

MEC VANCOUVER RACE TWO: 5K/10K

March 13, 2016

Results By TRIO Sport Events www.trioevents.ca**MEC****10 k Run**

Female

Place	Name	Bib No	Time	Total Pace
1	Dianne Kaltenegger	81936	46:39	4:40/K
2	Alanna MacDonald	81972	46:47	4:41/K
3	Claire David	81844	47:20	4:44/K
4	Melody Haddow	81888	48:32	4:51/K
5	Claire Ewatski	81866	48:37	4:52/K
6	Caitlin Cindric	81827	49:14	4:55/K
7	Jaime Chong	81822	49:15	4:56/K
8	Golnaz Jahesh	81928	49:34	4:57/K
9	Suzanne Smith	82042	50:01	5:00/K
10	Kyli Shorter	82038	50:06	5:01/K
11	Lena Sesardic	82034	51:28	5:09/K
12	Jessica Hodge	81898	51:39	5:10/K
13	Tierney Schutz	82032	52:22	5:14/K
14	Stefanie Grieser	81882	53:03	5:18/K
15	ELISE DEBORNE	81848	53:03	5:18/K
16	Sandra Franke	81893	53:07	5:19/K
17	Iva Cvetic	81951	53:13	5:19/K
18	Ceilidh Dunn	81858	53:46	5:23/K
19	Paula Brent	75238	54:21	5:26/K
20	Julia Brunner	81807	54:53	5:29/K
21	Rebecca Irani	81926	55:22	5:32/K
22	Katharina Scheu	82030	55:37	5:34/K
23	Michelle McGuire	82053	56:03	5:36/K
24	Natalie Godfrey	75204	57:01	5:42/K
25	Mengjuan Wang	75205	57:15	5:44/K
26	Jennifer Derkson	82088	57:23	5:44/K
27	Tiffany Tanabe	82056	57:35	5:46/K
28	Mariel Palacios	82010	57:40	5:46/K
29	Kyla Edejer	81861	57:54	5:47/K
30	Elisabeth Lefrancois	81961	58:01	5:48/K
31	Regina Garan	75215	58:35	5:52/K
32	Andrea Hinston	75223	58:37	5:52/K
33	Vaida Juodokaite	75221	58:54	5:53/K
34	Vanessa Lebrun	75222	58:54	5:53/K
35	Cristina Gibbons	75211	59:05	5:55/K
36	Jessica Sanchez	75243	59:52	5:59/K
37	Meghan Little	81965	1:00:06	6:01/K
38	Melissa Schneider	82031	1:00:22	6:02/K
39	Adriana Proton	81803	1:00:29	6:03/K
40	Catriona Mulholland	81998	1:00:34	6:03/K
41	Dana Spittal	82045	1:00:34	6:03/K
42	Dana Hough	81921	1:00:35	6:04/K
43	Trudy Wong	82051	1:00:39	6:04/K
44	75229 Bib	75229	1:00:55	6:06/K
45	Amelia Collison	81834	1:01:04	6:06/K
46	Sue Ferguson	81871	1:01:39	6:10/K

