

LMWC 2022-23 Team Tournament Schedule

- Developmental Tournaments -

**Coaches will not be sent to developmental tournaments*

Nov. 20th – Independence - Fall	<i>Independence HS</i>
Dec. 11th – Marion	<i>Marion HS</i>
Dec. 16th – Hammerin’ Hawks	<i>CR Prairie HS</i>
Dec. 18th – Linn-Mar (LMWC)	<i>Linn-Mar HS</i>
Jan. 14th – Wapsie Valley	<i>Wapsie Valley HS</i>
Jan. 15th – Independence - Winter	<i>Independence HS</i>



DEVELOPMENTAL TOURNAMENT - Independence
-INDEE MAT CLUB WRESTLING-

Date: Sunday -NOVEMBER 20th, 2022

Location: Independence High School - 700 20th Ave SW - Independence, IA

Grades: PK - 5

Weigh-Ins: Noon - 12:30pm

Wrestle: 1pm

Registration: At the door only! No Pre Registration.

Officials: Independence High School Wrestlers

Awards: Medals to all participants!

Cost: \$10.00 per wrestler

- Admission is by donation for all non-participants!
- Concessions will be available

** This tourney is for the beginner in their 1st or 2nd year of wrestling.*

** Please, no AAU/USA State qualifiers or place winners.*

** All wrestlers should wrestle 3 - 4 matches depending on time.*

No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade. Matches will consist of 3 - (1) minute periods. Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.

** Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments. This tournament will not be on track wrestling.*

For more information contact:

Jon Carey at jcarey@independence.k12.ia.us

Marion Wrestling Club



DEVELOPMENTAL TOURNAMENT

Date: **Sunday – December 11, 2022**

Location: Marion High School Gymnasium
675 South 15th Street- Marion, IA

Grades: K - 6

Weigh-Ins: 9:00am - 10:00am

Registration: At the door only!

Cost: \$15.00 per wrestler

Admission is free for spectators

Concessions will be available

Awards: Medals with ribbons to all participants!

* This tourney is for beginners in their 1st or 2nd year of wrestling.

* Please, no AAU State qualifiers or place winners.

* All wrestlers should wrestle 3 - 4 matches depending on time.

No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade.

Matches will consist of 3 - (1) minute periods. Pins will be called but wrestling will continue until the match time has ended.

Both wrestlers' arms will be raised at the end of the match.

* Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments.

For more information contact: Tom Thompson

Phone: (319)-573-6329

2022 Hammerin' Hawks Wrestling Club Beginner Tournament

Friday, December 16th, 2022



Where: Prairie High School 401 76th Ave SW Cedar Rapids, IA 52404

When: Friday, December 16th, 2022
Doors open at 5:00 P.M.
Wrestling begins at 6:30 P.M.

Registration: No registration required
All participants will be weighed in upon arrival
Arrival deadline for wrestlers, no later than 6:00 P.M. to allow pairings
Wrestling begins at 6:30 P.M.

Purpose: *NEW* wrestlers gain experience with an appropriate level of competition and have fun!

Entry Fee: \$20 per wrestler to be paid at the door

Admission: Cash Only - \$5 Per Person

Eligible Participants:

Boys and Girls 4th grade and under
Must be in their first two years of wrestling
Not for wrestlers with high-level success, such as PeeWee state

Awards: Each wrestler will be awarded a custom medal
Medals will be awarded at their mat following the completion of their final match
A medal stand will be available for parents to use to take pictures of their own child

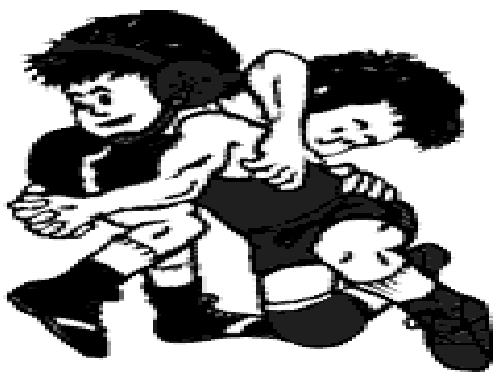
Format: Wrestlers will be placed in four-person, similar weight groupings
Each wrestler will get three matches, a match against the three others in group
Groups will be assigned to a mat and wrestle all matches on the same mat
Three one minute periods, continuous clock
Required top and bottom positions for second and third periods
When a pin occurs, wrestlers will be reset to neutral position to continue wrestling
No match score will be kept



Contact information: hammerinhawkswrestlingclub@gmail.com

Lani Noska 319-330-2482

LINN-MAR WRESTLING CLUB



DEVELOPMENTAL TOURNAMENT

Date: **Sunday – December 18th, 2022**

Location: Linn-Mar High School Gymnasium
3111 N. 10th Street - Marion, IA

Grades: PK - 6

Weigh-Ins: 11:00am - 12 Noon

Registration: At the door only!

