




Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

Lunch Served Daily
 Monday Thru Friday
 11:30am TO 12:30Pm
 Curb Side Delivery



July 2021

SUN	MON	TUE	WED	THU	FRI	SAT
Senior Legal Service 464-3069 1-800-972-0002				1 Chicken Pot Pie, Creamy Cucumber Salad & Pineapple with Mandarin Oranges	2 Pork Roast w/Gravy, Mashed Potatoes, Carrots & Peas and Whole Wheat Bread	3  Happy 4 th of July
4 HAPPY 4 th of July 	5 SITE CLOSED	6 Spinach Lasagna, Broccoli & Cauliflower, Tossed Romaine Salad and Garlic Bread	7 Chinese Chicken Salad, Whole Wheat Dinner Roll and Mandarin Oranges	8 Tuna Noodle Casserole, Romaine Salad w/Tomatoes and Pineapple with Coconut	9 Chicken & Dumplings, Spinach Salad and Strawberry Shortcake	10 
11	12 Spaghetti w/Meat Sauce, Italian Vegetables, Tossed Salad and Garlic Bread	13 Bean and Cheese Burrito, Corn and Green Chili Salad and Oranges	14 Pulled Chicken Sandwich on WW Bun, Baked Sweet Potatoes and Tangy Coleslaw	15 Beef Stew, Spinach W/ Mandarin Salad, Cornbread and Banana	16 Chef Salad, Whole Wheat Roll and Watermelon	17
18	19 Chicken Supreme, Mixed Vegetables, Brown Rice and Applesauce	20 Spinach Quiche, Oven Brownd Potatoes, Three Bean Salad, WW Bread and Strawberries & Grapes	21 Salisbury Steak w/Gravy, Mashed Potatoes, Green Beans, Romaine Salad & WW Bread	22 Beef Stroganoff w/WW Noodles, Green Beans w/Garlic, Tangy Coleslaw and Apple Crisp	23 Hamburger, Sweet Potatoes Fries, Watermelon and Pudding cup	24
25 Menu Is Subject To Change Without Notice	26 Oven Fried Chicken w/Gravy, Mashed Potatoes, Zucchini w/Corn & Onions, WW Bread and Cantaloupe	27 Stuffed Baked Potato w/Chili & Cheese, Carrots, Spinach Salad w/Raisins & Balsamic Dressing, WW Bread and Oranges	28 Meatloaf, Mashed Potatoes w/Gravy, Creole Green Beans, Romaine Salad w/Peppers & Tomatoes and WW Bread	29 Hot Turkey Sandwich, Mashed Potatoes, Green bean and Fresh Fruit Salad	30 Birthday Friday BBQ Spice Chicken, Corn w/Peppers Tangy Coleslaw, w/w roll and Birthday Cake	31 HICAP AT DNSC 464-7876