47	Jennifer Copley	81839	1:01:43	6:10/K
48	Kim Nguyen	82001	1:02:10	6:13/K
49	Cathy Rae Hollett	75239	1:02:16	6:14/K
50	Frances Kwiatkowski	81952	1:03:09	6:19/K
51	Regiane Garcia	81875	1:03:10	6:19/K
52	Khanh Nguyen	81850	1:03:16	6:20/K
53	Saeideh Atoofi	82095	1:03:24	6:20/K
54	Amanda Chow	81823	1:03:24	6:20/K
55	Anita Loy	81968	1:03:25	6:21/K
56	Jennifer Johnston	81931	1:03:30	6:21/K
57	Heather Fairbrother	81867	1:03:46	6:23/K
58	Sue Matthews	81982	1:04:13	6:25/K
59	neha kishore	81939	1:04:14	6:25/K
60	kyoko horiguchi	81900	1:04:16	6:26/K
61	Joanna Marsolais	81978	1:04:16	6:26/K
62	Kim Cernly	75216	1:04:24	6:26/K
63	Loraine Douville	75227	1:05:45	6:35/K
64	Jennifer Ho-wang	82093	1:06:00	6:36/K
65	Barbara Patton	82014	1:06:10	6:37/K
66	Natalija Ilic	81924	1:06:13	6:37/K
67	Kelsey Aimar	78383	1:06:30	6:39/K
68	Kate MacMillan	81974	1:07:11	6:43/K
69	Lori Ptachyk	82019	1:07:20	6:44/K
70	Lianne Watt	82069	1:07:36	6:46/K
71	Kathleen Tapp	82003	1:07:46	6:47/K
72	Sandra Green	81880	1:08:08	6:49/K
73	Kelsey Quirion	82020	1:08:14	6:49/K
74	Jessica Saunders	82052	1:08:32	6:51/K
75	Louise Webb	78388	1:08:48	6:53/K
76	marni charlesworth	81818	1:08:51	6:53/K
77	Cassie Wright	82079	1:08:52	6:53/K
78	Julie Berry	81958	1:09:05	6:55/K
79	Magdalena Blasiak	78397	1:09:22	6:56/K
80	Alexandra Hoctin	75203	1:09:54	6:59/K
81	Elaine Haakstad	81887	1:10:36	7:04/K
82	Jessica Lu	78387	1:10:43	7:04/K
83	Christine McGuire	75207	1:10:59	7:06/K
84	Zoe Capps	81959	1:10:59	7:06/K
85	Pamela Leminski	82025	1:10:59	7:06/K
86	Lily Tourond	75246	1:11:21	7:08/K
87	Megan Lizee	81967	1:11:25	7:09/K
88	Cathy Wu	82080	1:11:31	7:09/K
89	Bitu Joudaki	81932	1:11:48	7:11/K
90	Elena Krsteva	81943	1:12:32	7:15/K
91	Shaknaza Nishankulova	82002	1:13:01	7:18/K
92	Sarah Fougere	81873	1:13:02	7:18/K
93	Brittani Hislop	81896	1:13:06	7:19/K
94	Julianne Wiebe	82073	1:13:07	7:19/K
95	Isobel Willard	82075	1:15:43	7:34/K
96	Mango Mangonon	81977	1:16:28	7:39/K
97	Bhapinder Sandhu	82028	1:17:06	7:43/K
98	Aimee Illescas	81971	1:17:32	7:45/K
99	Susan Gibbons	75212	1:18:01	7:48/K
100	Julie Meyers	81995	1:19:10	7:55/K
101	Jenny Gloor	81878	1:19:42	7:58/K
102	Neha Kishore	75244	1:20:31	8:03/K

Male

Place	Name	Bib No	Total Time	Total Pace
1	David Adams	78382	38:23	3:50/K
2	Ben Hanke	78381	38:53	3:53/K
3	Blan Zimmerman	75214	39:35	3:58/K
4	Connell O'Reilly	82006	40:16	4:02/K
5	Mark Dawson	75240	40:32	4:03/K
6	Conrad Cormier	81843	40:34	4:03/K
7	Gavin Bong	81801	41:02	4:06/K
8	Terry Straus	82048	41:20	4:08/K
9	Brandon Mewhort	82092	41:54	4:11/K
10	Malcolm Sucrez	81954	41:55	4:12/K
11	Milan Benaka	82037	42:46	4:17/K
12	Adrian De Lisle	81847	42:47	4:17/K
13	Chris Farrell	81950	43:06	4:19/K
14	Anders Mjos	82091	44:00	4:24/K
15	Robert Bonas	78400	44:34	4:27/K
16	Daniel Camporese	81812	44:46	4:29/K
17	Kevin O'Reilly	82007	45:20	4:32/K
18	Nick Penner	82015	46:38	4:40/K
19	Charlie Hunter	81922	46:38	4:40/K
20	James Dunnigan	81859	47:47	4:47/K
21	stephen scott	82033	48:08	4:49/K
22	Mike Deines	81849	48:44	4:52/K
23	Ricooh Talento	75242	48:53	4:53/K
24	Lawrence Bernales	78390	49:26	4:57/K
25	Nader Atoofi	82094	49:59	5:00/K
26	Joseph Chai	75234	50:34	5:03/K
27	Willi Ribl	82022	50:44	5:04/K
28	Mark West	82071	50:48	5:05/K
29	Richard Johnson	75209	51:05	5:07/K
30	Tyrone Tairu	82055	51:13	5:07/K
31	andrew ettinger	81865	51:22	5:08/K
32	Fiel Edejer	81862	51:27	5:09/K
33	Jamie Leigh	81819	51:35	5:10/K
34	Andow Sixsmith	75236	51:50	5:11/K
35	Martin Coles	75226	52:03	5:12/K
36	Kurt Laird	75218	52:21	5:14/K
37	Zeen Liu	75201	52:22	5:14/K
38	Alasdair George	81876	52:27	5:15/K
39	Andrew Kwan	82096	52:50	5:17/K
40	Mike Hawco	75237	53:14	5:19/K
41	Marty Geusebroek	81877	53:33	5:21/K
42	Marc Gibson	75232	54:02	5:24/K

