



*FJELLHEIM 6 – 107, Sons of Norway
1045 Ford Street
Colorado Springs, CO 80915
719-574-3717
www.sonsofnorwaycs.com
facebook.com/sonsofnorwaycs
Published Monthly*

November 2014

Volume 41, #11

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July)

7:00 PM
Viking Hall,
1045 Ford Street,
Colorado Springs, CO

SEND ARTICLES TO EDITOR:

Dot Everett
1353 Diana Lane
Colorado Springs 80909
dotforsofn@gmail.com
Phone: 719-328-1481

**Deadline for the
Dec 2014 issue 11/15**

Lutefisk & Meatball Family-Style Dinner

Saturday November 15, 2014

Sons of Norway Viking Hall

1045 Ford Street

Colorado Springs, CO 80915

Lutefisk with Butter/Cream Sauce,
Meatballs, Steamed Potatoes,
Vegetables, Cranberry Sauce, Lefse,
Dessert and Coffee

First Seating @ 2:00 p.m.

Second Seating @ 6:00 p.m.

\$20.00 (Members 12 & Up)

\$22.00 (Non-Members)

\$10.00 (Ages 5 through 11)

Items offered in our Lobby: Lutefisk, Herring,
Lingonberries, Baked Goods and Gift Items.

For Reservations

Please call Virginia Nelson (719) 650-7029

You Are Invited To
Fjellheim Lodge's
Scandinavian Christmas Tea

Saturday, December 6, 2014 at 2:00 p.m.

\$15.00 per person



Fjellheim Lodge

*1045 Ford St.
Colorado Springs, CO*

*Space is limited. Please RSVP by Wednesday, Dec. 3rd.
to: Karen Ravnaas, 5295 WaterDipper Rd.
Colorado Springs, CO 80911
Phone 719-390-0621*

NOVEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Rosemaling 9 to 4 Registration Required	3 LEFSE MAKING	4 Card Social 12:30	5 9:00 am Board Meeting Viking Hall	6 Viking Sisters 1:00 pm	7	8
9 Rosemaling 12—4	10 LEFSE MAKING	11	12 5PM Book Club 6 PM FMC 7 PM Heritage Mtg Viking Hall	13	14	15 Lutefisk & Meatball Dinner 2:00 pm & 6:00 pm
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	Dec1	Dec 2	Dec 3	Dec 4	Dec 5	Dec 6 Christmas Tea 2:00 pm

**KEEP THE DATES - 2014 FOR
COLORADO LODGES**

**LEFSE MAKING
EVERY MONDAY**
Until Nov. 10

**November 15 Lutefisk and
Meatball Dinner**

**December 6 Christmas
Tea**

December 22 Julebord

ZONE 8 LODGE MEETINGS

FJELLDALLEN – 1st Tuesdays, 7 p.m.
Prince of Peace Lutheran Church, 2400 S Colorado Blvd,
Denver

FJELLHEIM – 2nd Wednesdays, 7 p.m.
Viking Hall, 1045 Ford Street, Colorado Springs

STEIN FJELL - 1st Thursdays, 7:00 p.m. Spiritual Life
Center, Good Samaritan Society, 2101 S. Garfield Ave,
Loveland

STORFJELL (Grand County) – No Set Day or Time,
Various Locations

TROLLHEIM – 3rd Mondays, 7 p.m.
6610 W 14th Ave, Lakewood

VESTAFJELL – 2nd Sundays, 2 p.m.
Shepherd of the Valley Lutheran Church, Grand Junction
and various cities on the Western Slope

VESTERHEIM – 4th Fridays, 7 p.m.
Atonement Lutheran Church, Baseline and Inca Parkway,
Boulder

HAPPY BIRTHDAY TO YOU



NOVEMBER

- 3 Elizabeth Ann Skrukud
- 5 Sarah G Ostrem
- 8 Bjorn Lindholm
- 10 Arlene J Reid
- 13 Knut Lyby
- 14 Kimberly A Roseland
- 18 Alex B Parra
- 20 Edith M Rodvold
- 21 Elsie Dorcas Kuns
- 24 Ruth Elaine Tkachenko
- 24 Calvin Dale Utke
- 28 Marvin E Adams
- 28 Orlin N Knutson

NOVEMBER HERITAGE

- 12 Karston Erdal Barney



CARD SOCIAL - Potluck and cards on Tuesday, November 4, at 12:30 pm. Come join the group for good food, cards and fellowship. Everyone is welcome. Any questions, call Ginny at 495-0253

VIKING SISTERS - We will meet at the lodge, 1 pm Thursday November 6. All women of the Lodge are welcome.



