

MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

Phone 419-946-4191 * 419-946-1037 facsimile

NOVEMBER 2015 MENU

SUGGESTED \$3.00 DONATION
ONE DAY ADVANCE RESERVATIONS REQUIRED *

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice	3 Cabbage Roll Cheese Cubes Parsley Potatoes Orange Juice Graham Crackers	4 Hamburger with Lettuce & Tomato Potato Salad Pineapple	5 Chicken Salad House Salad Mandarin Oranges Apricot Juice	6 Shredded Chicken Sandwich Ranch Fries Banana Apple Juice
9 Salisbury Steak Mashed Potatoes Succotash Apple Juice Graham Cracker	10 Chicken Drumstick Baked Potato Cal. Blend Pears	11 CLOSED FOR VETERANS DAY	12 Chicken Breast Mashed Potatoes Carrots Grape Juice	13 Pulled Pork Sandwich Corn Tropical Fruit Orange
16 Pork Chop Parsley Potatoes Mixed Vegetables Tropical Fruit	17 Chicken Patty Sweet Potatoes Green Beans Mandarin Oranges	18 Chicken Noodle Casserole Peas Applesauce Cranberry Juice	19 Pot Roast Red Skin Potatoes Carrots Pears	20 Low Sodium Ham Mashed Potatoes Broccoli Peaches
23 Meatloaf Mashed Potatoes Brussel Sprouts Pears	24 Pork Chop Sweet Potatoes Malibu Blend Applesauce	25 Turkey Baked Potato Broccoli Apple Juice	26 CLOSED FOR THANKS- GIVING DAY	27 CLOSED FOR THANKS- GIVING HOLIDAY
30 Hamburger with Lettuce & Tomato Potato Salad Pineapple	MENU IS SUBJECT TO CHANGE			