43	milan pocuca	82016	54:19	5:26/K
44	Joseph Cacal	82054	54:19	5:26/K
45	Zach Saunders	82029	54:40	5:28/K
46	Jim Rupert	75233	54:41	5:28/K
47	Brendan Kelly	81996	55:07	5:31/K
48	Thomas Miller	75228	55:48	5:35/K
49	Benjamin Milling	78393	56:07	5:37/K
50	Jason Lindstrom	81962	56:11	5:37/K
51	David Little	81964	56:18	5:38/K
52	Will Turner	82064	56:21	5:38/K
53	charles krzysik	81944	56:23	5:38/K
54	Asha Kydd	82090	56:38	5:40/K
55	Eric Poersch	82017	56:48	5:41/K
56	max krzysik-horiguchi	81945	56:55	5:42/K
57	Jeff Lun	81969	57:04	5:42/K
58	Justin Mak	82099	57:15	5:44/K
59	Kyle Kwan	78394	57:48	5:47/K
60	Denys Ng	82000	58:21	5:50/K
61	Daniel Mangonon	82026	58:23	5:50/K
62	Paul Verlaan	81817	58:41	5:52/K
63	Vladimir Ilic	81923	59:09	5:55/K
64	Adrian Hinston	75224	59:13	5:55/K
65	Russ Zapothichny	75235	59:22	5:56/K
66	stuart richardson	82023	59:26	5:57/K
67	Euan Bowman	81984	1:00:04	6:00/K
68	Jesse Collison	81833	1:00:48	6:05/K
69	Tom Sherlock	75219	1:00:52	6:05/K
70	Kevin Park	75213	1:00:55	6:06/K
71	Matthew Hislop	81897	1:01:35	6:10/K
72	Mark Pattern	82013	1:01:35	6:10/K
73	Simon Shum	82039	1:01:47	6:11/K
74	David Kwan	75206	1:02:12	6:13/K
75	Marcus Stusek	75225	1:03:06	6:19/K
76	Amrit Birring	78395	1:03:10	6:19/K
77	Josh Sobil	82044	1:03:33	6:21/K
78	Lee Kucera	81947	1:03:46	6:23/K
79	Paymon Ahsaei	75210	1:04:10	6:25/K
80	Maulen Kalau	81935	1:05:24	6:32/K
81	Chris Tin Wai Chan	81814	1:07:09	6:43/K
82	Eric Rashce	75230	1:07:36	6:46/K
83	christopher blunden	78398	1:07:42	6:46/K
84	Brendan Cindric	81826	1:07:45	6:47/K
85	Gary Diman	75220	1:07:47	6:47/K
86	Brendan Cooke	81835	1:08:14	6:49/K
87	Michael Nuchoff	82100	1:11:38	7:10/K
88	Mario Busse	81966	1:11:39	7:10/K
89	Zane Dopson	81855	1:11:55	7:12/K
90	Christopher Lawetz	81957	1:16:28	7:39/K
91	PETER GOEL	81879	1:24:30	8:27/K
92	Haroon Rashid	82021	1:25:33	8:33/K

