee <i>B. fervidus</i>	in decline	7
Sanderson bumblebee <i>B. sandersoni</i>	Uncommon	1

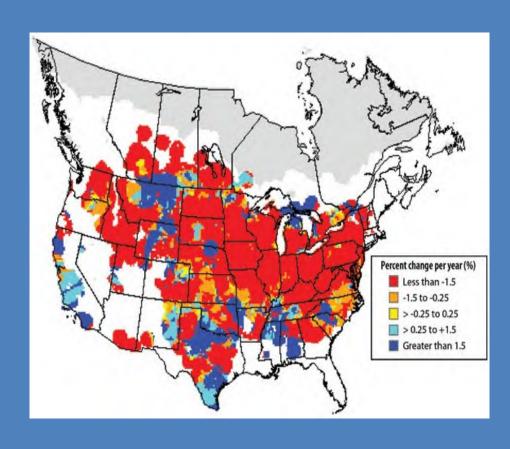




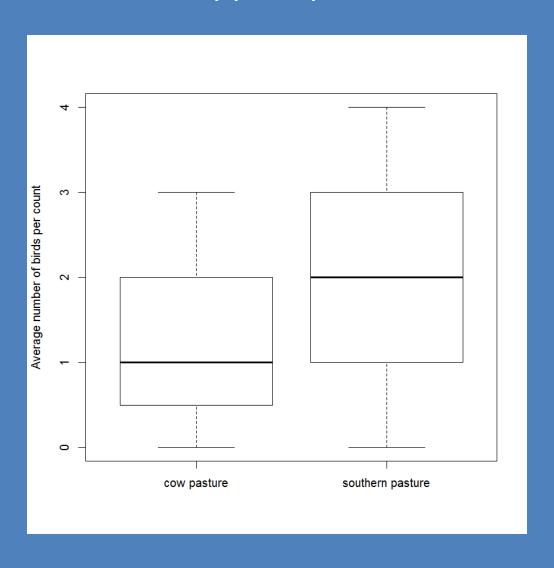


Grasshopper Sparrow





Baseline Grasshopper Sparrow Abundance







Riparian buffers

• 1,500 trees planted in southern pasture from 2019-2022





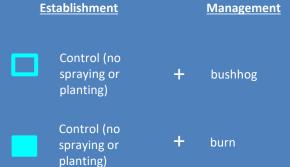






Experimental Plots







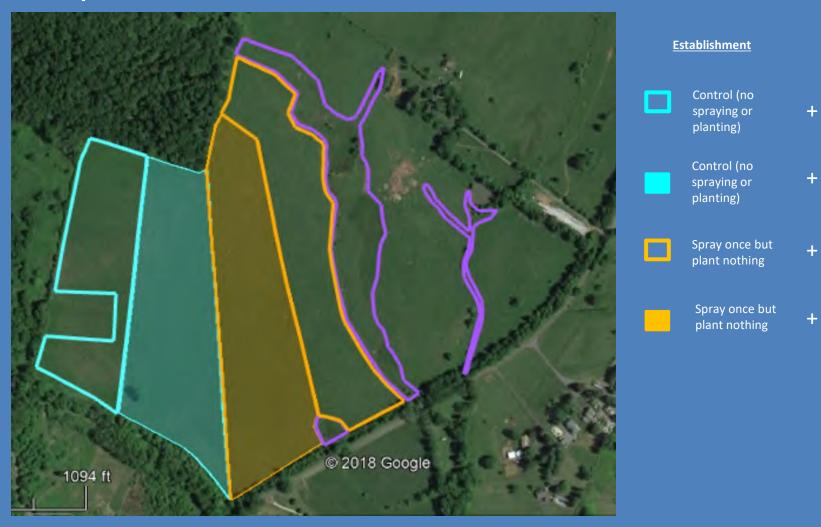
boundary fence







Experimental Plots









Management

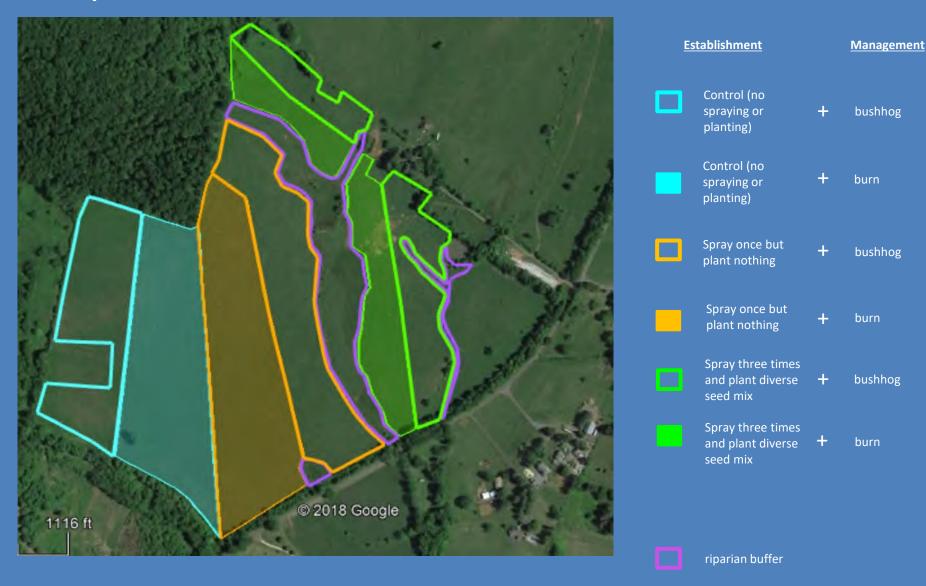
bushhog

burn

bushhog

burn

Experimental Plots









Establishment		Management	
	Control (no spraying or planting)	+	mow
•	Control (no spraying or planting)	+	burn
	Spray once, plant nothing	+	mow
	Spray once, plant nothing	+	burn
	Spray three times and plant seed mix	+	mow
•	Spray three times and plant seed mix	+	burn
	Organic establishment (discing)	+	burn
	Organic establishment (discing)	+	mow
	Riparian buffers		





Research on plants and soils



- Baseline surveys of plants and soil microbes/ chemistry in 2019
- Follow-up surveys in 2023



Jordan Coscia, Ph.D. student, Virginia Tech



Hannah Alizz, Masters student, American University











Research: Three Sites













Preliminary Plant Results

- Fire is hurting fescue a bit in controls, and native grasses are spreading
- Single herbicide spray killed the fescue and mostly native plants (annuals, aggressive species) came up
- Herbicide + seeds was the most effective treatment overall
- Repeated discing caused major soil compaction but the treatment was somewhat successful













November 2020



Establishment

Control (no spraying or planting)