VOLUNTEER
Members,
volunteer



HOURS
don't forget to keep a record of your hours AND travel time.

ROSEMALING CLASSES

Rosemaling classes are scheduled for Sunday, October 26th from 12:00-4:00 and November 9th from 12:00 – 4:00. A special Painting Seminar is scheduled for November 2nd from 9:00-4:00. We will be painting a Juletre in the Telemark style. We will break for a pot-luck lunch. The cost will be \$60.00, including the tree with stand. Reservations are



required. Please call Cindy Bauer at 633-8260 or Bj Mapstone at 264-0955.

PRESIDENT'S NOTES

Everything Sissel has said about the Norsk Hostfest is true. Six very large halls packed with food, art, sweaters, trinkets and wood vendors. Each hall also had a stage. Rock and roll, country, polka, tenors, comedians, accordion bands, chefs and book authors going from 8:30 am to 10:00 pm. And the food - lutefisk, lefsa, meatballs, walleye, fish stew, every baked good possible and the best cookies I have ever had. The also had a very nice buffet with elegant tables and 40 exquisite dishes plus fancy desserts. It was pricey but worth it. The drive to Minot was a stretch but we made it. I probably won't go every year but I will go again, if just for those molasses cookies.

Your nominating committee of Virginia, La Rue and Steve have done a great job. We have a full slate except for vice president and a couple of committee tasks. Although tradition suggests the vice president becomes president in two years, it is not a requirement. If you think you could help, it will be appreciated.

Eunice had the Viking Fair under control and Millie directed the breakfast. The October 25 event will happen before this Flammen arrives but it is never too late to thank these two ladies and all the folks who worked the event.

Tusen takk. Next stop, Lutefisk and Meatball Dinner.

A special thank you to Lois, Elaine, Sissel, BJ, Karen, Terry and Ken for all their work setting up the reception for the family of Bonnie Bergland. Owen was especially pleased but it was our pleasure to recognize someone so dear to all of us.

Mike Johaneson





November 2014

Happy Birthday and Happy Anniversary to everyone who is having a November birthday and a Thanksgiving month anniversary! We wish you all the best.

On October 1st, 2014, we lost our member and dear friend **Bonnie Bergland**. Bonnie will always be remembered for her kindness and caring about others before herself. When asked if she was doing okay, she always said she was, and then would turn the conversation to the other person. Our sincerest sympathies go out to her family and may we keep them all in our prayers.

June Peterson has moved to the rehab center at Centennial and Fillmore. Her progress is slow and she believes that she will be there for quite some time. Many of our members have gone to visit and she appreciates this time with you.

Dot Everett injured her eye when her car door decided to do battle with her. We hope that there is no damage and that you are healing well. Take care, Dot. And thank you for the lovely harp concert at the last meeting. It was beautiful and very much appreciated.

We hope that you are all doing well and that your Thanksgiving will be blessed with the love of family and friends – and that you all have much to be thankful for.

Thought for the month: *Not what we say about our blessings, but how we use them, is the true measure of our thanksgiving.* ~W.T. Purkiser

Fraternally,

Karen Ravnaas Sunshine Director, 390-0621



RETIREMENT ANNOUNCEMENT

I have notified SONS OF NORWAY about my decision to retire and they asked if I would continue to work with the Colorado Lodges through the end of 2014 and I agreed to do that. I have enjoyed working with all sev-

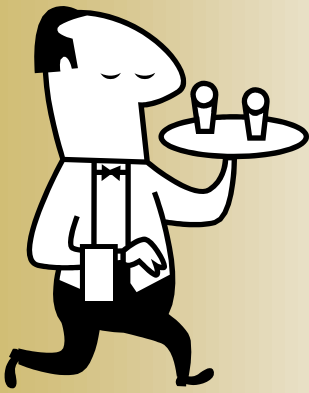
Lodges and getting to know so many great people. If you would like to discuss any old business have questions on new business just give me a call.

