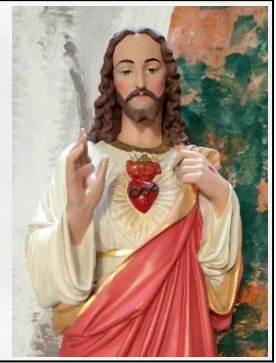




# Sacred Heart Parish Preston



322 Bell St, Preston 3072  
Phone (03) 9480 3398 or (03) 9484 2124  
Email: preston@cam.org.au  
Website: www.sacredheartpreston.com.au

## Office Hours:

Mon, Thurs & Fri: 10:30am -4pm

**Parish Priest:** Fr Aloysius Nato, SVD

**Italian Community Chaplain:**

Fr Albano Da Costa, SVD 0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

**Safeguarding Committee:**

**Safeguarding Officer:** Robert Dullard

**Safeguarding Committee: Members:**

Mary Harb, Teresa Dang, Pauline O'Day

**Parish Council Members:**

Gerard Grant (chairperson), Mark Tierney,

Natalie Baran, Judeline Wadhvani

**Liturgy Committee:**

Chair – Judeline Wadhvani

**Coordinators:**

Lectors and Audio Visual – Jessy Thambiraj

Music – Carolina Constable

Safeguarding – Pauline O'Day

Hospitality, Altar & Environment – Marilène

Fortuna

**Parish Finance Committee:**

Peter Constable (Chair)

**St. Vincent de Paul Society:**

Xavier Ndour (President) 0402 173 236

**Parish Mass Schedule**

**Weekend Masses:**

**Saturday:** 6:00pm

**Sunday:** 9:00am (*Italian*), 10:30 am, 6:00 pm

**Weekday Masses:**

**Monday to Friday:** 9:10am

**Healing Mass: 1st Friday** of February,

May, August & November at 1:30pm

**Next Healing Mass: Friday 2 May 2025**

**Devotional Practices:**

**Adoration of the Blessed Sacrament:**

Every Thursday at 7:30pm for 1 hour.

(Excluding last Thursday of the month)



**Holy Rosary:** Thurs after the 9:10am Mass

**Reconciliation: Every Saturday at 5:15pm**

**Baptisms & Weddings:** By appointment only

**Cuppa with Fr Aloysius**

1<sup>st</sup> Monday of the month, the next one is on

**Monday 3 March** in the presbytery after

9:10am Mass. All welcome

Bulletin printed: 7/2/2025

*Our Parish is committed to the safety, wellbeing and dignity of all children and vulnerable adults.*

## 5<sup>th</sup> Sunday in Ordinary Time (Year C)

### Sunday 9 February 2025

## Put Out Into the Deep

Luke's gospel today opens with Jesus, standing on the shore of the Lake of Gennesaret looking for a little breathing space having experienced crowds of people pressing round him listening to the Word He proclaims and witnessing the healings He brought to many. Jesus spots two empty boats, gets into the one belonging to Simon the fisherman. Simon's boat then becomes His teaching platform and Jesus resumes teaching the people. Simon, fed up after an unsuccessful night's fishing is ready to pack up and head for home. It's at this moment that Jesus asks him to set sail again and cast his nets into the deep waters of the lake. This wasn't what Simon (Peter) had hoped for but he responds to Jesus' direction. The rest becomes a parable of Jesus' mission with the commissioning of Peter and his companions. The dramatic result of the unexpected 'catch' brings Peter to his knees. He acknowledges his scepticism and sinfulness having experienced the power and presence of God in the person of Jesus. This experience nurturing at the same time a sense of awe in God's presence and deep humility will change the rest of his life.

As Sr Veronica Lawson RSM describes it in her reflection on today's readings, "Jesus then commissions Peter to engage fearlessly and with Faith in a new mission of reaching out beyond his present enterprise to 'catch people'. This commission is not a recruitment drive for the reign of God movement. As Luke's Gospel unfolds, we discover that it is, rather, a mission to bring the vulnerable to shore where they can know the compassion, justice and the 'hospitality' of God." By re-centering their lives on following Jesus, the disciples are not being asked to separate themselves from life but to be instruments of God's action in the midst of the concerns of human life.

