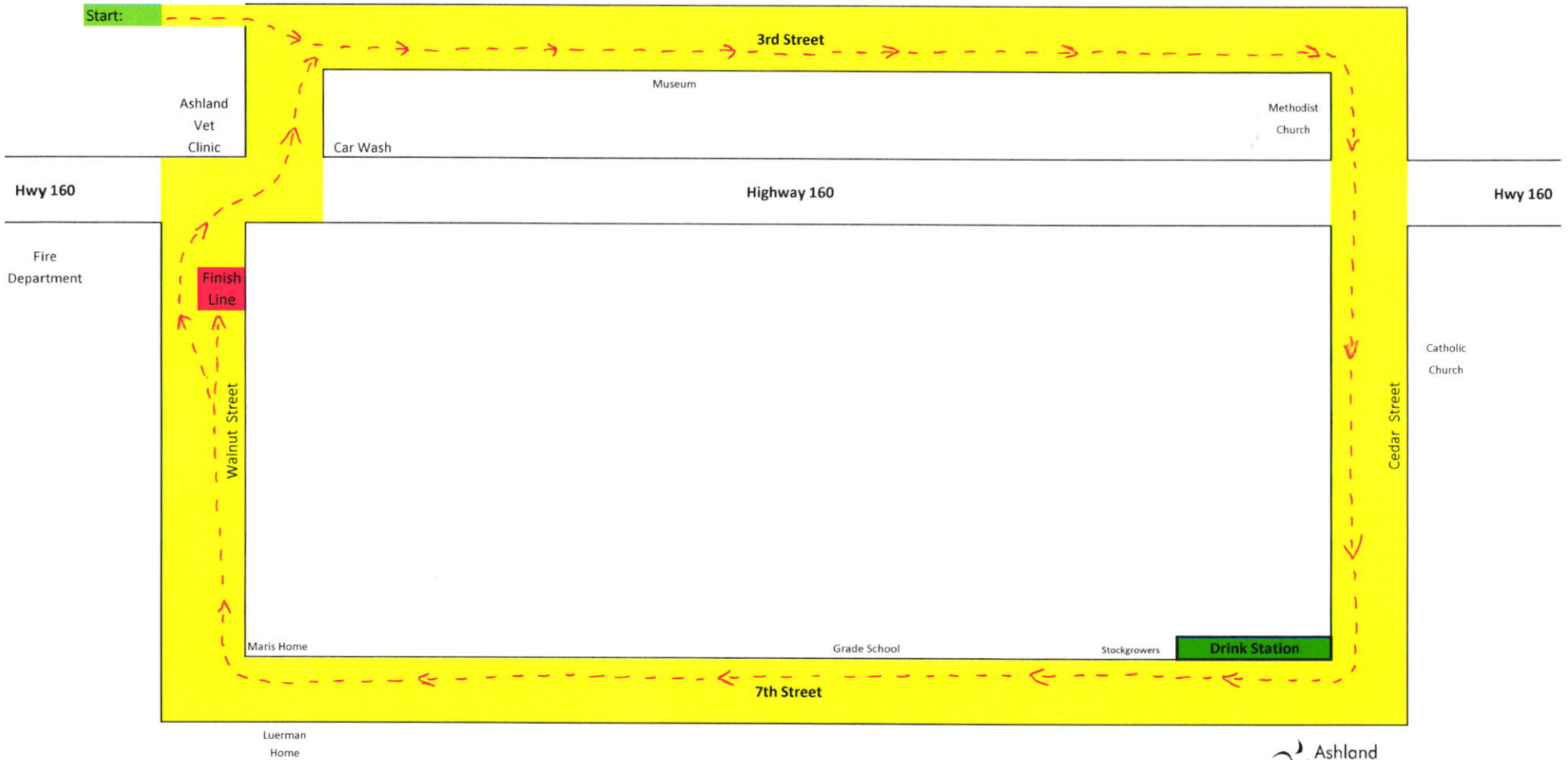


Ashland Fitness Center, Inc.
Firecracker 5K & 1.5 Mile Predict

Ashland
High
School



- 1) All participants in the 5K will make two (2) laps on the marked course. You will run/walk past the finish line the first time, then make a short run on the highway, and immediately turn north again between the Vet Clinic and the Car Wash. You will then run/walk north one block to 3rd Street, turn East and continue on the marked course where you will cross the finish line the second time around.
- 2) All participants in the 1.5 Mile Prediction Run/Walk will make one (1) lap on the marked course and will finish on Walnut Street on the East side of the Firehouse