5 k Run

Female

Place	Name	Bib No	Total Time	Total Pace
1	Olivia Willett	20651	20:07	4:01/K
2	Baneet Bains	20645	22:16	4:27/K
3	Laura Gale	20639	24:11	4:50/K
4	Janice Palmer	20627	24:12	4:50/K
5	Stephanie Mar	20641	24:14	4:51/K
6	Alexandra Smolinski	20613	25:04	5:01/K
7	20642 Bib	20642	25:06	5:01/K
8	Carolyn Hubbard	20462	25:54	5:11/K
9	Jasmeen Dhdkliwal	20567	26:18	5:16/K
10	Liana Elsbernel	20551	26:26	5:17/K
11	Lindsay Sheperd	20652	26:26	5:17/K
12	Marlee Bathe	20423	26:28	5:18/K
13	Lauran Robinson	20640	27:01	5:24/K
14	Doneen Swart	20411	27:29	5:30/K
15	Nicole Sue	20561	28:06	5:37/K
16	Katiana Shanbahrami	20569	28:10	5:38/K
17	Yasmin Parker	20509	28:27	5:41/K
18	Bracken Hanke	20450	29:05	5:49/K
19	Edel Kirke	20609	29:24	5:53/K
20	Rachel Vallance	20474	29:34	5:55/K
21	Liza Navarro	20644	30:09	6:02/K
22	Tracy Harvey-Chan	20441	30:26	6:05/K
23	Yuri Artibise	20402	30:27	6:05/K
24	Jena Church	20624	30:37	6:07/K
25	Shelby Martin	20623	30:38	6:08/K
26	Catherine Chew	20605	30:48	6:10/K
27	Heidi Harms	20545	30:49	6:10/K
28	Alex Franco	20438	31:13	6:15/K
29	Beverley O'Neil	20506	31:16	6:15/K
30	Dalila Jovanovic	20610	31:16	6:15/K
31	Altynay Trofimchuk	20616	31:16	6:15/K
32	Janelle Saccucci	20593	31:40	6:20/K
33	Akane Wada	20591	31:49	6:22/K
34	Jennifer Jantzen	20614	31:50	6:22/K
35	Laura Zerr	20637	31:59	6:24/K
36	Laura Gair	20601	32:10	6:26/K
37	Karen Choi	20482	32:14	6:27/K
38	Hyunwook Shin	20500	32:15	6:27/K
39	Terry Lynn Massey	20604	32:29	6:30/K
40	Maira Campell	20620	33:06	6:37/K
41	Morgaine Jennings	20611	33:13	6:39/K
42	Alisa Lazear	20404	33:51	6:46/K
43	Joyce Beveridge	20475	33:58	6:48/K
44	Alona Ben-Yacov	20626	34:04	6:49/K
45	Kim Dohms	20635	34:08	6:50/K
46	Michelle von Loessl	20531	34:10	6:50/K
47	Stacey Kus	20582	34:43	6:57/K
48	Suman Lalari	20598	34:49	6:58/K
49	Amy Chand	20538	35:22	7:04/K
50	Lin Sue	20560	35:31	7:06/K
51	Julie Farynuik	20447	35:43	7:09/K
52	Elaine Campbell	20622	35:44	7:09/K

53	Emily Ostapovich	20535	35:48	7:10/K
54	Tiffany Ku	20570	35:53	7:11/K
55	Jenny MacKay	20597	35:59	7:12/K
56	Laurel McLaughlin	20596	36:01	7:12/K
57	Adeline Wong	20575	36:38	7:20/K
58	Sally Young	20541	36:43	7:21/K
59	Laura McPheeters	20495	36:57	7:23/K
60	Karen Noel-Bentley	20504	36:58	7:24/K
61	Joanne Denny	20478	37:20	7:28/K
62	Sandy Dang	20583	37:22	7:28/K
63	Barb Griffin	20491	37:30	7:30/K
64	lisa yeoman	82082	38:06	7:37/K
65	Wendy Sinclair	82040	38:08	7:38/K
66	Bethany Mayne	20606	38:16	7:39/K
67	Sonia Milbradt	20403	38:16	7:39/K
68	Lauren Bailey	20429	38:23	7:41/K
69	Stacey Vestad	20530	38:35	7:43/K
70	Rita Tung	20528	39:54	7:59/K
71	Pei Wen Polly Tsao	20527	39:54	7:59/K
72	Sonia Erichsen	20466	39:56	7:59/K
73	Jennifer Raworth	20533	39:58	8:00/K
74	Ruth Beardsley	20600	40:55	8:11/K
75	Alex Holmes	20599	40:59	8:12/K
76	Gwen Doran	20649	41:33	8:19/K
77	Rebekah Makepeace	20650	41:35	8:19/K
78	Narveen Grewal	20617	42:10	8:26/K
79	Marina Langeland	20633	43:01	8:36/K
80	Wendy Brelsford	20589	43:26	8:41/K
81	Jessica Lam	20646	43:48	8:46/K
82	Rachelle McCallum	20460	44:35	8:55/K
83	Megan Bartley	20585	46:56	9:23/K
84	Spoorthy Seenappa	75241	49:50	9:58/K
85	Anuria Dhiman	20602	50:57	10:11/K
86	Jessie Corey	75245	57:33	11:31/K
DQ	Akiko Imada	81925	36:28	7:18/K
DQ	Ursula Ellis	81863	36:29	7:18/K