Two weeks ago (3rd Sunday Ordinary time) we were given a glimpse of what Jesus understood His mission to be as it was written in the book of Isaiah: "to bring good news to the poor, to proclaim liberty to captives, to give new sight to the blind, heal the sick, set the downtrodden free" ... (Isaiah 1) in other words to draw the broken and the isolated into the community of God which is not some exclusive state but open to all. And, Jesus proclaims later in Luke's Gospel, "The kingdom of God is among you".

In the readings today, Isaiah, St Paul and Peter a fisherman, are driven by life changing encounters with the divine presence and power in their lives. Today's first reading, describing the awe-inspiring call of Isaiah, is an invitation to take time to reflect deeply upon our life as a journey of discipleship, and as pilgrims of hope may we also respond as did the prophet: "Here I am, send me."

We continue to speak of Peter's leadership and influence in the Church today when we call the Pope the "successor of Peter." We participate in the mission of the Church which IS Jesus' mission when, hearing Jesus' invitation anew through the voice of Pope Francis inviting us to be Pilgrims of Hope, we become bearers of God's mercy and love to others in our daily lives and interactions.



## Sacred Heart Parish Prayer

*Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.*

Sat 6pm Mass	Lectors	Ministers of Communion	Altar Servers
08-Feb-	Marlene Vergou Mary Harb	Terry Murphy	
15-Feb-	Terry Murphy Marlene Vergou	Charlotte Bainy	
22-Feb-	Marlene Vergou Terry Murphy	Mary Harb	

Sun 10:30am Mass	Lectors	Ministers of Communion	Slide Projection	Altar Servers
09-Feb-	Judeline Wadhvani Jessica Suppiah	Gerard Grant	Judeline	
16-Feb-	Judeline Wadhvani Marilyne Fortuna	Eileen Stevens	Judeline	
23-Feb-	Jessica Suppiah Ophelia Swai	Mia Grant	Judeline	

Sun 6pm Mass	Lectors	Ministers of Communion
09-Feb-	Snehita Antony Susan Bakani	Damian Casamento
16-Feb-	John Gaffney Jenifer Cahapay	Natalie Baran
23-Feb-	Susan Bakani Shanthi Antony	Damian Casamento

## Heartfelt Thanks to All Our Volunteers

### Attention Ministers of Communion and Lectors

#### Liturgical Ministers Roster

The current Liturgical Ministers roster will conclude on 23 February and the next roster (1/2 March to 28/29 June) will be prepared in the next few weeks. Kindly advise your availability as Lector or Minister of Communion by contacting Rachel –

[preston@cam.org.au](mailto:preston@cam.org.au) or 9480 3398

Thank you.



#### WE PRAY FOR:

##### The elderly and the sick

Charlene Apollos, Sandra Bishop, John Storrie, Joan Bonwick, Oliver and James Mendis

Our Sacred Heart School student Samantha Corsi

*Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.*

##### Those who have died recently:

*Philomine Jose, RIP 11/1*

*Suzanne Midolo, RIP 24/1 Funeral – Thurs 13/2 at 11am*

*Gianaurio Cirelli, RIP 2/2 Funeral – Fri 14/2 at 11am*

##### We Commemorate:

*Maria Reginato, 12th Anniv.*

*Mary Fanny D'Souza 1st Anniv. Sun 9/2 at 10:30am*

*O Lord may perpetual light shine upon them.*

*May they rest in peace. Amen.*



##### Last week's Collection: 2.2.2025

1st Collection for our Church: \$980

(electronic contributions for January: \$4,804)

2nd Collection for support of clergy: \$706

(electronic contributions for January: \$645)

Thank you for your kind generosity!



## ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands. We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



### † Solemnities / Feasts / Memorials of the Week †

*Monday 10 February St Scholastica, Virgin*

*(Blessed Aloysius Stepinac)*

*Tuesday 11th February Our Lady of Lourdes*

*World Day of Prayer for the Sick*

*Friday 14 February Sts Cyril, Monk and Methodius,*

*Bishop, St Valentine* ❤️



### THOUGHTS FROM POPE FRANCIS

*Let us Pray Together that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.*



## SACRED HEART PARISH

### URGENTLY NEEDS MORE VOLUNTEERS

- Slide Projection (All Masses)
- Ministers of Communion (6:00 pm Saturdays)
- Lectors (6:00 pm Saturdays)

Please consider giving some of your time to serve in Our Lord's vineyard here at Sacred Heart Parish.

The more volunteers we have, the fewer times you will be rostered. Thanking all parishioners in anticipation of your generosity. Contact Rachel Costa, Parish Secretary at 9480 3398.

#### MINISTERS OF HOLY COMMUNION

Australian Catholic University is offering an excellent short online training course for current and prospective volunteers interested in this ministry. The parish will be happy to support volunteers by paying for the cost of the course. Please visit

[www.acu.edu.au/centreforliturgy/pastoral-training](http://www.acu.edu.au/centreforliturgy/pastoral-training) to get course details. Please speak to Rachel Costa, Parish Secretary at 9480 3398 about arranging payment for your attendance.



### SAFE PARKING PRACTICE AT SACRED HEART PARISH

All visitors and parishioners are reminded not to park vehicles in the driveways around the church building, including

1. The straight driveway leading to the rear car park.

2. The curved shaped driveway in front of the church entrance.

Parking in these driveways is a safety risk and restricts access for emergency services such as ambulances in the event of a medical emergency which could have serious consequences. Parking in these areas is also a safety risk for people, including children.

Thank you for being considerate and looking after each other in true Sacred Heart community spirit.



### Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston. It will give you direct access to the CDF pay webpage by following a few easy steps. The QR code is also displayed in the Church foyer. Many thanks for your continued generosity and support to Sacred Heart parish



## Characteristics of the Jubilee Opening of the Holy Doors

The Holy Door has a special symbolic significance: it is the most powerful sign of the Jubilee, since the pilgrim ultimately aims to pass through it. The opening of the door by the Pope constitutes the official beginning of the Holy Year. Originally there was only one door at the Basilica of St John Lateran which is the cathedral of the Bishop of Rome. Later, to allow as many pilgrims as possible to take part in the Jubilee experience, the other Roman Basilicas also opened their own holy doors.

Pope Francis opened the following 5 Holy Doors in this Year of Jubilee:

1. 24 December 2024 – St Peter's Basilica, Rome
2. 26 December 2024 – Doors at Rebibbia prison in Rome for the first time ever
3. 29 December 2024 – St John Lateran (San Giovanni Laterano). On this day Most Reverend Peter Comensoli, Archbishop of Melbourne formally declared the Jubilee Year open in Melbourne, at the 11 am Mass at St Patrick's Cathedral
4. 1 January 2025 – Papal Basilica of Saint Mary Major (Santa Maria Maggiore) on the Solemnity of Mary Mother of God
5. 5 January 2025 – Papal Basilica of Saint Paul Outside the Walls

In crossing the threshold of the Holy Door, the pilgrim is reminded of the passage from Chapter 10 of the gospel according to St John: "I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture."



### The Jubilee Prayer

Father in heaven, may the *faith* you have given us in your son, Jesus Christ, our brother, and the flame of *charity* enkindled in our hearts by the Holy Spirit, reawaken in us the blessed *hope* for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen



### Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



### Parish Dance

The Social Committee of Sacred Heart Parish church are pleased to present to you the Parish Dance party that will take place on 1st of March at the Sacred Heart Hall at 7:00pm. Registration will be open from 6:30pm onwards.

DJ Starlight will be ensuring that you are on your toes. Games will see that you are entertained. Tea and coffee will be provided. BYO food and drink. The kitchen is inaccessible so heating and washing will not be possible.

Tickets are priced at

\$15 for adults

\$10 for children below 12

Discounts for group bookings are available. \$5 discount for groups of 5 \$15 discount for groups of 10

Get entered into a draw for an early bird prize if you book your tickets by 16th February.

