# **Parent Sessions Breakout 1**

# Developing the Heart to Restore Justice and End the Prison Pipeline Kim Siar

Meditation on Twin Hearts is a powerful technique for activating the heart. In this activation stress, pain, destructive tendencies can be minimized and restorative actions of loving kindness, forgiveness, peace and tolerance can be used to reverse the damage caused by cycles of incarceration, anger, intolerance and pain. Session 1 Worner Center WES Room Capacity 50

# Financial Aid 101 Freddy Burciaga

This presentation is to help parents gain a general understanding of the process of applying for Federal Student Aid, types of aid, and scholarships. Session 1 Armstrong 233 Capacity 35

# Helping Your Scholar Shape Their Career Pathway with the Colorado State Mandated Individual Career and Academic Plan (ICAP) Arlisha Lawson and Devalyn Kirkman

The ICAP program has been in effect since 2009, and is a multi-year process designed to help students now in middle school and high school achieve, 'the knowledge, skills, and aptitudes to explore career and academic pathways." The ICAP program should be a foundational aspect of a school's culture. Session 1 Armstrong 257A Capacity 30

# **Breakout Session 2**

#### Children's March Lisa Villanueva

"The Children's March" tells the story of how the young people of Birmingham, Alabama, braved fire hoses and police dogs in 1963 and brought segregation to its knees. Their heroism complements discussions about the ability of today's young people to be catalysts for positive social change. Session 2 Richard Celeste Theater in the Cornerstone Building Capacity 300

#### How Families Can Engage in Their Child's Education Mary Katungu

Explore effective ways parents/families can engage with their child's academic learning and other school activities. Research has found that when families are involved with their child's school, the school outperforms similar schools without family engagement; teacher morale improves; family members rate teachers more highly; and the school has a better relationship with the community. Session 2 Armstrong 233 Capacity 35

# A National Imperative: An Entrepreneurial Mindset for Student Success Dr. Lynne Chandler-Garcia

How do we inspire our students with a mindset to persist, succeed, and achieve their goals? In this workshop, we'll discover that the basic tenets of an entrepreneurial mindset can help our youth achieve their educational and career goals. Session 2 Armstrong 230 Capacity 30

#### Parenting and Preparing For Success-Developing Professional Resilience Anthony Perez

As parents we need to learn that we need to become intentional and deliberate in developing those critical intangible character skills that are essential for our children's success in school, career and life. Session 2 Armstrong 328 Capacity 41

## Race/National Origin Discrimination in Elementary and Secondary Schools Michael Germano

Discrimination on the basis of race and national origin in educational programs that receive federal funds is a violation of law. Districts have an obligation to address possible different treatment, disparate impact, and harassment of individuals on the basis of race and national origin. They also have an obligation towards students with Limited English Proficiency with respect to Gifted and Talented programs and Special Education services. Session 2 Armstrong 256A Capacity 30

#### **Breakout Session 3**

#### The Achievement Gap: What Parents Need to Know and What They Can Do Pat Green

Parents will learn strategies that will foster increased engagement for student learning and success in the educational environment. Parents will create a three-step action plan of strategies to be implemented immediately to assist in the achievement of their children. Session 3 Armstrong 231 Capacity 35

## Improving Your Child's Reading and Writing Skills Peggy Wilbur

Hands-on strategies to improve reading and writing skills. The session addresses how Common Core Standards shape teachers' current instruction and how that may affect learning in classrooms. Participants will learn about discoveries in brain neuroscience, educational red flags, and how to advocate for children. Session 3 Armstrong 233 Capacity 35

# National Standards for Family-School Partnerships Karen Hobson and Staci Ruddy

This session will explore the National Standards for Family-School Partnerships and roadblocks to parent engagement. Session 3 Armstrong 257A Capacity 30

#### What's the Big Deal About Marijuana? Impact on the Developing Brain Jo McGuire

This session will show how adolescent marijuana use is particularly toxic to the adolescent brain, how the industry targets youth for marketing and what parents should know about talking to their kids. Session 3 Worner Center WES Room Capacity 50