



The Country Playhouse Academy

Menu

December 9-13 , 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<ul style="list-style-type: none"> • Raisin Bran Cereal • Orange Slices(1) • Milk 	<ul style="list-style-type: none"> • Waffles w/ Syrup • Fruit Cocktail • Milk 	<ul style="list-style-type: none"> • Oatmeal • Mixed Berries • Milk 	<ul style="list-style-type: none"> • Hard Boiled Eggs • Hash browns w/Bacon • Mixed Melon • Milk 	<ul style="list-style-type: none"> • Life Cereal • Bananas • Milk
Lunch	Lunch	Lunch	Lunch	Lunch
<ul style="list-style-type: none"> • Macaroni and Cheese • Peas • Tropical Fruit • Milk 	<ul style="list-style-type: none"> • Pork & Vegetable Fried Rice w/ Egg • Mixed Brown & White Rice • Pears • Milk 	<ul style="list-style-type: none"> • Chicken Cesar Wraps(3) • Tomato Soup w/Saltine Crackers • Mandarin Orange • Milk 	<ul style="list-style-type: none"> • Turkey & Cheese on Whole Wheat • Steamed Broccoli & Cauliflower • Peaches • Milk 	<ul style="list-style-type: none"> • Beef, Bean and Vegetable Chili • Corn Bread • Pineapple(7) • Milk
Snack 1	Snack 1	Snack 1	Snack 1	Snack 1
<ul style="list-style-type: none"> • Yogurt • Graham Crackers • Water 	<ul style="list-style-type: none"> • Tortilla Chips(2)* • Black Bean and Salsa Dip • Water 	<ul style="list-style-type: none"> • Apple Slices(4) • Cheez-It Crackers • Water 	<ul style="list-style-type: none"> • String Cheese • Grapes(5)* • Water 	<ul style="list-style-type: none"> • Nutri-Grain Fruit Bars • Milk
Snack 2	Snack 2	Snack 2	Snack 2	Snack 2
<ul style="list-style-type: none"> • Saltine Crackers • Apple Juice 	<ul style="list-style-type: none"> • Ritz Crackers • Pear Slices • Water 	<ul style="list-style-type: none"> • Cheddar/Jack Cheese Sticks • Club Crackers • Water 	<ul style="list-style-type: none"> • Wheat Thin Crackers(6) • Orange Slices • Water 	<ul style="list-style-type: none"> • Chex Mix • Orange Juice

Menu #6

Infant substitution : () (1)Mandarins (2)Soft Corn Tortillas (3)Cheese (4) Apple Sauce (5)Fruit Cocktail (6)Goldfish Crackers (7)Mixed Fruit

Toddle substitution: *