LaRue Hanson, FBC, 2523 Shalimar Dr., Colorado Springs, Colo. 80915-1030



DINE-OUT

Sunday Dine-Out for 2015



Feb 23 Olive Garden,
Citadel Crossing 1:30
April 27 Mason Jar,
West Side 1:00
June 29 Juniper Valley
Restaurant, Meet @
Albertson's @ 1:00 to
car pool
September 28 Texas
Roadhouse, 8th St 1:00
We have decided to

have the Sunday Dine-Out every other month.
We will have the Saturday breakfasts on the 'in-between' months.

COLORADO AREA COMING EVENTS

Swedish Christmas Market
Saturday, November 22, 2014
10:30am-3:00pm
Augustana Lutheran Church
5000 East Alameda Ave. Denver
GEORGETOWN'S CHRISTMAS MARKET
Dec 6-7 & 13-14
10am-5pm

LIGHTS OF DECEMBER PARADE

6 pm Saturday Dec 6 We are once again
planning on participating in this years Lights
of December Parade in Downtown Boulder,
weather permitting.
DENVER KRISTKINDL MARKET
November 21 - December 23
Sundays - Thursdays: 11 am - 7 pm
Fridays - Saturdays: 11 am - 9 pm
Thanksgiving Day: 11 am - 4 pm
Skyline Park at 16th Street Mall &

THE SAMI

October the 10th marks 25 years since the Sami, the indigenous people of Norway, established their own national assembly, Samediggi (Sametinget). The 39 representatives to the Sami Parliament represent Sami across the nation. The Sami also have their own official flag. As an indigenous people, the Sami have the right to be consulted in matters that may affect them directly. In order to ensure that work on matters that may directly affect the Sami is carried out in a satisfactory manner, the Government and the Sami Parliament agree that consultations between State authorities and the Sami Parliament shall be conducted in accordance to the annexed procedural guidelines. The Ministry of local government and modernization has the overall responsibility for the coordination of the State's Sami policy. The Ministry of Culture has the responsibility for the implementation of the government's Sami policy relevant to their sectors.

The Norway Post



EDITOR'S NOTE

Mike Johaneson is going out of office as **President** for next year. He will be taking over as **Editor** of the Flammen with the January issue. My email box "dotforSofN@gmail" will close in January 2015.

Please note this. I will forward anything that comes in to Mike during January, but not after that. Please send any Lodge announcements or activity announcements to Mike at mjohaneson@gmail.com.

Flammen has been a great learning experience for me and even fun after I got the hang of the "Publisher" software. Mike has worked with me to get this November issue out and we will work together for December. After that he will be doing the Flammen solo.

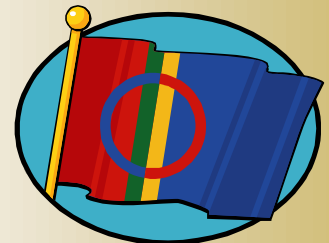
Tusen takk for all the help I've gotten from all of you. No one can do this job alone ;)

After I put the corner of my car door into my eye and cut across the cornea, one of the guys at church remarked that "we will have to keep sharp things away from Dot!" Lots of good wishes, prayers, and teasing, but my eye has healed beautifully with no scarring!
Dot Everett



IKEA'S SWEDISH CHRISTMAS JULBORD FRIDAY DECEMBER 12

Seatings at 5 & 6:30
Family Price \$11.99, Kids \$2.99
Regular Price \$14.99, Kids \$4.99
Tickets sell out so get them early!
IKEA, County Line Rd & I 25, Centennial





Christmas is a joyous time of year when people come together in good cheer and celebrate family traditions. For many in the Sons of Norway family, that means celebrating their Norwegian heritage. This fall, we have a great way for your family to do just that-with the limited edition 2014 Sons of Norway commemorative Christmas ornament.