Cost: \$15.00 per wrestler

Admission is by donation for all non-participants!

Concessions will be available

Awards: Medals with ribbons to all participants!

* This tourney is for the beginner in their 1st or 2nd year of wrestling.

* Please, no AAU State qualifiers or place winners.

* All wrestlers should wrestle 3 - 4 matches depending on time.

No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade.

Matches will consist of 3 - (1) minute periods. Pins will be called

but wrestling will continue until the match time has ended.

Both wrestlers' arms will be raised at the end of the match.

* Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments.

For more information contact: Doug Streicher

Email: linnmarwrestling@gmail.com

Visit the Linn-Mar Wrestling Web site at: www.linnmarwrestling.com

WARRIOR WRESTLING BEGINNERS TOURNEY



PLACE: WAPSIE VALLEY HIGH SCHOOL-FAIRBANK, IOWA

DATE: SATURDAY, JANUARY 14, 2023

WEIGH-IN: 12:00-12:30 PM

WRESTLING: START AT 1 PM

BOYS AND GIRLS DIVISIONS	GRADES	PERIODS	AWARDS
BEGINNERS DIVISION	Pre- 6th	HH	Medals for ALL

NO MAIL IN ENTRIES ACCEPTED

WALK-IN REGISTRATION AVAILABLE AT DOOR \$10.00

MAKE CHECKS PAYABLE TO: WAPSIE VALLEY SCHOOLS

- This tourney is for beginners in their 1st or 2nd year of wrestling, no AAU/USA State qualifiers or place winners.
- All wrestlers should wrestle 3 - 4 matches depending on time.
- No wall brackets will be used.
- Wrestlers will be paired randomly by weight and their grade.
- Matches will consist of 3 - (1) minute periods.
- NO PARENTS AT THE EDGE OF THE MAT.
- Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.
- Please remember that this tournament is designed to give the beginning wrestler more mat time + confidence before they enter the more competitive tournaments. This tournament will not be on track wrestling.

IN CONSIDERATION OF MY ACCEPTING THIS ENTRY, I HEREBY, FOR MYSELF, MY HEIRS, AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE BENTON COMMUNITY SCHOOLS, ITS SUBCOMMITTEES, AGENTS, REPRESENTATIVES AND ASSIGNS, FOR ANY AND ALL INJURIES SUFFERED BY ME AT SAID TOURNAMENT.

PARENT EMAIL: _____ PARENT PHONE NUMBER: _____

WRESTLERS NAME: _____ AGE: _____ GRADE: _____ WEIGHT: _____

SCHOOL &/OR CLUB WRESTLER ATTENDS _____

I CERTIFY THAT THE ABOVE INFORMATION IS TRUE: _____

PARENT/ GUARDIAN SIGNATURE

For any questions please contact wapsievalleywrestlingclub@gmail.com



WINTER DEVELOPMENTAL TOURNAMENT -
Independence
-INDEE MAT CLUB WRESTLING-

Date: Sunday -January 15th, 2023

Location: Independence High School - 700 20th Ave SW - Independence, IA

Grades: PK - 5

Weigh-Ins: Noon - 12:30pm

Wrestle: 1pm

Registration: At the door only! No Pre Registration.

Officials: Independence High School Wrestlers

Awards: Medals to all participants!

Cost: \$10.00 per wrestler

- Admission is by donation for all non-participants!
- Concessions will be available

** This tourney is for the beginner in their 1st or 2nd year of wrestling.*

** Please, no AAU/USA State qualifiers or place winners.*

** All wrestlers should wrestle 3 - 4 matches depending on time.*

No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade. Matches will consist of 3 - (1) minute periods. Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.

** Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments. This tournament will not be on track wrestling.*

For more information contact:

Jon Carey at jcarey@indeek12.org