We are going paperless this time, so for bookings please scan the qr code here or on the poster at the foyer or book your tickets on

<https://events.humanitix.com/sacred-heart-parish-dance>

Those interested to assist with preparation and other activities on the day, please contact the social committee to express your interest.



### IMPORTANCE OF WORK / LIFE BALANCE

*"Success is not the key to happiness. Happiness is the key to success."*

~ Albert Schweitzer ~

Work-life balance means managing your job and personal life, including time for family, without feeling overwhelmed. It's about balancing work responsibilities with the things that make you happy, such as family, friends, hobbies or just relaxing. Achieving balance doesn't mean splitting time evenly between work and life, it's about knowing when to prioritise each. Sometimes work may need more focus, while at other times, family and personal life should take priority. The aim is to prevent burnout by not letting work consume all your energy, while still being productive. Maintaining this balance helps you stay healthy, enjoy family time and find fulfilment in both work and life. Remember, success isn't just about how much you work, it's also about how well you live.



*Dear God, grant me the wisdom to balance my work and personal life. Guide me to be present in both my responsibilities and moments of rest, so I can find peace and joy in all that I do. Amen.*

Sourced from [www.majellan.media](http://www.majellan.media)



### 😊 Joke Corner 😊

Angelina Lupo decided to visit the gravesite of her late husband, Vincent, after Mass. Her retired criminal husband had been dead just one month, so Angelina thought it was time to say a prayer at his gravesite. But when Angelina arrived at the cemetery, she couldn't find her husband's resting place.

Finally, she came across a grounds keeper who ushered her into a small room where the records were kept. Poring over maps and lists of the deceased, he turned to the widow and said, "I can't find any record of a Vincent Lupo buried here. The closest I can find is an Angelina Lupo."

"That's him," she cried. "He always put everything in my name."



## ENTRANCE ANTIPHON

O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.

## PENITENTIAL ACT

I confess to almighty **God** and to you, my  
brothers and sisters, that I have greatly  
sinned, in my thoughts and in my words, in  
what I have done and in what I have failed  
to do,

*And, striking their breast, they say:*  
through my fault, through my fault, through  
my most grievous fault; therefore, I ask  
blessed Mary Ever-Virgin, all the Angels  
and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on earth  
peace to people of good will. / We praise  
you, / we bless you, / we adore you, / we  
glorify you, / we give you thanks for your  
great glory, / Lord God, heavenly King, / O  
God, almighty Father. / Lord Jesus Christ,  
Only Begotten Son, Lord God, Lamb of  
God, Son of the Father, / you take away the  
sins of the world, / have mercy on us; / you  
take away the sins of the world, / receive  
our prayer; / you are seated at the right hand  
of the Father, / have mercy on us. / For you  
alone are the Holy One, / you alone are the  
Lord, / you alone are the Most High, / Jesus  
Christ, / with the Holy Spirit, / in the glory  
of God the Father. / Amen.

## FIRST READING

*Isaiah 6:1-2,3-8*

In the year of King Uzziah's death I saw the  
Lord of Hosts seated on a high throne; his  
train filled the sanctuary; above him stood  
seraphs, each one with six wings.

And they cried out to one another in this  
way,

'Holy, holy, holy is the Lord of Hosts.

His glory fills the whole earth.'

The foundations of the threshold shook  
with the voice of the one who cried out, and  
the Temple was filled with smoke. I said:

'What a wretched state I am in! I am lost,  
for I am a man of unclean lips

and I live among a people of unclean lips,  
and my eyes have looked at the King, the  
Lord of Hosts.'

Then one of the seraphs flew to me, holding  
in his hand a live coal which he had taken  
from the altar with a pair of tongs. With this  
he touched my mouth and said:

'See now, this has touched your lips,

your sin is taken away,

your iniquity is purged.'

Then I heard the voice of the Lord saying:

'Whom shall I send? Who will be our  
messenger?'

I answered, 'Here I am, send me.'

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 137(138):1-5,7-8**

*The Response Is:*

*In the sight of the angels I will sing your  
praises, Lord.*

I thank you, Lord, with all my heart:  
you have heard the words of my mouth.

