



Child Waiver Release and Informed Consent to Participate

I consent to voluntarily participate at Brickhouse Cardio Club and its various classes and fitness offerings.

I acknowledge that the Programs may include activities that can be very strenuous, and participation such Programs involves inherent risks, which could lead to bodily injury, impairment, disability, or even death.

I understand the risks involved in my participation in the Programs, and agree to cease my participation in the Programs or any specific exercise, if I feel that such participation is too strenuous or places me at specific risk of injury.

In no event shall Brickhouse Cardio Club, its officers, employees, or instructors; or the Zumba Fitness program, its directors, officers, employees or agents, be held liable for any personal injury, death, or property loss or damage sustained resulting from my participation in any/all activities in connection with Brickhouse programs;

I also hereby release all those mentioned, and any others acting upon their behalf, from any responsibility or liability for any injury or damage to myself, including those caused by the negligent act or omission of any of those mentioned, or others acting on their behalf or in any way arising out of or connected with my participation in any activities of Brickhouse Cardio Club or the use of its facilities.

I understand that Brickhouse Cardio Club does not provide child care or any means to insure a child is not injured during the course of business. Parents bring their children at their own risk and are solely responsible for the health of that child and any member who may be inadvertently injured by their child on Brickhouse premises. By signing below, parents release Brickhouse Cardio Club, all its officers, staff or independent contractors it utilizes from any liability for an injury to a child or those the child may injure including those caused by the negligent act or omission of those mentioned in any way arising out of or connected with my participation in any activities of Brickhouse Cardio Club or the use of its facilities.

I also consent to having my photograph taken during classes for promoting and advertising purposes and posted on Brickhouse Cardio Club's website or social networking websites such as Facebook, Twitter, Youtube, etc.

Unless amended by mutual agreement, this instrument shall remain binding and in effect so long as I am a member of Brickhouse Cardio Club and/or a participant in any of its classes or programs.
I have read and understand this document in its entirety.

Signature: _____ **Date:** _____

Print Name: _____ **Birthday:** _____

Street: _____ (City) _____ (Zip) _____

Email address: _____ **Phone #:** _____