

# Competitive/Developmental Gymnastics - FALL 2019

**Fall 2019 ~ SEPTEMBER 2, 2019 - DECEMBER 21, 2019**



REGISTER ONLINE:

[WWW.ALLAMERICANGYMNASTICS.COM](http://WWW.ALLAMERICANGYMNASTICS.COM)

**605-334-4311**

**All American Gymnastics has two tracks for competitive gymnastics:**

**USAG Levels 1-10**

**USAG XCEL PROGRAM**

**We would love to meet with you and discuss the difference in the programs.**

**If you feel like your child is ready to take it to the next level, give us a call and we can go over options for your family.**

**Join the Best Team in the State!**

COMPETITIVE GYMNASTICS						
ALL RATES INCLUDE TAX	MON	TUES	WED	THURS	FRI	SAT
<b>AAGA TEAM GROUP 1</b> LEVEL 9,10 COMPETITION REQUIRED	3:00-7:00	3:00-7:00	3:00-7:00	3:00-7:00	3:00-7:00	
<b>AAGA TEAM GROUP 2</b> LEVEL 7,8 COMPETITION REQUIRED	4:00-8:00	4:00-8:00	4:00-8:00	4:00-8:00		
<b>AAGA TEAM GROUP 3</b> LEVEL 5,6 COMPETITION REQUIRED	4:00-8:00		4:00-8:00		4:00-8:00	
<b>AAGA TEAM GROUP 4</b> LEVEL 4 COMPETITION REQUIRED	4:00-8:00	4:00-8:00			4:00-8:00	
<b>AAGA TEAM GROUP 5</b> LEVEL 3 COMPETITION REQUIRED		4:00-8:00		4:00-8:00	4:00-8:00	
<b>AAGA TEAM GROUP 6</b> Level 2 Evaluation Required COMPETITION REQUIRED		4:00-6:00		4:00-6:00		
<b>HOT SHOTS (LEVEL 1)</b> Evaluation Required 85 minutes		3:30-4:55 6:00-7:25		6:00-7:25		
AAGA XCEL PROGRAM COMPETITIVE GYMNASTICS						
ALL RATES INCLUDE TAX	MON	TUES	WED	THURS	FRI	SAT
<b>TEAM XCEL BRONZE GROUP Early</b>	3:30-4:55			3:30-4:55		
<b>TEAM XCEL BRONZE GROUP Late</b> 1.5 hours, 2 days per week required COMPETITION REQUIRED		6:30-7:55		6:30-7:55		
<b>TEAM XCEL SILVER GROUP Early</b>	5:00-7:00		4:00-6:00			
<b>TEAM XCEL SILVER GROUP Late</b> COMPETITION REQUIRED (2 hrs, 2 days per week)	7:00-9:00			7:00-9:00		
<b>TEAM XCEL GOLD/PLATINUM</b> Evaluation required (2.5 hrs, 2 days per week) COMPETITION REQUIRED	6:30-9:00			6:30-9:00		
OPEN GYM FOR COMPETITIVE, DEVELOPMENTAL & XCEL GYMNASTS						
<b>OPEN GYM (Ages 6-18)</b> \$80/10 punch card 1 PUNCH PER HOUR. OPEN TO ALL LEVELS - REC, JR/SR HIGH, COMPETITIVE, CHEER, NINJA					5:00-6:00	10:00-11:00 11:00-12:00

*Through quality gymnastics instruction we will strive to encourage and teach children of all ages and abilities that they are filled with potential and nothing is beyond their reach*