

**October 6, 2018
David Crockett 10K**

David Crockett State Park, Lawrenceburg
Scott Benefield / Crockett Runners
P. O. Box A / Lawrenceburg, TN 38464
target242@mac.com / 931-629-3567
On-line registration at Reg2Run.com

**October 13, 2018
Race 2 Landing 6 Miles**

Pickwick Landing State Park, Counce
Michael D'Orio / Friends of Pickwick Landing
88 Harris Drive / Bethel Springs, TN 38315
michaeldorfio@hotmail.com / 731-607-9098
On-line registration at Reg2Run.com

**October 20, 2018
Pilot Knob 10K**

Nathan Bedford Forrest State Park, Eva
Lisa Bell / Frostbite Running Club
1900 Liberty Road / Camden, TN 3832
bell.lisa1987@yahoo.com / 731-441-1469
On-line registration at Reg2Run.com

**October 27, 2018
Halloween Hunt 5 Miles**

Long Hunter State Park, Hermitage
Tomas de Paulis / Frostbite Running Club
205 Woodland Court / Hermitage, TN 37076
tomasdepaulis@att.net / 615-390-6977
On-line registration at Reg2Run.com

**November 3, 2018
Roan Mountain 10K**

Roan Mountain State Park, Roan Mountain
Meg Guy / Roan Mt State Park Running Club
1015 Hwy 143 / Roan Mountain, TN 37687
meg.guy@tn.gov / 423-772-0190
On-line registration at Reg2Run.com

**November 10, 2018
Bigfoot Scramble 5 Miles**

Standing Stone State Park, Hilham
Lynn Burnett / Upper Cumberland Road Runners
811 Peach Drive / Livingston, TN 38570
Liv2run@live.com / 931-823-6124
On-line registration at Reg2Run.com

**November 17, 2018
Chickasaw Chase Quarter Marathon**

Chickasaw State Park, Henderson
Connor Gray / Jackson Roadrunners
398 Oil Well Road / Jackson, TN 38305
connorgray53@yahoo.com / 731-363-1636
On-line registration at Reg2Run.com

**November 24, 2018
Plateau Gobbler Gallop 11K**

Cumberland Mountain State Park, Crossville
Terry Walter / Frostbite Running Club
270 Mimosa Lane / Crossville, TN 38572
walterfam@frontiernet.net / 931-787-8684
On-line registration at RunSignUp.com

**December 1, 2018
Tims Ford Deer Trail 6 Miles**

Tims Ford State Park, Winchester
Denny Elston / Mach Tenn Running Club
204 Tara Blvd / Tullahoma, TN 37388
delston@lighttube.net / 931-455-6553
On-line registration at Reg2Run.com

**December 8, 2018
Over the River 8 Miles**

Paris Landing State Park, Buchanan
Mike Bell / Frostbite Running Club
1900 Liberty Road / Camden, TN 38320
bellm@henryk12.net / 731-441-1468
On-line registration at Reg2Run.com

**December 15, 2018
Pioneer 5 Miles Run**

David Crockett Birthplace State Park, Limestone
Bob Townsend / State of Franklin Track Club
2280 Jockey Road / Limestone, TN 37681
bobtownsend@comcast.net / 423-525-7335
On-line registration at RunSignUp.com

**January 5, 2019
Hill and Dale 8 Miles**

Meeman-Shelby Forest State Park, Millington
Andrew Forsdick / Memphis Runners Track Club
P. O. Box 17981 / Memphis, TN 38187
Memphisrunners.com / 901-842-5555
andrew@taproute.com
On-line registration at RacesOnline.com

**January 5, 2019
Trail of Tears 7 Miles**

Red Clay Historic Park, Cleveland
Dan Smithhisler / Frostbite Running Club
17 Vanderbilt Road / Mt Juliet, TN 3712
ds1ontherun@hotmail.com / 615-290-0121
On-line registration at Reg2Run.com

**January 12, 2019
Norris Dam Challenge 12K**

Norris Dam State Park, Norris
Dorn Kile / Oak Ridge Track Club
975 Bush Road / Clinton, TN 37716
dornkile@bellsouth.net / 865-621-3942
On-line registration at ImAthlete.com

**January 19, 2019
Fall Creek Thaw 15K**

Fall Creek Falls State Park, Pikeville
Roger Gall / Mach Tenn Running Club
204 Tara Blvd / Tullahoma, TN 37388
rsgl@cafes.net / 931-841-3038
On-line registration at Reg2Run.com

**January 26, 2019
Johnsonville Charge 5 Miles**

Johnsonville State Historic Area, New Johnsonville
Bill Redden / Frostbite Running Club
125 Old Pond Lane / Dickson, TN 37055
williambryceredden@gmail.com / 931-622-3826
On-line registration at Reg2Run.com

**February 2, 2019
Cedars Frostbite Half Marathon**

Cedars of Lebanon State Park, Lebanon
Lynda de Paulis / Frostbite Running Club
205 Woodland Court / Hermitage, TN 37076
tomasdepaulis@att.net / 615-390-6977
On-line registration at Reg2Run.com

**February 9, 2019
Race on the Trace 5 Mile**

Natchez Trace State Park, Wildersville
Danny Crossett / Jackson Road Runners
130 Coatsland Drive, Jackson, TN 38301
danny@crossett.com / 731-234-2745
On-line registration at Reg2Run.com

**February 16, 2019
The War Party 10K**

Warriors Path State Park, Kingsport
Lisa Hazlett / State of Franklin Track Club
1100 Bellingham Drive / Kingsport, TN 37660
lisa.hazlett@gmail.com / 423-306-1483
On-line registration at Runsignup.com

**February 23, 2019
Two Lakes Run 7 Miles**

Montgomery Bell State Park, Burns
Angela Redden / Frostbite Running Club
125 Old Pond Lane / Dickson, TN 37055
reddenangela@gmail.com / 931-622-1843
On-line registration at Reg2Run.com

Annual Banquet with Championship Awards
Ceremony follows at 6:30 PM Central Time.

Book your room or cabin ahead of time.

No snow day this season

**All races start at 11:00 AM local
time. Check the time zone.**

Each sponsoring running club is responsible for registration, results and awards. Park is responsible for providing facilities and traffic control. Note to Race Directors, the award categories for each race are separate from the Grand Prix categories. In case of inclement weather, please, contact the Race Director by 5:00 PM local time the day before the race.

Minimum Age Group Awards

Men and Women

19 and under	50-59
20-29	60-69
30-39	70+
40-49	