Spray once but plant nothing

Spray three times and plant diverse seed mix

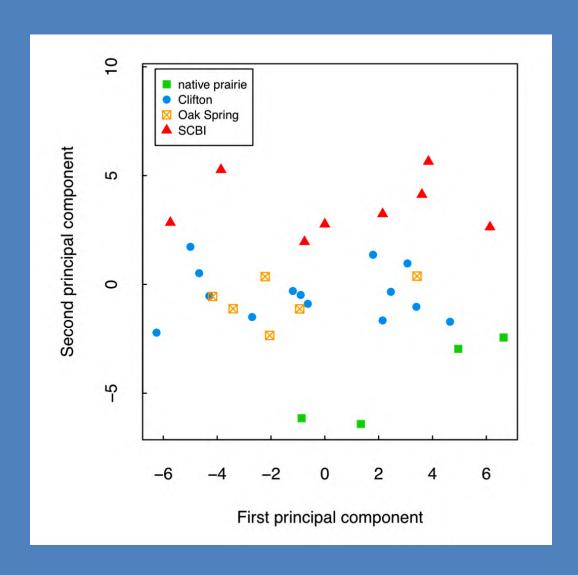
Organic

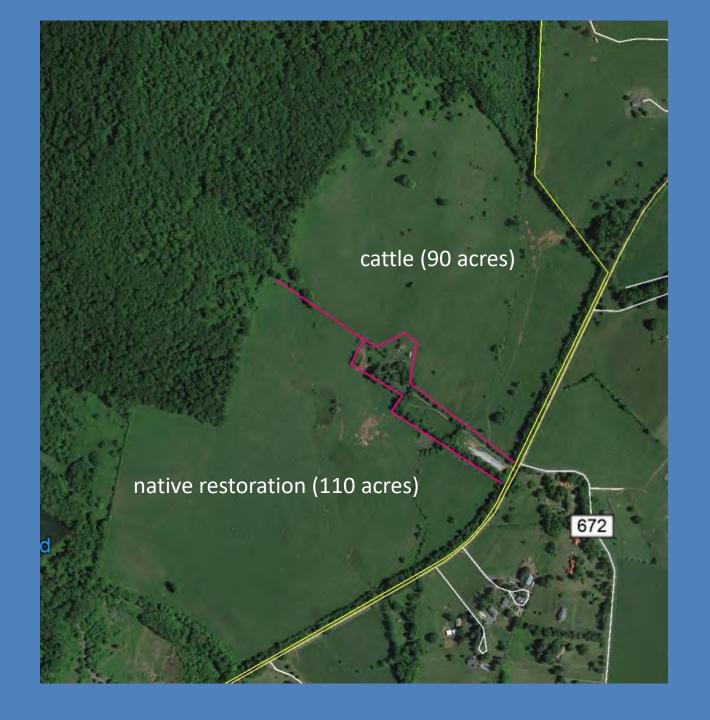
riparian buffer

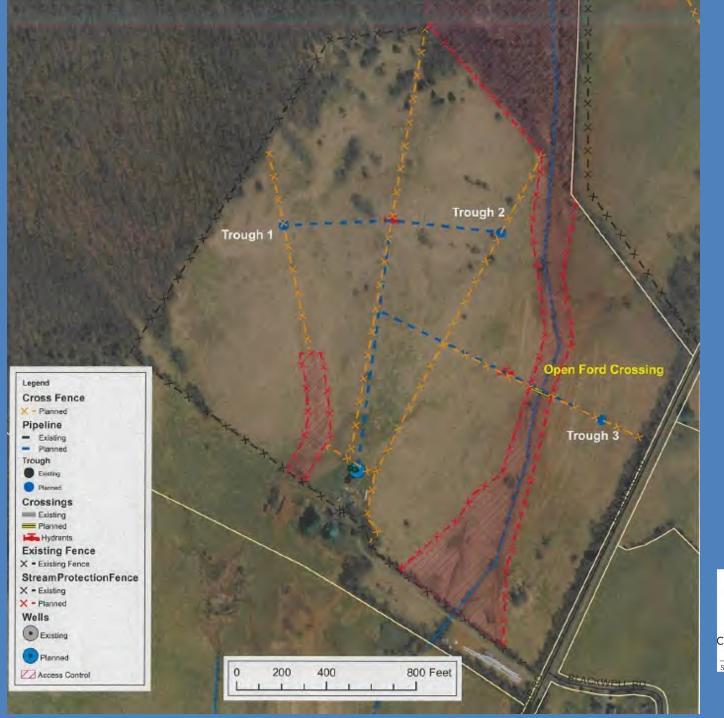


Baseline Soil Microbe Results

- Native prairies had more fungi, fewer bacteria, higher biomass, and higher diversity than fescue fields
- Soil microbe community at SCBI distinct from other sites

















New grazer: Andrea Young, Hidden Creek Farm

What's next?

- We lost Grasshopper Sparrows and most meadowlarks in the south pasture
- Plan to reintroduce cattle to most of the field but maintain small experimental plots for several years
- Need to study:
 - 1. How grazing affects native plants, pollinators, and birds
 - 2. The economics of grazing natives (e.g. 75% of pasture in natives)

Thank you!

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Advice and project management

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