KRCNEWS

KAMA RELIEF CORPORATION

Ramadan 2018 Newsletter



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Feeding One Family at a Time

KRC's on the ground staff provides basic necessary supplies to the most needy families. Whether it is food rations for orphan and widow families, water wells for remote villages, education for the young, winter clothing (coats / shoes / blankets). or Masajids community centers, KRC has been able to make a difference in the lives of the most needy.

Through the generous support of our friends, Allah has helped us to put a smile on a young child, clothe a small orphan, help a mother put food in front of her family, and bring a little hope and happiness to their lives.

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Orphan Support Program

In partnership with LIFE, we provide orphan families with basic food, school, HAND, we sent and distributed a and clothing supplies.



Clothing Drive

In partnership with HELPING 40 foot container of winter clothing, putting a smile on many faces.



Community Centers and Masajids

Helping local communities to build their places of community development and worship, along with teaching the youth.



Building Wells

Water: the greatest gift. Helping to provide rural areas access to clean water, which they have been lacking for a long time.

*HUMANITARIAN CRISIS

FAMILIES ARE IN NEED OF FOOD AND WATER

Afghanistan is one of the poorest countries in the world, where 70% of the population is unable to meet the basic needs of life. This has led to insufficient food and water access to a large portion of the population. Children and adults are malnourished. Infant mortality rates are sky high. Access to clean water is very difficult. Living conditions are very substandard, leading to many health problems. The majority of those affected are children. Combined with the instability in the region, there is a big humanitarian crisis, and we urge everyone to help support this cause.









KRC provides basic food rations to the most needy families. We provide a

simple food ration of flour and oil, at approximately \$12-15 per family to help these families make it through one month at time. We ask donors to pay \$25/month for food rations, which help us

cover rations for 2 families on a monthly basis. Imagine, for \$300/year, you are sustaining 2 families with the little extra they need to survive and feed each other.

KRC provides extra funds during this special month of Ramadan. Hundreds of additional families, who we otherwise are unable to provide for on a regular basis, receive the food rations during this month. Additionally, we provide thousands of families hot iftar meals to break their fast. You can sponsor a hot meal for a fasting person for as little as 25 cents. Donate to this great cause.

*ORPHAN SUPPORT PROGRAM

PROVIDING ORPHANS AND THEIR FAMILIES WITH BASIC NEEDS

In partnership with Life for Relief and Development, KRC has a strong orphan support program that spans multiple districts and cities in Afghanistan. 500 orphans, between the ages of 5 to 12, were selected to receive a monthly distribution of basic food supplies, and additional school supplies and clothing. Our aim is to support the families who do not have adults working to earn money, which often leads to young kids having to go earn a few cents daily instead of going to school. We study the orphans living conditions, difficulties, schooling, and medical needs. We require all orphans we sponser to go to school, so that their future will be bright, insha Allah.







Help support this program with

\$35/month. Remember, when you give to one orphan in one of these families, you are providing for the whole family, for all of his brothers and sisters, who are also orphans.

*CLOTHING DRIVE

SHIPPED CONTAINER OF WINTER CLOTHING TO NEEDY

In partnership with <u>Helping Hand</u>, we sent a full container of donated winter clothing, including coats, shoes, blankets, and much more. Thousands of people were able to benefit from this drive, from all over Afghanistan.







*COMMUNITY CENTERS/MASAJIDS

HELPED STUGGLING COMMUNITIES BUILD PLACES OF WORSHIP

Dozens of communities. who could not finish these centers of worship and community gatherings, requested help in completing their projects. From as little as \$200 to several thousand dollars, KRC partnered with local goals. The result are worship, learning and



*CONSTRUCTION OF WATER WELLS

PROVIDE ACCESSIBLE CLEAN DRINKING WATER

KRC built its first water well earlier this year, and, all Praise belongs to Allah, we have been able to construct a half dozen wells, some in remote areas where accessible clean water is hard to obtain. Additionally, we recently partnered with Life for Relief and Development to construct an additional approximately 25 wells by end of the

year. We have negotiated very good pricing with a local contractor, with the construction of a deep well, providing water to numerous families, costing only \$800. Also, a small well, to

provide clean water to 2 or 3 family compounds (in more remote rural areas) will cost about \$130. This includes the well, hand pump and filtration. Get involved and give the greatest gift of all: water.





WENEEDYOURHELP

Please support any of our programs. Our aim is to help assist and develop communities by helping with their most basic needs of food, shelter and community. We are very careful to extend every dollar to help as many people as possible. Know that when you donate to KRC, you are helping a needy family who may not be able to do without your help.

- Provide food rations to 2 families at \$25/month, or \$300 per year.
- Support our orphan sponsorship program at \$35/month or \$360 per year.
- Support construction and rehabilitations of Masajids and community centers. Any amount you can afford.
- Pay a teacher salary and provide dozens of kids the education they need. \$50/month or \$600/year.
- Iftar meals (as little as 25 cents a meal). Any amount you can provide.

Please write a check or pay with credit, debit and PayPal online at www.kamarelief.org, and help support our needy brothers and sisters. Checks should be sent to: Kama Relief Corporation, 10175 SW Barbur Blvd. Suite 200B, Portland, OR 97219.

Kama Relief Corporation is a non-profit Oregon based organization established in October 2001 in an effort to help alleviate the suffering of the most unfortunate people in Afghanistan. KRC is registered as an IRS 501(c)(3) tax-deductible charity. All donations to KRC are tax deductible under U.S. code 501(C)(3). KRC's tax ID number is 93-1328092.