This year's ornament beautifully displays Agder style of rosemaling. Some of the important identifying characteristics of Agder painting include variations of the tulip which were often flat at the base, designs are most often painted on dark green or dark blue backgrounds, and the leaves and flower centers are divided down the center, with each half painted a different color often with honey-comb or pine-cone-like details decorating them. Colors used are Prussian Blue, Yellow Ochre, English Red and green with details/teardrops provided in white, red, yellow or green. Another signature of the style shows many ferns/leaves/petals painted with lots of teardrops along the vines.

Each ornament shows off the beauty of Norwegian heritage with a hand-created design by Shirley Evenstad, a Vesterheim Gold Medal winner, and is sure to be a welcome addition to your tree this Christmas.

Remember, this year's ornament is a limited edition and it will sell out fast, so don't wait to place your orders. To get your own ornament, or to purchase them as gifts for your friends and family, all you have to do is call [800-945-8851](tel:800-945-8851).



LEARN BEGINNING NORWEGIAN ON WEB
LearnNoW is an online beginners' Norwegian course, offered free of charge. It was developed by the LearnNoW Team from the Department of Language and Literature at the Norwegian University of Science and Technology in Trondheim, on behalf of the Norwegian Agency for Lifelong Learning (Vox). There are 12 chapters and audio controls which can be in normal or reduced speed. Go to www.ntnu.edu/learnnow.

FJELLHEIM - 2014 OFFICERS

Board of Directors

President	Michael Johaneson 303-663-3251 720-971-0130. mjohaneson@gmail.com
Vice-President	Steve Hermanson 520-0303 ubetcha@reagan.com
Counselor	Paul Wiig 596-6159
Secretary	Sara Berge 495-2134
Asst. Secretary	Laurie Hauschild 660-1105
Treasurer/Finance Chair	Laurance Moe 260-9490
Membership Secretary	Shirley Stillely - 475-1524

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Cultural Coordinator	Dean Tollefson 473-1110
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Sunshine	Caren Alvstad
Sports	Björg Mapstone 264-0955
Foundation	Karen Swartley 487-7420
Cultural Skills	Inger Pappas 596-7618
Language Teacher	Tillie Elvrum 683-5826
Book Club	

Support Officers

Greeters	Lois Halvorson 632-6003 Owen Bergland 576-1396
Marshall	Dave Haugen
Editor	Dot Everett 328-1481 dotforsofn@gmail.com
Web Page & Facebook	Randy Johnson 260-7028
Musician	Sonja Gund 473-9588
Publicity	Eunice Bluhm 495-2029
Historian	Virginia Nelson 650-7029
Photographer	LaRue Hanson 599-8546
Librarian	Sonja Gund 473-9588
Viking Sisters	Ginny Johnson 495-0253

Committees/Special Activities

Auditors	Dean Tollefson 473-1110 June Peterson 599-3235 Millie Sullivan 597-0381
Tubfrim	Tania Oldervik 310-3586
Volunteer Hours	Cleo Allgood 598-1982
Field Representative	LaRue Hanson 599-8546

Fjellheim Management Corporation (FMC)

Directors	Karen Ravnaas 390-0621 Paul Wiig 596-6159 George Gund 473-9588 Swede Knutson 473-3297 Chuck Sullivan 597-0381 Owen Bergland 576-1396
Trustees	Rodger Erickson 597-2196 Jerry Johnson 495-0253 Terry Mapstone 264-0955

Colorado Zone 8 Director

Beverly Moe 720-746-9755
bevm259@comcast.net

District 6 President

Mary Beth Ingvaldstad 707-987-2404
mbingvaldst@aol.com

ALL PHONE NUMBERS HAVE 719 PREFIX UNLESS OTHERWISE IS NOTED

Sons of Norway
Monthly Newsletter
Dot Everett, Editor
Viking Hall—Fjellheim 6-107
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Colorado Springs, CO 80915

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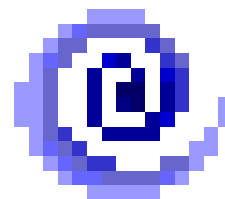


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2523 Shalimar Dr.
Colorado Springs, CO 80915-1030




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TUESDAY-FRIDAY 8:00-6:00 SATURDAY 7:00-2:00



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