In the presence of the angels I will bless  
you.

I will adore before your holy temple.

*In the sight of the angels I will sing your  
praises, Lord.*

I thank you for your faithfulness and love,  
which excel all we ever knew of you.

On the day I called, you answered;

you increased the strength of my soul.

*In the sight of the angels I will sing your  
praises, Lord.*

All earth's kings shall thank you

when they hear the words of your mouth.

They shall sing of the Lord's ways:

'How great is the glory of the Lord!'

*In the sight of the angels I will sing your  
praises, Lord.*

You stretch out your hand and save me,

your hand will do all things for me.

Your love, O Lord, is eternal,

discard not the work of your hands.

*In the sight of the angels I will sing your  
praises, Lord.*

## SECOND READING

*1 Corinthians 15:1-11*

Brothers, I want to remind you of the  
gospel I preached to you, the gospel that  
you received and in which you are firmly  
established; because the gospel will save  
you only if you keep believing exactly what  
I preached to you – believing anything else  
will not lead to anything.

Well then, in the first place, I taught you  
what I had been taught myself, namely that  
Christ died for our sins, in accordance with  
the scriptures; that he was buried; and that  
he was raised to life on the third day, in  
accordance with the scriptures; that he  
appeared first to Cephas and secondly to  
the Twelve. Next he appeared to more than  
five hundred of the brothers at the same  
time, most of whom are still alive, though  
some have died; then he appeared to James,  
and then to all the apostles; and last of all  
he appeared to me too; it was as though I  
was born when no one expected it.

I am the least of the apostles; in fact, since  
I persecuted the Church of God, I hardly  
deserve the name apostle; but by God's  
grace that is what I am, and the grace that  
he gave me has not been fruitless. On the  
contrary, I, or rather the grace of God that  
is with me, have worked harder than any of  
the others; but what matters is that I preach  
what they preach, and this is what you all  
believed.

The Word of the Lord

**All: Thanks be to God.**

*Please stand for the Gospel*

*Acclamation.*

## GOSPEL ACCLAMATION

*Alleluia, alleluia!*

Come follow me, says the Lord,  
and I will make you fishers of my people.

*Alleluia!*

## GOSPEL

*Luke 5:1-11*

Jesus was standing one day by the Lake of  
Gennesaret, with the crowd pressing round  
him listening to the word of God, when he  
caught sight of two boats close to the bank.  
The fishermen had gone out of them and  
were washing their nets. He got into one of  
the boats – it was Simon's – and asked him  
to put out a little from the shore. Then he  
sat down and taught the crowds from the  
boat.

When he had finished speaking he said to  
Simon, 'Put out into deep water and pay out  
your nets for a catch.' 'Master,' Simon  
replied, 'we worked hard all night long and  
caught nothing, but if you say so, I will pay  
out the nets.' And when they had done this  
they netted such a huge number of fish that  
their nets began to tear, so they signalled to  
their companions in the other boat to come  
and help them; when these came, they filled  
the two boats to sinking point.

When Simon Peter saw this he fell at the  
knees of Jesus saying, 'Leave me, Lord; I  
am a sinful man.' For he and all his  
companions were completely overcome by  
the catch they had made; so also were  
James and John, sons of Zebedee, who  
were Simon's partners. But Jesus said to  
Simon, 'Do not be afraid; from now on it is  
men you will catch.' Then, bringing their  
boats back to land, they left everything and  
followed him.

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## APOSTLES' CREED

I believe in God, / the Father almighty, /  
Creator of heaven and earth, / and in Jesus  
Christ, his only Son, our lord, / who was  
conceived by the Holy Spirit, / born of the  
Virgin Mary, / suffered under Pontius  
Pilate, / was crucified, died and was buried;  
/ he descended into hell; / on the third day  
he rose again from the dead; / he ascended  
into heaven, / and is seated at the right hand  
of God the Father almighty; / from there he  
will come to judge the living and the dead.  
/ I believe in the Holy Spirit, / the holy  
catholic Church, / the communion of saints,  
/ the forgiveness of sins, / the resurrection  
of the body, / and life everlasting. Amen.