Male

Place	Name	Bib No	Total Time	Total Pace
1	Michael Harris	20451	19:42	3:56/K
2	Stephen Davis	20498	22:25	4:29/K
3	Zeus Lang	20629	22:43	4:33/K
4	Jamie Daton	20638	22:55	4:35/K
5	Derek Niziol	20503	23:22	4:40/K
6	Antonio Atte	20558	23:48	4:46/K
7	David Bickerton	20594	24:42	4:56/K
8	Marlon Danilewitz	20425	24:56	4:59/K
9	Jason Classon	20472	25:03	5:01/K

10	Campbell McCallum	20473	25:07	5:01/K
11	Chris Seppelt	20522	25:38	5:08/K
12	Raymond Lam	20587	25:43	5:09/K
13	Linton Su Sing Chan	20421	25:46	5:09/K
14	Eric Sue	20562	25:55	5:11/K
15	John Ferber	20407	26:13	5:15/K
16	Phil Haines	20607	26:20	5:16/K
17	Kevin O'Connor	20588	26:26	5:17/K
18	Daylan Robertson	20519	26:27	5:17/K
19	Ian Ang	20576	26:29	5:18/K
20	Mathew Lee	20612	26:31	5:18/K
21	Mardin Varela Flores	20584	26:36	5:19/K
22	Oscar Hanke	20449	27:08	5:26/K
23	Layne Hellrung	20595	27:11	5:26/K
24	Jim Hodgson	20559	27:17	5:27/K
25	Vsili Trofimchuk	20615	27:26	5:29/K
26	Conner Zemlak	20543	28:23	5:41/K
27	Lindsay Masters	20647	28:50	5:46/K
28	Dauglas Campbell	20621	29:07	5:49/K
29	Steven Evans	20435	29:29	5:54/K
30	Paul Clapham	20631	29:35	5:55/K
31	Cole Crocker	20634	30:27	6:05/K
32	Trevor Kouyomjian	20618	30:48	6:10/K
33	Lowell McPhail	20619	31:07	6:13/K
34	Daniel Weinschenker	20628	31:07	6:13/K
35	Linden Ruecker	20592	31:11	6:14/K
36	Max McDiarmid	20486	31:22	6:16/K
37	Steve Micolino	20439	32:03	6:25/K
38	Brandon Chesler	20496	32:22	6:28/K
39	Marshall Derksen	20430	33:13	6:39/K
40	Grant Derksen	20431	33:13	6:39/K
41	Raymond Tsow	20636	33:19	6:40/K
42	Dennis Cooper	20625	34:02	6:48/K
43	Peter Brodman	20537	34:20	6:52/K
44	Gary Rollins	20517	34:36	6:55/K
45	Mike Kus	20581	35:00	7:00/K
46	Magnus Lu	20586	35:15	7:03/K
47	Otis Sandhu	20546	35:19	7:04/K
48	Mehtab Riar	20547	35:23	7:05/K
49	Veerin Dhiman	20603	35:31	7:06/K
50	Collin Brown	20480	35:48	7:10/K
51	Keith Cerny	20608	35:48	7:10/K
52	20643 Bib	20643	36:25	7:17/K
53	Alan Chan	20418	36:40	7:20/K
54	Ben Sinclair	20648	37:10	7:26/K
55	Campbell MacArthur	20590	38:30	7:42/K
56	Tara McGuire	20490	38:50	7:46/K
57	Noah Morris	20630	46:44	9:21/K
58	Sean Stewart	20632	1:19:49	15:58/K